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# Recruitment crisis for emergency services

Great strain has been put on the small pool of existing volunteers

**Colin Smeeton**  
*editor@arranbanner.co.uk*

Arran's volunteer emergency services may be facing a personnel crisis in the near future unless additional volunteers can be recruited to join their ranks.

With volunteering in decline, and increasing demand from Arran's emergency services, a large number of new volunteers is required to avoid the dire consequence of the current trajectory.

HM Coastguard, the RNLI, the Scottish Fire and Rescue Services and Arran's First Responders are all facing a lower availability of volunteers, though as yet it has not led to a decline in services on Arran.

But it has placed additional demands, and a greater strain, on the small pool

of existing volunteers. Last year the Coastguard team went down to four members, but managed between them to attend every call-out – an average of 138 shouts – which has been hailed as a huge accomplishment.

Thankfully, the Arran Coastguard team now has seven members, but that is still at half its full strength, with space for 14 volunteers in total.

Fiona Laing, of the Arran Coastguard, said: 'The role of being a Coastguard rescue officer can be very rewarding, as all emergency volunteering roles can be.'

'As well as having the task of securing and lighting the landing site for the helicopters at Knockenellie – a crucial task for all islanders who may need helicopter evacuation –

Coastguards train in search techniques and search co-ordination, water rescue, rope rescue, dealing with potential ordnance washed up on the shores and first aid.

'This is not an exhaustive list, but it could seem daunting to someone thinking about volunteering. The Coastguard will at no point expect you to do something you are not comfortable with doing, like enter the water to swim to rescue someone or go over a cliff.'

'For each of these things to happen safely, a multitude of other roles need to be filled first. You need to be 18 to join the Coastguard, but there is no upper age limit, although you will undergo a basic medical and an interview.'

**Continued on page two.**



Fiona Laing interacts with an eager child wanting to know about HM Coastguard.  
01\_B11emergency05



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# Emergency services looking for volunteers

**Continued from page 1**

The three First Responder groups on Arran – North, South and West – are also all looking for volunteers. Their role is to attend to patients within the crucial 20 to 30 minutes it takes

for an ambulance to reach them from Lamlash.

They also perform CPR and defibrillation, which needs to be carried out within the first few minutes of a cardiac arrest, and they arrive within a few vi-

tal minutes of a 999 call. First responders assess the patient's condition, sometimes administering oxygen until the arrival of the ambulance, and provide a good dose of reassurance. Patient feedback tells them that someone arriving quickly alleviates a lot of stress, especially since it can take more than half an hour for the ambulance to arrive due to the geography of the island, or sometimes even longer if it is already busy on another job.

Unlike other emergency volunteers, you only need to be available as a first responder when you are scheduled to provide the cover, so, depending on



Arran's emergency service's retained and volunteer staff pictured at a blue light event at Sandbraes last year. 01\_B11emergency02

your other commitments, that could be as little as one night or day shift, or a 24-hour period, a week. The more volunteers they have, the less on-call time everyone has to do.

There is no upper age limit to being a first responder but you will need to undergo a full disclosure/PVG check, and the ability to perform two minutes of CPR is a basic physical requirement. All training is provided on the island, and no previous first aid or medical experience is required.

Recruitment issues on Arran also apply to the RNLI, which would welcome any new volunteers.

An RNLI spokesman said: 'We are very fortunate to have a dedicated team of volunteers in Arran across all of the aspects of the station.'

'However, we are always looking for new volunteers, particularly those who can commit on a regular and long-term basis.'

'We particularly struggle during business hours, and we obviously understand that these hours can be a struggle for many people, as not all employers are in a position to offer this flexibility.'

'We welcome any new volunteers to the station but would particularly welcome anyone who is fit and healthy, under 55, in a job with a degree of flexibility and who can commit to training a minimum of twice a month.'

Volunteers are also being sought across three Scottish Fire and Rescue sta-

tions on Arran. Senior officer for Ayrshire James Scott said: 'The Scottish Fire and Rescue Service is aware of a shortage of volunteer firefighters at Corrieavie, and we would welcome new volunteers to continue this most proud tradition.'

'Anyone who is interested in finding out more about becoming a volunteer firefighter on Arran can call 01294 607000 to find out more about the selection and training process.'

For most of the volunteers, though, the true reward for their work is the fulfilment found in helping others, the camaraderie with colleagues, learning new skills and helping make a difference in their community.

The volunteer ethos is probably summed up best by Fiona Laing, who volunteers with both HM Coastguard and as a first responder. She said: 'In times of emergency, we look to our fellow islanders to be there when we need them.'

'It is our neighbours, friends and work colleagues who give up their time to train, so that when we need them they are there for us. Simply put, we need more people to consider volunteering to provide these vital services.'



Fiona Laing with the senior Coastguard operations officer Steve Muldoon and Peter Stewart of Greenock. 01\_B11emergency01



Scottish Fire and Rescue Service members are seeking additional volunteers for three stations on Arran.

01\_B11emergency03

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# Intrepid climbers reach bigger heights



Kirstie, Lucy and search dog Caileag enjoy a short rest and a laugh before continuing on their fundraising journey.

Two Arran Mountain Rescue Team members have completed an epic 17-hour traverse of Arran's 12 summits in a fundraising effort in support of the mountain rescue teams on Arran and in Mulanje, Malawi.

Showing their stamina, dedication and support for the organisations, Kirstie Smith and Lucy Wallace of Arran Mountain Rescue Team (AMRT) walked 22 miles with more than 9,400ft of ascent.

The ladies were joined in the challenge, dubbed the Arran 700's challenge owing to the height of the peaks, by search dog Caileag, who managed 17 miles during 13 hours of climbing before falling asleep on her feet.

The proceeds of the £2,000 raised on their Just-

giving page which can be found at [www.justgiving.com/crowdfunding/Arran700s](http://www.justgiving.com/crowdfunding/Arran700s) will be shared by AMRT and the Mulanje Mountain Rescue Team, (MMRT) which Lucy Wallace decided to help after a visit where she discovered how under funded and short of equipment they are.

#### Incredible

Kirstie Smith said: 'It was certainly one of the toughest but best hill days the both of us have ever had together and it was just incredible to do such a big challenge on the local hills we both love.'

