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Mountain bikers warn of 'sabotage'

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

Campbeltown's mountain biking community is warning people about the potentially disastrous outcomes from what they believe to be the 'deliberate sabotaging' of trails over Beinn Ghuilean.

Over the last few weeks various bikers – adhering to social distancing guidelines – have discovered obstacles, such as tree branches, which appear to have been deliberately placed across several trails on the hill.

The cyclists, who have decades of mountain biking experience between them, say they have never seen anything as serious or potentially life-threatening as the incidents of the last few weeks, the most recent of which was discovered on Wednesday.

They have also witnessed people who appear to be breaking social distancing rules by heading up Beinn Ghuilean in groups, as well as an increase in the amount of rubbish left on the hill. The bikers say they are

unsure if the incidents are related but they do coincide with an increase in the number of people visiting the landmark.

Simon Freeman, who has mountain biked in Campbeltown for many years, said: 'Beinn Ghuilean has been a hive of daily exercise activity over the last few weeks and I'm

'Anti-social behaviour of this kind is likely to endanger other people'

sure that a walk or bike ride up there has eased the stress and anxieties of lockdown for many people.

'The issue of trail sabotage has unfortunately reared its ugly head once again, with logs and branches being placed over bike trails in a direct attempt to cause mountain bikers to crash and injure themselves.

'The people who do this need to know how serious the consequences of their actions could be. How would they feel

if somebody hit their obstacle, landed awkwardly and was paralysed or even killed?

'There has been an influx of new riders using the trails over these last few weeks, including a lot of youngsters. It is fantastic to see these young people keen to get outside and learn to ride more confidently, and we really enjoy encouraging them and helping them to get the most from the great facility they have on their doorstep.

'How would the saboteurs feel if it was one of these children that was seriously injured because of their act of vandalism?'

Andy Hunt, Forest and Land Scotland's west region manager, said: 'Given the COVID-19 lockdown, the majority of forest operations and inspections have been suspended in line with current Scottish Government guidance as the work is not regarded as essential.

'We were not aware that any vandalism had occurred but it is clear that anti-social

behaviour of this sort causes nuisance and harm, and we would urge anyone with any knowledge of these incidents to contact the local police.

'Anti-social behaviour of this kind is likely to endanger other people and may require the attention of the emergency services who are essential in providing critical care to the most vulnerable during this pandemic.

'We would urge everyone to follow the NHS and Scottish Government guidance and to behave responsibly. Additionally, this remains a live site for timber haulage so we would respectfully ask that all members of the public comply with the warning signs erected for their safety.'

A Police Scotland spokesperson told the Courier that police are aware of the incidents on Beinn Ghuilean and are investigating, adding: 'Extra patrols will be undertaken in the area. If anyone has any further information please contact us on 101.'

Carers scrub up well



Health and care staff from Campbeltown, including Jenny Dossier, Anne-Marie Harper and Alice McCallum, care assistants at Lorne Campbell Court who can be seen in this photograph, have had an injection of colour into their working wardrobe thanks to a group of volunteers making scrubs in Mid Argyll. Turn to page two for full story.


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Islanders demand public toilets be reopened

Campaigners on Islay are demanding the reopening of the island's public toilets – and those throughout Scotland – as a vital step to keep people free from infection.

Argyll and Bute Council has closed all its public loos, describing them as 'falling into the lowest priority service area' – and has refused to reopen them. But islanders are adamant that as cafés, pubs and hotels are closed, it is vital that Bowmore and Port Ellen's public toilets reopen, as a minimum.

They argue that for workers such as delivery drivers, bin-men and road workers an available toilet is a necessity, especially during a health crisis.

Jenni Minto of Islay Resilience said: 'We are disappointed in the council's negative response – especially as Audit Scotland's recent Best Value Assurance

Report recommends that the council should engage with communities to understand and address their concerns to better support them.

'Nothing is as important at the moment than the health of the community. To keep people safe the toilets need to be reopened.'

But Argyll and Bute Council's response to the islanders' request fell on deaf ears, with Jim Smith, head of roads and infrastructure, responding: 'Local authorities have no statutory requirement to provide public toilets, so these are not considered to be an essential service at this time.'

In an email to the islanders he revealed that his department has categorised its services 'with public toilets falling into the lowest priority service area'.

After the refusal to reopen the toilets, Janet Waterworth of the Islay Resilience Group

complained to the council's chief executive, Pippa Milne, that the low priority given to public toilets 'does not sit comfortably with me or any of our volunteers – who are often out of their own home and access to facilities for up to five hours – due to the remote areas that we cover'.

'How anyone who is working out on the road all day can cope is unthinkable.'

She added: 'How anyone who is working out on the road all day – like social care team staff, or carriers doing deliveries – can cope is unthinkable.'

Ms Minto and retired local doctors Chris Able and Sandy Taylor have asked the Scottish Government to make it a temporary legal responsibility,

as part of the COVID-19 emergency response, for all councils throughout Scotland to keep public toilets open that 'as a matter of health and hygiene'.

In an email to Ms Milne they questioned what evidence had been used to downgrade toilets to 'lowest priority' during a health crisis, and asked if members of the public or elected councillors had been consulted.

Argyll and Bute Council has told the campaigners that it does not have the staff to clean and police a 'one in, one out' policy – but the protesters point to Orkney Council which has overcome such problems and reopened toilets.

Ms Minto, Dr Able and Dr Taylor have outlined to Argyll and Bute Council how this was done: 'Put a turn buckle lock on the inside of the main door to the toilet with a notice an-

nouncing clearly "one person at a time - lock the door behind you - observe social distancing if queuing is necessary" and a public health notice on the inside reminding people to "keep the toilet clean and tidy for other users and wash your hands before and after using the toilet".'

They believe that there is no evidence that cleaning public toilets is a risk for the cleaner or that any special precautions need to be taken, aside from the usual measures of gloves, hand-washing and disinfectant.

They argue: 'Thousands of people all over the country are cleaning the inside of shops and supermarket freezer doors, for example – just think how many surfaces are touched every day in the Co-op by all the customers.'

There is nothing especially risky about toilets.'

POLICE FILES

Police searched a house in George Street, Campbeltown, at about 9.45pm on Monday May 11 and subsequently, a 27-year-old man was charged with alleged offences in relation to the production of cannabis plants and a report will be submitted to the procurator fiscal.

A 65-year-old woman allegedly allowed a dog to be outwith her control thereby chasing a sheep into water, at about 7.30am on Friday May 15, on a footpath near Carradale. The woman, who is the owner of the dogs, was charged with the offence and issued with a recorded police warning.

About 5am on Friday May 15, in Tormhor, Carradale, a 65-year-old man allegedly behaved in an abusive manner. He was cautioned and charged and a report will be submitted to the procurator fiscal.

Anyone with information on the above or any incident is asked to phone 101 or anonymously call Crimestoppers on 0800 555 111.



Davaar Island Safe Walking Times

	Morning Safe Walking Times			Afternoon Safe Walking Times		
	Low Tide	From	Til	Low Tide	From	Til
Fri, 1 May 2020	12:09	09:09	14:39			
Sat, 2 May 2020				13:26	10:26	15:56
Sun, 3 May 2020				14:39	11:39	17:09
Mon, 4 May 2020				15:39	12:39	18:09
Tue, 5 May 2020				16:29	13:29	18:59
Wed, 6 May 2020				17:15	14:15	19:45
Thu, 7 May 2020	05:46	02:46	08:16	17:59	14:59	20:29
Fri, 8 May 2020	06:29	03:29	08:59	18:43	15:43	21:13
Sat, 9 May 2020	07:13	04:13	09:43	19:27	16:27	21:57
Sun, 10 May 2020	07:57	04:57	10:27	20:13	17:13	22:43
Mon, 11 May 2020	08:43	05:43	11:13			
Tue, 12 May 2020	09:33	06:33	12:03			
Wed, 13 May 2020	10:31	07:31	13:01			
Thu, 14 May 2020	11:41	08:41	14:11			
Fri, 15 May 2020				12:56	09:56	15:26
Sat, 16 May 2020				14:02	11:02	16:32
Sun, 17 May 2020				14:57	11:57	17:27
Mon, 18 May 2020				15:45	12:45	18:15
Tue, 19 May 2020				16:27	13:27	18:57
Wed, 20 May 2020				17:04	14:04	19:34
Thu, 21 May 2020				17:38	14:38	20:08
Fri, 22 May 2020	05:52	02:52	08:22	18:09	15:09	20:39
Sat, 23 May 2020	06:22	03:22	08:52	18:41	15:41	21:11
Sun, 24 May 2020	06:53	03:53	09:23	19:16	16:16	21:46
Mon, 25 May 2020	07:30	04:30	10:00	19:56	16:56	22:26
Tue, 26 May 2020	08:11	05:11	10:41	20:42	17:42	23:12
Wed, 27 May 2020	08:57	05:57	11:27			
Thu, 28 May 2020	09:49	06:49	12:19			
Fri, 29 May 2020	10:48	07:48	13:18			
Sat, 30 May 2020	11:53	08:53	14:23			
Sun, 31 May 2020				13:03	10:03	15:33

Stay safe: Check weather conditions and hours of daylight before you go



In an emergency, dial 999 and ask for the Coastguard

Care staff scrub up well thanks to Argyll sewing group

Campbeltown's care sector staff are sporting bright, colourful new scrubs thanks to a group of almost 100 home sewers from Mid Argyll.

Health and care workers at Campbeltown Hospital, Lorne Campbell Court and Kintyre Care Home have received deliveries of the protective clothing over the last few weeks courtesy of the group 'Let's get scrubbing for our Mid Argyll NHS'.

After a top-up of scrubs and sundries, Campbeltown Hospital received about 90 sets, and an order for Argyll and Bute carers in Campbeltown is now being prepared.

As its name suggests, 'Let's get scrubbing for our Mid Argyll NHS' initially aimed to provide scrubs for front line workers in Mid Argyll, but shortly after setting up a Facebook page, word spread and volunteers were coming forward from Cairndow to Ardfern.

Nikki Thompson, the group's founder, needed help to co-ordinate the stitchers in each area, so team leaders were nominated to organise materials, patterns and delivery/col-



John Brown from West Coast Motors with parcels of scrubs.

lection. Nikki told the Courier that Campbeltown-based bus company West Coast Motors has been 'a brilliant help' in uplifting and delivering scrubs all over Argyll and beyond.

She said: 'Bus driver John Brown stopped off to collect a parcel of scrubs from one of our Inveraray sewers on his way to Campbeltown on Saturday, bringing the scrubs through to me at Scrubs HQ.'

To help cope with demand, local stitchers have dusted off their sewing machines and set up their own group, called 'Kintyre Scrubs'.

They would love to welcome onboard anyone who answers yes to the following two ques-

tions: do you have access to a sewing machine, and can you use it competently?

Elise Glendinning, Kintyre Scrubs coordinator, said: 'If you have an old sewing machine that you no longer use that you would be willing to donate or loan to the group, we would also like to hear from you. All necessary materials will be supplied by the group.'

'To volunteer, or if you need further details, please contact me via Facebook or contact the Kintyre Community Resilience Group by emailing eric@skdt.org'

'I am looking forward to working with our sewing group volunteers.'

Army testing unit comes to town

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

An army unit carrying out COVID-19 testing set up its mobile, drive-through screening centre at Campbeltown Hospital last Thursday.

Used to training for battle grounds in the Middle East, soldiers from the 2nd Battalion The Royal Regiment of Scotland have instead been tasked to tour Scotland's west coast, arriving in Campbeltown last week having previously visited Dunoon and Oban.

The unit, which then travelled to Lochgilphead and Bute, is carrying out tests for the virus which were, at the time, available by appointment only for symptomatic key workers, workers showing symptoms who could not work from home, and anyone over 65 with symptoms, as well as



Soldiers from the 2nd Battalion The Royal Regiment of Scotland carried out testing at Campbeltown Hospital.

who shows signs of coronavirus. Key workers, and anyone in their household with symptoms, can access testing through their employer in the first instance and will be given priority.

A Ministry of Defence spokesperson said the change is expected to have no effect on the operations of the unit which will continue to visit the areas to which it has been tasked, and that people who are eligible for testing should still go online to book an appointment.

For more information on testing, visit <https://www.nhsinform.scot>

household members from all those groups with possible coronavirus.

The mobile testing units, initially set up to run five days in each place but constantly under review, are only to complement NHS health boards' own

testing to meet people's needs, including island communities, said a Scottish Government spokesperson.

As of this week, the UK Government testing programme is now open to everybody over the age of five

Debut EP success for Kintyre's Rhuvaal

Members of a young folk band which originated in Kintyre woke up hours after the launch of their debut EP to find it sitting between Stevie Wonder and Fleetwood Mac in an iTunes download chart.

Rhuvaal told the Courier that they were 'absolutely delighted' to wake up just hours after Horizon launched, at midnight last Friday (May 15), to find the record was at number 37 on the iTunes Album Download Charts. They were also delighted to discover they made it to number one on the World Genre Album Charts.

Band member Raymond Gosling said: 'Now that our EP is out, we would like to thank everyone involved. First of all, we would like to thank Mark Leishman at 113 Sound Studio for recording and mixing all of the tracks on the EP, and thank you to Keith Morrison at Wee Studio, who mastered Horizon.'

'A massive thank you to all the guys at Birnam CD for being so helpful with everything in the process of making

the CDs and making them available for you to listen to on all social media platforms. We couldn't recommend them enough!

