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Kintyre's Yasmin works to aid COVID research

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

A Campbeltown woman is among the researchers from around the world working tirelessly to better understand the COVID-19 virus and help determine how it is spreading within communities.

Yasmin Parr, who was educated at Castlehill Primary School and Campbeltown Grammar School, is now a postdoctoral researcher at the MRC-University of Glasgow Centre for Virus Research (CVR), where she worked to achieve a PhD in infection and immunology.

The CVR is the largest grouping of human and veterinary virologists in the UK. The group that Dr Parr works with is interested in many different viruses and the diseases they cause in humans and animals.

Currently, alongside her research into the COVID-19 virus, Dr Parr is working on viruses that infect cats, including feline leukaemia



virus and feline calicivirus. She said: 'The CVR has lots of people working on all aspects of the COVID-19 virus, whether it's carrying out laboratory experiments, analysing results from the lab or keeping up-to-date with the current literature that helps inform what important questions should be answered by our research.'

'We are researching possible drug treatments, testing drugs and compounds in cell

culture to assess their safety and efficacy, developing assays to better understand the virus, analysing the virus from patient samples and testing patient samples for antibodies against the virus.'

'My work includes analysing the virus's genetic material and testing patient samples for antibodies. Analysing the virus's genetic material helps us to understand more about the COVID-19 virus and to

Dr Yasmin Parr at work at the Centre for Virus Research.

Photograph: Elihu Aranday-Cortes.

determine how it is spreading within communities.

'Testing patient samples for antibodies can help us to identify people who have been exposed, even if they have shown no symptoms.'

Dr Parr, 27, graduated in 2015 from the University of Glasgow with a MSci in Veterinary Biosciences, a biological science degree that focuses on the biology behind health and disease in animals.

She then went on to do her PhD at the CVR and will officially graduate in July, however, there will be no graduation ceremony and she will receive her certificate in the post instead.

Explaining the route to her current profession, Dr Parr said: 'I've always been interested in animal health and throughout school I wanted to be a vet. I got a weekend

job as a nursing assistant in Taylor Veterinary Practice in Glasgow during my final year of school and one of my colleagues there was doing the Veterinary Biosciences degree.

'I had no idea that I could study animal health and disease without actually being a vet. I worked weekends in that practice for the five years of my undergraduate degree which gave me hands-on experience with animals but I found the science behind disease more interesting. I did my MSci year at the CVR and I've been here ever since.'

She added: 'I feel very lucky that the skills that I learned during my PhD have allowed me to contribute to some of the work being done at the CVR to help with the COVID-19 response.'

Now living in Glasgow, Dr Parr left Campbeltown – where her parents Jim and Kerry Parr and her grandparents Fiona and Robert Middleton still live – to attend university when she was 17.

Kintyre agri show cancelled

Kintyre Agricultural Society has announced that its 2020 show has been cancelled.

In a statement, the society's secretary John Armour said: 'It will likely come as no surprise that the directors have had to make the decision that this year's show, scheduled for Friday August 7, will now not be going ahead due to the current COVID-19 virus guidelines.'

'The directors wanted to wait as long as possible to make the decision but with large gatherings being one of the last of the restrictions to be lifted they decided to cancel now rather than start to incur costs in preparation for this year.'

All being well, the 2021 show is scheduled to take place on Friday August 6.

Mr Armour added: 'We don't know whether our other events in the next months or year will be able to go ahead but will monitor the situation and let you know as soon as a decision has been made.'

'In the meantime the president, vice presidents, directors and myself hope you all keep well and safe during these very worrying times.'


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A83 landslip work completed

Traffic management on the A83 at the Rest and Be Thankful was removed at the start of this month after the completion of landslip protection work at the roadside.

A catchpit – large enough to capture the volume generated in the landslip at the end of January which closed the road – has been installed to collect any residual material from the landslip channel over the coming months and years.

John Hair, Forest and Land Scotland planning manager, said: ‘The minor delay arising from lockdown issues with supplier turned out not to be as long as we had thought and we got the job completed and traffic management lifted a couple of days sooner than we’d anticipated.’

‘As an additional failsafe, we designed the catchpit with two outflow pipes so we’ll know when the pit has become silted up and needs cleaned out.’

‘I’d like to say thank you to the team for doing such a fantastic job.’

Work on the top road is ongoing, with concrete reinforcement now visible at the first of the four sections.

Arran aces world chanter contest

by Hannah O’Hanlon
editor@campbeltowncourier.co.uk

A 10-year-old Campbeltown chanter player was blown away to discover he came first in a beginners section of a global piping and drumming competition.

Arran Brown was informed at 7pm last Friday evening that he won the top spot in the beginner piping (practice chanter) section of the World Online Piping and Drumming Championships 2020.

The competition, billed as ‘an exciting and fun way’ to compete against pipers and drummers from around the world from the ‘comfort of your own home’, required entrants to upload video recordings to YouTube demonstrating their musical skills in a number of categories.

Entries closed on May 1 and about 30 experts from around

Arran Brown photographed after placing second in the chanter competition at Strachur and District Piping Association’s championships last year.



the world judged the recordings, revealing the results last Friday at what was 11am in Seattle, where the com-

petition’s organiser is based. Arran, who has been playing the chanter since he was first given the opportunity in P5,

received ‘amazing’ comments from three separate judges who remarked on the ‘great tuition’ he must be getting, which is from Ian McKerral at Kintyre Schools Pipe Band.

Arran’s mum Nicky said: ‘We wanted to enter Arran because there are no competitions this year due to COVID-19. He enjoyed uploading the videos to YouTube and although the section he won was beginner piping, there was no age limit, so he was up against people of all ages from different parts of the world.’

‘It was good for him to get comments from the judges which he can take on board and work with.’

‘On the last day of school before lockdown Arran was given his pipes and he has played them religiously every day since, and is out every Thursday night playing for the NHS.’

POLICE FILES

■ A 27-year-old man was stopped by police at about 2am in Millknowe, Campbeltown, on Thursday May 7. He was searched and found to be in possession of a small amount of cannabis. The man was charged and issued with a recordable police warning.

■ A van was stopped by police for a routine check on Millknowe, Campbeltown, at about 9.30am on Thursday May 7. Checks revealed that there was allegedly no insurance in force for the vehicle. The owner, a 34-year-old man, was later charged with the offence and the vehicle was seized. A report will be submitted to the procurator fiscal.

■ A blue Ford Fiesta car was seen to be driven in a careless manner while overtaking other vehicles at about 7.30pm on Thursday May 7, on the Sound of Kintyre road, Campbeltown. The driver, a 20-year-old man, was later traced by police and charged with the offence, and a report will be submitted to the procurator fiscal.

■ A 52-year-old man allegedly behaved in an abusive manner between 4pm on Sunday May 3 and 6am on Monday May 4, in Bruichladdich, Islay. The man was later charged and a report will be submitted to the procurator fiscal.

■ Police are appealing for witnesses or anyone with information on the above or any incident to phone 101 or anonymously call Crimestoppers on 0800 555 111.

Argyll social care sector to receive £903,000

The social care sector serving Argyll and Bute is to receive an initial £903,000 in funding.

Local MSP Michael Russell welcomed the funding, saying it would help address immediate challenges faced in the social care sector and support ongoing provision of social care.

Mr Russell said: ‘The social care sector is at the front line of the current pandemic and will inevitably face additional costs. This funding will ensure that any increasing need for social care as a result of the pandemic is met.’

‘I’m sure I speak on behalf of everyone in Argyll and Bute when I share my gratitude towards those working in social care, and all of our front line key workers, who are doing vital work in the most difficult of circumstances.’



Martin Weir from ACHA/AHFA has been helping to deliver PPE to NHS staff in the region.

ACHA assists delivering PPE to NHS in Argyll

A delivery of personal protective equipment (PPE) to Lorn and Isles Hospital in Oban courtesy of Argyll Community Housing Association (ACHA) is to be distributed throughout Argyll and Bute to meet health board priorities during the coronavirus pandemic, writes Hannah O’Hanlon.

The PPE includes visors, face masks, gloves, aprons and shoe covers.

The drop off was co-ordinated by ACHA tradesmen from throughout Argyll who are currently carrying out emergency repairs and essential servicing. This involved PPE from various parts of Argyll being brought to Inveraray

for a final pick up for onward travel to Oban.

Alastair MacGregor ACHA’s chief executive said: ‘The NHS in Argyll and Bute are doing a fantastic job in challenging circumstances at this time.’

‘By the very nature of some of the work we do, PPE is required. After discussions with NHS colleagues, we have taken from our stores equipment which is needed on the front line in the battle against COVID-19 at this time.’

‘It was the very least we could do to support those who are saving lives.’

‘I would like to thank our workers on the ground who pulled this together across Argyll and Bute.’



Davaar Island Safe Walking Times

	Morning Safe Walking Times		Afternoon Safe Walking Times	
	Low Tide	From	Low Tide	From
Fri, 1 May 2020	12:09	09:09	14:39	
Sat, 2 May 2020			13:26	10:26 15:56
Sun, 3 May 2020			14:39	11:39 17:09
Mon, 4 May 2020			15:39	12:39 18:09
Tue, 5 May 2020			16:29	13:29 18:59
Wed, 6 May 2020			17:15	14:15 19:45
Thu, 7 May 2020	05:46	02:46	08:16	17:59 14:59 20:29
Fri, 8 May 2020	06:29	03:29	08:59	18:43 15:43 21:13
Sat, 9 May 2020	07:13	04:13	09:43	19:27 16:27 21:57
Sun, 10 May 2020	07:57	04:57	10:27	20:13 17:13 22:43
Mon, 11 May 2020	08:43	05:43	11:13	
Tue, 12 May 2020	09:33	06:33	12:03	
Wed, 13 May 2020	10:31	07:31	13:01	
Thu, 14 May 2020	11:41	08:41	14:11	
Fri, 15 May 2020				12:56 09:56 15:26
Sat, 16 May 2020				14:02 11:02 16:32
Sun, 17 May 2020				14:57 11:57 17:27
Mon, 18 May 2020				15:45 12:45 18:15
Tue, 19 May 2020				16:27 13:27 18:57
Wed, 20 May 2020				17:04 14:04 19:34
Thu, 21 May 2020				17:38 14:38 20:08
Fri, 22 May 2020	05:52	02:52	08:22	18:09 15:09 20:39
Sat, 23 May 2020	06:22	03:22	08:52	18:41 15:41 21:11
Sun, 24 May 2020	06:53	03:53	09:23	19:16 16:16 21:46
Mon, 25 May 2020	07:30	04:30	10:00	19:56 16:56 22:26
Tue, 26 May 2020	08:11	05:11	10:41	20:42 17:42 23:12
Wed, 27 May 2020	08:57	05:57	11:27	
Thu, 28 May 2020	09:49	06:49	12:19	
Fri, 29 May 2020	10:48	07:48	13:18	
Sat, 30 May 2020	11:53	08:53	14:23	
Sun, 31 May 2020				13:03 10:03 15:33

Stay safe: Check weather conditions and hours of daylight before you go



In an emergency, dial 999 and ask for the Coastguard

Kintyre trusts benefit from COVID funding

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

South Kintyre Development Trust (SKDT), the Isle of Gigha Heritage Trust (IGHT) and Tarbert and Skipness Community Trust (TSCT) are some of more than 120 community groups to benefit from the Scottish Government's £350 million package of support to address the social and economic impacts of COVID-19.

The £40 million Supporting Communities Fund, which forms part of the Scottish Government's support package, is being administered across the region by development agency Highlands and Islands Enterprise (HIE).

The fund includes an initial £10 million investment that is being distributed to communities through eligible

community organisations that play an active role in providing vital local services. A further allocation of £10 million has been approved to support the second phase of the fund.

Eric Spence, chairman of SKDT, said he was 'delighted' that the trust had been awarded £35,000, adding: 'We aim to support Kintyre Community Resilience Group, Kintyre Food Bank and Shopper-Aide in their vital work, as well as other local initiatives which are helping to keep our community safe and well. If you think your project could benefit, please contact me at eric@skdt.org'

The IGHT was awarded £11,000 which will support activities that directly assist residents and businesses on the island. This will include temporarily employing a COVID-19 volunteer coordi-

nator based on the island and a small fund to support local response efforts.

Ian Wilson, chairman of IGHT, said: 'This is a very worrying time for Gigha, its residents and businesses. None of us can be sure what the long-term impacts for our community will be but this is very welcome support that can help us provide very quick and local help.'

While TSCT secured and will manage its £23,607 funding, it will be distributed through Team Tarbert, the volunteer group set up at the start of the lockdown.

Areas where the money will be spent include: volunteers' expenses; personal protective equipment for volunteers; insurance; purchase of mobile phones and the establishment of a hardship fund.

TSCT chairwoman Sheila

Campbell said: 'We are delighted TSCT has secured funding to support the communities of Tarbert and Skipness.'