'We would like to say a massive thank you to everyone whose support helped us to complete the challenge. Also a huge thank you to all the kind people of Arran and else-

where who have donated, handed us money and sent us words of encouragement.'

Challenge organiser Lucy Wallace added: 'We are bowled over by the support, good wishes and cash we have received.'

'Both organisations are completely funded by donations and fundraising so they appreciate any help they can get.'

'On Mulanje, the highest mountain in Malawi, MMRT are particularly poorly funded with team members risking their lives to save others with only rudimentary equipment and basic training. If you are able to contribute to the Justgiving page, your donations will be used to save lives both home and abroad.'



Kirstie Smith and Lucy Wallace during their Arran 700's challenge.



A selection of the 12 Arran peaks that the fundraisers climbed during their challenge.

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The Drift Inn in Lamlash has been unoccupied since January.

# Owners sought for the Drift Inn

The popular Drift Inn that closed unexpectedly over New Year could soon get a new lease of life as it is put on the market, with licensed property specialist Colliers International handling the sale.

Many locals were taken aback when it was announced that the Drift Inn in Lamlash was to close after 2016's Hogmanay celebrations, despite an out-

pouring of support on social media for the then management team who had received great reviews and been credited for the effort they had invested in the pub.

The Drift Inn was short-listed for Isle of Arran Distillers Island Bar of the Year just last summer.

Now the administrators from PwC, handling the administration of Challenger Inns Limited, have instruct-

ed the agents to sell the pub.

Paul Shiells, a director in the licensed and leisure team at Colliers International, who is acting in the sale, said: 'The Drift Inn has been a very successful pub and restaurant in the past and enjoys a spectacular position: its large windows and beer garden both overlook picturesque Lamlash Bay and Holy Isle.'

'It has been sorely missed

by locals and visitors to Arran alike over these past few months but given its wonderful potential we hope soon to find new owners to bring it back to life.'

A single storey traditional brick building, the Drift Inn has an open plan public bar/lounge, commercial kitchen, a cellar and office or storage room. It is on the market for offers of over £225,000 plus VAT.



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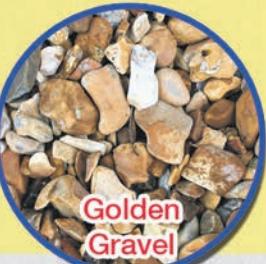
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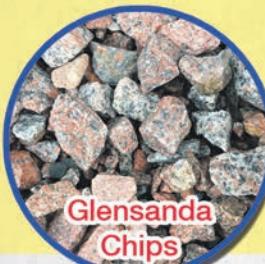
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# Pipped to the post at Dougarie

The 129th Dougarie Sheep Dog Trials were held at Glenloig last week with Matthew McNeish and his dog Pip winning all the silverware for the second year running.

A total of 46 dogs from

all over the west of Scotland competed, with eight entries in the confined class run by Arran handlers.

Stuart Davidson of Dunoon narrowly missed out on the title and would have won the open class for

the third year running except he had problems at the shed. Instead, winner of the Dougarie Cup, by one point was Bobby Middleton from Dalry with his dog Jake.

In the confined class Matthew McNeish from Sliddery cleaned up on the silverware for the second year in a row winning the Learig Cup; Baldy Craig Rose Bowl for the outrun/lift/pen; Harbourview Cup for the best drive; Machrie Farmers' Cup for the best fetch and shed and the Glaister Shield for best Aran bred dog. Niall McMaster of Shannochie took the Machrie Farmers' Cup for the best fetch and shed with his dog Gail.



A sheepdog anticipates the next move of a flock of sheep who look on cautiously. 25\_b21sheep02



A shepherd opens the pen in anticipation of the sheep entering. 25\_b21sheep03



Niall McMaster directs his dog Gail to herd an errant sheep into the pen. 25\_b21sheep01

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# Screen Machine given major refurbishment

**'We are thrilled to be part of the new Screen Machine launch in Arran'**

Arran's mobile cinema is back on the road after a major refit, with a new hi-tech digital projector, new livery and, for the first time, the Screen Machine will be accompanied by the Travelling Gallery, Scotland's mobile contemporary art exhibition space.

The 80-seater HGV, owned and operated by Regional Screen Scotland, will return to service after its full refit in France – at its original builders Toutenkamion, the world's leading creators of cinemobiles – where it has had its hydraulics completely overhauled, received a state-of-the-art digital projector and screen and newly re-upholstered seats and a striking new livery by Highland-based designer Tristram Woolston.

From Tuesday to Friday, June 6 to 9, the Screen Machine will roll into Brodick for its first stop since the refurbishment with a packed programme of the latest blockbusters and a unique Expanded Cinema screening of *The Illusionist*.

All of the senses will be tingled with New Media Scotland's unique and evocative Expanded Cinema presentation of Scottish-French animation *The Illusionist*.

Working with local Arran food and drink producers and scent technician Ericka Duffy, audiences will eat, drink and smell their way through the film.

In another first for Arran,

the Screen Machine will be parked up alongside the Travelling Gallery, Scotland's mobile contemporary art gallery who's current exhibition EAT SLEEP WORK REPEAT features artists who look at the industrialised and repetitive effects of the everyday.

Robert Livingston, director Regional Screen Scotland, said: 'We're delighted to be able to welcome the Screen Machine back from its major refit in France, at the factory of Toutenkamion, which built the Screen Machine back in 2005.'

'The substantial restoration work, and our new digital projector, will ensure that our much-loved mobile cinema remains fit for full-time operation for several years to come.'

'In launching our new tour in Brodick, we're presenting a showcase of the range of exciting experiences that our audiences



The Screen Machine has had a major refit, including a new digital projector.

can expect in the coming months.'

'It's not just the latest big releases, but special events, like our expanded cinema collaboration with New Media Scotland, regular on-screen presentations of photography exhibitions in association with Street Level Photoworks, encore screenings of live theatre relays and special daytime events with partners such

as Alzheimer Scotland and Into Film. And we're also especially pleased to be collaborating with the Travelling Gallery, bringing our two very special vehicles together in the one location for the very first time, as a symbol of our intention to work together more regularly in the coming months.'