'A big thank you to Craig Espie for designing the artwork for the EP and for creating all our promotional posters which we have been using over the past few weeks on our social media pages.

'Also, thank you to James Murdoch who not only helped with lighting during the recording of our music video, but he also played bass guitar on all the recordings on the EP.'

'Finally, we would like to thank every single one of you for allowing us to do what we love. We plan to head straight back into the studio to start working on a new album once everything is back to normal.'

Horizon is available on all major downloading platforms such as Apple Music, Spotify, Amazon Music and Google Play and hard copies can also be ordered from the band's website at www.rhuvaalband.com/shop

IF IT'S URGENT, IT'S URGENT

GP surgeries and hospitals are still here for you.

If you have an urgent, non-coronavirus health concern, please don't wait. Promptly seek help for emergencies, present possible cancer signs and attend immunisation appointments.

Council considers home working

Garden pods could be useful work stations for Argyll and Bute Council staff who are working from home, a South Kintyre councillor has claimed.

Rory Colville, the authority's policy lead for support services, suggested the council looks at the potential of staff being able to work from home permanently in future – and wondered whether garden pods might help.

He put the idea to the council's business continuity committee after hearing a report on the radio on the facilities' popularity. It was announced during the week of the meeting that social networking site Twitter was allowing its staff to work from home 'forever' if they so wished.

Many council staff are working from home during the COVID-19 pandemic, and the council committee members



Many people are now working from home using pods in their garden.

Photograph: JMLgardenrooms.

themselves were conducting the meeting, last Thursday (May 14), via Skype.

Councillor Colville said: 'I was listening to the radio this morning and there was one company which is blossoming in this situation, in that they provide pods to put in your garden to work from home.'

'They have seen an increase, and some companies, Twitter being one of them, have already decided to move to a

permanent arrangement. 'As we make decisions in future, I would flag that up. Should we move to a permanent position, could we give some consideration to this?'

Councillor Kieron Green questioned the practicality of the idea, and also sought clarity on when waste and recycling sites are likely to reopen.

He said: 'It is a great idea if you have a garden, but there will be a lot of us with no

gardens in smaller properties. 'So will people in these properties return from lockdown earlier than others? What would be the situation if they need to shield? There are areas with poor broadband as well.'

'On recycling and refuse collections, there is a comment in the report about them being resumed, and waste recycling centres being resumed, when safe and sensible to do so.'

'I agree with that, but it is vague on whether there is a timescale. I am running out of space in my kitchen to store recycling.'

In response to the query on waste and recycling centres, council leader Aileen Morton said: 'Based on papers that are going to COSLA, I expect Nicola Sturgeon to make an announcement on waste and recycling centres. We will then be able to update our local arrangements.'



Donald Kelly and daughter Jennifer of Kintyre Vermin Pest Control.

Pest controller offers COVID disinfection service

A Kintyre pest controller has expanded the services his company offers to include disinfection of business premises and private properties in light of the COVID-19 pandemic.

Donald Kelly of Kintyre Vermin Pest Control said the decision to diversify came after numerous customer requests and, following discussions with suppliers, he can now offer a comprehensive disinfection and sanitising service to assist in the fight against the virus.

Mr Kelly said: 'The PX virucidal disinfectant formulas that we are using have been proven to efficiently kill a number of viruses including coronavirus.'

'We are aware that this current situation is unlikely to be resolved in the near future, however we would just like to make people aware that this service is available if and when required.'

'Treating a business premise prior to reopening would offer reassurance to staff and customers that you have taken all reasonable measures to ensure their safety, or perhaps if you are moving into a new home you may want peace of mind that the property has been thoroughly sanitised prior to your move to minimise the current COVID-19 risk.'

For more information, visit www.kintyreverminpestcontrol.com

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Talking up the Courier

by Fiona Scott



A former Campbeltown Courier reporter has been sharing the local news with communities all over Argyll and Bute since the beginning of lockdown.

Fiona Wallace, from Lochgilphead, is one of the Argyll Talking Newspapers volunteers who, before coronavirus, read and recorded top news items letters, sport, community news and what's on, from six local newspapers – including the Courier – onto USB sticks before sending them to people who find reading difficult.

The weekly recordings stopped when lockdown was announced due to the close working process of recording, copying and posting of the sticks to 125 listeners.

Speaking last week Fiona said: 'It was a necessary, but sad, occasion.'

'Our listeners, primarily visually impaired but with



other temporary and permanent reasons which make reading their local newspaper difficult, rely on talking newspapers to keep them up-to-date with what is happening in their area.'

Realising that many of her listeners would miss their weekly news fix during the

ensuing 'stay at home' phase, Lanark-born Fiona came up with a plan.

'I decided to continue reading some newspapers, in less detail than we would normally, and post the recordings on the Argyll Talking Newspapers Facebook page – facebook.com/argylltalk-

ingpapers – as a way of continuing to reach some of our listeners,' she explained.

Around the same time, Oban FM was struggling to fill its usual schedule due to some presenters and staff members being unable to travel to the studio.

Fiona spoke to station man-

agers about having recordings broadcast as a way to fill the airwaves and keep Oban folk up-to-date with the local news on air.

The idea was welcomed by both organisations, including Argyll Talking Newspapers chairman Robin Finlay, and since then Fiona has recorded highlights from the Oban Times each week.

Short recordings from the Campbeltown Courier, Argyllshire Advertiser and the Ilea are also posted on the Argyll Talking Newspapers Facebook page.

Fiona began work as a journalist with DC Thomson in the publishing company's Manchester office in 1976, working as a reporter on the Weekly News, Sunday Post and Jackie magazine.

On returning to Scotland in 1988 she continued to work as a reporter with the Campbeltown Courier before moving on to take up the position of press officer with Argyll and Bute Council.

Since retiring in 2016, Argyll Talking Newspapers has become a big part of her life. Little did she know that radio broadcasting would become part of it too.

'Becoming familiar with the technical side of recording has been a steep learning curve,' she added.

Fiona had never used the microphone or camera on her laptop before and was now faced with the daunting task of converting files from one format to another, transferring them and turning them into videos for Facebook.

Now the radio station has decided to give the Argyll Talking Newspapers its own regular slot. Argyll Talking Newspapers airs on Oban FM at 7pm on Friday and Mondays. Oban FM is on 103.3 FM and at www.oban-fm.scot or on the Tunein App.

As soon as the lockdown ends and it is safe to do so, Argyll Talking Newspapers will start reading and recording again.

LOOKING FOR HELP DURING CORONAVIRUS?

Please cut out and keep this page of useful contacts for use when you may need them.

National Assistance Helpline
(Open office hours Monday to Friday)
Call: 0800 111 4000
Text phone service: 0800 111 4114

To help people at increased risk access essential help if they do not have family or other support.

Health

www.nhsinform.scot/coronavirus
0800 028 2816 for general information only

NHS 24: Call 111 if symptoms worsen or if fever for 7+ days

Shielding local support:
www.gov.scot/covid-shielding-contacts

Feeling anxious or depressed?

NHS Inform:

www.nhsinform.scot/coronavirus-mental-wellbeing

NHS 24:

Call 111
www.clearyourhead.scot

Breathing Space:

www.breathingspace.scot
0800 83 85 87

SAMH:

0344 800 0550

Samaritans Scotland Helpline:

116 123 / jo@samaritans.org

Advice for pregnant women

www.nhsinform.scot/ready-steady-baby or contact your midwife if concerned.

Social welfare and financial help

Citizens Advice Scotland:

www.cas.org.uk
0800 028 1456

Struggling with energy bills?

Home Energy Scotland:
0808 808 2282

Consumer issues

Advice Direct Scotland:
www.coronavirusadvice.scot
0808 800 9060

Employment rights advice

www.acas.org.uk
Helpline: 0300 123 1100

Your rights at work

www.stuc.org.uk
0141 337 8100

For business support

www.findbusinesssupport.gov.scot
Helpline: 0300 303 0660

Advice for parents

www.parentclub.scot/coronavirus

Parentline Scotland:

08000 28 22 33

The Money Talk Team:

0800 085 7145

Information for young people

www.young.scot/coronavirus

Information for older people

www.agescotland.org.uk
0800 12 44 222

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www.alzscot.org
Helpline: 0808 808 3000

Scottish Autism Advice Line

www.scottishautism.org
01259 222022

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Helpline: 0800 027 1234

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Looking for a job?

Unemployed people wanting to find work during these challenging times are being encouraged to sign up to Fair Start Scotland (FSS).

In Argyll and Bute, FSS is delivered by PeoplePlus and the council's Employability Team.

They have a lot of experience helping people back into work in a variety of ways, including helping to break down barriers; developing a programme of support; keeping in contact and offering personalised support and keeping in touch with you when you find employment to make sure everything is going well and to answer any questions you might have.

During lockdown, the Employability Team is available by phone and online and can offer access to accredited online training, help with CV building, job applications and interview skills.

To find out if you are eligible for support, call Argyll and Bute Council's Employability Team on 01586 555990.

Vital message as battle against virus continues

As the national effort continues to slow the spread of coronavirus, it's important to acknowledge the part everyone in Scotland has played in helping save lives.

The restrictions placed on our day-to-day lives have undoubtedly been tough. People are experiencing the loss of social interaction, loss of livelihoods and, for some, the loss of health or a loved one.

But the measures remain necessary to stop coronavirus and it's vital the nation continues to help in the fight against this pandemic.

Every part of Scotland will be affected by this virus and the situation we face is serious. However, as we've seen, by people doing the right thing, together we can reduce the impact, flatten the curve and save lives. Not following guidance – or lifting restrictions too soon – could result in many



Healthier Scotland



more people becoming ill or dying, and risk our NHS being overwhelmed.

It's important to remain aware of the symptoms of coronavirus and latest guidance. These can be found at www.nhsinform.scot

If you have symptoms you think may be coronavirus, do not leave your home for seven days. If you are in a household with someone else who has symptoms, you should not leave your home for 14 days, even if you remain symptom free. If you start to display symptoms during those 14

roughly the length of a double bed or two shopping trolleys – and wash your hands as soon as you get home.

Regularly washing your hands with soap and water for 20 seconds reduces the risk of catching and spreading the virus. It's also important to avoid touching your face.

Scotland's National Clinical Director Jason Leitch said: 'People across the country have done a great job of following the advice to stay at home and I'd like to say thank you for everything you're doing.'

'We don't underestimate how hard it has been, but every single life is precious. That is why we need people to stick at it and continue to follow the guidance to slow the spread of the virus, protect the NHS and our loved ones.'

'The Scottish Government is working day and night to do the very best it can for the

people of Scotland during the pandemic, guided by the latest scientific and medical advice.

'While there are some early signs the lead indicators may be flattening off, or not accelerating as they were, it's important to stress the situation remains serious. That's why our message continues to be 'stay at home'. If we remove measures too early, that will crumble. We need to be very, very cautious as we move forward. We are in it for a long haul and it's important to stress everyone needs to play their part. There has been no bigger ask of the nation, but every time you follow the latest advice, you're helping us save lives. I'd appeal to you to continue to do the right thing.'

For information on the latest guidance visit www.gov.scot/coronavirus. If you have a health concern, visit www.nhsinform.scot



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All together >

Private firms working for the public good in coronavirus outbreak

People working for a wide range of private companies have been standing side-by-side with public sector staff on the front line during the coronavirus outbreak. Staff at private sector firms

have been doing their bit to help out communities across the country during the crisis. This includes employees from many of the large outsourcing firms that the government works with,

who have both shifted their resources to work on other projects and made sure vital services have continued. Here are just some of the many examples from across the country.

'Trying to make a difference'

CASE STUDY 1 VENTILATORS

AT THE beginning of the Covid 19 crisis, Britain's hospitals had 8,000 ventilators.

They now have 11,500 - of which more than 1,000 are from the Prime Minister's Ventilator Challenge.

Babcock International is one of those companies which has stepped up to the challenge

The company based in London has offices, specialist training facilities, dockyards, equipment testing centres and research and development facilities across England, Scotland, Northern Ireland and Wales.

Chris Spicer is project manager for the ventilator challenge at the company He said: "On Monday March 16 there was an email asking if there was any way Babcock could provide support. By the Friday we had a working prototype. The weekend was pretty busy preparing for a



CHALLENGING TIMES: Chris Spicer is project manager for Babcock International.

presentation to the government on the Monday to propose what our offering would be, how it would meet the requirement specifications, our plan for building it, the time frame and also the volumes we could achieve.

"People worked round-the-clock to get it sorted and have continued to. We've used innovative, bespoke ways of

moving forward. Some of the machine companies we use for submarine parts now make plastic valves for the ventilators. We all want to help in any small way we can. We all have relatives in vulnerable groups and that's a driver - thinking if that was your father or your granny in that scenario how could you make that little bit of difference."

Stepping up to support Nightingale North West

CASE STUDY 3 HOSPITALS

GLOBAL construction and support services company Interserve is among the many that has stepped up to help out in the current crisis.

The company was already providing services ranging from security through to cleaning, catering, maintenance and portering duties to 11 NHS hospitals, six healthcare facilities, the London Ambulance Service and the Scottish National Blood Transfusion Service.

Within 11 days of taking an initial call, they had everything



FAST WORK: Steve Francis.

ready - from cleaning to catering - for Nightingale North West.