'For the past few weeks TSCT and Team Tarbert have been supporting people in our communities with help from Airigh, Cour and RES Freasdail windfarms among others, and this grant will allow us to continue this support for some time to come.'

Fiona McTaggart, Team Tarbert's coordinator, said: 'We are extremely thankful to receive these funds, and the ongoing support from TSCT. This will give all those who we're helping peace of mind that we can continue to provide support over the coming months. We are also grateful to work together with Tarbert Academy, Councillor Anne Horn, as well as the wider community to take care

of those who need us most during this time.'

'The amount of support we've received from so many individuals and businesses has been phenomenal. That, together with our army of volunteers and wonderful community is what makes Team Tarbert work.'

Other community groups to benefit are: Carradale Community Trust, £10,600; Fyne Futures Limited, £20,000; the Isle of Jura Development Trust, £3,320, and South Islay Development, £50,000.

Kirsten Logue, HIE development manager, said: 'HIE is distributing the Supporting Communities Fund in the region on behalf of the Scottish Government.'

'It'll help anchor groups to co-ordinate and deliver their responses over the coming weeks and months.'



The colourful display is located at Drumore.

Tulips add a splash a colour amid lockdown gloom

The floral display in a rowing boat near the entrance to Campbeltown is enough to brighten anyone's day amid the darkness of the coronavirus pandemic.

Last autumn volunteers planted 250 tulip bulbs from Amsterdam in the vessel which was donated by Jamie McLean and sits on grass at Drumore, and the results are blooming marvellous.

The bulbs, funded by Campbeltown Community Council, were planted by Catherine Dobbie, Liz Kennedy, Pamela Mayberry, Ismay Duncan and Elizabeth Marrison.

IF IT'S URGENT, IT'S URGENT

GP surgeries and hospitals are still here for you.

If you have an urgent, non-coronavirus health concern, please don't wait. Promptly seek help for emergencies, present possible cancer signs and attend immunisation appointments.

Hundreds line streets to pay respects to paramedic Robert

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

Hundreds of people lined the streets of Campbeltown last Thursday to pay their respects to much-loved and dedicated paramedic Robert Black who passed away after a battle with coronavirus.

Robert, 52, died at the Queen Elizabeth University Hospital in Glasgow on Saturday May 2, after contracting COVID-19 in early April while at work.

In line with government guidance Robert's funeral was private but that did not stop hundreds of people, including members of all of Campbeltown's emergency services, from turning out to pay their last respects.

They lined the route - while adhering to social distancing rules - as his funeral cortège, led by a police motorcycle, travelled down Main Street



People lined the streets as Robert's funeral cortège passed through town.

and along Hall Street and Kilkerran Road before Robert was laid to rest at Kilkerran Cemetery.

Robert's wife Catherine and children Lorna and Andrew told the Courier: 'The shows of affection for Robert from the community in Campbeltown and further afield last Thursday was a fitting tribute to his life and work.'

'We were truly overwhelmed but also heartened by it. Thank

you to everyone who turned out to show their support.'

Scottish Ambulance Service staff at stations across the country also held a minute's silence at noon in memory of Robert.

People made sure to adhere to social distancing rules as they paid their final respects to Robert Black.



Robert's colleagues from the Scottish Ambulance Service at the entrance to Kilkerran Cemetery, where Robert was laid to rest.







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MSPs insist Scottish rules are adhered to



Michael Russell.

Cabinet Secretary for Finance Kate Forbes, MSP for Skye, Lochaber and Badenoch, and Michael Russell, MSP for Argyll and Bute, have issued a joint message following the confusion caused on Sunday by the new UK Government coronavirus slogan and changes to lockdown.

The ministers are worried these factors and good weather in recent weeks could encourage some people to venture into the Scottish countryside and attempt to visit some of the islands.

Kate Forbes said: 'Communities throughout our constituencies – which cover a huge part of Scotland and almost 30 inhabited islands – are telling us they want the lockdown to continue, and to be firmly enforced, so lives can be saved. Many are concerned the new UK Government message is confusing and worried people will feel they are now free to visit the wonderful Highlands and Islands of Scotland, which look their best in the current sunny weather.

'While tourism is the lifeblood of our areas, it is absolutely vital the Scottish regulations are observed and that means people are not free to visit at present. They cannot and must not seek out beauty spots or favourite places distant from their homes, go for prolonged drives by car or motorbike even if they don't stop anywhere, nor can they stay in tents or use motor homes. The iconic sites across my constituency are all still going to be there at the end of lockdown.

'If the rules are flouted, not only will that put lives in our constituencies at risk, it will also set back any hope of slowly easing the lockdown and bringing some new normality into our everyday activities. Those who defy the law are also likely to be stopped by the police who are increasing their vigilance and can expect not just an on the spot fine, but also to be turned round and sent back home.'

Michael Russell MSP added: 'I know everyone is keen to see progress made and the lockdown eased. But if we get this process wrong we run the risk not just of even longer in strict lockdown but also overwhelming our health service



Kate Forbes.

which up until now has been able to cope with the increased pressures. That would put every one of us in danger.

'There are some essential national infrastructure works that have to go on but even these are subject to strict controls. All other work that is not prohibited in regulations can only take place if social distancing and rigorous hygiene is observed at all times and it is subject to inspection by councils and the Health and Safety Executive. Companies can be fined or closed for breaking these laws.

'Kate and I are as keen as everyone else to see an end to this difficult time but we will only get to that point if we do the right thing now.

'The right thing for our constituents is to stay at home. And the right thing for those who might want to come and visit our area is to accept they cannot do so at present and that they must observe – to the letter – the lock down regulations passed by the Scottish Parliament.

'Kate mentioned the iconic sites in her constituency – let me mention mine too. I hope it will not be too long until people are able to come 'doon the watter' to Dunoon and Rothesay, to stand in the view point above the Kyles of Bute, to stroll along the main street in Oban or Campbeltown and to experience the hospitality and special beauty of Mull, Islay, Iona, Tiree and a host of other islands. But that time is not now. There can be no ifs, no buts and no excuses. Please stay at home, protect the NHS and save lives. And go on doing that until the regulations in Scotland are eased, no matter what others are doing.'

By staying at home, you're saving lives. Let's not undo it now.

To protect ourselves and our NHS the advice in Scotland is staying very much the same. This is because the evidence is telling us it's too early to make significant changes.

So the only change to the advice in Scotland is that you can now go outside to exercise, near your home, more than once a day. You should continue to stay two metres apart from others outside your household and wash your hands when you get home. You're doing a fantastic job of following the advice.

Let's not undo it now.



gov.scot/coronavirus

VE Day flags fly again

by Hannah O'Hanlon
editor@campbeltowncourier.co.uk

Flags which flew from a Campbeltown home the day the Second World War ended in 1945 were flown once again by the same family on the 75th anniversary of Victory in Europe Day (VE Day).

The flags – mostly Union Flags and one Lion Rampant – were originally owned by Martha and Archibald Keith and were flown from their home at Isle View, Shore Street, when Germany's surrender was formally accepted by Allied Forces on Tuesday May 8, 1945.

This year, in celebration of the 75th anniversary of VE Day, Mr and Mrs Keith's grand-daughter Lesley Bell flew the same flags from her home at Drumore Park, a house which once belonged to the couple.

When Lesley told her mum Maureen Bell, Mr and Mrs Keith's daughter, she had decorated her home with bunting

The flags, which can be seen on the upper level, once again flying at Drumore Park. Photographed are Lesley Bell and David Mullen, with children Craig, Aria, David and Amara.



and flags in honour of the anniversary, Mrs Bell went into her loft and unearthed a pile of about 12 or 13 flags, which

included three from VE Day. Mrs Bell thinks the rest of the flags may be from civic week in 1950 and Queen Elizabeth II's

visit to Campbeltown in 1958 among other celebrations.

She gave most of the flags to Lesley to add to her display, retaining four flags which lined the drive of her home, Rowantree Cottage, at Drumlemble, which she shares with her husband Walter.

'I don't like throwing anything out that I think might be of significance.'

Mrs Bell, who was born in the family's first floor home at Isle View, said: 'I don't like throwing anything out that I think might be of significance so that would be the main reason I held on to the flags.'

It has been a number of years since Mrs Bell last saw the

flags. So long, in fact, Lesley didn't know they existed.

Mrs Bell thinks the last time they were flown may have been at Drumore Park during the Queen's visit to Campbeltown.

Last weekend, they were proudly flown from the house once more, alongside bunting and other memorabilia, including an RNLI flag in honour of Lesley's fiancé David Mullen's service at Campbeltown Lifeboat Station.

Mrs Bell, 81, who was only six on VE Day, said: 'The only thing that sticks in my mind were all the ships on the loch and their sirens and horns going off. It seemed to be a great noise.'

'With us being on the first floor at Isle View, and with old buildings across from us, we couldn't see the sea, but we could hear the ships all right.'

'Another thing I remember is that we had film stuck on the panes of the windows that faced onto Shore Street. I think that was to stop the glass from shattering if we got hit. I can remember picking it off at the end of the war.'

Mrs Bell also has memories from the war years during which her dad, who carried out his national service at the end of the First World War, was an Air Raid Precautions (ARP) warden.

'My father had two maps on the wall in the sitting room,' she said. 'I think one would be of Europe and the other one was a world map and he plotted the progress of the war on it.'

'I remember every time an alarm went off, my mother would grab me and take me to the old lady downstairs and we got under her bed. Father would be away out with the ARP.'

Children share celebration picnic goodies

Three Carradale children marking VE Day with a home-made picnic shared their celebrations with some of their mum's Shopper-Aide phone buddies.

Joshua Lavery-Jones, 10, and his brother Jacob, eight, made scones for a school measuring project which their mum Fiona decided to tie in with the family's VE Day celebrations.

Fiona helps Shopper-Aide as a community worker in Carradale and has a list of phone buddies she checks on, calling them several times during the week to make sure they are all right.

Her daughter Ffion decided she wanted to take some of the boys' scones to share with Fiona's phone buddies so they could celebrate too. Ffion decorated the plates with flowers and left them at their doors.



Fiona Lavery-Jones and her daughter Ffion off to deliver the scones.

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Remembering Lamont Conley's service

VE Day gave one Campbeltown man reason to reflect on his father's heroic exploits during the Second World War.

Alan Conley told the Courier some of the details about his father Lamont Conley's service which began at the end of 1943 when he joined the Black Watch 5th Battalion, aged 17.

Between June 6 and June 30 1944, Lamont was involved in Operation Neptune, often referred as D-Day.

He was on the second wave of amphibious landings on the Normandy beaches when troops were met with heavy fire from gun replacements

but, thankfully, he survived. On March 23 1945, Lamont was involved in Operation Plunder and was one of the first to cross the river Rhine. The Buffalo craft he was on suffered from splinter damage causing a large hole to appear in the side of the boat.

Lamont was sitting on that side and quickly plugged the gap with his elbow to stem the fast flow of the freezing water entering the boat.

This action is believed to have saved the lives of his fellow soldiers.

After the war ended in May 1945, Lamont remained in the

Black Watch until the battalion was renamed the Green Howards.

He was demobbed in 1947 after serving four years.

He returned to his birthplace at 10 Burnbank, Campbeltown, where his mother, brothers and sister were waiting for him. Sadly, his brother James Conley died, aged 21, of injuries sustained during the war.

Lamont married Isobel Fleming in December 1960 and had three children – Neil, James (Jim) and Alan.

Lamont, who was injured twice by gunfire during the war, died, aged 73, in 1999.

All in, all together >

Stay safe , stay better informed.

The news you can trust

THE VAST majority of the people across the UK have taken the official advice to stay at home, protect the NHS and save lives.

People are hungry for accurate information about how to protect themselves, but following the official advice and ignoring the swirling mass of uninformed conjecture, opinion and speculation is not always easy.

However, there are ways to identify who to trust, and who to ignore.

Similarly, there are ways to identify the small but persistent group of unscrupulous individuals who have decided that they want to use the pandemic to try to make financial gain through fraud.

There have been a lot of examples of false information and attempts at fraud.

For example, holding your breath for 10 seconds is not a test for coronavirus, gargling water for 15 seconds is not a cure and phone masts cannot cause coronavirus.

There have also been comments and suggestions from people claiming to be medical experts who are simply not.

Fraudsters will use any opportunity - including the current

There are so many sources of news and information about coronavirus, but which ones should you trust to help you stay safe, protect the NHS and save lives?

Coronavirus fraud and misinformation are barriers to the nation continuing the progress it

has made toward coming to terms with, and beating, the virus.

We take a look at how you can protect yourself, your friends and your family from being tricked into believing news and information that is not true, or becoming a victim of fraud.



pandemic - to try to trick people out of their money.