Claire Craig, travelling gallery curator, added:

'We are thrilled to be part of the new Screen Machine launch in Arran. It's a wonderful opportunity to bring together and celebrate two of Scotland's unique and mobile art spaces. We would like to thank Screen Machine and North Ayrshire Council.'

For the full 2017 Screen Machine schedule and tickets, go to [screenmachine.co.uk](http://screenmachine.co.uk).

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# Whiting Bay pupils rise to the challenge

Budding engineers and scientists from Whiting Bay Primary School put their skills to the test at the Young Engineers and Science Club's (YESC) Ayrshire regional event at Dumfries House estate, near Cumnock.

The pupils from Whiting Bay's after-school science club joined 90 students

from across Ayrshire at the estate's Morphy Richards Engineering Education Centre where they competed against other schools in front of industry experts.

A series of challenges were set by a range of companies who have partnered with Dumfries House, including BAE Systems, GlaxoSmithKline, William

Grant and Sons Distillers, Booth Welsh, Scottish Power, Royal Navy and NXP Semiconductors.

In addition to the messy science tasks which were offered by The Institute of Physics, pupils presented their class work to judges from local companies Barr Environmental and Merck.

Teacher Raye Beggans, who attended the event with pupils, said: 'The journey to Dumfries House was worth it as all pupils really enjoyed the event. Some pupils were involved in the Construct a Crane competition and, although they didn't win, they received encouragement and advice from the industry experts there.'

'The other pupils put on a showcase for judges, detailing what they had been learning about hydraulics, soldering and demonstrating how their hydraulic lifting arm works. All pupils enjoyed the three-minute science, technology, engineering and maths (STEM) challenges and this has encouraged them to think about possible careers in STEM.'

The educational aspect of Dumfries House estate forms a key element of the vision of Prince Charles, Duke of Rothesay, who used £20million of his charitable foundation's money in 2007 to secure the future of Dumfries House and help people en-



Pupils prepare to build the base of a crane in the construct a crane competition.

gage in learning experiences that promote confidence and personal development, as well as offer training in real-life skills to open up future employment opportunities. Karen Alexander, head of STEM education at Dumfries House, said: 'It was a pleasure to host schools from all over the south-west of Scotland and to welcome our valued industry partners to the YESC event. We are really encouraged by the way school staff and pupils are embracing science, technology, engineering and maths and hope everyone left the event inspired to go further in these subject areas and to return to Dumfries House for similar future activities and school residential trips.'



The weight bearing capabilities of a crane are judged as pupils look on nervously.



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**Editorial****There when you need them**

If you are in need of emergency assistance on Arran, it is most likely that the first person who responds to your call will be a volunteer. The emergency services on Arran – from the Coastguard to the Mountain Rescue Team, fire services and first responders – are all enhanced by the highly skilled services of volunteers. Performing an invaluable function, the dedicated volunteers on Arran can often mean the difference between life and death.

In Durness, where seven members of the Coastguard left the service, the station shut and the community was left without coverage in their area.

The nearest help was more than 18 miles away, a significant distance to cover when time can be critically important. The team is now back to normal operations but it does serve as a stark reminder of the consequences of lack of staffing.

Here on Arran, where community spirit and social responsibility still strike a note with many, the volunteer services are hoping that people will consider joining their ranks to keep the service alive and local.

To paraphrase a motto of volunteers across the world: 'Volunteers do not necessarily have the time; they just have the heart.'

**Thought for the week**

'Be kind and compassionate to one another, forgiving each other, just as in Christ, God forgave you.' (Ephesians 4:32)

**Political atmosphere**

Sir,

I refer to Dr Malcolm Kerr's letter published May 13.

While it is undoubtedly true that political posters can be viewed throughout the UK, this is almost exclusively during election campaigns and indeed is banned altogether in certain locations, including my native Glasgow where the constant failure of certain parties to remove posters at the end of the statutory requirement of seven days after the election led to them being banned altogether.

What I suspect Councillor Timothy Billings was referring to was the constant SNP propaganda on display on the island for the past three years, including the horrendous huge lettering on display on the roof of a cottage in Lochranza. Is this legal? Was a planning application submitted?

One recent incident highlighted in the national press was the matter of the Union flag on display in Largs, described by local SNP MP Patricia Gibson as an 'eyesore'. One wonders if she is aware of the large lettering on the roof in Lochranza? Of course the views of Patricia Gibson should be no surprise to me, given that I was at Stirling University in the early-1980s with her husband Kenneth who would loudly inform anyone who would listen that his lifetime ambition was to see Scotland ruled by a 'National Socialist' government.

Scottish tourism – including visitor numbers to Arran – suffered massively in the wake of the 2014 referendum, as was confirmed by Peebles Hydro. I personally know of two English

families who cut short holidays in Scotland in 2014 because of the hatred and hostility they were experiencing. This is again highlighted by the speeches of the First Minister who uses the word 'Tory' at every opportunity, spitting it out in a hateful way.

Tourism has been increasing again in the past year – but the SNP obsession with another referendum would surely decimate that growth.

As regular visitors to Arran for many decades, we made the conscious decision two years ago to go elsewhere due to the aggressive political atmosphere on the island. Democracy is fine, but when it is accompanied by hatred, hostility and abuse of anyone who disagrees with your viewpoint, as has been demonstrated recently on social media, then it is surely time to speak out.

Yours,  
**Bobby Whitacre,  
Glasgow.**

**Council responsibility**

Sir,

Having recently spent a week on Arran, I am saddened to see the closure of toilets that has taken place. I can understand why businesses on Arran have decided to open their doors to visitors but I cannot understand why they should shoulder the costs of having to do this. Surely this is what we pay our taxes for. Perhaps a subsidy is in order to help those businesses who are taking on the council's responsibility.

While our council tax has gone up it would appear that we are paying more to receive less. Next it will be reduced bin collections or charges for parking. Let us hope that the decision can

be reversed and the council made to be responsible for its shortsighted actions.

Yours,  
**Laura Thompson,  
Kirkintilloch.**

**Petition opinions**

Sir,

As you may know, I started the petition to save Arran's toilets. I'd like to thank everyone for their support. So far, 2,395 people have signed online and, more recently, many have sent me paper signatures.

I have been invited to the first meeting of the new NAC administration's audit and scrutiny committee on Tuesday May 30. At this meeting I can present evidence of what has been done so far and how the closure has impacted on the island.