Steve Francis works for Interserve as part of the facilities management team at the hospital.

He said: "Teams had to move quickly on the Nightingale contract. The company had a call from the NHS and 11 days later we were live."

Virtual visiting brings comfort to families

CASE STUDY 4 LIFELINES

A UNIQUE partnership of medical experts, academics, companies and charities has led to the creation of a way for families to see loved ones in intensive care without actually visiting them.

The team have shared expertise and resources to help patients and families stay connected through Life Lines, a project which provides a secure virtual-visiting solution for families whose loved ones are being treated in intensive care units during the coronavirus pandemic. It means that even though they can't visit,

family members can still be at the bedside via a tablet and secure app.

The Life Lines project was set up by critical care consultant Dr Joel Meyer, professor of critical care nursing Professor Louise Rose and Michel Paquet, who developed the aTouchAway app used in the project and is the chief executive officer of Aetonix.

Partners include King's College London, King's Health Partners, Aetonix, Bray Leino, Google and BT. Initial funding of £1m was provided by the True Colours Trust and the Gatsby Charitable Foundation.

Ensuring the children of key workers are well fed

CASE STUDY 2 FOOD

FEEDING THE children of key workers who have still been attending school during the coronavirus crisis has been a significant challenge.

One of the firms that has been helping ensure children are well fed is ISS education, who work with more than 600 education establishments across the country.

They have been providing food hampers packed with all the ingredients families need to cook meals at home for their children

Linda Cregan is the food services director for ISS education. She said around 200 of the schools it serves have stayed open to feed vulnerable and key worker children.



FEEDING TIME: Linda Cregan.

"We wanted to make sure we were doing everything possible and making it as easy as possible for schools to find solutions locally to what they needed," she said. "We have had a mixed bag offering packed lunches, collections, and hot meals."

One of the establishments they have worked with is the Waterton Academy Trust, which is based in Wakefield.

Linda said: "The trust wanted to be able to provide families with the ingredients that they could then cook the meals at home with for their children."

Companies doing their bit

- Interserve have used 40 vehicles and 100 people from their probation team to deliver food to the elderly and vulnerable.
- BAE Systems helped to secure more PPE equipment for NHS staff by using their industrial-scale 3D printers to make tens of thousands of face shields.
- Engie are distributing shielding and welfare boxes to vulnerable

- people on behalf of local councils.
- ISS have delivered recipe books and food hampers to thousands of children who are eligible for free school meals.
- BT have worked with Samsung, Google, MobileIron and TouchAway to provide video services for people in intensive care units, allowing them to communicate with their families.



Keep our distance,
wash our hands, think of others
and play our part.

Mindless vandalism or deliberately dangerous?

It is impossible to relate to anyone with the mindset that thinks it's appropriate at any time, but particularly during a global pandemic, to knowingly behave in a way which could cause another person a serious injury.

This week's front page article about the apparent vandalism on Beinn Ghulean was written with disbelief.

Of course it is possible for a tree to fall naturally and happen to land across a mountain bike trail, but it seems highly unlikely for a freshly cut branch to find itself positioned there, surrounded by other debris and logs, on several occasions during a relatively short time period.

What are the people responsible trying to achieve if not trying to injure someone?

Our hard-working NHS staff and other emergency services work tirelessly at the best of times but they are under unprecedented strain at the moment as the UK battles COVID-19.

Whether the obstacles were placed mischievously or menacingly, the resulting accident could have been life-threatening. To place that potential extra strain on the emergency services in good conscience is diabolical behaviour.

Whatever the grievance, if there is one, it is hard to understand how any logical person would decide that trail sabotage is the best option to express their point.

Perhaps those responsible haven't fully considered the consequences?

At the heart of my faith

In Thought for the Week on May 1, Marilyn Shedden asked us to consider what Bible story or text about Jesus' resurrection is at the heart of our faith.

One of my favourite passages about Jesus' resurrection is John Chapter 20 verses 1-18.

The women had gone to the tomb and found it empty. Mary Magdalene ran to tell Peter and John and after they saw what she said was true they went away, but Mary stayed outside the tomb crying.

She was upset, distressed and confused. Who could have done this? Where was Jesus' body? She turned round and saw Jesus but in her anguish she did not recognise him, thinking he might be the gardener and that perhaps he had moved the body.

Then Jesus spoke her name: 'Mary.' She knew immediately it was him and her sorrow instantly turned to joy. 'I have seen the Lord!', she exclaimed to the disciples.

I have not seen the Lord with my eyes but every time I read that story, I can picture him speaking Mary's name and I can picture her joy. I am reminded Jesus is alive and that just as he knew Mary and cared for her individually, he knows me and cares for me too.

He knows not only my name, but everything about me and, through his word, the Bible, he also speaks to me.

Though I am not able to see Jesus with my eyes as Mary did, by his grace and through faith, he has opened my eyes to recognise who he is and, like Mary, I trust him as my Saviour.

One day, in heaven, I will see him face to face and my joy will be like hers on that resurrection morning. This truth does not just apply to me. He has promised the same to everyone who believes in him.

Joan Crooks, Campbeltown.

Bible verse submission

On your letters page last week, Reverend Rodger Crooks suggested a Bible verse to capture the

essence of the Christian faith as shown by Jesus' resurrection.

My offering in the same vein is 2 Timothy 2:8 which reads: 'Remember Jesus Christ, raised from the dead, descended from David. This is my gospel.' At just 14 words, I'd recommend this as one of the most compact summaries you can find.

'Remember Jesus Christ' – some readers might doubt he was a real historical character, but there is a range of evidence that says he was.

'Raised from the dead' – again, when you look into it, the evidence is powerful, so much so that to insist it didn't happen takes a real effort of faith. In other words, it's a philosophical position, not an evidence-based conclusion.

'Descended from David' – this locates Jesus in a specific place in the world, one particular nation, an identifiable family line.

'This is my gospel' – not just the gospel or 'good news' in general, but 'my gospel', said Paul of Tarsus, one of the best educated and most acute thinkers of his generation. 'I can vouch for this; it's true and it works.'

Steve Davies, Springbank Evangelical Church.

Why 'must' people change minds about Jesus?

In last week's Courier Mark Jasper wrote: 'However offensive it is to hear, we must turn from sin and change our minds about Jesus. He rose from the dead, therefore we must listen to what he says.'

With respect Mark, as someone who used to be a committed Christian, I'm not offended to hear this. But I would take issue with your double-barrelled use of the word 'must'.

That word has strong implications which you only back up with faith-based assertions or with reasons that are in themselves assertions.

After considering the evidence and the impact of belief on my own life over a number of years, I did change my mind.

I stopped believing in the things you imply

I 'must' believe in. Likewise, billions of other people worldwide do not believe, in all good conscience, that Jesus rose from the dead or that the Christian faith, as an all or nothing package, is relevant to them. Why 'must' they change their minds about Jesus? Even if you believe with all your heart it is true.

We live in an age when many people, quite rightly in my opinion, refuse to accept the words of authority figures simply because those words are said with conviction. This undoubtedly makes life more complicated.

We would all like to have black and white answers to everything. But life and truth is complicated and I don't believe it is healthy to ever 'change our minds' based on someone else's certainty. Even if they happen to be a nice fella like you Mark.

David Fee, Campbeltown.

Windfarm work concerns

I am writing in an individual capacity as an elected representative on East Kintyre Community Council.

It remains my understanding, whilst Scotland remains in lockdown, the majority of the Kintyre community was against the restart of works at Beinn an Turic 3 (BAT3) and, to a lesser degree, Dippen Hill.

The community questioned whether the return to the peninsula of an external workforce may be premature, the view being the works were non essential and by restarting could potentially have an adverse impact on Kintyre residents and local NHS services.

Having now been informed work has restarted at BAT3 and Dippen Hill, has the message of concern and objection raised by the Kintyre community been lost in translation upon our elected representatives?

Tommy Macpherson, Saddell.

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PHOTOGRAPH OF THE WEEK



This week's photograph of the week was submitted by Carradale resident Debra Clarke. It shows a beautiful pink and orange-hued sunset over the village earlier this year. If you have a photograph you would like to share, please email it to editor@campbeltowncourier.co.uk or send it via the Courier's Facebook page.

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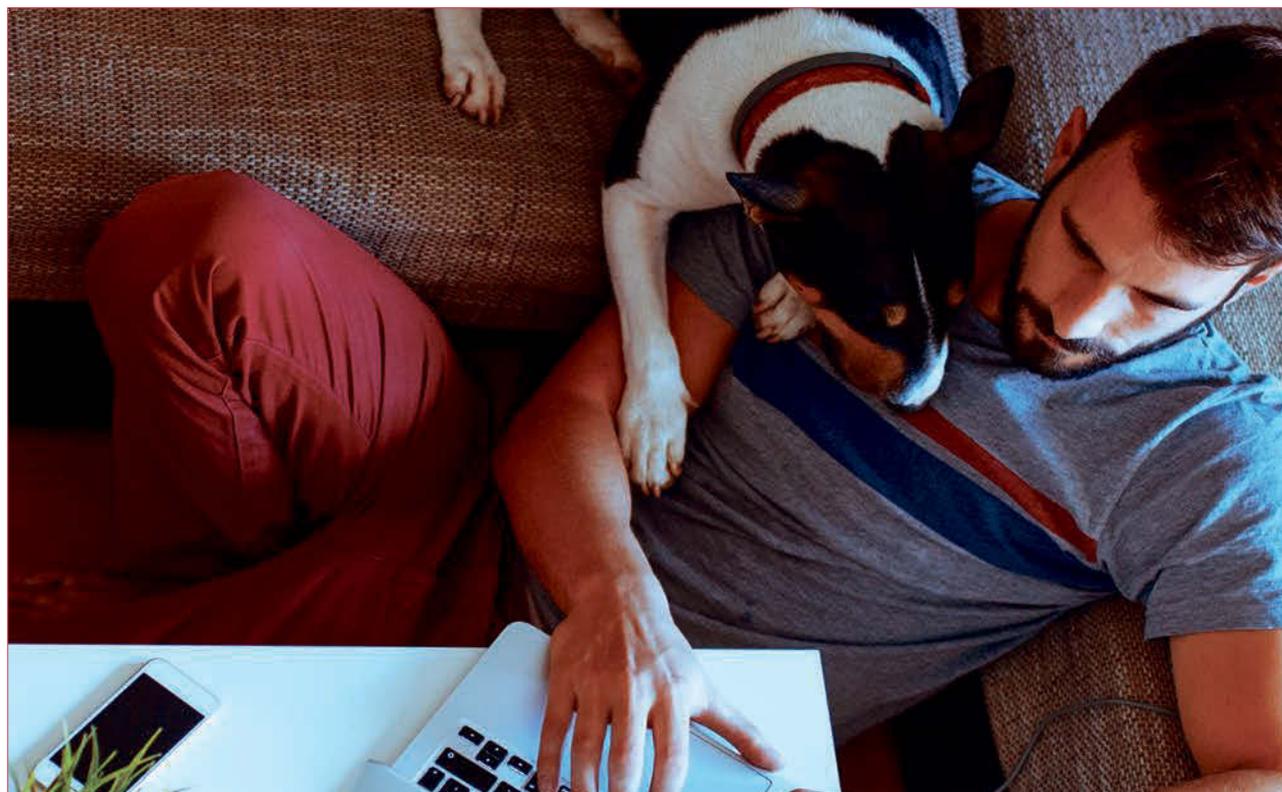
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Left: Oliver King from Campbeltown will be eight on May 28. His mum, dad and sisters Chloe and Lily wish him a very happy birthday.

Right: Joseph Boyd from Campbeltown will be 30 on May 24. Joseph's mum Lilibet and siblings Ashleigh, Victoria and Bradley wish him a very happy birthday. Lilibet said: 'It has been a difficult year for my son and his wife Jackie and we had hoped to make this birthday a special one. Now, due to COVID-19, we won't be celebrating.' Joey and Jackie have six-month-old twin boys called Oliver and Jacques. They also have two chihuahuas called Coco and Gringo who had puppies a few weeks ago.



Happy lockdown birthday

Birthdays during a global pandemic are bound to be different than usual.

People may be unable to celebrate with family and friends due to government guidelines on social distancing, but they have been finding other ways to make their days special.

This is how some of Kintyre's birthday boys and girls spent their day. Happy birthday to everyone celebrating a lockdown birthday.



Joshua Lavery-Jones from Carradale turned 11 on May 13. His friends cheered him up by calling by and singing happy birthday at the bottom of the drive.



Maia Malai from Campbeltown turned five on May 14. Her family, originally from Romania, made her a cake and bought some flowers and balloons and had fun playing music and dancing.



Chelsea-Leigh Mathieson turned 21 yesterday, May 21. She celebrated with some of her family, including her son Callen who also had his birthday during lockdown. She received a video from the rest of her family and friends to help her celebrate.



Lola Lafferty turned five yesterday, May 21. She had an under the sea themed birthday and celebrated with her bear 'Blue' who shares the same birthday. She also took her new doll and pram out on an adventure.



Elliot James Taylor will be two on May 26 and he will spend his day having fun in his paddling pool and on his new trampoline. Elliot lives in Kilwinning, North Ayrshire, but his mum Victoria is originally from Campbeltown, where her family still live. Victoria said: 'Elliot misses all our family so much, especially his cousins JJ, Joey, Jacques and Oliver.'