There have been examples of fake texts claiming to be sent from the Government alerting people they have received a fine for breaking social distancing rules. Some people and even businesses have been

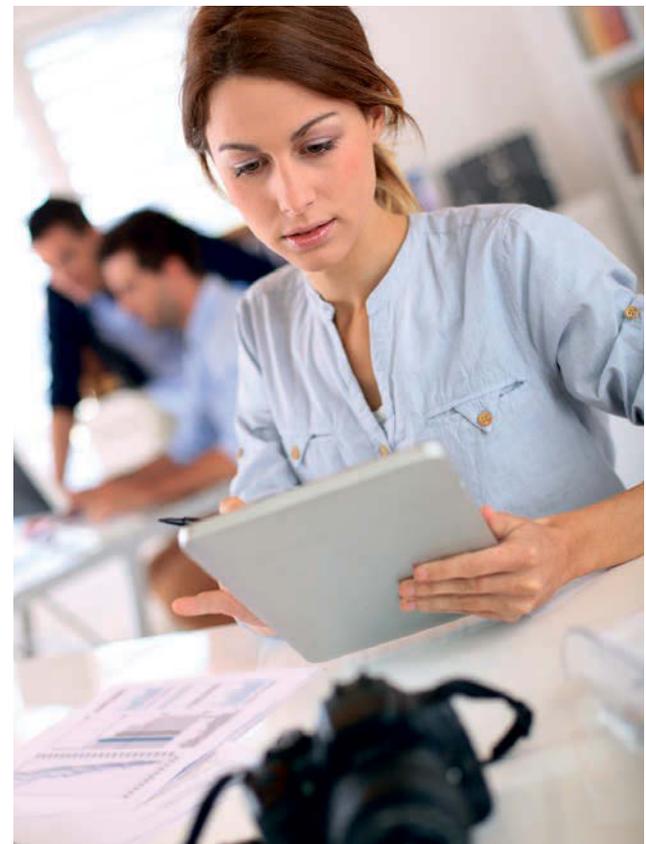
tricked into paying for protective face masks and hand sanitizers from companies that don't exist

There have also been messages from criminals sending messages to trick people into thinking they are getting genuine offers of financial support from the government.

At the same time hackers are stepping up attempts to access people's networks and steal their log in details and passwords.

However, if you take sensible precautions, you can quickly spot signs of fraud and identify the facts from the fiction.

Sharing the right information could save lives.



TRUSTED SOURCE: Journalists provide accurate information.

How you can spot false information



FALSE FACTS: Check the facts about coronavirus on official websites.

WHEN IT, is shared, false information can take on a life of its own and have some serious consequences.

It can lead to health scares, false accusations and potentially damaging hoax stories. Recently there has been a lot of this kind of false information about coronavirus.

It's not always easy to spot, so use this checklist to cut through the chatter.

SOURCE

Rely on official sources for medical and safety information. Check the facts about coronavirus on official websites.

HEADLINE

Headlines don't always tell the full story. Always read to the end before you share articles about coronavirus.

ANALYSE

Analyse the facts. If something sounds unbelievable, it very well might be. Independent fact-checking services are correcting false information about coronavirus every day.

VERIFIED SOURCES

You can visit the following websites for verified, trusted sources of information that will help you stay safe.

Visit the NHS website at www.nhs.uk/
You can also get information via the Public Health England website at www.gov.uk/government/organisations/public-health-england
For other information regarding the coronavirus restrictions on travel and much more, visit the Government website at www.gov.uk/coronavirus

RETOUCHED

Watch out for misleading pictures and videos in stories about coronavirus. They might be edited, or show an unrelated place or event.

ERRORS

Look out for mistakes. Errors might mean the information is false. Official guidance about coronavirus will have been carefully checked.

Journalists are trained to ask right questions

Regional newspapers such as this one employ fully qualified journalists who are trained to ask the right questions and share accurate information in a simple and understandable way.

They are at the forefront of providing trusted news and helping you stay safe.

The best source of trusted local news from, and about, your community is through this newspaper and its website.

You can find all the local coronavirus news, updates and information on the website and via the newspaper's social media channels.

The Government has a checklist to help people protect themselves from cyber fraud:

Take a breath - a moment - before you part with money or personal information. It sounds simple, but this alone could end up preventing fraud from taking place.

Ensure you are using the latest software, apps and operating systems on your phones, tablets and laptops and update them regularly.

And if you get an unexpected or suspicious email or text message, don't click on the attachment or message.

Checklist to help fight cyber fraud

Don't be afraid to challenge messages and messengers. It's okay to refuse or ignore requests for your money or details if you are suspicious - only criminals will try to rush or panic you.

The police and banks will never ask you to withdraw money or transfer it to a different account. Neither will they ask you to reveal your full banking password or PIN.

You can check that requests are genuine by using a known number or email address to contact organisations directly. And if you think you have fallen victim to a scam, then contact your bank immediately and report it to Action Fraud.

You can report suspicious texts by forwarding the original message to 7726, which spells SPAM on your keypad.

SHARE CAUTION

Be careful what you share, because things are not always what they seem online.

Protect yourself and your family from misinformation and fraud by taking care when online, and use the website sharechecklist.gov.uk

Glen Scotia hosts first virtual malts festival

This year's Campbeltown Malts Festival may be cancelled but that hasn't stopped one of the town's three surviving distilleries from getting into the festival spirit.

The 2020 event was to take place from May 19 to 21, however, in line with COVID-19 government guidance, the festival has been cancelled for the first time since it launched in 2009.

This has prompted Glen Scotia Distillery to offer its programme of events online for the first time.

From Monday May 18, the distillery's website will host some of the unique elements of the renowned malts festival, including virtual distillery tours, a historical Campbeltown walking tour, video tastings for fans to follow and a dedicated festival playlist collated by the organisers of Mull of Kintyre Music Festival.

As part of the programme, it will also make its famous dunnage warehouse tasting available outside the distillery for the first time. For many, the dunnage tasting is the pinnacle of their Campbeltown Malt Festival experience, hosted by Master Distiller Iain McAlister. The theme for 2020 is The Casks of Campbeltown and features whiskies matured in casks historically used in Campbeltown, investigating why these casks were used and the influence they have on the

modern Campbeltown style.

Only 200 dunnage tasting packs will be released in the UK ahead of the festival, each containing five 25ml samples along with password access to a specially created tasting video hosted by Iain McAlister.

Iain McAlister, distillery manager at Glen Scotia, said: 'Glen Scotia's virtual malts festival will feature as much of the real thing as possible.

'With this virtual experience, people can truly enjoy the sounds, sights and tastes of Campbeltown from the comfort of their own homes.'

Campbeltown was known as the whisky capital of the world during the Victorian era and was home to more than 30 working distilleries. The annual Campbeltown Malts Festival is a celebration of Scotland's fifth and smallest malt-producing region and its whisky-making heritage.

Founded in 1832, Glen Scotia Distillery reflects centuries of craftsmanship and experience associated with the region and its award-winning whiskies are renowned for their distinctive maritime influence.

Glen Scotia will bring its programme of events online from Monday May 18 allowing whisky lovers from around the world to discover and explore all the region has to offer.

To take part in the online festival visit www.glenscotia.com/festival

Happy lockdown

Birthdays during a global pandemic are bound to be different than usual.

People may be unable to celebrate with family and friends due to government guidelines on social distancing, but they have been

finding other ways to make their days special.

This is how some of Kintyre's birthday boys and girls spent their day. Happy birthday to everyone celebrating a lockdown birthday.



Jamie Macphee from Campbeltown will be seven tomorrow, May 16. Jamie's mummy, daddy and big sister Lynsey wish him a big happy birthday.



Laila MacMillan, pictured with her big sister Sienna, turned two on March 22. She had fun playing with her mud kitchen and received video calls, as well as presents left at the door and singing through the window from her godmother. Mum Michelle said: 'We can't wait to celebrate with family and friends when it's safe to do so.'

Left: Mya Maccormick celebrated her eighth birthday on May 10. She enjoyed her day at home in Carradale with her family.



Cole McCallum celebrated his first birthday April 28. He thoroughly enjoyed his chocolate birthday cake with his three-year-old brother Jordan. Cole made the most of his day by dressing up and having a celebration in his garden.

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Other websites 39%



Source: YouGov 2018

Jamie
eight
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who h

birthday



Left: Cooper Scally was eight years old yesterday, May 14. He has been isolating with his mum Zoey and dad Greg since before the schools went off, as Cooper is at high risk. All the family are missing him very much. His auntie Janna, uncle Graham, wee Graham, Sonny and baby Janna wished Cooper a huge happy eighth birthday.



Jack Campbell from Campbeltown celebrated his 11th birthday on Tuesday, May 12, with a big Kinder cheesecake and a new steering wheel for his Xbox. His mum and big sister Leanna wished him happy birthday.



Stevenson from Campbeltown turned on April 6. He had great fun doing a treasure hunt organised by his auntie Chloe and some special FaceTime calls from the family. The only thing missing was his friends but he can't wait to see again soon.



Left: Harvey Smith turned eight yesterday, May 14. His mum Louise said: 'We made sure he had a fantastic time celebrating,' adding: 'We love you so, so much. Sending you lots of love, from Mum, Peter, Rockatankys and all your family.'



Left: Jack Lawson from Campbeltown turned nine on May 9. Jack's family said: 'Happy birthday Jack-a-boo, we can celebrate soon, lots of love and hugs from the whole family!'



Louisa Graham who lives near Campbeltown turned six on Tuesday, May 12. She spent her day at home having a party lunch with her family and enjoyed riding her new bike between showers.



Naomi White from Drumlemble turned three on May 5. She had lots of fun playing with her brothers and had a mini disco with lots of dancing with her family on FaceTime to sing happy birthday. She also went for a little ride on her new bike before bed.



Join Scotland's new team and help beat coronavirus.



We have a number of roles in our newly established Contact & Trace Team. We are looking for people with a wide range of skills, strengths and talents to help us in the fight against coronavirus. Lives are at risk and time is of the essence, and that's why we need you to register your interest before 22nd May. To find out more about the roles, the competitive NHS pay and benefits, visit careers.nhs.scot/coronavirus-covid-19-recruitment

CORONAVIRUS
STAY HOME
PROTECT
THE NHS
SAVE LIVES

FROM OUR FILES

TEN YEARS AGO

Friday May 14, 2010

Once in a lifetime opportunity for airbase community buyout

There are only days to return your ballot paper to decide whether or not the community buyout of Machrihanish Airbase goes ahead.

A public meeting in the Victoria Hall on Wednesday night heard the rules governing right-to-buy mean Machrihanish Airbase Community Company (MACC) only had 28 days from the moment it received the valuer's report to poll residents in the PA28 6 area.

Ballot papers are being posted out today (Friday) by the independent experts brought in by MACC.

They must be counted and the Scottish Government informed by May 26.

The rules state that half of the electorate must return their ballot papers for the vote to be valid and of that figure more than half must be in favour.

But MACC director Tommy Millar explained the ballot papers would only be sent to those on the published register, not the whole register of electors.

'So if you live in PA28 6 and don't receive a ballot paper by Monday contact us.'

And chairman of MACC Ian Wardrop urged everyone to return their papers and to get their

families and friends to do the same.

'We have a once in a lifetime opportunity here to do something for future generations.'

The base has an asking price of £1 and the Ministry of Defence has said it will pay for cleaning contaminated land.

The base has tenants including the airport and Skykon which pay rent and contribute towards operating costs.

TWENTY-FIVE YEARS AGO

Friday May 12, 1995

A time of joy and sadness

Kintyre and the islands celebrated the 50th anniversary of VE Day in style with parties and exhibitions throughout the area.

It was also a time for remembrance and reflection. At religious services throughout the area congregations were reminded of the evils of war. At Lorne and Lowland Church in Campbeltown the same hymns and psalms which were sung 50 years ago were heard again.

Around 400 people turned out for a non-denominational service at the War Memorial in Campbeltown on Monday evening. They heard the Rev Angus Howat of the Free Church of Scotland launch an attack on changes in society over the past 50 years which had seen increasing crime, consumerism and the breakdown of family values.

He warned: 'The seeds of Adolf Hitler are in every one of us.'



Part of the crowd who attended the public meeting in the Victoria Hall.

Friday May 19, 1995

Outrage as war memorial wreaths are destroyed

Heartless vandals have destroyed most of the wreaths left on Campbeltown's War Memorial on VE Day.

Several local people were horrified to discover the wreaths had been attacked some time between May 8 and May 10.

Of the eight wreaths laid at the commemorative service on VE Day, only two remained intact. Petals scattered around the memorial were the only remains of most of the wreaths.

Mrs Catherine Duncan from Glenside in Campbeltown was one of the first to discover the damage. The wreath she laid in memory of her uncle Mr Alan Mitchell, who died at Dunkirk, was completely destroyed.

She told The Courier: 'I dare say the people who did this don't understand what they are for.'