I am keen to hear from any member of the public with any ideas where funds would be found for the provision of toilets on the island, perhaps somewhere that NAC wastes money.

Also I am interested to hear people's experiences since the closure of the toilets; the impact on them personally and locally. Perhaps your business (a B&B or a cafe or restaurant) has felt the effect of the closure or impact on your local environment? If so, what has the impact been? Has it cost you more or have they benefited from it?

Can you help me? I'd love to hear from you. Please email hilarybruce@hotmail.com or call me on 07880 502508.

Also thanks to everyone who has signed and provided me with assistance in my quest so far.

You can sign my petition at [www.change.org/p/north-ayrshire-council-stop-the-closure-of-isle-of](http://www.change.org/p/north-ayrshire-council-stop-the-closure-of-isle-of)

arran-public-toilets or contact me for paper copies.

Yours,  
**Hilary Paton,  
Glasgow.**

**Diabetic support**

Sir,

When Theresa May answered questions about her type 1 diabetes in an interview this week, it will have come as a surprise to many that her condition requires her to inject herself with insulin five times a day. What she didn't say was that to self-administer insulin she also has to check her blood glucose levels and calculate the exact amount of insulin her body needs.

Mrs May says that she doesn't let her condition stop her doing the things she does – nor should it. However, imagine if you were four and had to deal with a multitude of finger prick tests and injections – or if you were the small child's parent. It can also be a tough thing for a teenager at school. A child diagnosed with type 1 diabetes at the age of five will have 19,000 injections and 50,000 finger prick blood tests by the time they reach 18.

Just as Mrs May was talking about her type 1 diabetes, the case of 13-year-old Aaliyah Edwards was being shared across social media. Aaliyah's school reportedly barred her from a school trip because her teachers did not know how to deal with her condition.

Aaliyah's experience proves that there needs to be greater awareness so that everyone with type 1 diabetes can enjoy all that life offers.

Better still, let's find a cure by supporting research.

Yours,  
**Claire Henderson,  
JDRF, the type 1 diabetes charity.**

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However, we realise that mistakes happen from time to time. If you think we have made a significant mistake and you wish to discuss this with us, please let us know as soon as possible by any of the three methods: emailing editor@arranbanner.co.uk; telephoning the chief reporter on 01770 302142 or write to the Group Editor at Wyvex Media, Crannog Lane, Lochavullin estate, Oban, PA34 4HB. We will try to resolve your issue in a timely, reasonable and amicable manner. However, if you are unsatisfied with our response, you can contact IPSO, which will investigate the matter.

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Members of AMRT, HM Coastguard and the RNLI attend to the casualty.

# Airlifted to safety in joint rescue

Arran Mountain Rescue team (AMRT) was called out at 14.30pm on Sunday May 21 to help Arran Coastguard Rescue Team and Arran RNLI with a female walker who had injured her ankle on the

Coastal Way near Bennan Head.

Because of difficult ground where the casualty was located, the team made its way down from the cliff top above and along with the Arran RNLI crew

moved the casualty into the team stretcher ready for transfer to Crosshouse Hospital in Kilmarnock by helicopter.

AMRT wish the casualty a speedy recovery and thank everyone involved.

## Red squirrels supported by Arran ale

Arran Brewery is donating three wildlife cameras to red squirrel charities over the coming weeks and is offering financial support for care and maintenance programmes that will help re-introduce red squirrels to their natural habitats throughout the UK.

Managing director Gerald Michaluk said: 'We have been donating a very small amount from each bottle of Arran Red Squirrel to red squirrel charities for a number of years, mainly because on Arran we have only red squirrels and we would like to see them back in their historic habitats throughout the UK. Red squirrels thrive on the island, their only predator being the motor car. This regular trickle of funds is ideal for maintaining initiatives such as supplying food for feeders, repairing rope and building bridges across roads.'

'We see the funds raised

as a maintenance type of budget to ensure well funded capital initiatives can be maintained for more than just the initial period of capital funding.'

Arran Red Squirrel is available in independent



The sale of Arran Brewery's Red Squirrel has helped to fund squirrel charities across the UK.



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<b>Crosshouse Hospital</b>	<b>£20</b>



## Older People Self Directed Support Event.

Join us for an information day.

Enjoy a variety of guest speakers, fun activities, tea, coffee and cakes.

The event takes place on:

Wednesday 31st of May 2017 at 10.30am - 13.30pm.  
Ardrossan Indoor Bowling Club  
150 Glasgow St, Ardrossan KA22 8EU

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If you would like to reserve a place contact  
Sharon McLeod on 01294 475696 / sharon@ailn.org  
We look forward to seeing you there!

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# The great

The Isle of Arran is one of the best places in Scotland to experience outdoor activities.

With its rugged mountains, sheltered coastline, lush forests and green fields, the island is a wonderful natural adventure playground.

Here there is an opportunity to try something new and exciting – sea kayaking, sailing, abseiling and gorge walking to name just a few.

People come to Arran for all sorts of reasons, but did you know that walking is by far the most popular activity of all?

And whether it's serious hillwalking, taking a stroll with the kids or just getting some fresh air Arran has something for everyone.

Arran is the seventh largest island in Scotland and for an area covering 268 square miles it is packed with things to see and do while still being able to offer large swathes of unspoilt natural beauty catering for visitors of all types.

With a local population of around 4,500 you can

also be guaranteed of being able to get away from the crowds, if that is what you want, and enjoy Arran's natural beauty in near solitude.

One of the largest draws for the thousands of visitors that arrive each year is undoubtedly the unspoilt natural beauty and picture postcard views around every corner. For the outdoor enthusiasts, the natural beauty of the mountain ranges in the north of the island could provide all of the scenic walking and exploring that the modern day adventurer could attempt, enough for numerous visits. From Goatfell, Arran's highest peak at 2,866ft, you can see the ridges of most of the mountains and glens that can be traversed, most of them accessible with very well maintained pathways and signposted trails. Whether you are looking for a overnight walk, an epic adventure or something less challenging and relaxing, you are guaranteed to find something on Arran suitable to your energy level and enthusiasm while enjoying the great outdoors.