Rowan Brodie from Campbeltown turned five on Monday May 18. She had a great day at home playing with her big brother Hunter and new toys, including a pink guitar. Her daddy, mummy and Hunter wished her a happy birthday.

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FROM OUR FILES

TEN YEARS AGO

Friday May 21, 2010

Canine expert joins drugs crackdown in town

Campbeltown police brought in a canine expert on Saturday night when they went on patrol as part of a drugs crackdown in the town.

Gus the springer spaniel is trained to seek out the illegal substances.

Gus and his handler Constable Lorraine Stewart joined Constable Eilidh-Ann MacAskill on patrol around the town centre.

'The initiative was devised to disrupt the activities of people involved in the supply of drugs in Campbeltown,' said Chief Inspector Marlene Bailie, Area Commander of Mid Argyll, Kintyre and the Islands.

'Although we did not recover any substantial quantities of controlled drugs, we gleaned significant intelligence which will assist in future action to prevent the supply of drugs within our community.'

And Constable MacAskill said: 'Seeing the dog at work got people talking and the message has gone out. It will make people think twice because no one knows when there will be another patrol like this.'

Saturday night's patrol was part of the crackdown on drugs in Kintyre along with the police's Shop-a-Dealer campaign.

Chief Inspector Bailie said intelligence is vital to the success of the campaign to disrupt the illegal activities of drug dealers.



Constables Lorraine Stewart and Eilidh-Ann MacAskill with Gus before their patrol.

TWENTY FIVE YEARS AGO

Friday May 26, 1995

Near miss as rocket lands in primary school playground

A maroon rocket fired to mark the launch of the Campbeltown Lifeboat on Monday landed at the feet of a staff member at a town primary school.

The rocket landed in Dalintober Primary School's playground minutes before the chil-

dren were due to come out. It landed next to school cleaner Mrs Gail Burns.

She said: 'It just came out of the sky and shot past my head. It landed near the door the children would have been coming out of two minutes later. If it had hit one of the pupils they would have been hurt.'

Mrs Burns left the rocket smoking on the ground and fetched the school's janitor Mr Campbell McCallum. He picked the still warm rocket up using rubber gloves.

The rocket scorched the surface of the playground before burning itself out.

Lifeboat secretary Captain Gordon Black described the incident as a 'fluke' and said the rocket was unlikely to have hurt anyone.

The lifeboat crew are looking at what can be done to make sure there is no repeat of the incident.

Captain Black defended the use of the maroons to announce lifeboat call-outs now that radio pagers are used to alert the crew.

'You can never be 100 per cent sure all the pagers will work and we have to be sure of getting a crew together as quickly as possible. The rockets are a backup to the pagers.'

FIFTY YEARS AGO

Thursday May 21, 1970

Sunshine girls on two-day visit

Two Australian girls were in Campbeltown on Monday and Tuesday as part of the 'Miss Sunshine' campaign.

Lipton's shop assistant Miss Leslie Robertson, 24 Parliament Place, will represent the Campbeltown branch in the competition - run by Sunshine canned foods - which carries a £100 prize. A girl from each Lipton branch in Scotland is entered with six girls going through

to finals in Glasgow. The two Australian girls - Anne Bourke from Perth in Western Australia, and Catherine McMaster from near Brisbane, Queensland - will later visit Northern Ireland.

ONE HUNDRED YEARS AGO

Saturday May 22, 1920

Mr John Gilchrist JP honoured

Mr John Gilchrist JP has been honoured by the people of Kilcalmonell and by friends in other parts of the country as he retires from his farm.

Mr Gilchrist has lived at Corran for 50 years. During that period he has taken an active interest in the affairs of his district and county.

A man of boundless energy and public spirit, he has served on the school board, parish council, district committee and local tribunal. He has been ruling elder and right-hand man to successive parish ministers.

His active interest could always be counted on where any sort of public duty was concerned and he was no less obliging in his private life.

He was a tenant of one of the farms on the Mackinnon estates and also acted as estate manager. He did a great deal to encourage co-operation among the farmers and was a very good neighbour. When it became known Mr Gilchrist was about to retire and move to Campbeltown, it was felt something special should be done to mark the occasion.

A committee organised a public testimonial and the presentation took place in the schoolroom at Clachan on Wednesday May 12. The Rev John Cameron of Kilmodan, and formerly of Kilcalmonell, took the chair. After stating the object of the meeting and paying a warm tribute to his quondam elder, he called on Mr John MacAlister to present Mr Gilchrist with a gold watch and chain and a £120 cheque.

Chicken Kebabs



7 Syms per serving 25 minutes Serves 4
Deduct 7 Syms if using Pita Bread wholemeal as a Healthy Extra 'b' choice.

A simple tikka marinade packs tons of flavour into this fab kebab dinner

Ingredients

8 skinless and boneless chicken thighs, visible fat removed, cut into bite-size pieces
3 level tbsp tikka curry powder* (see tip)
250g fat-free natural Greek-style yogurt
3 garlic cloves, crushed
4 x 60g wholemeal pitta breads
Lemon wedges, to serve

Method:

Put the chicken in a freezer bag (or a glass or stainless-steel bowl) with the curry powder, yogurt and garlic. Season with salt and stir to combine. Seal the bag or cover the bowl with cling film and marinate in the fridge for at least 1 hour or overnight.

For the salad, put the cucumber, radishes, celery and lettuce in a bowl. Mix together the yogurt and chopped coriander, season, then stir through the salad.

Preheat your grill to high. Lift the chicken out of the marinade, letting any excess drain off, then thread onto 4 metal skewers. Place on a baking tray lined with foil and grill for 10-12 minutes, turning halfway, or until the chicken is lightly charred and cooked through.

Toast the pitta breads. Scatter the coriander sprigs over the chicken skewers and serve with 1 pitta bread per person with the salad and lemon wedges for squeezing over.

*Spice blends are Free as long as they're made from herbs and spices only and don't include any Synned ingredients like sugar, flour and oil. Check the label to be sure and count the Syms as necessary

For the salad:

1 cucumber, halved lengthways, deseeded and roughly chopped
200g radishes, trimmed and quartered
3 celery sticks, roughly chopped
2 little gem lettuces, shredded
100g fat-free natural Greek-style yogurt
25g fresh coriander, leaves roughly chopped, reserving a few whole sprigs for the kebabs

PLEASE NOTE:

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We realise that many more businesses would love to be open, serving locals and visitors alike – our deepest empathy goes out to these businesses and we look forward to seeing their doors wide open when this is all over. Please feel free to get in touch with us if you would like to feature your business, or know a business that should be included. Email nmurphy@obantimes.co.uk or get in touch via our Facebook page on messenger. Let's spread the word as much as we can!

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Essential repairs, please call ahead to book
Mon-Fri 8am-5pm
Tel: 01586 553173

Argyll Recovery
Open as an essential service providing support
for key workers and other local residents to
keep transport links and roads open for all.
Breakdown recovery, roadside assistance and
haulage for loads of up to 5 tonnes.
Tel: 01586 807063 and we are also available
24/7 on our freephone number 0800 433 2468.

DIY AND HOME SUPPLY SERVICES

Archie Houston Electrical Services
Domestic, Agriculture, Industry and
Refrigeration
Emergency call out
Tel: 01586 552963 / 07979 383140

Auchencorvie Sawmill
All types of timber fencing, general building
timbers, seats & benches
Tel: 01586 551 253/ 07718 741544

A W Gillies
Fencing Contractor and Supplier
Agricultural, Industry, Domestic & Security
Fencing
Tel: 07887 728406

Carradale Garden Services
Domestic & Commercial
Tel: 01583 431362 / 07432 158404

CS Civils
Driveways, Service installation, Digger, Dumper
and Small plant
Tel: 07412 624278

D McNair & Son Ltd
Fuel Merchants
Tel: 01586 552020

Graeme Waste Solutions
Tel: 07788 233119

Highland Fuels Ltd
Fuel Distributor
Open Mon-Fri 8am-5pm
Tel: 07551 020 307

Clachan Filling Station
Fuel and essential groceries and newspapers.
Mon-Sat 8-4
Sunday 9-4
Home delivery service available on weekdays
from Whitehouse to Tayinloan and in between!
Please phone 01880 740609 between 8 and 9
am for delivery.

VETS, PETS, KENNELS AND ANIMAL

WESTWARD VETS
Open: Monday - Friday 9am to 5pm.
Strictly by appointment only.
Social distancing rules apply.
Video consultations available on request.
Tel: 01586 552136
westwardsvet@aol.com

JH HOOPER
Provides veterinary care for your pets
Usual opening hours – emergency care only
Tel: 01586 552427

NARROWFIELD KENNELS
Drop off & collection of animals will be by
appointment only & social distancing &
hygiene protocol will be observed.
Tel: 01586 553979
Email: narrowfield@live.co.uk

PET SHOPS AND FARMING SUPPLIES

JIM MARTIN AGRICULTURAL SUPPLIES
Phone and collect
Mon-Fri, 9am-3.30pm
Sat 9am-1pm
01586 550066
sales@jms-scotland.com

CHEMIST/HEALTHCARE

Boots the Chemist
Open: Mon-Sat 10am-12pm, 2pm-5pm
Tel: 01586 553208

Kintyre Medical Group
Southend Surgery
Order repeat prescriptions on 01586 830494
Collections only on Mon 1pm-2pm, Tues
5pm-6pm, Thurs 3pm-4pm, Fri 12pm-1pm

TRANSPORT & DELIVERY

The following businesses are helping with
transporting food around Kintyre. Big thanks to
them:

AM Transport
MACC Business Park
A Thomson Painters & Decorators
West Coast Motors

Look up FB pages for more information
on local services:
Look online at www.campbeltowncourier.co.uk,
Kintyre Forum and Explore Campbeltown on
Facebook.

*Information correct at time of going to press.
Check www.campbeltowncourier.co.uk/openforbusiness
for updated information. This page will run in the
Campbeltown Courier every week for as long as necessary
- printed information will be updated weekly.*



Billy McTaggart with the painting he has donated to Kintyre Link Club.

Artist Billy's act of kindness

A Kintyre artist has donated one of his paintings to Kintyre Link Club (KLC) in honour of Mental Health Awareness Week, which takes place this year from May 18 to 24 and has a theme of kindness.

Billy McTaggart, a member of KLC which works to promote the welfare of people with poor mental health, painted a picture of HMS Campbeltown to be auctioned to raise club funds.

KLC manager Tracy Chambers said: 'We are so grateful to Billy for such

an act of kindness. The money from the auction will go towards supporting people with poor mental health throughout Kintyre.

'Billy is using painting to focus his mind through difficult times like the ones we are all going through now.

'Brilliant Billy and thank you so much.'

The auction will end at noon on Friday June 19. Bids can be placed by contacting Tracy through Facebook or by calling 07535 036953.

Gamers stream in for marathon May

Kintyre man goes live to boost Macmillan funds

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

A Kintyre IT consultant has joined forces with friends across the UK to live-stream gaming sessions almost 24 hours a day for most of May to raise money for Macmillan Cancer Support.

James McLellan, 36, is using his new-found free time during lockdown to take part in the challenge, dubbed 'Mid-Game Crisis', alongside friends Alan, who lives in Gorebridge, and Makka, Tom and Michael who are based in Somerset, where James grew up.

Explaining what inspired them, James, who now lives at the Sound of Kintyre, said: 'A friend of mine was recently diagnosed with stage four cancer. We're a tight-knit group of friends, so we pulled together to support him and raise as much money as possible for Macmillan Cancer Support.'

It's not the first time the men have completed gaming live streams for charity, having previously taken part in Macmillan Cancer Support's own Game Heroes live-streaming initiative, Edinburgh



Artwork representing those taking part in the 'Mid-Game Crisis' created by Somerset-based gamer Michael.

Children's Hospital's Sick Kids Save Point 24-hour gaming marathons and completing challenges for SpecialEffect, a charity that helps physically disabled people play video games.

This time, James and his friends decided they wanted to go a step further and initially decided to complete a 26-hour session - the online streaming equivalent of a 26-mile marathon, they thought.

After completing that challenge - and with more spare time than ever - they decided

to try to keep the stream going for as much of May as possible, each doing shifts and hosting other channels - 'like BBC One showing something that is on BBC Two at the same time' - James explained, who estimates he completes between eight and 12 hours each day. They also reached out to their contacts in the games industry and pulled in prizes to give away to encourage people to watch the streams.

Asked which genre of games the friends play, James said: 'Anything and everything.

We've got a Minecraft game running because we play a lot of that any way and it's a favourite of our friend who's not well. Alan has been doing some late-night streams playing stuff like the Blair Witch Project and PT which are frightening. It's hilarious because the noises he makes when he gets scared are incredible.

'We're also guided by the chat and Twitter. We've had some suggestions for games we should play, so we've picked them up.'

James, whose children or 'stream goblins' Skye, 13, and Callum, 11, have been getting involved alongside completing their school work, said: 'It's hard to explain to people I suppose, because people climb mountains for charity or run marathons, but we are sitting down for charity!'

'I have osteoarthritis and other mobility issues so although I can get about, I'm not a marathon runner by any means but this I can do.'

To find out more about the challenge or to get involved, visit <https://www.midgame-crisis.co.uk/macmillan>



The Dochas Carer Centre

Are you an adult unpaid carer?