Local war veteran Captain Duncan Macmillan was horrified to learn of the damage. He said: 'They are mindless people. Someone's maybe had a spite or something. When things like this happen, you know we are in a completely different world from 50 years ago.'

District Councillor Archie McCallum was also outraged by the vandalism.

Councillor McCallum, who served alongside Captain Macmillan in the Argyll and Sutherland Highlanders, called for anyone with information on the attack to speak to the police in confidence.

He said: 'Its awful. How could anyone stoop so low?'

FIFTY YEARS AGO

Thursday May 14, 1970

Ireland ferry gets going - thanks to skin diver

On Thursday afternoon, with a thick mist lying over the North Channel and a sluggish sea rolling from the south-east, the Sound of Islay made her first official crossing from Red Bay, Northern Ireland, to Campbeltown.

At Cushendall, the tidy little village tucked in the hillside above Red Bay, guests were gathering for the official opening of the ferry service, described as the first sea link between Kintyre and Northern Ireland for 50 years.

There were unaware the Sound of Islay had been involved in an early morning drama in Campbeltown harbour which could have upset the carefully prepared plans for the public inspection of the ship at midday.

A rope had become entangled around the propeller of the ship. Fortunately, local baker Tom Mair - a skin diving enthusiast - was available

and he dived under the ship and cut away the rope.

At a press conference in Cushendall Hotel, Dan McKinven, Provost of Campbeltown, said the sea link had been a dream in Campbeltown for many years. 'We are delighted,' said Mr McKinven 'it has materialised.'

He said: 'Within the next 10 years, I see a tremendous advance in tourism, with holiday-makers able to enjoy the delights of Kintyre on a circular tour which will take them to the beauty of Ireland.'

Mr McKinven said the link was the 'start of a friendship between the people of Kintyre and the people of Northern Ireland'.

ONE HUNDRED YEARS AGO

Saturday May 15, 1920

Gaelic teaching in Argyll - what children were to tell their parents

At a meeting of the executive committee of An Commun Gaidhealach at Perth on Saturday, Mr H F Campbell, advocate, Aberdeen, stated that in Argyllshire, the parents of 4,000 children had expressed a desire that their children be taught Gaelic.

Mr T S Macpherson, Glasgow, thought the response might have been better if some of the teachers had not discouraged the parents.

Mr TD Macdonald, Oban, said at Kinlochleven several teachers advised the children to tell their parents only fools would ask that their children should be taught Gaelic.

Discussion took place regarding the relative positions of music and literature at the MOD and the opinion was expressed greater attention might be paid to literature and the drama.

Argyll authority and vacation classes

At the recent meeting of the Education Authority for Argyll, the director of education reported he had conferred with the director of studies, Glasgow Provincial Committee, on the question of vacation classes in Gaelic to be held in Glasgow and that at least one fourth of the total expenses of the course must be defrayed by either the authority or by the teachers who attend.

On the motion of Mrs Burnley Campbell, seconded by Reverend Mr MacCallum, the clerk was instructed to draw the attention of all teachers in the county and of all Argyllshire students in training as teachers to the vacation classes proposed to be held and to the authority's resolutions: 1 That an allowance of £1 per week would be given for maintenance plus travelling expenses (third class and cabin) for attendance at such classes; and 2 that a sum not exceeding £20 would be paid to teachers who give instruction in the language (the number of pupils so taught being taken into consideration in each case) provided such teachers have attained a standard deemed sufficient by the authority.

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More images from Machrihanish film bought in London

Last month, the Campbeltown Courier published several stills from a 1929 film showing many residents of Machrihanish at the time.

The small reel of 16mm amateur film was bought by Marco Savaglio, a small dealer in amateur and rare films, at a church fair in London earlier this year.

Mr Savaglio sent the still images, many of which are accompanied by a description of the person's job or role within the village but none has a name, to the Courier in the hope people may recognise some of the faces.

Here are some more of the images captured on the film, along with their accompanying captions.



When was this postcard taken?

Campbeltown's Royal Hotel and bottom of Main Street

This postcard was sent in by a Campbeltown Courier reader who asked: 'Can anyone let me know the date when this postcard photo was taken? It shows the Royal Hotel and the bottom of Main Street. The name of the pub on the left of the photo is Station Bar.'



The boss of the tee.



An untitled image of several people.



Above: A former lady champion. Right: Losset Farm.



LOOKING FOR HELP DURING CORONAVIRUS?

Please cut out and keep this page of useful contacts for use when you may need them.

National Assistance Helpline
(Open office hours Monday to Friday)
Call: 0800 111 4000
Text phone service: 0800 111 4114

To help people at increased risk access essential help if they do not have family or other support.

Health

www.nhsinform.scot/coronavirus
0800 028 2816 for general information only

NHS 24: Call 111 if symptoms worsen or if fever for 7+ days

Shielding local support:
www.gov.scot/covid-shielding-contacts

Feeling anxious or depressed?

NHS Inform:
www.nhsinform.scot/coronavirus-mental-wellbeing

NHS 24: Call 111
www.clearyourhead.scot

Breathing Space:
www.breathingspace.scot
0800 83 85 87

SAMH:

0344 800 0550
Samaritans Scotland Helpline:
116 123 / jo@samaritans.org

Advice for pregnant women
www.nhsinform.scot/ready-steady-baby or contact your midwife if concerned.

Social welfare and financial help
Citizens Advice Scotland:
www.cas.org.uk
0800 028 1456

Struggling with energy bills?
Home Energy Scotland:
0808 808 2282

Consumer issues
Advice Direct Scotland:
www.coronavirusadvice.scot
0808 800 9060

Employment rights advice

www.acas.org.uk
Helpline: 0300 123 1100

Your rights at work

www.stuc.org.uk
0141 337 8100

For business support

www.findbusinesssupport.gov.scot
Helpline: 0300 303 0660

Advice for parents

www.parentclub.scot/coronavirus
Parentline Scotland:
08000 28 22 33

The Money Talk Team:
0800 085 7145

Information for young people

www.young.scot/coronavirus

Information for older people

www.agescotland.org.uk
0800 12 44 222

Dementia – Alzheimer Scotland

www.alzscot.org
Helpline: 0808 808 3000

Scottish Autism Advice Line

www.scottishautism.org
01259 222022

Domestic Abuse Helpline

www.safer.scot
Helpline: 0800 027 1234

Rape Crisis Scotland Helpline

www.rapecrisisscotland.org.uk
Helpline: 08088 01 03 02



Healthier Scotland
Scottish Government



Maintaining support for domestic abuse victims

Are you a current or former Postmaster?

If you held a contract with Post Office and experienced shortfalls which you believe were caused by previous versions of Horizon, you may be eligible to make a claim.

If you wish to register a claim, the Historical Shortfall Scheme is open until 14 August 2020.

Cases will be assessed by an independent advisory panel.

For details and to submit a claim please visit onepostoffice.co.uk/scheme

POST
OFFICE

An Argyll woman who suffered years of domestic abuse has shared her story in a bid to encourage women in a similar situation to get help, even during lockdown.

Skye McLeod from Garelochhead was stressed, depressed, anxious and dropped to six and a half stone in weight while still trying to look okay to the outside world.

'It's only now I realise just how broken I was,' she said.

'I was in a terrible relationship. I was used, humiliated and controlled.

'I did what most people do in this situation and minimised, even to myself, what was going on. I was ashamed and embarrassed. I needed help but I didn't know how or who to ask. I believed I had made my bed and should lie in it.'

Skye eventually left the relationship completely in 2018... but not before much more damage was done, including an attempt to take her own life.

Last year she was diagnosed and treated for complex post-traumatic stress disorder and takes medication every day to help.

'I'd rather that than go back to how I felt,' she added.

'I have weekly support sessions with Argyll and Bute Women's Aid (ABWA). I can't describe how amazing this organisation and my support worker has been in helping me get my life back.

'I know during the coronavirus pandemic, cases of domestic abuse have risen dramatically. I want anyone who is in a controlling or abusive relationship to know there are people who can help you.

'Women's Aid and organisations like them are confidential and non-judgemental. They support you in any decisions you make, even if you decide you are not ready to leave. They will help keep you safe.'

Skye's story is not unique. Year on year more and more women, children and young people reach out to ABWA.

With 3,040 Facebook followers, staff say they are regularly humbled by the kindness of strangers who reach out to offer support such as pet fostering, donations of much-needed items such as emergency mobile phones, toiletries and children's toys. Some are offering temporary accommodation for



Domestic abuse victim Skye McLeod has spoken out.

women escaping abuse during lockdown.

ABWA is currently supporting 212 women, children and young people, whose ages range from five to 75 years old. Lockdown has meant the service has had to respond quickly to the challenges of no longer being able to deliver an outreach service.

However, service manager Sandra Paton said members of her staff team have done an incredible job of making sure they proactively make contact, where it's safe to do so, with every service user who has signed up for weekly support calls.

Describing the small but dedicated team as the most valuable resource ABWA has, Sandra added: 'Staff continue to do everything in their power to help service users stay positive during these difficult times.'

ABWA's confidential support service is available Monday to Friday from 9am to 4.30pm and an answer machine service operates outwith those times.

During lockdown, a text number has been made available for anyone wishing to send a text rather than call. All text messages will be responded to the next working day.

To contact ABWA, telephone 01369 706636 from all areas of Argyll; text 07483 036 604 during lockdown; email info@abwa.org.uk or find the organisation by visiting www.argyllwomensaid.org.uk or searching for Argyll and Bute Women's Aid on Facebook.

In a crisis situation always call 999.



HM Government

NHS

Coronavirus Got symptoms – even mild ones?

DO NOT leave the house at all for 7 days.

Still have symptoms after 7 days?

DO NOT leave the house until they go.

EVERYONE else in your household must
not leave the house for 14 days.

Do not go out even to buy food or essentials.

Stay at home to exercise.

nhsinform.scot/coronavirus

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

The value of versatility

Campbeltown's Yasmin Parr is one of the hard-working researchers contributing to the global effort to further understand COVID-19.

Our knowledge of SARS-CoV-2, the virus that causes COVID-19, was almost non-existent at the start of the year. In just a few months there has been an unprecedented number of studies carried out, resulting in antiviral drug trials, diagnostic testing and hopes of a vaccine.

That progress is only possible thanks to researchers such as Yasmin, who has used her knowledge of diseases in animals to help with the COVID-19 effort.

That versatility has been displayed by businesses and individuals in communities across the country.

Companies such as Midton Acrylics and AM Transport have used their skills and resources to make personal protective equipment and deliver essential goods, while individuals competent with sewing machines have made masks and scrubs, all of which helps to keep the country running amid one of the biggest disruptions in a lifetime.

Paying respects to Robert

In true Campbeltown style, the community turned out in force to line the streets in a safe and socially distant manner to give much-loved local Robert Black the best send off they could in the current circumstances.

It is hoped this demonstrated to his family how much he really meant to the community.

Sponsored by your local Citizens Advice team - They need you!

Volunteers now required in Kintyre. Call **01546 60 5550** or email info@abcab.org.uk to find out more.



Taking on Marilyn Shedden's bible challenge

In response to Marilyn Shedden's excellent challenge to choose a key bible text explaining Jesus' resurrection, I offer Luke 24:47 in which the risen Jesus himself summarises the whole Christian faith.

He says: 'Thus it is written, that the Christ should suffer and on the third day rise from the dead, and that repentance and forgiveness of sins should be proclaimed to all nations, beginning from Jerusalem.'

Here are six observations:

1 Jesus is actually alive, speaking and eating with his disciples.

2 'Thus it is written': The resurrection fulfils, completes and vindicates the entire Old Testament.

3 'The Christ should suffer': Jesus' death was always plan A. His mission: to die for the sins of his people.

4 'Repentance': however offensive it is to hear, we must turn from sin and change our minds about Jesus. He rose from the dead, therefore we must listen to what he says.

5 'Forgiveness of sins': Jesus' resurrection proves his power to forgive all our wrongdoing.

6 This good news is for 'all nations', including us here in Argyll. This is the Christian faith.

Mark Jasper, Campbeltown Community Church.

Help to trace Kintyre family

I am trying to find descendants of Thomas and Margaret Johnston who lived in Dalmore Park until 1942.

People may also know their son John Wallace Johnston, and grandson Alexander (?) Johnston, who lived at the same address or at Sandbank House, Campbeltown, and maybe also Hughina McCallum.

I am related to them through shared great-great-grandparents with an interesting

history. I would like to reconnect, hopefully to compare notes or find new information. I hope readers can help. I can be contacted by emailing alison.duncan@ntlworld.com

Alison Duncan, Greenock.

BT group director thanks telecommunications workers

I would like to thank all the telecommunications workers in Scotland, many of whom have been designated key workers, for how they've responded to the coronavirus outbreak.

They're providing essential support to the NHS and keeping all of us connected during this difficult time.