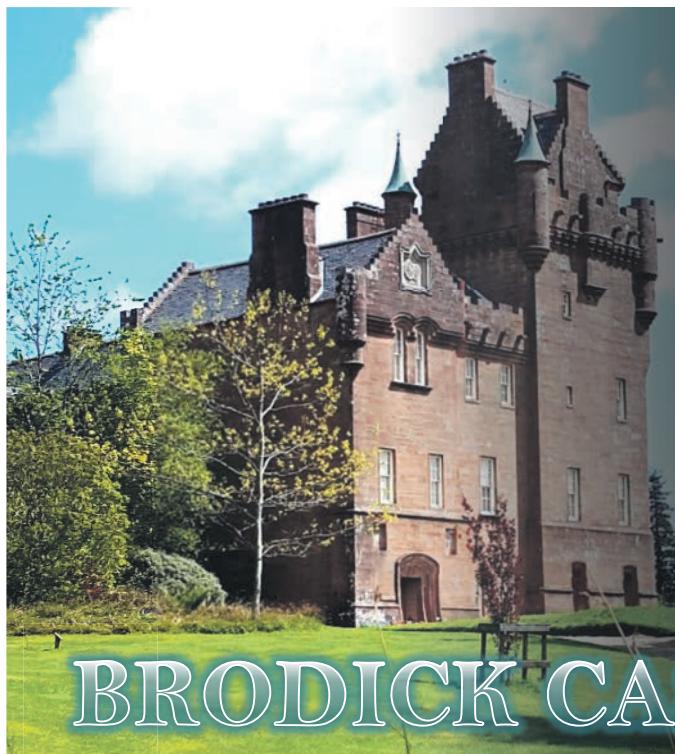
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**Brodick Castle from the Outside - Sat 27<sup>th</sup>, Sun 28<sup>th</sup> – 12, 1 & 3pm**

**Thurs 1<sup>st</sup> & Fri 2<sup>nd</sup> May - 11am, 12, 1, 2 & 3pm**

A guided historical tour of the exterior of the Castle – stout footwear advised. Please book at Reception on arrival **Adults Free with Garden Entry**

**Bushcraft for 8 – 12 year olds - Tues 30<sup>th</sup> May, 2 – 4.30pm**

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**Garden Guided Walk Tues 30<sup>th</sup> May 12 – 2pm**

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# The common Eider duck

With their superb plumage and distinctive, endearing calls, eiders are a much-loved sight around the coast of Arran.

In the breeding season, the male is easily identified by his pristine black and white plumage, beautifully complemented by a subtle green nape and a soft pinkish flush on his white chest feathers. By contrast, the female is brown with an intricately barred pattern, ideal colours for sitting camouflaged on a nest on the ground.

The common eider, *somateria mollissima*, is Britain's heaviest duck, weighing between 1.5 and 2.5kgs and with a body length of up to 71 cms. It's also the largest duck in the northern hemisphere.

Surprisingly, it's also the UK's fastest duck in flight, with speeds of up to 60 mph. The scientific name of

the duck is derived from ancient Greek *somatos* 'body' and *erion* 'wool', and Latin *mollissimus* 'very soft', all referring to its down feathers.

The female eider lines her nest with down feathers plucked from her breast. In Iceland, where the feathers are harvested, the contents of 85 nests will fill one duvet. Eiderdown harvesting continues and is sustainable, as it can be done after the ducklings leave the nest with no harm to the birds.

In AD 676, the colony of eiders on the Farne Islands was protected by St Cuthbert who introduced one of the first bird protection laws. The birds still bear his name. Around the Northumberland coast, where they still breed in their thousands, they're known as 'cuddy ducks'.

Eiders feed on crustaceans and molluscs. Mus-



**Eiders with their distinctive plumage are a common sight on Arran.** Photograph: Brian Couper.

sels are their favourite food, which is why they're often seen around mussel farms. They swallow the shellfish whole, and the shells are crushed in their stomach.

Eiders are colonial breeders. They nest on coastal islands in colonies ranging in

size of less than 100 to upwards of 10,000 to 15,000 individuals.

Female eiders frequently exhibit a high degree of natal philopatry, where they return to breed on the same island where they hatched. This can lead to a high degree of relatedness be-

## Bird notes

by Jim Cassels

MAY

tween individuals nesting on the same island, as well as the development of kin-based female social structures.

This relatedness has likely played a role in the

evolution of co-operative breeding behaviours amongst eiders.

Examples of these behaviours include laying eggs in the nests of related individuals and crèching, where female eiders team up and share the work of rearing ducklings. Male Eiders, on the other hand, while they are energetic in their display when courting, take little or no part in rearing the young.

Eiders are familiar birds around the Arran coast but their numbers are declining, not only around Arran but in the entire Firth of Clyde. Chris Waltho, a past president of the Scottish Ornithologists Club, has organised September surveys in the Clyde for about 20 years. Data compiled by Chris shows that the post breeding population of eiders in the Firth of Clyde is in decline.


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# Arran Singers concerts

Following a successful visit to Whiting Bay Church during Holy Week, when the choir performed a number of items of appropriate music for one of the services, the Arran Singers are performing in two villages over the coming weeks.

This year's summer concert will be performed in Brodick Hall today, Saturday May 27, and the programme will be repeated a fortnight later in Lochranza Hall on Saturday June 10.

Both concerts start at 7.30pm.

The programme will be a varied one.

Several pieces from Fauré's Requiem, as well as music by Mozart, Mendelssohn and Brahms provide some serious, but tuneful, fare.

On the lighter side, composers include Cole Porter, Stephen Sondheim and Flanders and Swann, and a

couple of American 'standards'.

Two wonderful arrangements of songs from Ireland and Scotland bring us nearer home.

Perhaps of particular interest will be a first performance of Isle of Arran, written by Anita and Norman Duffy, and arranged for the choir by Diana Hamilton and Diana's own setting of Neil Sillars' poem, Arran, Tir Nan Og.

Also being premiered will be two pieces written specifically for the Arran Singers by Julie Cane, a finalist in the 2015 BBC Radio 3 Carol Competition.

A number of soloists from the choir will be featuring in the programme, as well as guest flautists Lucy Walsh and Alison Provan.

Tickets can be obtained from choir members and from The Book and Card Centre, Brodick.



Members of the Arran Singers perform at their annual Christmas Concert at Whiting Bay last Year.