We are here for you

We provide a service to unpaid adult carers across the whole of Mid Argyll, Kintyre and the Isles (MAKI). We have three teams:

- Support outreach worker team
- Trained counselling team
- Volunteer befriending team

We are available 10-4pm Monday to Friday and our service is open to any unpaid adult carers that needs support.

The Outreach/Support Team

This team are maintaining regular contact with carers via telephone. Our team is providing a listening ear during this challenging time and we have been fortunate to receive additional funding to support carers and those they care for with creative solutions to help with their mental and emotional health while in isolation.

Our website - www.dochasfund.org.uk and Facebook pages will be updated regularly with information and advice.

The outreach/support team can be contacted via the telephone number 01546 600022 or by emailing -enquiries@dochasfund.org.uk

The Volunteer Befriending Team

Our volunteer befriending service called Circle of Friends is continuing to run. Volunteers are maintaining contact with the individuals they are befriending by telephone.

Our volunteer Co-ordinator, Ryan Taylor, continues to support this service.

If you have an interest in this service Ryan can be contacted via the telephone number 01546 600022

The Dochas Counselling team

The team are keeping up with their existing clients and people who are contacting them via the counselling service.

Visit the Dochas Facebook page for more information on the new counselling service set up to help during the Covid-19 crisis. This service is for people and their families who are living with long term conditions/terminal illness and bereavement.

Please telephone 07432 231217

or contact counselling@dochasfund.org.uk and someone will get back to you to explain the process.

They can't obviously offer any face to face counselling at the present time, but we can offer you telephone, email or online support.



Mid Argyll Youth Development Services

Providing Information and Accessible Youth Friendly Services

Are you a young carer?

We are here for you...

MAYDS are still providing support for children, young people and families where we can. Anyone needing advice or help can contact the above at anytime.

We are providing our child and adolescent counselling services via skype, phone etc., and still open for referrals for any young person feeling isolated or in need of support. Our Young Carers are still being supported by our team across MAKI and again referrals are still being taken.

We have regular information and updates on our facebook page mid Argyll youth development services.

Online support is also available on www.cool2talk.org.

Contact 07788900049 or fiona@mayds.org.uk lynn@mayds.org.uk

CROSS CODE

19	5	3	21	9	16	7	19	8	7	22	19	
21			15		21		9		5		7	
16		26	21	18	20	22	21	9	19	3	24	
23	13	12	9		7		23		3	1	12	6
	8		14	9	7	7	19		9		5	
3	13	8	21	9		24		22	1	5	16	3
12		19		5	16	21	14	7		24		6
23	1	13	24	7		18		8	5	20	7	3
23		10		11	21	6	21	8		5		
13	2	7	24		16		14		13	24	6	13
3		9	7	25	12	5	9	5	24	14		14
7			4		3		7		8			8
19	12	18	6		7	2	7	9	17	13	24	7

ABCDEFGHIJKLMNOPQRSTUVWXYZ

1	2	3	4	5	6	7	E	8	9	R	10	11	12	13
14	15	16	17	18	19	20		21	22	W	23	24	25	26

Each number in the Cross Code grid represents a different letter of the alphabet. You have three letters in the control grid to start you off. Enter them in the appropriate squares in the main grid, then use your knowledge of words to work out which letters should go in the missing squares.

As you get the letters, fill in other squares with the same number in the main grid and control grid. Check off the alphabetical list of letters as you identify them.

Quiz Challenge

1. What is the southernmost city in England?
2. Which tall, overweight cartoon rooster with a rhyming name is a rival of Barnyard Dawg?
3. "Although she is dressed up to the nines, At sixes and sevens with you" is a line from which famous song?
4. An eft is the young of which amphibian?
5. In the 2017 series of Strictly Come Dancing, dancer Dianne Buswell partnered which Church of England clergyman?



Dianne Buswell – see Question 5

6. Down Under was a 1980s UK No 1 hit song for which Australian band?
7. On a dice, which number is directly opposite the six?
8. Splott is an area of which British city?
9. Festival No 6 is an annual art and music festival held in and around which village in Gwynedd, Wales?
10. Which golf course on the Open Championship rota is five miles south of Blackpool?

BOX CLEVER

	5				
3			4	4	
		3			
			2		
		9			
					6

Fill the 6x6 grid with as many boxes as there are numbers printed. Each box must be either square or rectangular and must contain just one of the numbers. The numbers show how many squares there should be in each box.

COMMON LINK

The answers to the following five questions contain a word or words which have a common theme. Can you find the link?

1. Which hairstyle has been described as 'short at the front, long at the back and ridiculous all round'?
2. Which word means both the underside of the foot and restricted to one person or group?
3. Which stretch of water separates Tasmania from mainland Australia?
4. What is the popular name for the piano quintet in A major D667 by Franz Schubert?
5. What name is given to ground chalk used as a filler and a pigment?

SOLUTIONS

14	G	J	M	J	G	14
15	J	M	J	G	14	
16	M	J	G	14		
17	J	G	14			
18	G	14				
19	14					
20						
21	A	K	D	C	Y	M
22	W	A	K	D	C	Y
23	P	W	A	K	D	C
24	N	P	W	A	K	D
25	Q	N	P	W	A	K
26	B	Q	N	P	W	A
1	H	V	S	I	X	1
2	V	S	I	X	1	
3	S	I	X	1		
4	I	X	1			
5	X	1				
6	1					
7	T	E	L	R	Z	F
8	E	L	R	Z	F	
9	L	R	Z	F		
10	R	Z	F			
11	Z	F				
12	F					
13	O					

CROSS CODE

Lytham (and St Anne's).
 at Work; 7 One; 8 Cardiff; 9 Portmeirion; 10 Royal
 Argentina; 4 Newt; 5 Reverend Richard Coles; 6 Men
 1 Turbo; 2 Foghorn Leghorn; 3 Don't Cry For Me
 I Turo; 4 Newt; 5 Reverend Richard Coles; 6 Men

QUIZ CHALLENGE

Varieties of fish.
 Common link:
 Whiting;
 Trout Quintet; 5
 Strait; 4 The
 Sole; 3 The Bass
 1 The mullet; 2

LINK

COMMON

6					
		9			
	2				
		3			
4	4		3		
			5		

BOX CLEVER



Find us on Facebook
www.facebook.com/campbeltowncourier
www.facebook.com/argyllshireadvertiser

Covid-19 Fogging Service

from A. Thompson

PLASTERING • DECORATING & PAINT SPRAYING

We will be offering our new fogging service as of next week.

This entails rooms, cars, offices, schools, canteens, workspaces, kitchens, doctors surgeries, hospitals ... etc all being sprayed with virucidal disinfectants, specifically targeting Covid 19.

Outside can also be done; play equipment, work equipment etc.

We have sourced the world's leading virucidal disinfectant and purchased the best fogging machines available.

Rooms can be re entered 1 hour after the process has been provided.

No residue, smell or vapour trace whatsoever.

The service will be available 24 hours a day, 7 days a week and is open to all sectors.

The virucidal disinfectant is 100% animal, human and environment friendly.

Please note that additional charges will incur if the work is carried out at night.



Please get in touch with Andrew on 07460 820375 or email thompsondecor@hotmail.com

OPEN FOR BUSINESS

SUPERMARKETS AND FOODHALLS

Co-op Stores

Lochgilphead, Inveraray, Ardrishaig Tarbert
Open Mon-Sat 7am-8pm
Key worker exclusive access: Mon-Sat 8am-9am, Sun 10am-11am
Lochgilphead offering deliveries – Tel: 01546 602060

Tesco Express

Lochgilphead
Tel: 0345 671 9305
Open 6am-10pm
Your usual groceries and supplies inc Costa
Coffee machine
Fuel – pay on pump from 10pm-midnight
Hand sanitising on entry
Safe distancing rules apply

Riverside Filling Station/Spar

Lochgilphead
Open Mon-Sat, 7am-8pm, Sun 9am-6pm
All the usual food supplies
Hot food/rolls for take-away
Can deliver via the West Coast Motors service – call ahead to arrange 01546 603858

McCaughey's Londis

Inveraray
Open Mon-Sat 8am-6pm
Cooked breakfast takeaway 8am-12pm
Post Office open Mon-Sat 8am-5.30pm
Can deliver – Tel: 07899 061575

CONVENIENCE STORES AND NEWSAGENTS

R S McColl's Lochgilphead

Open 7am-8pm daily

RS McColl's Inveraray

Open 8am-6pm daily

Ardfern Village Store

Open Mon-Fri, 8am -6.30pm
Sat 8am-1pm, Sun 9am-1pm
Food delivery available – Tel: 01546 870281

Furnace Village Store

Open Mon-Sat 9am-5pm, Sun 9am-1pm
Coffee machine still on!
Deliveries available locally – Tel: 01499 500668

Craobh Haven Village Store

Open 11.30am-9pm daily
Lots in stock and free hand sanitizer to locals whilst stocks last!
Tel: 01852 500658

Danny's Hardware & Pet Supplies

Open Wednesdays and Saturdays 10am – 4pm
For Phone Orders, 07776 491 308

between the same hours,
10am – 4pm Monday to Friday only.

McColls Ardrishaig

Open 7am-8pm 7 days a week
Deliveries on special request
Social distancing measures in place
For info/orders Tel: 01546 606770 or visit our FB page

Peter Law & Son, Ardrishaig

Open 5am-5.30pm 7 days a week
Deliveries available
Social distancing measures in place
For info/orders Tel: 01546 603481

Cairndow Post Office

re-opens on Tuesday 19th May
Tuesdays, Wednesdays and Thursdays from 10am to 12.30

FRESH FOOD SUPPLIES

Aray Fish, Fruit & Veg

Delivery to doorstep in Mid Argyll
Home delivery is free of charge. Minimum spend £10.
Deliveries on the following days in these specific areas (exact delivery days may vary dependent on demand):
WEDNESDAY - Inveraray, Furnace, Minard & Lochgair.
THURSDAY - Cladich to Ford (Lochawe-side), Ardrishaig, Kilmartin, Kilmichael, Cairnbaan & Lochgilphead.
FRIDAY - Lochgoilhead, Strachur, St Catherines & Cairndow.
Visit website for full product list www.arayfish.com

The Argyll Café

Lochgilphead
Open Wed, Thurs, Fri Sat, 5pm-9m
Your usual favourites, although menu slightly reduced
Collection only, strict social distancing measures
Order by phone or on the Facebook page
Tel: 01546 606225

DJ Campbell & Son

Dairy Produce
Daily deliveries
Tel: 01546 605273
Call Mon-Fri, 9am-5pm for orders

Marmalade Deli

Lochgilphead
Good levels of stock
Bulk orders available – full list on www.marmaladedeli.com
Order via email marmaladedeli@fastmail.com or by phone 01546 606292

Featuring the businesses in Mid Argyll that are open and able to offer vital products and services to our community during the current Covid-19 pandemic. Many of these businesses are working under extreme pressure to bring quality products and services to the people of Mid Argyll and beyond. Please remember to exercise caution when shopping and only shop for essential supplies. Along with our wonderful NHS staff and carers, our local food, fuel, news platforms and home supply businesses are our community champions!

Murray Smoked Products

For all your essential fish and seafood supplies
Open Tues-Fri 8.30am-3pm, Sat 8.30am-1pm
Deliveries available within approx. 15 miles with West Coast Motors
Tel: 01546 600262 – or message us on Facebook

CW Shellfish

Order on a Thursday for Friday delivery
Through FB page only please
Fresh prawns from £10 per kilo, Crabs £4 each

Ferguson Butchers

Lochgilphead
Taking orders by phone for collection
Fresh fruit and veg also
Tel: 01546 602400/403

Keara's Snack Shack

Lochgilphead
Taking orders by phone on 07765 550793 or 07717 095691
Medium Fruit & Veg Pack £9.50
Large Fruit & Veg Pack £18
No cash payments – Paypal or bank transfer only
Free local delivery every Friday

TAKE-AWAY FOOD

Grey Gull

Ardrishaig
Take-away available 12pm-8.30pm
Visit FB page for full menu
Collection only
Tel: 01546 606017
Accommodation available for essential/key workers

Salty Dog Café

Home-cooked meals
5 for £20
See FB page for full menu choices
Order by 8pm on a Sunday for Monday delivery (local)
Collections can be arranged
Tel: 07497 003850

CHEMISTS/PHARMACIES & HEALTHCARE

Tarbert Pharmacy

Open 10am-4.30pm (closed 1-2 for lunch)
Social distancing and safety measures in place including hand sanitizing on entry and sneeze guards. 1 in, 1 out policy.
Tel: 01880 820232

Inveraray Pharmacy

Open 9am-4pm, Mon-Fri & 9am-1pm Sat (for general supplies)
Dispensing for acute prescriptions available 9am-1pm, Mon, Wed, Fri (collection only thereafter)
Social distancing and safety measures in place including hand sanitizing on entry and sneeze guards. 1 in, 1 out policy.
Tel: 01499 302133

Argyll Pharmacy

Lochgilphead
Open Mon – Fri 9am-5.30pm
Sat 9am-5pm

Please only order what you need, check prescriptions are ready for collection BEFORE coming to the Pharmacy, please phone where you can for pharmacy advice
This goes against everything we believe in as 'good customer service' however we will be here to support you in the best way we can under these exceptional circumstances.
Please stay safe!
Tel: 01546 603217

VETERINARY CARE

Dalriada Vets

The surgery is running an emergency service for all animals under our care (pets, farm animals and horses). Please contact the surgery to discuss with a vet if you think your animal may need to be examined. We are providing vet medicines, repeat prescriptions, flea, tick and worm treatments and pet food, by arrangement.
Tel: 01546 602240

EXTRA HELP FROM COMMUNITY HEROES

Inveraray Community Council

Are you in self-isolation?
If you are following government guidelines and self-isolating due to a new cough or fever, we have set up a volunteer group for anyone in Inveraray needing essential groceries or prescriptions from local shops or chemist to be picked up and delivered to your doorstep.
.Call Linda on 07388165366 or Aly on 07717885404. Open to Inveraray residents only. Payment on delivery please. If you would like to volunteer to deliver goods please let us know.