From engineers going out to keep our broadband and mobile networks connected, to vital contact centre staff helping our customers when they need it most, they deserve recognition.

My colleagues, working with the Scottish Government and NHS, worked quickly to provide the temporary NHS Louisa Jordan Hospital in Glasgow with communications. They are doing the same to support the other temporary NHS services across Scotland.

Our people have worked around the clock with health boards across the country to offer new, technical solutions to help frontline health workers get on with their jobs during this crisis.

Our frontline staff in contact centres across Scotland – including Aberdeen, Dundee, Glasgow and Greenock – have risen to this unprecedented challenge.

We've received a huge surge of customers asking for faster connections to help with home working, home schooling and running their businesses remotely. These colleagues – most of whom are now able to work from home when they want to – have performed a critical role keeping our customers, including frontline health workers and vulnerable people, connected.

The people in our two 999 contact centres in

Scotland are also playing a critical role, answering life-saving emergency calls. I couldn't be more proud of how my colleagues have responded to these challenges and their desire to help us all through this crisis.

Jane Wood, BT Group director in Scotland.

Support for RAF veterans

The coronavirus crisis has led to financial hardship for a great many people across the UK.

Work at the RAF Benevolent Fund hasn't stopped and we have awarded more than £1.5 million in individual grants since lockdown measures were announced on March 23.

These grants help support retired and serving RAF personnel and their families at this challenging and uncertain time.

And we have launched a new online application system to allow members of the RAF family to access financial assistance more easily.

Many older members of the RAF family struggle with social isolation and loneliness daily, a problem compounded by the current necessary social distancing rules.

To tackle this issue, we have introduced a weekly check and chat service and our welfare team is currently contacting vulnerable members of the RAF family to invite them to use this. We have also expanded our telephone friendship groups service to allow more veterans to join in a weekly chat.

Last year we launched an awareness campaign, 'Join The Search. Change A Life', aiming to get more veterans and their partners back on our radar. This initiative is more important now than ever.

I urge readers to consider their neighbours, their family and their friends. If they previously served in the RAF, or are the spouse of someone that once served, they are eligible for our support be it financial, practical or emotional.

To refer someone to the RAF Benevolent Fund, please visit rafbf.org or call 0300 102 1919.

Air Vice Marshal Chris Elliot, Chief Executive of the RAF Benevolent Fund.

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www.amtransportcampbeltown.co.uk

PHOTOGRAPH OF THE WEEK



This week's photograph was sent in by Mark Weir who lives near Tayinloan. Mark said: 'This is a picture of Cosmo the Pomeranian roaming the hill above our farm. Some have commented wild haggis may have returned to the area!' If you have a photograph you would like to share, please email it to editor@campbeltowncourier.co.uk or send it to us via the Courier's Facebook page.

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The Editor welcomes letters and emails for publication, however we reserves the right to shorten, amend or refuse to print them. Names and addresses MUST be supplied to indicate good faith, although details can be withheld from publication. Phone numbers, if available, should be included. Anonymous letters will not be considered.

At The Campbeltown Courier, we endeavour to ensure all our reports are fair and accurate and comply with the Editors' Code of Practice set by the Independent Press Standards Organisation (IPSO). We realise, however, that mistakes happen from time to time. If you think we have made a significant mistake and you wish to discuss this with us, please let us know as soon as possible by emailing: editor@campbeltowncourier.co.uk; telephoning the reporter on 01586 554646 or write to the Group Editor at Wyvex Media, Crannog Lane, Lochavullin estate, Oban, PA34 4HB. We will try to resolve your issue in a timely and amicable manner. However, if you are unsatisfied with our response, you can contact IPSO, which will investigate the issue.



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Turley Bros.
Concrete Tanks

SEPTIC TANK SERVICES

Do you need your tank checked? Need an installation quote? We're here to help.

CALL: 01546 603989
info@mbcargyll.com • mbcargyll.com

Accredited Installer • Scottish Water Approved Contractor • SEPA & CHAS Registered

LOOKING FOR A LONGER TERM RENTAL?

CONTACT MORRISON MOTORS FOR MORE INFORMATION

Tel: 07825 581171
Emailmorrisonmotorrepairs@gmail.com

Morrison Motor Repairs
Unit 1 Creran Marine, Barcaldine
by Oban, Argyll PA37 15G

Chicken Kebabs

A simple tikka marinade packs tons of flavour into this fab kebab dinner

Ingredients
8 skinless and boneless chicken thighs, visible fat removed, cut into bite-size pieces
3 level tbsp tikka curry powder* (see tip)
250g fat-free natural Greek-style yogurt
3 garlic cloves, crushed
4 x 60g wholemeal pitta breads
Lemon wedges, to serve

Method:
Put the chicken in a freezer bag (or a glass or stainless-steel bowl) with the curry powder, yogurt and garlic. Season with salt and stir to combine. Seal the bag or cover the bowl with cling film and marinate in the fridge for at least 1 hour or overnight.
For the salad, put the cucumber, radishes, celery and lettuce in a bowl. Mix together the yogurt and chopped coriander, season, then stir through the salad.
Preheat your grill to high. Lift the chicken out of the marinade, letting any excess drain off, then thread onto 4 metal skewers. Place on a baking tray lined with foil and grill for 10-12 minutes, turning halfway, or until the chicken is lightly charred and cooked through.
Toast the pitta breads. Scatter the coriander sprigs over the chicken skewers and serve with 1 pitta bread per person with the salad and lemon wedges for squeezing over.

For the salad:
1 cucumber, halved lengthways, deseeded and roughly chopped
200g radishes, trimmed and quartered
3 celery sticks, roughly chopped
2 little gem lettuces, shredded
100g fat-free natural Greek-style yogurt
25g fresh coriander, leaves roughly chopped, reserving a few whole sprigs for the kebabs

7 Syns per serving 25 minutes Serves 4
Deduct 7 Syns if using Pitta Bread wholemeal as a Healthy Extra 'b' choice.

*Spice blends are Free as long as they're made from herbs and spices only and don't include any Synned ingredients like sugar, flour and oil. Check the label to be sure and count the Syns as necessary

PLEASE NOTE:
ALL CLASSES ARE CANCELLED UNTIL FURTHER NOTICE

Your consultant for Lochaber and Oban is Gillian on 07796 040803, Lochgilhead & Campbeltown Rhona 07880 878906. Available for Slimming World phone support and guidance.

touching hearts, changing lives

Detailed recipes available at:
slimmingworld.co.uk

OPEN FOR BUSINESS

Featuring the businesses in Kintyre that are open and able to offer vital products and services to our community during the current Covid-19 pandemic. Many of these businesses are working under extreme pressure to bring quality products and services to the people of Kintyre and beyond. Please remember to exercise caution when shopping and only shop for essential supplies. Along with our wonderful NHS staff and carers, our local food, fuel, news platforms and home supply businesses are our community champions

We realise that many more businesses would love to be open, serving locals and visitors alike – our deepest empathy goes out to these businesses and we look forward to seeing their doors wide open when this is all over. Please feel free to get in touch with us if you would like to feature your business, or know a business that should be included. Email nmurphy@obantimes.co.uk or get in touch via our Facebook page on messenger. Let's spread the word as much as we can!

SUPERMARKETS & FOODHALLS

Tesco Metro

0345 6779130
Open 7am-10pm
Good Friday, Easter Sunday & Easter Monday
8am-8pm
Social distancing measures in place

Co-op Store

Open Mon-Sat 7am-8pm
Key worker exclusive access: Mon-Sat 8am-9am, Sun 10am-11am
Absolutely essential deliveries only.
Tel: 01586 554504

CONVENIENCE STORES & NEWSAGENTS

County Garage

Petrol and Diesel Esso Service Station and Londis Store
Lots of supplies in-store including breakfast packs and firewood
Open Mon-Sat 7.30am-9pm
Sun 8am-9pm
Contactless up to £45
Tel: 01586 552368
Find us on Facebook!

McKellar's Stores Campbeltown

Open 7am-10pm
Plentiful stock. Social distancing measures in place.
Tel: 01586 551997

Muneroy Stores

Southend
Open 7 days a week.
Whilst the tearoom is currently closed, there is plentiful stock in the shop for all your essential grocery needs.
Delivery is available - please call 01586 830 221 to arrange

FRESH PRODUCE SUPPLIES AND DELIVERY

Muasdale Stores

Plentiful supplies of top quality local produce
Open: Mon-Fri 7am-3pm, Sat 8am-3pm (check FP page for up to date info)

Doors locked, but customers served at back gate
Tel: 01583 421101
Check FB page for up to date info

Glenbarr Stores & Post Office

Essential food supplies aplenty – fruit, veg and plants
Can deliver locally
Tel: 01583 421200

Fresh Connection, Campbeltown

Cakes, eggs, biscuits and much more including Easter goodies
Lovely hampers from £15
Call the shop on 01586 553220 (leave message if not around)
Or message FB Page

Argyll Bakeries

DELIVERY DAYS
Monday - Town
Tuesday - Stewarton, Drumlemble, Machrihanish, SOK, Kilkenzie & Town
Wednesday--Southend area & Town
Thursday - Kilkenzie, Glenbarr, , Muasdale, Tayinloan & Town
Also Stewarton, Drumlemble, Machrihanish & SOK.
Friday - Peninver, Torrisdale, Saddell, Carradale & Town
Fresh produce and freezer ready meals. Check out menus on FB page.
Tel: 01586 553635

Kintyre Larder

Open 10am-1pm
Deliveries Mon-Fri
Collections Mon, Wed, Fri
Please order ahead: 07725 994521
Or via FB. Payment by card/bank transfer please
DELIVERY AREAS:
CAMPBELTOWN
PENINVER
MACHRIHANISH
SOUND OF KINTYRE
KILKENZIE

Mclvor's Campbeltown

Open:
Veg Box £10
Fruit & Veg Box £15
Fruit, Veg & Salad Box £20
Add on rolls, eggs, milk, cheese etc
Can deliver.
Tel: 01586 552386 to order.

MacMillan Foods

(The Fish Shop/Kintyre Smokehouse)
Open: Tues 9am-5pm, Wed 9am-1pm, Thurs/Fri 9am-5pm, Sat 9am-1pm
Free local deliveries
Fish pies, fish, fresh eggs and more
Delivery Thurs and Fri from Campbeltown to Carradale
Also delivering for Mclvor's
Tel: 01586 552170

DJ Campbell & Son

Dairy Produce

Daily deliveries
Tel: 01546 605273
Call Mon-Fri, 9am-5pm for orders

The Wee Dairy

Direct deliveries for milk and sweet sauces
Sauces also via Royal Mail
Order via FB page or 01583 505400

Kintyre Food Bank

Campbeltown Town Hall from 10am to 12pm on Tuesdays and Fridays.
Anybody who is self-isolating and in need can contact the food bank by telephoning 07936 034600 to arrange delivery.

GARAGE SERVICES / RECOVERY

Campbeltown Motor Company

Servicing only - please call ahead
Tel: 01586 553200

Andrew Smith & Son

Essential repairs, please call ahead to book
Mon-Fri 8am-5pm
Tel: 01586 553173

Argyll Recovery

Open as an essential service providing support for key workers and other local residents to keep transport links and roads open for all.
Breakdown recovery, roadside assistance and haulage for loads of up to 5 tonnes.
Tel: 01586 807063 and we are also available 24/7 on our freephone number 0800 433 2468.

DIY AND HOME SUPPLY SERVICES

Archie Houston Electrical Services

Domestic, Agriculture, Industry and Refrigeration
Emergency call out
Tel: 01586 552963 / 07979 383140

Auchencorvie Sawmill

All types of timber fencing, general building timbers, seats & benches
Tel: 01586 551 253/ 07718 741544

A W Gillies

Fencing Contractor and Supplier
Agricultural, Industry, Domestic & Security Fencing
Tel: 07887 728406

Carradale Garden Services

Domestic & Commercial
Tel: 01583 431362 / 07432 158404

CS Civils

Driveways, Service installation, Digger, Dumper and Small plant
Tel: 07412 624278

D McNair & Son Ltd

Fuel Merchants
Tel: 01586 552020

Graeme Waste Solutions

Tel: 07788 233119

Highland Fuels Ltd

Fuel Distributor
Open Mon-Fri 8am-5pm
Tel: 07551 020 307

Clachan Filling Station

Fuel and essential groceries and newspapers.
Mon-Sat 8-4
Sunday 9-4
Home delivery service available on weekdays from Whitehouse to Tayinloan and in between!
Please phone 01880 740609 between 8 and 9 am for delivery.