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# Volunteer Arran Event

Come along and find out how you can get involved

## Volunteer Awards 2017

### Environment and Heritage Protector

This award is to show our appreciation to those who work hard to protect the past, present and future of Arran

### Community Champion

This award is to recognize those volunteers who give their time to improve the local community by championing community causes or volunteering for community projects and groups.

### Health and Wellbeing Hero

An award to recognize the people who help make Arran a safer, healthier and happier place and those who make life better for individuals.

### Long Service Volunteer

A chance to say thank you to the people who have stayed through it all and devoted over 10 years of volunteering to an organisation.

### Young Volunteer of the Year

This award is to recognize young volunteers who are bringing enthusiasm to volunteering. Inspiring their classmates and the community with their volunteering efforts.

### Volunteer of the Year

This award is to recognize those volunteers who have made a big difference this year

### Volunteer Organisation of the Year

An award to say a big thank you to the organisations who have made a big impact in the last year and continue to do so



To celebrate Volunteers Week Arran CVS are having a Volunteer Arran event. This event is open to all ages and everyone is welcome. Volunteer organisations from around the island have been invited to have stalls at the event and there will be a wide range of organisations to talk to on the day! There will also be awards presented to volunteers nominated by the community.

The event is being held in Brodick Hall  
On the 5th of June 2017  
From 2.30pm until 4.30pm

This is a fantastic opportunity to find out what is going on here on Arran and get involved.  
It's not too late...

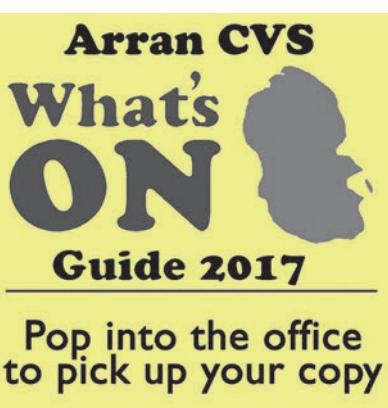
If you would like to book a stall or nominate a volunteer get in touch on 01770 600611 or email Sophie.clark@arrancvs.org.uk



## Why Volunteer?

People often ask 'why volunteer?' the real question should be why aren't you? Volunteering can make a huge difference in people's lives, both the volunteer and the people they help! By volunteering you can:

- give back
- enhance your cv
- get to know the community
- make a difference
- use skills to help others
- Don't just take it from us .... Here's what a few volunteers have to say about it!
- improve or learn skills
- a chance to socialize
- enjoy yourself



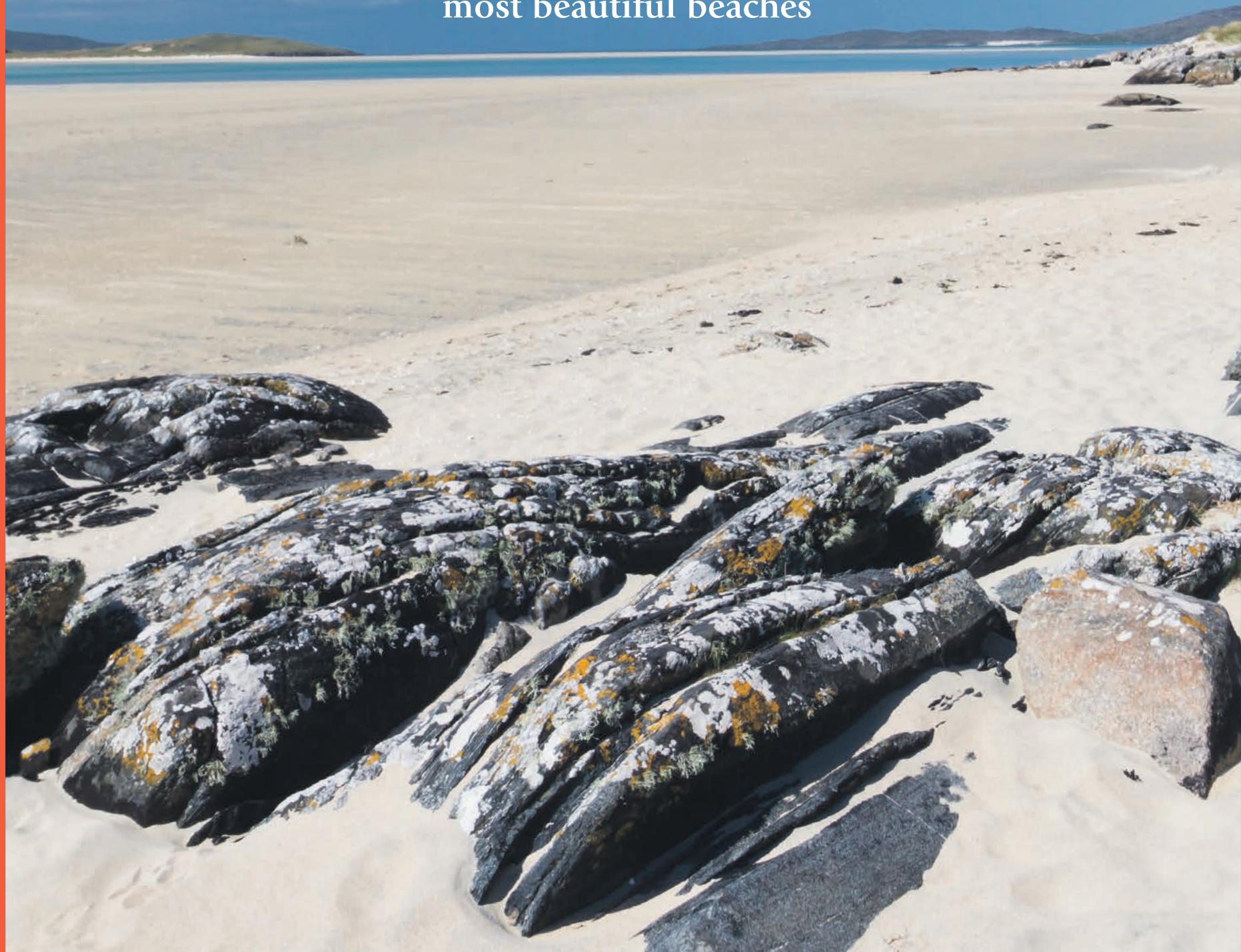
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# Life's a Beach