West Coast Motors Deliveries

West Coast Motors are offering FREE travel to NHS workers and are also offering a FREE service for pick up and delivery from Lochgilphead and Inveraray.

When placing your order with the store, pay over the phone by card. Let them know that your order will be collected by West Coast Motors. Email or phone Robert Mackay on r.mackay@westcoastmotors.co.uk. Arrange a 01586 555883 (leave a message with your number if he's out) to arrange the pick up from the shop/chemist. Arrange for yourself or a volunteer to meet the bus at the bus stop in your town/village. PLEASE SUPPORT YOUR LOCAL STORES WHERE POSSIBLE.

Information correct at time of going to press. Check www.argyllshireadvertiser.co.uk/openforbusiness for updated information. This page will run in the Argyllshire Advertiser every week for as long as necessary - printed information will be updated weekly.

West Coast MOTORING

✓ GARAGES ✓ DEALERSHIPS ✓ PRIVATE SALES ✓ NEWS

PRESS RELEASE

MOT extension confusion and vehicle neglect could cause chaos for businesses and their drivers as lockdown is eased

A survey reveals 69 per cent of motorists are unclear about the MoT extension parameters and one in four have not carried out any basic vehicle health checks.

Venson Automotive Solutions is urging fleet managers to encourage company car drivers to ensure their vehicles are road ready as the nation anticipates an easing of lockdown.

The advice from Venson follows its latest survey of UK motorists which revealed that one in five do not know when their MoT is due, and 69 per cent are unclear about when the Government's six-month MoT exemption came into play. The survey also found that one in four drivers has de-

ferred a service or repair until after lockdown is lifted and as many as 28 per cent have failed to carry out any basic vehicle health checks since March 23.

Alison Bell, marketing director at Venson Automotive Solutions comments: 'Even with the current six-month MoT exemption in place, drivers are still responsible for keeping their vehicle in a road-worthy condition - drivers can still be prosecuted if at the wheel of an unsafe vehicle.'

'Businesses also have a duty of care to ensure their employees who drive on company business are safe and should therefore be encouraging regular safety checks. By carrying out basic maintenance checks, drivers will not only help to

reduce the time their vehicle is off the road but importantly, eliminate unnecessary cost for themselves and/or their employer. Additionally, a vehicle kept in a safe, driveable condition, limits their personal inconvenience if it has to be repaired and lessens the burden on roadside assistance providers.'

Encouragingly, respondents to the Venson survey have carried out some basic but important tasks; 51 per cent have checked the tyre pressure and 49 per cent have run the engine regularly to keep the battery charged; 42 per cent have checked the oil level. Other maintenance that drivers have carried out include moving the car to test the brakes (41

per cent), measuring tyre tread depth (39 per cent) and ensuring headlights and brake lights are all fully-functioning (34 per cent).

Alison Bell continued: 'When lockdown is eased, businesses will be keen to begin to make up for lost time, so the last thing they need are drivers to be out of action due to a flat tyre, flat battery, or worse. It's great to see that half of the respondents have checked their tyre pressure and run the engine to keep the battery charged. This is a simple bit of maintenance which is often neglected but could save hundreds of pounds if the vehicle has to be off the road for repairs.'

'What's more, regardless of

the government's extension, we recommend vehicles are booked in for MoTs well in advance of their new due date in order to help avoid bottlenecks building after lockdown. Those responsible for fleet vehicles should also ensure that service routines are maintained to avoid invalidating warranties and generating unnecessary maintenance costs for their business.'

Venson Vehicle Safety Checklist

- Battery care: start the engine once a week and allow it to run for about 15 minutes. This will recharge the battery and help keep the engine in good condition.
- Oil: check oil levels.

- Check windscreen wipers and screen wash
- Coolant: is level correct?
- Damage: is there any damage to bodywork that might affect roadworthiness? If you're not sure ask for advice.
- Dashboard: check for warning lights when the engine is running.
- Rubber: are the tyres safe, correctly inflated and legal? Do you have a working spare or alternative solution in the vehicle?
- Windscreen and mirrors: do you have clear all-round vision and is the glass damage free?

www.venson.com



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Photograph for illustrative purposes only.

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+ Road Tax

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autoservicesperthltd.co.uk

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Agent of The National Farmers Union Mutual Insurance Society Limited.

Around the markets

United Auctions, Stirling, Saturday May 16 had forward 213 heifers and calves.

Heifers with bull calves at foot: West Thomaston (LimX) £3300 & £3100; Little Kilchatten (BP) £3000; The Ross (Cont) £3000; Derry (B Blue) £2750; Crosshouse (Cross) £2750; Little Kichatten (B LimX) £2600 x2; Porterstown (SimX) £2450.

Heifers with heifer calves at foot: The Ross (BP) £3650 & £3400; West Thomaston (LimX) £3500 & £3300; West Thomaston (B LimX) £3300; Crosshouse (Cont) £3050; Mill of Inverarity & Little Kilchatten (B BlueX) £2600; Witton (Cross) £2450; Skeoxh (SimX) £2200.

United Auctions Stirling, Thursday May 14 sold 6184 prime sheep comprising of 481 spring lambs selling to average 252.33p also 4725 prime hogs selling to average 204.31ppk and 978 ewes and rams.

New Season Lambs (481) – Easter Ochtermuthill (BTex) £129.00 & £125.00; Penston

(Tex) £125.00; Cauldcoates Holdings & South Ballaird (Tex) £122.00p; Hoprig (Suf) £123.00; Penston (Suf) £121.50; Penston (Cha) £120.00; Netherton (Cha) £118.00; Powblack (Hamp) £107.00; Campbeltown (Dor) £104.00; Greystone (Zwa) £101.00.

New Season Lambs (481) – Easter Ochtermuthill (BTex) 287.00ppk; & 269.00ppk; Bangour (Tex) 283.00ppk' Cauldcoates Holdings (Tex) 271.00ppk; Parks of Garden (Suf) 281.50ppk; Penston (Cha) 272.00ppk; Bangour (Cha) 266.00ppk x4; Campbeltown (Dor) 239.00ppk; Whitehouse (Zwa) 228.00ppk.

Old Season Lambs (4725) – Cultburn (BTex) £119.00; Harviesmailing (BTex) £118.00; Spittal (Tex) £114.00; West Mains (Tex) £113.00; Crofthead (Suf) £112.00 Shannochar (Suf) £111.50; Croftgary (BF) 109.50; St Mungoes (BF) 108.50; Yorkston (Mule) 103.00; West Thomaston (Mule) 103.00; Cummnock House (Chev) £99.00; Snawdon (Chav)

£98.50; Snawdon (Cross) 95.00. Old Season Lambs (4725) – Cultburn (BTex) 269.00ppk; Harviesmailing (BTex) 257.00ppk; Spittal & Shannochar (Tex) 239.00ppk; Wardhead (Chev) 227.00ppk Easter Balgillo (Chev) 226.00p x2; Dall (BF) 218.00ppk; Duncroisk (BF) 217.00ppk; Carriber Mill & Lenaig (Suf) 217.00ppk; Yorkston (Mule) 217.00ppk & 208.00ppk; Snawdon (Cross) 204.00ppk.

Ewes (978) – Cherryfield (Tex) £167.00; Broomknowes (Tex) £152.00; Ballechin (Cont) £148.00; Nether Pratis (Cont) £146.00 & £130.00; Easter Ochtermuthill (BTex) £130.00; Over Hill House & Carrat (TexX) £129.00; Netherton (Cha) £123.00; Easter Ochtermuthill (BTex) £115.00; Gathercauld (Chev) £108.00; Powblack (Hamp) £86.00; Cherryfield (Mule) £78.00; Busses (Mule) £77.00; Cauldcoated (BF) £78.00; Yorkston (BF) £73.00.

Tups – Knock O Ronald (BFL) £108.00; West Mains (Tex) £102.00; Huntingfaulds (Tex) £100.00; Clockan & Coulshill

(Chev) £100.00; North Deanhead (BTex) £90.00; Coulshill (BF) £66.00.

Dingwall & Highland Marts Ltd, May 13 sold 683 store cattle.

Bullocks (336) averaged 219.9p and sold to 273.1p per kg for a pair of 216kg Limousin crosses from 1 Obbe Road, Leverburgh and £1,185 gross for a 595kg Simmental cross from Kincaig Farm, Invergordon.

Heifers (327) averaged 213.8p and sold to 300.0p per kg for a 420kg Aberdeen Angus cross from Kincaig Farm and £1,320 gross for a 530kg Charolais cross also from Kincaig Farm.

Young bulls (20) sold to 250.0p per kg for a 152kg Whitebred Shorthorn from Mucomir Farm, Spean Bridge and £1,000 gross for a 465kg Limousin from Strone Farm, Banavie.

Other leading prices per head and per kg:

Bullocks up to 250kg – Moy Farm, Banavie, £660, 269.4p; 251-300kg – Balmagaster, Spean

Bridge, £735, 273.1p; 301-350kg – Moy Farm, £860, 261.6p; 351-400kg – The Arr, Lethen, £955, Raitcastle Farm, Nairn, 252.1p; 401-450kg – Easter Craggach, Kirkhill, £1,030, Meikle Geddes Farm, Nairn, 234.5p; 451-500kg – Kirkton Farm, Golspie, £1,120, 235.5p; 501-550kg – Kincaig Farm, £1,125, Borowston Mains, Thurso, 211.9p; 551-600kg – Kincaig Farm, £1,155, 205.2p.

Heifers up to 250kg – Moy Farm, £610, Hillcrest, Kyle, 282.9p; 251-300kg – Ardtornish Farms, Morven, £745, Insh Farm, Spean Bridge, 253.9p; 301-350kg – Pitmain, Kingussie, £840, 254.6p; 351-400kg – Raitcastle & Park Farm, Nairn, £900, 243.2p; 401-450kg – Kincaig Farm, £1,100, 224.5p; 501-550kg – 6 Balnabean, Conon Bridge, £1,085, Kincaig Farm, 249.12p; 551-600kg – Kincaig Farm, £1,185, 209.7p.

OTM prime & feeding cows (99) averaged 128.9p and sold to 172.4p per kg for a 750kg

Beef Shorthorn from Todholes, Thurso, and £1,290 gross for a 935kg Limousin cross from Drumsmittal Croft, North Kessoock.

OTM prime & feeding bulls (8) sold to 119.5p per kg and £1,410 gross for an 1180kg Limousin Knocknagael, Inverness.

Other leading prices per head:

OTM prime & feeding cows: Kildun, Dingwall, (Lim), £1,210; Kindeace, Alness, (SalX), £1,170; Kindeace, (AAX), £1,170; Kindeace, (BRBX), £1,150; 192 The Doll, Brora, (LimX), £1,150; Polly Estates, Ullapool, (Lui), £1,050; Balnuran, Culloden Moor, (ShoX), £1,050; Upper Duntulm, Kilmuir, (SimX), £1,030; Raitcastle, Nairn, (GasX), £1,030.

Other leading prices per kg:

OTM prime & feeding cows: Balintraid, Invergordon, (AAX), 158.3p; 1 Borrodale, Glendale, (LimX), 157.7p; Morvich Farm, Rogart, (SimX), 157.5p; Kindeace, (SalX), 151.0p; Raitcastle, (BShoX), 148.3p; Upper Duntulm, (SimX), 146.1p; Kindeace, (BRBX), 142.0p; Groam, Kirkhill, (CharX), 138.6p.

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Caledonian Marts Ltd sale report

Caledonian Marts Limited sold 162 cattle comprising 109 bullocks, heifers and young bulls and 53 OTM cattle at its sale on Thursday May 14.

Prime heifers sold to 235 p/kg for a British Blue X from Dalchirla Farms, Muthill, Crieff, purchased by H A Black, Butcher, Stirling, and to £1408 for the same beast.

Prime bullocks sold to 225 p/kg for a Limousin from W Dandie, Learielaw, Broxburn, purchased by T Johnston, Butcher, Falkirk and to £1468 for an Aberdeen Angus from J & J Brown, Loanrigg, Slamannan.

Bulls (under 30 months) sold to 215 p/kg for a Limousin from W Dick & Sons, Mains of Throsk, Throsk, and to £1361 from J Caldwell, Moorfield, Kilmarnock.

Other leading prices: Bullocks per head: £1434 Penston and Mains of Cultmalundie; £1411 Penston; £1400 LQearielaw; £1394 Riggs; £1394 and £1385 Westwoodlane; £1380 Mains of Cultmalundie and Gillandersland.

Heifers per head: £1385 Mains of Cultmalundie; £1380 Skilmafilly (Ellon); £1377 Wallaceton; £1349 Penston; £1348 Wallaceton; £1338 Mains of Cultmalundie.

Bullocks per kg: 222p Mains

of Cultmalundie; 218p Penston and Nethermyres; 215p Mains of Cultmalundie.