VETS, PETS AND ANIMAL SUPPLIES

WESTWARD VETS

Open: Monday - Friday 9am to 5pm.
Strictly by appointment only.
Social distancing rules apply.
Video consultations available on request.
Tel: 01586 552136
westwardsvet@aol.com

JH HOOPER

Provides veterinary care for your pets
Usual opening hours – emergency care only
Tel: 01586 552427

PET SHOPS AND FARMING SUPPLIES

JIM MARTIN AGRICULTURAL SUPPLIES

Phone and collect
Mon-Fri, 9am-3.30pm
Sat 9am-1pm
01586 550066
sales@jms-scotland.com

CHEMIST/HEALTHCARE

Boots the Chemist

Open: Mon-Sat 10am-12pm, 2pm-5pm
Tel: 01586 553208

Kintyre Medical Group

Southend Surgery
Order repeat prescriptions on 01586 830494
Collections only on Mon 1pm-2pm, Tues 5pm-6pm, Thurs 3pm-4pm, Fri 12pm-1pm

TRANSPORT & DELIVERY

The following businesses are helping with transporting food around Kintyre. Big thanks to them:

AM Transport

MACC Business Park
A Thomson Painters & Decorators
West Coast Motors

Look up FB pages for more information on local services:
Look online at www.campbeltowncourier.co.uk, Kintyre Forum and Explore Campbeltown on Facebook.

Information correct at time of going to press. Check www.campbeltowncourier.co.uk/openforbusiness for updated information. This page will run in the Campbeltown Courier every week for as long as necessary - printed information will be updated weekly.

Nature makes swift return to Argyll

Before coronavirus restrictions were imposed, Argyll Bird Club provided monthly field trip outings around mainland Argyll led by experienced bird watchers.

With most bird surveying suspended as a result of the coronavirus pandemic, the club is relieved it has now chosen a species which can be surveyed from home within government advice.

Swifts are slightly larger than swallows and have an all-dark plumage with a short forked tail. They feed on flying insects and spend most of their life in the air – including when they sleep – usually coming down to earth to breed. They are fast fliers, often chasing one another over buildings when they give a screeching call.

Swifts arrive back in Argyll in early May and breed in towns, villages and other buildings in Argyll. They spend around three months in Argyll, departing early-mid August to their wintering grounds in Africa.

The British Trust for Ornithology's Breeding Bird Survey indicates the population of Swifts in Scotland has declined by around 60 per cent since 1995. A similar decline has taken place in England and Wales. The reasons for the decline are not fully known but are believed to be related to changes in insect numbers and a lack of nesting sites as buildings are modernised.

Argyll is at the north-western limit of the world range of Swifts. Their distribution

and numbers in Argyll is not well-known and the purpose of the Argyll Bird Club Survey is to try to find out the size of the breeding population and where they remain.

If you have a Swift nesting in your building, or near you, or

would like to take part in this survey further information is available at <http://argyllbirdclub.org/argyll-surveys>

For more information about Argyll Bird Club, email Jim Dickson at Argyllbirder@outlook.com.

Argyll Bird Club Survey is hoping that with readers' help they can find out the size of the breeding population of swift, right, and where they remain.

Photograph: Jim Dickson



Musicians invited to take inspiration from nature

Budding musicians have just a couple of weeks to compose a piece of music inspired by nature to be in with a chance of winning £500.

Scottish Natural Heritage (SNH) and Fèis Rois have teamed up to inspire people to connect with nature through music via their In Tune With Nature competition.

Musicians of all genres – rock, rap, folk, classical or anything in between – are invited to show their love of nature by writing music inspired by one of 10 national nature reserves, including Beinn Eighe, Creag Meagaidh and Taynish, across Scotland.

The competition will be judged by a panel of well-known faces from the Scottish music industry including Julie Fowlis, Vic Galloway, Gill Maxwell and Karine Polwart and is part of the celebrations for the Year of Coasts and Waters 2020. As well as a £500 cash prize, winners will have the opportunity to take part in live performances throughout the year. Each winner will also make a film on the nature reserve which inspired their music with a professional film-maker.

Entries can be in any style of music and may or may not include lyrics. References to

local culture, language and tradition are encouraged. New Gaelic songs are particularly encouraged in the Beinn Eighe and Creag Meagaidh areas, as are songs written in Scots and regional dialects.

Ian Sargeant, SNH's natural nature reserve manager for north and west Scotland, said: 'There's so much to be inspired by on our nature reserves, particularly during the Year of Coasts and Waters 2020.'

'We have such an amazing variety of marine wildlife and seabirds in Scotland, as well as stunning beaches, lochs and rivers. It's hard not to be inspired by such beauty.'

Fiona Dalgetty, chief executive of Fèis Rois, added: 'We are thrilled to be collaborating on this new project with SNH to encourage musicians to create new work inspired by our beautiful landscapes in Scotland.'

The contest closes on May 31, with winners announced on June 26. It is one of several special SNH events and projects to celebrate Scotland's coasts and waters and their wildlife during the themed year as well as raising awareness of the importance of healthy freshwater and seas.

For more information visit <https://bit.ly/353RN4Q>

Coronavirus Help is here for those that need it most.

Staying at home stops the spread of coronavirus, and some need extra help.

If you:

- Have received a letter advising you to stay at home for the next 12 weeks
- Are a disabled person
- Receive mental health support
- Have dementia
- Are over 70, pregnant or received the flu vaccine for health reasons

We've created a helpline to assist you with essential things like food deliveries, medication or practical and emotional support.

If you can't get this help from family, friends or neighbours, call now on **0800 111 4000** or textphone 0800 111 4114

Or go to readyscotland.org for more information.





Your weekly puzzle challenge

No. 1466

Quiz Challenge

1. Which chemical element has the symbol B?
2. The tenor Wynne Evans is most associated with which two words?
3. Who, since 2011, has played DCI John Barnaby in the TV drama Midsomer Murders?
4. 'Open secret' and 'seriously funny' are examples of which commonly used figure of speech?
5. Which European port has the same name as a UK top 10 hit for the band Beautiful South?



Lisa Faulkner – see Question 8

6. What is a mode of transport and a kick in rugby?
7. Jeremy Corbyn represents which parliamentary constituency?
8. Actress Lisa Faulkner is married to which Australian chef?
9. In 2015, which female journalist succeeded Nick Robinson as the political editor of BBC News?
10. The putting green in the grounds of the White House is named after which US president?

BOX CLEVER

		4			
5				4	2
	4		2		
		6			3
			4		2

Fill the 6x6 grid with as many boxes as there are numbers printed. Each box must be either square or rectangular and must contain just one of the numbers. The numbers show how many squares there should be in each box.

COMMON LINK

The answers to the following five questions contain a word or words which have a common theme. Can you find the link?

1. What was the name of the racecourse betting operation sold to Betfred in 2011?
2. What name is given to a cluster of bananas?
3. What drink is traditionally made from spirits, water, sugar, lemon juice and spice?
4. Which national publication, founded by Lord Northcliffe in 1896, was the first British newspaper to sell a million copies a day?
5. 'Good Vibrations' and 'I Get Around' were hit songs for which American rock band?

SUDOKU

Each row and each column must contain the numbers 1 to 9, and so must each 3 x 3 box.

Easy

				8		3	5	
		8				7		1
	2		1	3	5		4	
	3		4	7	6	2	1	
4	6							
	7	9			1		6	4
5		3		2				7
7			5			1	9	
9		2	8	1				

Hard

		2			7			
	5	1						
	3		5	8				7
				2	3		5	
		7		1		2		9
					9			
	2						6	
	6	4	8					5
			3	9				

SOLUTIONS

EASY SUDOKU

2	3	9	6	7	1	8	2	4
5	6	3	4	8	5	7	9	1
7	4	8	2	9	3	6	5	1
4	6	4	1	8	5	9	7	3
3	7	3	2	9	8	5	7	6
1	9	2	4	7	6	2	1	8
8	3	5	4	7	6	2	1	9
6	2	7	1	3	5	9	4	8
9	4	8	6	9	6	4	7	2
3	5	6	4	7	8	2	3	5

HARD SUDOKU

1	7	5	3	9	6	4	8	2
3	6	4	8	7	2	9	1	5
9	2	8	1	4	5	7	6	3
6	2	1	3	4	5	9	8	7
5	4	7	6	1	8	2	3	9
8	9	6	7	2	3	1	5	4
4	3	9	5	8	1	6	2	7
7	5	1	2	6	4	3	9	8
6	8	2	9	3	7	5	4	1

BOX CLEVER

		4			
3			6		
		2		4	
2	4				5
			4		

LINK
COMMON
1 The Tore;
2 A hand;
3 Punch;
4 The Daily Mail;
5 The Beach Boys;
Common link:
The Beach Boys

QUIZ CHALLENGE
1 Boron; 2 Go Compare; 3 Neil Dudgeon; 4 Oxymer
5 Rotterdam; 6 Punt; 7 Islington North; 8 John Torod
9 Laura Kuenssberg; 10 President Eisenhower.

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The Dochas Carer Centre

Are you an adult unpaid carer?

We are here for you

We provide a service to unpaid adult carers across the whole of Mid Argyll, Kintyre and the Isles (MAKI). We have three teams:

- Support outreach worker team
- Trained counselling team
- Volunteer befriending team

We are available 10-4pm Monday to Friday and our service is open to any unpaid adult carers that needs support.

The Outreach/Support Team

This team are maintaining regular contact with carers via telephone. Our team is providing a listening ear during this challenging time and we have been fortunate to receive additional funding to support carers and those they care for with creative solutions to help with their mental and emotional health while in isolation.

Our website – www.dochasfund.org.uk and Facebook pages will be updated regularly with information and advice.

The outreach/support team can be contacted via the telephone number 01546 600022 or by emailing -enquiries@dochasfund.org.uk

The Volunteer Befriending Team

Our volunteer befriending service called Circle of Friends is continuing to run. Volunteers are maintaining contact with the individuals they are befriending by telephone.

Our volunteer Co-ordinator, Ryan Taylor, continues to support this service.

If you have an interest in this service Ryan can be contacted via the telephone number 01546 600022

The Dochas Counselling team

The team are keeping up with their existing clients and people who are contacting them via the counselling service.

Visit the Dochas Facebook page for more information on the new counselling service set up to help during the Covid-19 crisis. This service is for people and their families who are living with long term conditions/terminal illness and bereavement.

Please telephone 07432 231217

or contact counselling@dochasfund.org.uk and someone will get back to you to explain the process.

They can't obviously offer any face to face counselling at the present time, but we can offer you telephone, email or online support.



Mid Argyll Youth Development Services
Providing Information and Accessible Youth Friendly Services

Are you a young carer?

We are here for you...

MAYDS are still providing support for children, young people and families where we can. Anyone needing advice or help can contact the above at anytime.

We are providing our child and adolescent counselling services via skype, phone etc., and still open for referrals for any young person feeling isolated or in need of support. Our Young Carers are still being supported by our team across MAKI and again referrals are still being taken.

We have regular information and updates on our facebook page mid Argyll youth development services.

Online support is also available on www.cool2talk.org.

Contact 07788900049 or fiona@mayds.org.uk lynn@mayds.org.uk

PUBLIC NOTICES

**NOTICE
OF
CAMPBELTOWN FLOOD PROTECTION SCHEME 2020**

**BY
ARGYLL AND BUTE COUNCIL ('the Council')
PURSUANT TO
FLOOD RISK MANAGEMENT (SCOTLAND) ACT 2009 ('the Act')**

**And
FLOOD RISK MANAGEMENT (FLOOD PROTECTION SCHEMES, POTENTIALLY
VULNERABLE AREAS AND LOCAL PLAN DISTRICTS) (SCOTLAND) REGULATIONS
2010 (AS AMENDED) ('the Regulations')**

NOTICE is hereby given in terms of paragraph 10, and paragraph 1 of Schedule 2 of the above Act that on 5th December 2019 Argyll and Bute Council confirmed the proposed CAMPBELTOWN FLOOD PROTECTION SCHEME 2020 with modification. The final decision was made in accordance with section 60 and paragraph 9 of Schedule 2 of the above Act and Parts II, III and IV of the above Regulations.

In accordance with paragraph 11 of Schedule 2 of the above Act the CAMPBELTOWN FLOOD PROTECTION SCHEME 2020 will become operative six weeks after notice of its confirmation is first published in a locally circulating newspaper, as is required under paragraph 10(2)(d) of Schedule 2 of the above Act, unless an appeal in accordance with paragraph 12 of Schedule 2 of the above Act is made against the Scheme i.e. in the period 15th May to 26th June 2020 inclusive.

An appeal is to be made by way of summary application to the Sheriff of the Sheriffdom on North Strathclyde at: Sheriff Court House, St Marnock Street, Kilmarnock, KA1 1ED (hub court for Campbeltown Sheriff Court).