REGCU 2017



Your guide to some of the West Coast, Highlands and Islands' most beautiful beaches



Beach safety



How to get there



Nearby eateries and attractions

# Life's a Beach

*The perfect  
staycation.*



**Scotland boasts some of the most spectacular beaches in the world. White sands, turquoise waters, peaceful bays and tumbling waves. Who needs the Caribbean when you have all of this on your doorstep? The West Coast, Highlands and Islands of Scotland, from Skye in the north to Kintyre in the south and all of the beautiful Hebridean islands in between are perfect holiday destinations for families, couples and single explorers alike.**

We have put together a collection of 20 of the best beaches for you to discover. Many of the images have been taken by the highly acclaimed, late, great Dennis Hardley – a true professional and gentleman. It is an honour to showcase his work with the kind permission of Tony Hardley.

We would like to thank Ron at [www.islayinfo.com](http://www.islayinfo.com), Simon at [www.simonbutterworthphotography.com](http://www.simonbutterworthphotography.com) for also allowing us to use some of their fine work.

We hope you enjoy our 'Life's a Beach' feature and that it gives you some great ideas for the best Staycation holiday you can imagine. Why not take inspiration from VisitScotland's suggestions for some great things to do on Scottish beaches?

## 1: Arrive in style at Barra...

If there's one beach where you can really make an entrance, it's Traigh Mhòr on Barra. This beautiful island in the Outer Hebrides uses the beach as the landing strip for its airport. It is regularly voted one of the world's top airport approaches.

## 2: Have a Picnic

Create a basket full of local produce and tuck into locally-caught fish and chips or seafood from nearby takeaways or restaurants.

## 3: Try a New Sport

If basking in the sun for hours on end sounds more like boredom than bliss, get active instead! The beach is a great place to try a new sport, whether it's wakeboarding or beach volleyball – it's the perfect chance to get sporty in the sun!

## 4: Fish Around The Rock Pools

They might look peaceful from afar, but rock pools are in fact buzzing with life and activity. Keep your eyes peeled and you could spot whelks, limpets, crabs, starfish, jellyfish or even shrimp and lobsters.

## 5: Look Out For Seabirds

From gannets to guillemots, you're sure to see some of Scotland's colourful birdlife on a trip to the beach. Puffins, kittiwakes and sea eagles are just some of the feathered wildlife you can hope to see.

## 6: Build a Scottish Sandcastle

Give your sand sculpture a Scottish twist by basing it on one of your favourite real-life castles – maybe Eilean Donan on the Kyle of Lochalsh or Castle Stalker in Appin? Turn yourself into a beach architect!

## 7: From Silver Sands to Silver Screen

Quite a few of Scotland's beaches have enjoyed a turn on the silver screen. Recreate scenes from Local Hero on Camusdarach Beach in the Highlands or Entrapment, filmed at Duart Castle on Mull.

## 8: Meet Highland Cows

Believe it or not, it's not that uncommon to see Highland cows lazing on the beach. They are often seen soaking up the sun at Laggan Bay on Islay.

## 9: Go Hunting For Fossils

A stroll along the beach can sometimes lead you over millions of years of history. Fossils are found on many beaches around Scotland, so keep your eyes peeled. ukfossils.co.uk has detailed information on which areas offer the best chances of finding trilobites, graptolites and many more.

## 10: Take a Sunset Walk

Whether you've been relaxing with a book, exploring rock pools or windsurfing over the waves, end your day with a sunset walk and soak up the incredible colours.

Have fun, and don't forget the sun cream!

For more information on Scotland's best beaches and holiday destinations visit [www.visitscotland.com](http://www.visitscotland.com)

### Beach Safety Tips:

Most of the beaches we feature are great for paddling, swimming, beachcombing and rock pooling. Keep informed of tidal times at [www.tidetimes.org.uk](http://www.tidetimes.org.uk) and ask locals about the inside track on swimming safety. It is so important to conserve and protect our beautiful beaches and wildlife so please leave the beach as beautiful as you found it and remember to take your litter and belongings with you.

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[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.scotrail.co.uk](http://www.scotrail.co.uk)  
[www.skyeferry.co.uk](http://www.skyeferry.co.uk)

Photo: shutterstock.com

### Where? Talisker, Isle of Skye

The Isle of Skye is some 50 miles long and the largest island of the Inner Hebrides. Talisker Beach is located on the west coast of the island, close to the village of Carbost (approx 4 miles) which is also home to the famous Talisker whisky distillery. There is a car park close by at the end of a small public road, affording easy access to this beautiful mottled grey sandy beach. This is a great spot for some relaxing family time; the perfect place to make sandcastles, paddle, swim and explore. The bay is hemmed in by vertical cliffs, an impressive waterfall and a great sea stack.



**GETTING HERE:** Car: To the island's capital Portree is 216 miles from Glasgow, 123 from Fort William and 167 from Oban. Quickest way is over the Skye Bridge. Train: Nearest station is Mallaig. Ferry: from Mallaig or Glenelg

## Harris: Luskentyre Beach


**Close By:**

The main ferry port of Tarbert (10 miles north of Luskentyre) has shops, cafes, restaurants, Harris Tweed shops, distillery, post office and a bank.


**Don't miss:**

More beaches, Harris Tweed fashion and crafts, island boat tours from Tarbert, The Summer HebCelt Festival on Stornoway (further north on Lewis, just an hour on the bus from Tarbert)


**Useful websites:**

[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.hial.co.uk](http://www.hial.co.uk)  
[www.visitouterhebrides.co.uk](http://www.visitouterhebrides.co.uk)

### Where? Isle of Harris

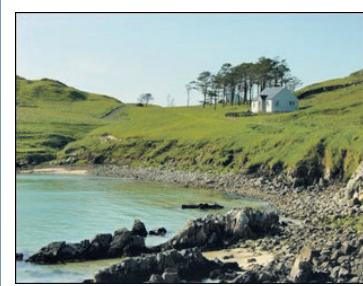
The Isle of Harris and Isle of Lewis are linked as one island and are otherwise known as the Western Isles – the largest of the Outer Hebrides. Harris is famous for its spectacular beaches, and there is none more perfect, perhaps anywhere in the world, than Luskentyre Beach on the south west coastline. At high tide it is submerged under crystal clear waters, looking across to Taransay – made famous as the setting for BBC's Castaway – and the mountains of north Harris. Accessible from a small single track road that arches across the north side of the bay, Luskentyre is fairly easy to reach. There aren't any facilities (other than a toilet block nearby-ish), but who cares? You've arrived at arguably the best beach in Britain.