Heifers per kg: 230p Skilmafilly, 228p Penston, Skilmafilly and Meadowend; 225p Skilmafilly and Meadowend. Also forward were 53 OTM cattle. With a large show of feeding OTMs forward they averaged 126 p/kg, selling to 153 p/kg for a Limousin from W Dandie and Sons, Learielaw, Broxburn, and to £1410 for a Limousin from W Dick and Sons, Mains of Throsk, Throsk.

Dairy cows averaged 106 p/kg selling to 117 p/kg from W & M Wylie, Broompark, Torphichen, and to £980 from the same home.

Other leading prices: Beef OTMs per kg: 149p East Dron; 148p Gibbalston and Mains of Throsk; 147p Mains of Throsk; 145p Murrayshall and Bankhead.

Beef OTMs per head: £1160 Meikle Seggie; £1110 Burnhead (MacGregor); £1060 Learielaw and Bankhead; £1040 Templehall.

Dairy cows per head: £970 and £960 Broompark; £780 Wharlawhill.

Cast males sold to £1300 for a Limousin from Rathillet Farms, Cupar and to 168p for a Bazadaise from T & E Tod, Nether Longford, West Calder.

Farmers reminded to 'Look out, look up'

Power company relaunches its safety campaign

Scottish and Southern Electricity Networks (SSEN) is urging everyone across the agricultural industry to stay safe and 'Look out, look up!' when working near overhead power lines and poles.

The relaunch of the electricity distribution company's annual safety campaign comes after an increase in the number of incidents on farms and fields across its network in the past 12 months, with 910 call-outs compared to 865 the year before.

The 910 reported incidents in the last year, which were on agricultural land across SSEN's network areas, were the result of third parties coming into contact with the distribution operator's poles, overhead lines and cables, resulting in electricity supplies being disrupted and potentially causing serious injury, or worse, to those in-



SSEN is urging farm workers to 'Look out, look up'.

involved. To ensure farmers and their teams are armed with the knowledge they need to stay safe in the field, SSEN's safety campaign is using radio and online messaging as well as issuing the following guidance: 'Look out, look up!' before you start work in any areas

where electricity lines are present.

Risk assess and be aware of the height of machinery in use near lines and ensure there's plenty of clearance. Remember electricity can 'jump' if an object comes near enough.

If you do come in to contact with an overhead line or cable, stay in your cab or vehicle and try to avoid touching anything metal within it.

Call 105 immediately. This is the UK-wide emergency number for power companies and is the quickest way to get through to the correct network operator.

If the situation is too dangerous to stay put, jump out of the vehicle as high and as far as you can to avoid touching any part of the machinery or electricity network.

Ian Crawley, SSEN's network operational safety manager,

said: 'While it's both worrying and disappointing to see the number of farm-related incidents on the rise, the year-on-year increase is slowing down which is hopefully a sign the 'Look out, look up' campaign is having a positive impact.

'SSEN wants to help its farming communities to stay accident-free throughout the year and hopes that through the 'Look out, look up' campaign, it can continue to raise awareness and lower the risks associated with their invaluable work.'

SSEN is encouraging farmers and agricultural workers with any concerns relating to electrical infrastructure on their land to report this by sending a photograph directly to SSEN's teams via the Power Track app.

For further information on staying safe visit <https://www.ssen.co.uk/safety/>

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Monday 1st June

Fortnightly sale of store cattle, young bulls also Native bred cattle.

Wednesday 3rd June

Sale of Store Hoggets, Breeding Sheep to include Ewes & Hoggets with Lambs at foot.

Also sale of Young Calves & Stirks.

Further Details on any of the above sales and upto date trends please contact

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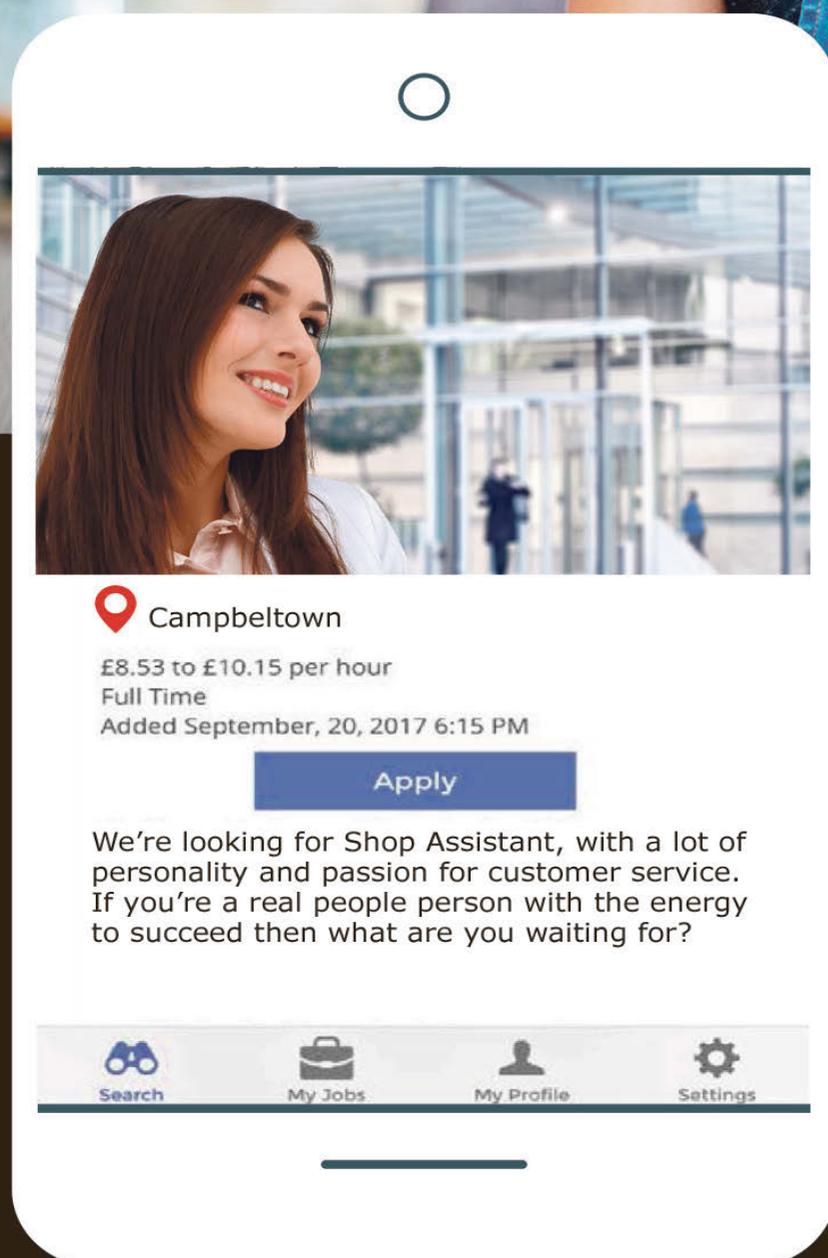


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Goods Vehicle Operator's Licence

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Owners or occupiers of land (including buildings) near the operating centre who believe that their use or enjoyment of that land would be affected, should make written representations to the Traffic Commissioner at Hillcrest House, 386 Harehills Lane, Leeds, LS9 6NF, stating their reasons, within 21 days of this notice. Representors must at the same time send a copy of their representations to the applicant at the address given at the top of this notice. A guide to Making Representations is available from the Traffic Commissioner's Office.

Argyll and Bute Council

PLANNING

The applications listed below together with the plans and other documents submitted with them may be viewed electronically through Argyll and Bute Council website at www.argyll-bute.gov.uk. Having regard to Schedule 6, Part 3, s10 of the Coronavirus (Scotland) Act 2020, documents are only available to inspect electronically at this time. Customers requiring assistance can contact us by e-mail: planning.hq@argyll-bute.gov.uk or tel. 01546 605518.

TOWN AND COUNTRY PLANNING DEVELOPMENT MANAGEMENT PROCEDURE (SCOTLAND) REGULATIONS 2013 REGULATION 20(1) ADVERT STATEMENT
TOWN AND COUNTRY PLANNING (SCOTLAND) ACT 1997 (AS AMENDED), RELATED PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) (SCOTLAND) ACT 1997

Ref. No.	Proposal	Site Address
20/00728/MFF	Installation of 80 floating baskets attached to a 158 metre longline to grow oysters	Land Off Eilean Buidhe Craignish Lochgilphead Argyll And Bute
20/00724/PP	Change of use of land for temporary siting of container to be used as a Class 1 retail shop - retrospective	Carradale Temporary Shop Mains Hall Carradale Campbeltown Argyll And Bute
20/00091/PP	Change of use of land for the siting of 2 glamping pods	Land West Of Davaar Lighthouse Davaar Island Campbeltown Argyll And Bute

Written comments can be submitted online <http://www.argyll-bute.gov.uk/planning-and-environment/find-and-comment-planning-applications> or to Argyll and Bute Council, Development Management, Kilmory Castle, Lochgilphead, Argyll, PA31 8RT within 21 days of this advert. Please quote the reference number in any correspondence. Any letter of representation the Council receives is considered a public document and will be published on our website. Anonymous or marked confidential correspondence will not be considered. A weekly list of all applications can be viewed on the Councils website. Customers are requested to use electronic communication where possible during the coronavirus pandemic as our ability to process postal mail is restricted.

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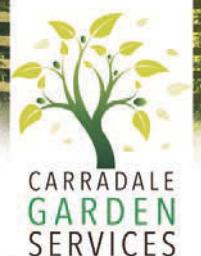


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Cheryl and Craig would like to thank everyone for their generous gifts that we received on the birth of our daughter Isabelle Alexandra Lang. We would have liked to hand out personal thank you letters but with the times we won't manage for just now. Please take this as a token of our gratitude. THANK YOU X



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Thought for the Week
with Marilyn Shedden

I am enjoying watching the many online church services.

I love the variety, the creativity, the scenery and so much more.

There is, of course, much ongoing discussion as to what the church of the future will look like.

I feel a sense of excitement when I think of a new chapter in our spiritual lives, a sense of wondering where and how God will lead us. This future may be uncertain, but God's companionship and guidance on that journey is certain.

From Abraham's first pilgrimage into the unknown, God has been faithful in leading and nurturing his people.

I know too, however, that people are anxious about this aspect of change, and many would just like things to go back to how they were before this COVID time.

But I think we all have to be prepared that things will not be the same again.

The various faith denominations are having meetings, using technology of course, to try to work out the way forward.

How do we tell the old, old story in a new time and new way?

I was reading recently that the first immigrants to Australia, anxious their Bibles would be confiscated, took the stories of the Bible with them by means of their tattoos.

As I go around some of the beautiful churches in Argyll, I find these Bible stories also portrayed in beautiful stained glass windows.

So here is another challenge for you. If you could only tell one Bible story by means of a tattoo, a stained glass window, or any other means, which story would it be?

Which story would you use to convey the message to a worried and waiting world?

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Volunteers now required in Kintyre. Call **01546 60 5550** or email **info@abcab.org.uk** to find out more.



East Kintyre crisis cash boost

East Kintyre Community Council (EKCC) has been awarded £1,550 from a £350,000 fund to support communities affected by the coronavirus pandemic.

As a result of the significant impact on communities from the outbreak, Scottish and Southern Electricity Networks (SSEN) repurposed its annual Resilient Communities Fund to offer grants of up to £3,000 for projects supporting community members in vulnerable situations.

Community councils in SSEN's network areas were encouraged to apply and although EKCC applied for the maximum £3,000, the number of applications was very high and the group is delighted to have been awarded £1,550.

As well as supporting the community council's COVID-19 Community Resilience Group, the money will be shared with Kintyre Food Bank

and The Kintyre Youth Café which will receive £525 each.

An EKCC spokesperson said: 'All three are supporting our community at this troublesome time and will receive their money very soon.'

Councillor Alastair Redman said: 'This is fantastic news. These much-needed resources will no doubt be well received.'

'EKCC, like so many other community councils, has been working tirelessly to make sure East Kintyre is not sidelined. They should all be praised for their efforts.'

'I also thank SSEN for its generous donations in support of many local communities.'

'East Kintyre's COVID-19 Community Resilience Group, Kintyre Food Bank and The Kintyre Youth Café will make great use of these funds during these challenging times.'



Councillor Alastair Redman.

Auchindrain future under threat without cash support

The future of Auchindrain museum, a favourite destination for school trips from Kintyre, could be in doubt without urgent financial support.

The ancient township receives financial support from Historic Environment Scotland but the amount takes into account money generated from visitors and education programmes between April and October.

This year, with the museum closed as a result of the COVID-19 pandemic, it will earn just a fraction of this income. It is believed a financial relief package would be minimal in terms of the wider crisis funding but would be hugely beneficial, allowing museums like Auchindrain to help support Scotland's recovery from the public health crisis as a key employer, educator and contributor to the community.

Scottish Water to start work on vital £60,000 Islay infrastructure upgrade

Scottish Water is investing £60,000 in water infrastructure on Islay.

Work begins on Monday and involves upgrades at Torra Water Treatment Works which serves about 1,900 customers in Bowmore and Port Ellen.

Four filters will be replaced. It is expected it will take about three days for each filter to be replaced then a further ten days for each of them to be tested.

It is anticipated the work will take around eight weeks to complete.