The grounds on which a decision can be appealed are: (a) that the confirmed scheme breaches the restriction in section 61(3) or does not comply with the requirement in section 61(4) of the above Act; (b) that, in reaching the decision, the local authority erred in law; or (c) that there was a failure to comply with a procedural requirement contained in Schedule 2 of the above Act or the above Regulations. The Sheriff may, on the application of the appellant, suspend the operation of the scheme, or any part of it, either generally or insofar as it affects any interest in land which the appellant has, pending determination of the appeal. If the Sheriff is satisfied that the interests of the applicant have been substantially prejudiced, as detailed in paragraph 12(7) of Schedule 2 of the above Act, then the Sheriff may uphold the appeal and quash the scheme, or any part of it either generally or insofar as it affects the interest in land which the appellant has.

Pippa Milne, Chief Executive, Kilmory, Lochgilphead, Argyll, PA31 8RT

Argyll and Bute Council

PLANNING

The applications listed below together with the plans and other documents submitted with them may be viewed electronically through Argyll and Bute Council website at www.argyll-bute.gov.uk. Having regard to Schedule 6, Part 3, s10 of the Coronavirus (Scotland) Act 2020, documents are only available to inspect electronically at this time. Customers requiring assistance can contact us by e-mail: planning.hq@argyll-bute.gov.uk or tel. 01546 605518.

**TOWN AND COUNTRY PLANNING DEVELOPMENT MANAGEMENT PROCEDURE (SCOTLAND) REGULATIONS 2013 REGULATION 20(1) ADVERT STATEMENT
TOWN AND COUNTRY PLANNING (SCOTLAND) ACT 1997 (AS AMENDED), RELATED PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) (SCOTLAND) ACT 1997**

Ref. No.	Proposal	Site Address
20/00598/PP	Refurbishment and external alterations including; erection of entrance porch extension, formation of dormer windows, rooflights and garden terrace, revised driveway and parking provision	Rockcliffe Garval Road Tarbert Argyll And Bute PA29 6TR
20/00739/PP	Erection of dwellinghouse and installation of septic tank	Plot 2 Corriechrevie Land North Of Taigh Sona Clachan Tarbert Argyll And Bute PA29 6XW
20/00683/PP	Change of use of land for the siting of timber clad modular building for use as office/ welfare facilities for a period of 5 years	Land Inbetween Arran View And The Car Park Carradale Campbeltown Argyll And Bute PA28 6SD
20/00762/PP	Erection of dwellinghouse, detached garage and formation of vehicular access	Land North Of Bellgrove High Askomil Campbeltown Argyll And Bute

Written comments can be submitted online <http://www.argyll-bute.gov.uk/planning-and-environment/find-and-comment-planning-applications> or to Argyll and Bute Council, Development Management, Kilmory Castle, Lochgilphead, Argyll, PA31 8RT within 21 days of this advert. Please quote the reference number in any correspondence. Any letter of representation the Council receives is considered a public document and will be published on our website. Anonymous or marked confidential correspondence will not be considered. A weekly list of all applications can be viewed on the Councils website. Customers are requested to use electronic communication where possible during the coronavirus pandemic as our ability to process postal mail is restricted.

To find out more about living and working in Argyll & Bute visit us at: www.argyll-bute.gov.uk
Comhairle Earra - Ghàidheal agus Bhòid



Scottish Government
Riaghaltas na h-Alba
gov.scot

TRANSPORT SCOTLAND

**MARINE (SCOTLAND) ACT 2010
SEAWALL REPAIRS, SOUTH OF INVERARAY
JAIL, INVERARAY**

Notice is hereby given that BEAR Scotland has applied to the Scottish Ministers of the Scottish Government, under Part 4 of the Marine (Scotland) Act 2010, in respect of seawall repairs at:

Cost	£23,000	
Location	Latitude	Longitude
South of Inveraray Jail, Inveraray	56° 13.732' N	005° 04.493' W
	56° 13.731' N	005° 04.492' W
	56° 13.491' N	005° 04.617' W
	56° 13.424' N	005° 04.670' W
	56° 13.373' N	005° 04.722' W
	56° 13.288' N	005° 04.925' W
	56° 13.288' N	005° 04.927' W
	56° 13.374' N	005° 04.724' W
	56° 13.424' N	005° 04.674' W
	56° 13.492' N	005° 04.619' W

(WGS84)

Plans showing the position of the works may be inspected at <https://bit.ly/34omuRY> Objections relating to safety of navigation or environmental issues in respect of the application should be made by email to: MS.MarineLicensing@gov.scot within 28 days of the date of this notice, quoting reference: **07276 and BEAR Scotland.**

Fair Processing Notice

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Extra care with first silage cut advised

Forage experts have warned recent weather conditions could bring challenges to silage-making which, if left unchecked, could seriously reduce silage quality and generate gases which could endanger human and animal health.

The challenges stem from the unusually hot, dry spell across much of the country through April which saw many farmers spreading high volumes of slurry on to grassland in a short space of time. Because conditions remained generally dry, little of the nutrition from this slurry will have been taken up immediately by the growing plant. However, the onset of warm, wet weather over recent days will have encouraged a sudden uptake

of nitrates and a spike in grass growth. The high nitrate levels which accumulate in the grass have several implications, according to independent silage specialist Dr David Davies of Silage Solutions.

He said: 'Nitrates act as a buffer and will prevent the required drop in silage pH. While this means there will be a poor fermentation, it also leads to a more sinister side-effect.

'The poor fermentation results in a slow pH decline and the nitrates in the grass can then be converted to nitrogen dioxide,' he said. 'This is a brown gas which can occasionally be seen when a clamp is being filled or may occur shortly after sheeting. It will roll downwards as it's heavier

than air and persist for a day or more. The problem with this gas is that it is converted to nitric acid when it comes into contact with water which can cause serious, permanent damage when breathed into the lungs.'

This damage, known colloquially as silo gas disease, can be fatal in humans and animals and is the explanation for the rare loss of sheds of livestock housed adjacent to silage clamps. If the gas is seen at or soon after silage making, Dr Davies' advice is to move away from the clamp.

He said: 'Remove any livestock from adjoining housing and seek medical assistance if exposure is suspected in anyone working on the farm.' Measures can be taken to sig-

**Nitrate contamination of silage.**

nificantly cut the risk and Dr Davies advises farmers to send grass samples to be analysed for nitrates and crude protein before making their silage.

'Crude protein above 18 per cent could imply a problem and if nitrate is above 0.25 per

cent in the freshweight, I would strongly recommend waiting before cutting,' he said.

'Nitrates between 0.15 per cent and 0.25 per cent could still be problematic for fermentation,' he added. 'This is not only because they raise the

buffering capacity of forage but also because high nitrate is biologically linked with low grass sugar – the substrate needed for fermentation.

'I'd therefore recommend using a high-strength chemical additive, proven to inhibit growth of clostridia and enterobacteria, rather than a bacterial inoculant and just hoping for a good fermentation. By killing these harmful bacteria, which are likely to be abundant on swards which had slurry applied that had not 'washed-in', you reduce the risk of undesirable fermentation and make far better silage.'

Furthermore, silage without either enterobacteria or clostridia will be far more palatable and better for animal health and performance.

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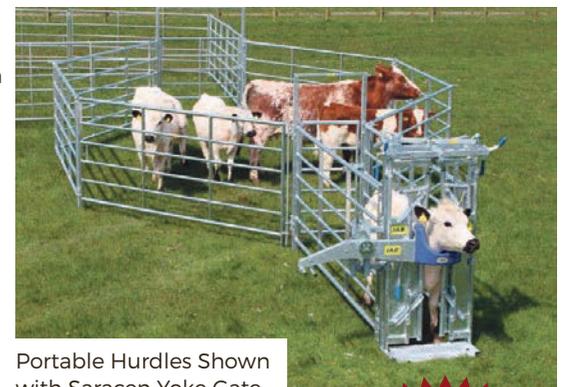
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Climate responsibilities not forgotten amid pandemic

The Scottish farming industry's focus remains firmly on keeping food and drink on the nation's table during the coronavirus pandemic, writes NFU Scotland vice president Martin Kennedy on the NFU Scotland website.

However, in the background, NFU Scotland continues to recognise its responsibility to respond to climate change.

'NFUS recognises the risk climate change poses and why we are committed to continue playing an active role in tackling it,' said Mr Kennedy. 'We want to see an approach to mitigate climate change that also enhances biodiversity and drives benefits for food production and for our landscapes and communities.'

'We need to take opportunities to adopt management and measurement tools. We know this can bring win-win solutions: small changes to more

efficient farming methods can cut greenhouse gases per unit of food produced while delivering financial wins for farm businesses.

We must continue to make decisions based on the most relevant and up-to-date scientific evidence. It is crucial we are not selective with our approach – even if we discover things that don't seem at first to be to our liking.

'We know recovery from COVID-19 will present unique challenges for all of society, businesses and government. Despite this uncertainty, Scottish farmers remain committed to producing high quality food in a way that reduces our carbon footprint and protects the environment.'

The union's ground-breaking work in partnership with the Scottish Environment, Food and Agriculture Research Institutes (SEFARI) will bring

clarity on the impact Scottish agriculture has on the climate when it is published over the coming weeks, summarising current knowledge and showing an accurate picture of agriculture, highlighting where there is certainty and areas where we need more research.

'Scotland is already recognised as being well ahead of the curve when it comes to climate change and so long as we continue to drive positive measures to improve our position, market opportunities for our products can only increase,' concluded Mr Kennedy.

Right: NFUS vice president Martin Kennedy.



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Thought for the Week
with Marilyn Shedden

It was as flat as the proverbial pancake. Not a flicker of life, not a spark. Maggie's car battery was drained of life.

We had jump leads, but at a length of two metres and with the position of Maggie's car, we couldn't get a car near enough to jump start it. We were at a loss to know what to do. So we phoned a friend. We explained our problem to our neighbour Joe and he gave the problem some thought.

Soon he came round with a long piece of electrical cable and a knife.

'I'm not sure if this will work,' said Joe, 'I've never tried it before.'

Joe connected the jump leads to Maggie's car battery, then with two lengths of wire, he connected the other ends of the leads to the respective battery terminals on his car.

Joe switched on his engine and let it run for a few minutes.

'Try it now,' said Joe.

Holding our breath, we waited as Maggie turned the key.

To our great jubilation, the engine spluttered into life. All it needed was a power source.

Maybe some of us feel at this time we need to be plugged into a power source to recharge our batteries. For some of us that power source may be God and through Jesus Christ we can find strength again when we are filled with God's renewing spirit. For some, the power source may be through Allah or Buddha, the Brahman or the Gurus, or through Jehovah, the faithful God of the Jewish people.

For some, the source of power comes through meditation or a connection with the living natural world.

Whichever it is, I wish you peace in the power and strength in your spirit.

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Islay artist stars in new TV show

Islay-born Heather Dewar is a woman of many talents – artist, cook and gardener to name just a few – but possibly her greatest gift is her ability to chat with people and encourage them to open up and tell her all about themselves.

In the fourth series of BBC ALBA's 'Dealbhan Fraoich' (Heather's Portraits) Heather, 78, who still lives on the island, combines the role of artist and interviewer as she creates colour portraits of well-known Gaels while teasing out of them every little detail of their life story.

From the former army officer to the actress, fisherman and teacher, Heather's natural interest in other people and their lives helps her to capture their true personality on paper.

Heather's had a passion for portrait drawing from a young age and since she began studying at Edinburgh College of Art aged 16 she has drawn hundreds of portraits. She still relishes the challenge of capturing someone's likeness.

Armed with easel, charcoal, paper and pencil, Heather embarks on a tour of the country, drawing the fascinating and engaging people who have agreed to 'sit' for her.

She explained: 'As an artist living on Islay there's plenty to inspire my creativity. However, as much as I enjoy being out in the fresh air, drawing my favourite landscapes, I'm much more excited by people.'

'I spend much of my life trying to create a perfect portrait – one that captures the character as well as the appearance.'

In the first programme broadcast on Tuesday this week – and available on the BBC iPlayer for 30 days – Heather met with Murdo Macdonald. Although now living in Penicuik, Midlothian, Murdo has family connections to Scalpay and North Uist.

As Heather put crayon to paper, she talked to Murdo about his fascinating life, which has involved extensive travel and adventure from backpacking around the south of France to fac-



Heather in her studio on Islay.

tor on an island estate and army officer in Iraq. Heather travels to Point in Lewis for the second programme, to be broadcast this Tuesday, where she meets Maggie Mackenzie who will be known to many as the actress who played Fiona Macaskill in the long-running soap 'Machair'.

She then meets former fisherman and ferryman Ewen Mackenzie in Applecross in the third programme and discovers few people know the peninsula more thoroughly.

Her 'subject' is Rachel MacPherson, a former teacher and lecturer, in programme four when she travels to Bishopbriggs. Rachel MacPherson has played an integral role in the development of Gaelic Medium Education in Glasgow.

Heather then travels to the village of Lower Shader in Lewis where her 'subject' is Tarmod Macleod in programme five. A hugely popular

figure on the island, the poet recorded with warmth and wit some of the key events and characters in this area of Lewis.