While Scottish Water's capital investment programme has been temporarily halted to protect public health and limit potential further

spread of coronavirus, in line with government guidance, works which have a critical impact on core water supply or waste water management are continuing.

Ruaridh MacGregor, Scottish Water's corporate affairs manager in the west, said: 'Scottish Water has a vital role to look after everyone's water supply and this work in Islay is critical to ensure customers on the island continue to enjoy clear, fresh drinking water.'

'Scottish Water employees will be visible in the area carrying out this essential work. To protect public health and our employees, they will adhere to government guidelines on social distancing.'

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- A request to insert an advertisement assumes acceptance of our conditions.

BIRTHS

MILLAR - Eoghan and Laura née Arthur are delighted to announce the birth of their daughter Marsaili Barbara on March 27, 2020. Granddaughter to Robert Eric and Barbara, Lochgilphead and Michael and Pearl, Braidwood, Carluke. Cousin to Ailish, Anna, Ruairidh and Olivia.

PATERSON - Craig and Kyra would like to announce the quick but safe arrival at home of Blake Marc Martin Paterson on April 21, 2020. First grandson for Peter and Moyra Paterson, John and Nichola Lamont and the late Flora Paterson. A special thanks to all the midwives at Campbeltown Maternity Unit and Royal Alexandra Hospital and also the paramedics at the Scottish Ambulance Service. Both families are over the moon to welcome this special little boy.

DEATHS

ARMOUR - Peacefully at home, Knockdene, Campbeltown, on May 17, 2020, Margaret Clark Young, in her 89th year, dearly beloved wife of the late John Armour, formerly of High Knockrioch Farm, Campbeltown, much loved mother of Anne, Mary and Donald, loving grandmother of Lynsey, Shona, Neil, Mhairi, Iain, Craig and John and great-grandmother of Elsie. Funeral service private in line with current government guidelines.

BARR - Peacefully, at home in Tayvallich and surrounded by her loving children, on Friday, May 15, 2020, Eileen Margaret Barr, née Unkles, in her 92nd year. Beloved wife of the late Oliver, adored mother to Rod, Iona, Colin, Graham and Ailsa, and cherished granny of Hannah, Kelvin, Nora and Ollie. She lived a long, adventurous and creative life and will be greatly missed by everyone. The private funeral took place on Thursday, May 21, 2020. Donations, if wished, can be made to the RNLI, Eileen's favourite charity.

HARVEY - Suddenly at home Longrow, Campbeltown, on May 10, 2020, Neil McEachran Harvey, in his 74th year, formerly of Larachmor and Southend, dearly beloved husband of Catherine McLean, father of Steven, father-in-law of Kim and papa to Tamara, Laya, Steven, Peyton and Aubree. R.I.P. Funeral service private in line with current government guidelines.

MACVICAR - Suddenly but peacefully on May 14, 2020, in the attentive care

of staff at Ardnahein Care Home, Dunoon. Niven, Barrachuile, Kilmichael Glassary, in his 100th year; the last surviving member of the family of Niven McVicar and Sarah Currie, both late of Knockalva. Loved and missed by his nine surviving nieces and nephews and wider family. One of life's true characters, born with great spirit and determination and a sharp wit, hugely respected and admired by all who knew him. Private funeral and interment in accordance with current restrictions. A memorial service in celebration of Niven's life will be held at a later date when circumstances allow. All correspondence to Caladh Funeral Services, 57 Marine Parade, Kirn, Dunoon, PA23 8HF.

MCMURCHY - Peacefully at home, 3 Drumore Gardens, Campbeltown, on May 17, 2020, Dorothy McMurchy, in her 71st year, dearly beloved mum of Susan and Fiona and a loving gran of Alan, Mason, Ciaran and Jess. Funeral service private in line with current government guidelines.

ACKNOWLEDGEMENTS

HAMILTON - The family of the late Agnes (Nancy) Hamilton of the Anchorage, Brenfield, Ardrishaig, who passed away suddenly on March 10, 2020, would like to belatedly offer our heartfelt thanks to all relatives, friends, neighbours and community who attended the funeral and graveside, providing emotional support at this difficult time. We also thank those who were unable to attend, but conveyed sympathy, sent cards or donations in her memory, and helped in other ways. We are especially indebted to mum's caregivers and NHS and ambulance staff for their excellent service and to Rev David Carruthers and her church friends and to D MacDonald Funeral Directors for supportive funeral care. Mum's memory will be cherished by Catherine, Andy and Tracy in the USA, her grandsons, Jack, George and Jimmy and by the community she loved so well. A sum of £120.00 was raised for Diabetes UK and Chest Heart and Stroke Scotland in her memory. Thank you.

RONALD - The family of the late Elizabeth (Betty) would like to thank everyone for the kind expressions of sympathy received following the passing of their beloved Mum and Granny. Special thanks to the staff at Lorne Campbell Court for all of the care, support and friendship they pro-

vided. Thanks to the staff at Campbeltown Hospital, Community Nursing Team, Highland Parish Church, all at Craigowan Park and Shopper-Aide. Thanks also to Rev. Steve Fulcher for his comforting graveside service and to Kenneth Blair and family for their help and guidance. We would also like to thank all family and friends for their support over the years and to everyone who paid their respects on Betty's final journey which was a great comfort to us at this difficult time.

MEMORIAMS

GILCHRIST - In loving memory of Malcolm (Shorty), who died May 20, 2012, loving husband, dad and grandpa. You are always in our minds.

MACDONALD - In loving memory of Caroline MacDonald (February 11, 1967 - May 23, 2019). Loved beyond words, and missed beyond measure. Forever in our hearts. - Calum, Iona and wee Calum.

MACDONALD - In loving memory of Caroline MacDonald, who sadly and peacefully passed away on May 23, 2019. Those we love don't go away, They walk beside us every day, Unseen, unheard, but always near, So loved, so missed, so very dear. Always in our hearts - Love Mum, Neil, Linda and Duncan.

MACDONALD - In memory of Caroline, who passed away May 23, 2019. Always in our thoughts. - Grampa John, Zigby and Patricia.

MACDONALD - In loving memory of my beautiful sister-in-law Caroline MacDonald, who sadly left us on May 23, 2019. Always in our hearts. - Jeanne and all her nephews and nieces.

MACDONALD - In loving memory of Caroline, a dear sister-in-law and auntie. Sadly missed by us all. - Donald, Irene, Caitlin, Eoghan and Isla.

MCDUGALL - In loving memory of our beloved mother and granny, Mary McDougall, who passed away May 27, 2010. Always in our thoughts. - Donald, Sandra, Joe, Jem, Katie and Alisdair.

MCGOUGAN - Respectfully remembering my best friend, Angus McGougan (The Cat), who left us on May 22, 2016. Sadly missed along life's rocky road. - Welly.

CHURCH NOTICES

SPRINGBANK EVANGELICAL CHURCH



75 Longrow, Campbeltown
Regular messages and devotionals will be recorded and available on: www.springbank-church.org.uk

Meetings will not take place until further notice.
Pastor Steve Davies
01586 551200
SC014646

ST KIERAN RC CHURCH

St. John Street, Campbeltown
01586 552160
Rev Tony Wood
stkieransrc.org
Holy Mass on weekdays 9.30 am via Facebook - <https://www.facebook.com/campbeltownrcchurch> or Zoom (Meeting ID: 659 378 7274)
Sundays at 10.00 am
All public masses suspended for the foreseeable future
Anyone requiring pastoral care or help please contact
Father Tony
(SC002876)

HIGHLAND PARISH CHURCH OF SCOTLAND

South Kintyre Team Ministry
Serving Campbeltown Highland, Carradale and Southend Parishes



Charity Number: SC002493
Ministers:
Revd Steve Fulcher
Revd Chris Fulcher
01586830504
During the Lockdown recorded Sunday worship is available on our website www.kintyreparishes.org.uk

SALVATION ARMY



All services and group meetings are currently cancelled due to the coronavirus outbreak
If we can be of any assistance to anyone during this time please call us on 01586 552046
Major Ruth Russell
Scottish Charity Number SC009359

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CAMPBELTOWN FREE CHURCH

George Street, Campbeltown



There will be no services in the church building until further notice.

Rev Rodger Crooks will record the service for this Sunday and it will be available on our website (see below) and on YouTube.

Please contact us if you require help or would like someone to talk to or pray with you.

Rev Rodger Crooks
01586 554589
www.campbeltownfree-church.co.uk
Scottish Charity Number: SC046745

CAMPBELTOWN COMMUNITY CHURCH



We invite you to join us for our weekly online service available from 10:30 each Sunday morning, on our Facebook page and website
Pastor Mark Jasper
01586 554 092
pastor@campbeltown-communitychurch.co.uk
www.campbeltowncommunitychurch.co.uk
SC043322

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Reflection are available at the gates of the churches

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01546 602315

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lochgilphead@rcdai.org.uk
Fr Ronald Campbell
01546 602380
(SC0002876)

NORTH KNAPDALE PARISH CHURCH

charity number SC001002
Although our buildings are closed we are still active. Our website is full of information & links to keep you informed & provide opportunities for worship on-line
Please look it up & keep in touch
www.northknapdale.org

A time of reflection

I have always been fascinated by the concept of time: how quickly it disappears when you are having a good time and how slowly it passes when all you want is to get something over and done with! As a teenager, I used the words of the Pink Floyd song 'Time' for the very first reflection I led at my local youth group. "Ticking away the moments that make up a dull day. Fritter and waste the hours in an offhand way.... And then one day you find ten years have got behind you. No one told you when to run, you missed the starting gun." At the moment we are all conscious of time

one way or another. We think about what has gone, what is happening now and what might lie ahead. We realise that we may have taken a lot of things for granted in the past, especially now that we cannot access them... travel, commodities, family etc.. Now, in the present time, we feel vulnerable and we lament what we have lost whilst trying to be thankful for the small things we have and the big sacrifices others are making. As for the future, what will for the world be like? Is life changed forever or will we slip back into old habits? One of the Bible texts I used all those years ago was this: "For a thousand

years in your sight are like a day that has just gone by." (Psalm 90:4) In fact the Psalms are full of phrases which are really pertinent today. Some look back in time and lament things that have been lost, others look to the future and to what God will do. Some bring us hope, comfort and encouragement and yet others say thank you to God for his unfailing care. There are 150 of them, each with words that will be right for us at one time or another in our lives. They give us permission to lament, to be angry. They offer solace and hope as we put our trust in God. In fact, the Psalm that lies

at the very centre of the Bible say this: "It is better to trust in the Lord than to put your confidence in Man." (Psalm 118:8) Why not take a look for yourself? If you do, or if you already know the Psalms well, I wonder which one speaks most clearly to you during this strange time that we find ourselves in today?

Revd. Christine Fulcher
Church of Scotland
South Kintyre Team Ministry
Serving the Parishes of Carradale, Campbeltown Highland and Southend



In 2011, Team BB ran for Bonnie Babies, the Campbeltown-based charity which supplies clothes and bedding for premature babies in the UK and overseas.



All smiles after finishing fourth, fifth and sixth in 2014's 10K race are Daniel Sheldrick, right, Stuart McGeachy, left, and James Murdoch, centre.



Nicole McKinlay, Karen Robertson and Rachel French cross the finish line arm-in-arm in 2019.



Sister and brother Margaret Sinclair and Robert Semple cross the finish line together after completing the half marathon in 2017.

Racing down memory lane

MOKRUN organisers look to 2021 event



Katherine Macpherson, Fiona Borland, Shona McGlynn and Ruth McClean, with Katie Borland, photographed in 2012. The ladies were raising funds for Leukaemia and Lymphoma Research in memory of Katherine, Fiona and Shona's dad John and his wife Nancie Smith.

This weekend should have been one of the busiest of the year in Campbeltown's sporting calendar as the 2020 Mull of Kintyre Run (MOKRUN) was scheduled to take place.

The event, however, like many around the world, had to be cancelled as a result of the coronavirus pandemic.

A MOKRUN spokesperson said: 'The committee was extremely disappointed to have to cancel this year's race, but felt it was the only option with so much uncertainty about when mass gatherings might be allowed again.'

Most of the adult runners who had booked their places in the 2020 10K and half-marathon chose to defer their entry to next year's race, while organisers have processed refunds for all ceilidh

ticket-holders and junior race entrants. All MOKRUN 'ever-present' runners – those who have participated every year so far – will retain their position on the glory-board.

'We decided to fully refund the junior race because some of the children would have moved up an age group between 2020 and 2021, which would have complicated organisation next year,' the spokesperson said.

'In the adult race, only 105 refunds were requested, with 895 runners choosing to defer their place to 2021. We were delighted at people's commitment to completing the run next year, in spite of this year's cancellation. Planning is already well under way for 2021 and hopefully the festival weekend will be back stronger and better than ever.'

The 2021 MOKRUN will take place on the weekend of May 29 and 30. The 105 half-marathon or 10K places, ceilidh tickets and junior race entries will go on sale on www.entrycentral.com at 9am on January 3, 2021.

'So if anyone missed out on a place this year, keep a look out for reminders on the website and Facebook page at the end of the year,' the spokesperson added. 'Local winners from last year are requested to return their trophies to Wee Toon Sports when the shop re-opens. We hope all of our volunteers, helpers and runners are staying safe through this difficult period and we look forward to seeing you all again soon.'

Here are some photographs to remind readers of previous MOKRUN races.



2015 junior prizewinners.

CONTACTUS

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