She meets singer and step-dancer Joy Dunlop in Glasgow in programme six. Joy's passion for music developed into an enthusiasm for the Gaelic language and culture that produced many of her favourite songs. Since learning the language she has worked tirelessly to encourage its use in everyday life.

Heather travels to Edinburgh in programme seven where she meets Iagan MacNeil who has forged a successful career in the media – as journalist, newsreader and more recently in public relations. Despite having spent much of his life in the city, he remains proud of his roots in the islands, specifically Barra.

And in programme eight Heather travels to Gairloch in Wester Ross where her 'subject' is former teacher Alice Mackenzie. Her voice is known to many in the area as the presenter of their weekly Gaelic programme on the Two Lochs radio station.

Series four of 'Dealbhan Fraoich' is every Tuesday on BBC ALBA at 8.30pm and each episode is on the BBC iPlayer for 30 days after it airs.



Heather, left, meets Maggie Mackenzie.

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12 A request to insert an advertisement assumes acceptance of our conditions.

BIRTHS

MACLEAN - Charles and Morven would like to announce the birth of Siobhan's little sister Seonaid Helen Catriona born at Campbeltown Hospital on March 26, 2020. Thanks to all local midwives but especially Helen Fairbairn for her love and support.

MILLAR - Eoghan and Laura née Arthur are delighted to announce the birth of their daughter Marsaili Barbara on March 27, 2020. Granddaughter to Robert Eric and Barbara, Lochgilphead and Michael and Pearl, Braidwood, Carluke. Cousin to Eilish, Anna, Ruairidh and Olivia.



RAMSAY - Stephen and Carol are delighted to announce the safe arrival of Gregor on April 20, 2020. Perfect little brother for Lyle. Special thanks to midwives at Campbeltown Maternity and Royal Alexandra Hospital, Paisley in these very challenging times. Both families are over the moon.

DIAMOND WEDDING

NEWLANDS-FLETCHER - On Friday, May 20, 1960 at the Argyll Arms Hotel, Campbeltown by the late Rev John Cormack, Hugh to Bertha. Best wishes from the family at home and Canada.

DEATHS

CONNER - Wylie Conner, age 77, formerly of Campbeltown, passed away on May 7, 2020 in Bradford Royal Infirmary. Much loved and devoted husband of Janet Conner, loving father to David and Stuart and proud Pops to Finlay and Ailsa. The funeral will be held on May 27, 2020 at Dewsbury Crematorium, close family only due to current restrictions. He will be greatly missed by all who knew him.

MACVICAR - Peacefully at Ardfenaig Residential Home, Ardrishaig on May 8, 2020, Margaret (Nurse

MacVicar, in her 100th year, late of 8 Seaside Park, Ardrishaig. Beloved wife of the late Archibald and dearly loved mother of Donald, and mother-in-law of Moira. Adored granny of Colin, Mairi, Alistair and Kirsty. Great-granny of Patrick and Sophia. Dear sister of the late Colina and Katie. A good neighbour and dear friend to many in the local area. A private family service was held at Achnabreac Cemetery on Thursday May 14, 2020.

MCDONALD - Peacefully at home, 106 Smith Drive, Campbeltown, on May 12, 2020, George Stirrat McDonald, in his 80th year, dearly beloved husband of Margaret, much loved father of Angela, Stuart and Fiona, father-in-law of Archie, Jane and Davie, loving grandfather of Paul, Graeme, Julie, Gavin, Danielle, Nicole, Brad, Mitch, Rio and Bailey and great-grandfather of Arran. Funeral service private in line with current government guidelines.

RONALD - Peacefully at home 31 Lorne Campbell Court, Campbeltown, on May 12, 2020, Elizabeth Bruce McMurchy McKinven, in her 86th year, dearly beloved wife of the late Archie Ronald, formerly of Largiebaan, Southend, much loved mother of Archibald, Charles, Neil and the late James, loving granny of Iain, Mairi, Eilidh, Cameron, Beth and James. Funeral service private in line with current government guidelines.

WILSON - Peacefully at home, 9 Kilkerran Road, Campbeltown on May 5, 2020, Mary Campbell Watt Mauchline, in her 82nd year, dearly beloved wife of the late Hugh Wilson, much loved mum of William, Robert, Hugh and James and a loving granny and great-granny. Funeral service private in line with current government guidelines.

ACKNOWLEDGEMENTS

BROWN - Cathie and the family of Tom would like to thank the congregation of the Highland Parish Church for all the cards, thoughts and prayers on his passing. Much appreciated and so many happy memories. We would also like to thank all at Woodlands for the cards. It is much appreciated. God bless.

MACIVER - Sheena, John and Stuart would like to thank family, friends and neighbours for all the cards, phone calls and messages received after the sad passing of Archie. Thanks to the staff at Ardenlee Care Home, Dunoon and the doctors and nurses at ward J North of the Inverclyde Royal hospital for all their care. Thanks to the Rev David Carruthers for his comforting words at the graveside, Morna for the lovely floral tributes and to the cemetery staff for their assistance. Finally, grateful thanks to the firm of Donald MacDonald undertakers for all their guidance, care and attention.

SHAW - The family would like to thank everyone for their many kind expressions of sympathy following the sad passing of Margaret. Special thanks to Carrgomm, District Nurses and staff at the Mid Argyll Hospital for all the kindness and care shown to Margaret over the years. Thanks also to Rev. Hilda Smith and Roddy MacDonald and staff for a very personal service at such a difficult time.

WILSON - The family of the late Mary Wilson would like to express their heartfelt thanks to everyone for their kind expressions of sympathy they received following the death of their beloved Mum. Special thanks to the Macmillan and community nurses who provided Mary with the care and support required that enabled her to be at home in her final days with her family by her side. Thanks also to Rev. William Crossan for his comforting graveside service and to Kenneth and Rhys Blair for their professional guidance. They would also like to thank Ian and neighbours for their support to Mary over the years and to everyone who paid their respects to Mary on her final journey which was a great comfort to the family at this difficult time.

MEMORIALS

SLOSS - In loving memory of Christopher, who died May 16, 2010. Years have gone since you were here, But in our eyes there is still a tear, In our hearts you will always stay, We love and miss you every day. - Mum.

SLOSS - In memory of Christopher, who died May 16, 2010.

To us he was someone special, Someone set apart, His memory will live forever, Engraved within our hearts.

- Gran, Granda, sister Pamela and brother Daniel.

SLOSS - In loving memory of Christopher who was taken from us on May 16, 2010.

Gone from our sight but never from our hearts, Love and miss you loads.

- Love auntie Caroline and uncle Tam and family.

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NORTH KNAPDALE PARISH CHURCH

charity number SC001002
Although our buildings are closed we are still active. Our website is full of information & links to keep you informed & provide opportunities for worship on-line
Please look it up & keep in touch
www.northknapdale.org

PERSONAL NOTICES

THANK YOU

Nettie Semple would like to thank everyone very much for the cards, presents, flowers and phone calls received on the occasion of her 90th birthday. Again many, many thanks.

God; powerful and loving, really?

Surely COVID 19 has proved one thing beyond doubt: God is not all powerful AND all loving.

If he is powerful, he can't be loving because he has not stopped the virus. By the same logic, if he is loving his power is limited.

Yet the Bible maintains he is both.

He is loving: Psalm 86:15 tells us that he is 'a God merciful and gracious, slow to anger and abounding in steadfast love and faithfulness.'

He is also powerful: Psalm 147:5 states 'Great is our Lord and abundant in power.'

How so? Let me ask you to suppose for a moment that what the bible says about eternity is actually true; that we are not limited by the life expectancy of our earthly existence, but are in fact what the author CS Lewis called 'immortal

beings'. Not immortal in the sense that God is immortal, for unlike God, we all had a beginning; but immortal in the sense that our lives are not limited by the frailty of our earthly bodies. Suppose this life is NOT all there is. If the bible is true, this sense of eternity is not so hard to imagine. It tells us 'God has put eternity into the human heart'.

Now, imagine that what the bible says about sin is also true, it is in essence a rejection of our creator, and has brought not only separation from him in this life and the inevitable consequence of physical death, but also eternal separation from him.

Suppose too that this creator God allowed us to go through life blissfully unaware of the eternal

consequences of our actions, arriving at an unexpected and unprepared for death? Would he be loving by any measure, to allow his creatures to enter eternity unaware they would be separated from him for ever?

Let me turn again to the pen of CS Lewis: 'There is kindness in love: but love and kindness are not the same thing, kindness alone cares not whether its object becomes either good or bad, provided only that it escapes suffering. It is for people whom we care nothing about that we demand happiness on any terms, but with our friends, our lovers, our children, we are exacting and would rather see them suffer much than be happy in contemptible and estranging modes. If God is love, he is by definition something more than mere kindness.

And it appears, from all the records, that though he has often rebuked us and condemned us, he has never regarded us with contempt. He has paid us the intolerable compliment of loving us, in the deepest, most tragic, most inexorable sense.'

For our powerful Creator has indeed 'so loved the world that he gave his only Son'; to wear a Corona: a crown of thorns, to die in suffocating agony, to bear the penalty for sin, to make a way for his enemies to have eternal joy. No virus can jeopardise that death defeating love.

As CS Lewis observed: 'God whispers in our pleasures, but he shouts to us in our pain'. Are we ready to hear?

Mark Jasper,
Pastor Campbeltown Community Church

Achilles Kintyre helps keep everyone active from home

Staying active to maintain physical and mental well-being feels more important than ever during lockdown but working out from home can present many challenges, especially for those with reduced mobility.

The Kintyre branch of Achilles International, a worldwide organisation aiming to empower people with all types of disabilities to participate in mainstream running events, has some tips to help people of all abilities keep up their fitness levels from home.

Lauren McAllister, who runs the club with fellow volunteer instructor Jake Sanders, told the Campbeltown Courier: 'The national containment of COVID-19 has affected everyone and we are all learning how to adapt to our environment and find new ways to keep fit during lockdown. By using our imagination we can keep moving and have fun.'

Before lockdown, Achilles Kintyre members met every Thursday for an hour of walking, running and chatting. As they are no longer able to do so, they are now 'meeting' every fortnight to work out and catch-up via the video conferencing app Zoom.

Members are encouraged to take advantage of many online resources which advise people, particularly those with reduced mobility, on how to keep active at home.

As well as the 'fantastic' Facebook Live workouts by Aqualibrium fitness instructors, including Achilles



Taking part in a pre-lockdown session, from left: Lauren McAllister, Danny Byrne, Bronte Byrne, Gillian MacIntyre and Jake Sanders.



Training on the beach, from left: Caroline Rodger-Ramsay, Jake Sanders, Danny Byrne, Gillian MacIntyre, Lauren McAllister and Bronte Byrne.

Kintyre's Jake Sanders, the group recommends Activity Alliance – www.activityalliance.org.uk – which regularly shares ways to adapt activities and your environment to #StayHomeWorkOut and CP Sport – www.cpsport.org – which has great online resources on nutrition, stretches, poses and how to maintain mobility.



Bronte Byrne, front, and Gillian MacIntyre and Danny Byrne warming up before one of the group's Thursday meetings.

Effective Lauren added: 'Activity Alliance's STEP tool is one of the most effective ways to use household items to stay active. 'STEP stands for Space, Task, Equipment and People. By adapting one or more of these factors you can use what's around you to be active.'

Lauren has outlined some examples of using the STEP tool to exercise:

Space – Use the space around you for target games, challenging yourself by moving your

target further away or higher up. Moving on a hard floor or pavement can be easier and though carpet or grass can make movement more challenging, it can add cushioning for floor-based exercises.

Task – Change it up and adapt the activity to suit you. Try push ups against a wall rather than on the floor. Instead of star jumps try lifting one hand and leg out at the same time or throw a ball or beanbag to a target on the floor or in the garden. Set yourself a challenge and try to beat it next time you work out.

Equipment – Use cans of food or water bottles as weights, make safe indoor balls from rolled up paper, socks or balloons and use a chair for squats.

your arms as long as possible. Russian Twists are great for your core strength, hold a weight with both hands and twist from side to side.

Do triceps dips by lifting yourself up and down out of your chair as many times as you can. Sitting knee raises or bicycles are also great.

Count how many reps you can do and try to do more the next time you work out.

Warm up

As always, work within your own abilities and don't forget to warm up, stretch and cool down.

Equipment – Use cans of food or water bottles as weights, make safe indoor balls from rolled up paper, socks or balloons and use a chair for squats.

People – Involve everyone in

your 'bubble', adapting the activities to suit each individual to make a level playing field. Or try involving your pets, play fetch in the garden or work on your muscle strength with a game of tug of war.

For details on how to join in with Achilles Kintyre's workouts, search for @achilleskintyre on Facebook.

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