**Shore Cottage**

Scottish Tourist Board 4 Stars  
Accommodation for 5 in 3 bedrooms


**Atlantic Cottage**

Scottish Tourist Board 5 Stars  
Accommodation for 4 in 2 bedrooms



**New for 2017: Attic Suite Bed and Breakfast accommodation**  
Isobel MacKay 5 Luskentyre, Isle of Harris, HS3 3HL, Scotland  
Tel: 01859 550 219 Email: [atlanticshore@hebrides.net](mailto:atlanticshore@hebrides.net) [www.scotland-info.co.uk/shore/](http://www.scotland-info.co.uk/shore/)

**WEST HARRIS TRUST**

West Harris Campervan Hook Ups  
call 01859 550457  
[www.westharristrust.org](http://www.westharristrust.org)

**GETTING HERE:** The easiest crossing is from Uig (Skye) to Tarbert (Harris) with CalMac. Explorers will love the CalMac Hopscotch 8 ticket which starts at Oban and finishes in Ullapool (4 separate journeys tailored as you wish). Flybe operates a number of flights to Stornoway from Glasgow, Inverness, Oban, Campbeltown, Barra and Tiree.

## Barra: Traigh Mhor Beach


**Close By:**

There is a café in the airport terminal, toilets and many more restaurants and shops within 5 miles of the beach. The Heathbank Hotel just 2 miles from the beach offers lovely food and accommodation.


**Don't miss:**

Barra Heritage & Cultural Centre, Balnabodach deserted village, Kisimul Castle


**Useful websites:**

[www.isleofbarra.com](http://www.isleofbarra.com)  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.hial.co.uk](http://www.hial.co.uk)



**Getting here:** Calmac operates a ferry from Oban to Castlebay 5 times a week. It takes around 5 hours so treat it as a mini cruise and enjoy the journey! Flybe operates a scheduled flight from Mon-Sat, landing straight on the beach during low tide.

# Heathbank

HOTEL, RESTAURANT & BAR

northbay - isle of barra



Northbay | Isle of Barra | HS9 5YQ [www.barrahotel.co.uk](http://www.barrahotel.co.uk)  
 Tel: +44 (0)1871 890266 Email: [info@barrahotel.co.uk](mailto:info@barrahotel.co.uk)

Open all year round  
 Freshly prepared food served all day from March - Sept 1pm till 8pm



With locally sourced produce fresh from the boats and home baking available, why not stop in and sample our hebridean hospitality.



## North Uist: West Beach, Berneray


**Close By:**

A shop, tea room, post office, church, community hall and visitor information centre at The Nurse's Cottage. There are no pubs and only one restaurant, so if you fancy eating out, you can hop across the causeway to Lochmaddy on North Uist.


**Don't miss:**

The East Beach too, Lobster Pot Tearoom and the opportunity to get stuck into working on a local farm – ask around for how to get involved.


**Useful websites:**

[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.hial.co.uk](http://www.hial.co.uk)  
[www.isleofberneray.com](http://www.isleofberneray.com)



Photo: [www.simonbutterworthphotography.com](http://www.simonbutterworthphotography.com)

**Getting here:** CalMac ferries go to Lochmaddy on North Uist (then travel by car across the causeway) or into Berneray from Leverburgh on Harris. Regular scheduled flights from Glasgow, Stornoway and Benbecula. A great bus service on the island connects with flights and ferry arrivals.

**BEER GARDEN • REAL ALES • FOOD**

Lunch, Tues - Sat  
 12pm - 2pm,  
 Sun 1pm - 3pm  
 Evening, Tues - Sun  
 6pm - 9pm  
 Booking essential for evening meals

**THE NATIONAL PUB & BAR AWARDS 2017**  
**COUNTY WINNER**

Claddach Kirkibost,  
 North Uist  
 T: 01876 580653

**Seal View B&B**  
 Berneray, Isle of North Uist

Next to famous Berneray seal colony. Superb views. Near beautiful beaches and ferry to Harris, shop and cafe. Very comfortable accommodation, all ensuite. Satellite TV, free wifi. Children welcome. Pets welcome. From £40 per night.

Tel: 01876 540209 [www.sealview.com](http://www.sealview.com) [andrew@sealview.com](mailto:andrew@sealview.com)

## Where? Isle of Barra

The island of Barra is the most southerly of the inhabited Outer Hebridean islands and boasts the only beach runway in the world to handle scheduled airline services.

Traigh Mhor beach has been home to Barra airport for 80 years and has been voted as the world's most spectacular landing strip. The beach stretches between the villages of Ardhmhor and Eoligarry on the northern tip of the island. In between high tides and aircraft landings, the beach is open to the public. It is very popular with cockle collectors, photographers, walkers and those that want to just gather to watch the out-flight entertainment! An absolutely stunning beach.



**Bùth Bharraigh Ltd**  
 Local community produce shop  
 Castlebay, Isle of Barra

Open Mon - Sat: 10am - 6pm, Sun: 12noon - 4pm

Local Crafts : Local Foods : Local Artists & Photographers

Wholefoods : Free WiFi : Teas & Coffees : Laundrette

Wool & Craft Supplies: Books

Home of Barra Bunting

T: 01871 817 948

E: [info@buthbharraigh.co.uk](mailto:info@buthbharraigh.co.uk)



A social enterprise helping boost the local economy & provide opportunities

## Where? North Uist

The small and beautiful Island of Berneray is situated between Harris and North Uist, linked to the latter by a 900m causeway. It is just 2 miles by 3 miles and inhabited by around 130 people who support themselves and the island's rich heritage mainly through crofting, fishing and tourism. Stunning beaches adorn the coastline and the uncrowded West Beach, which can be reached via the village of Borrve, stretches for 3 spectacular miles. Nature lovers will be on the look-out for seals, otters, snipe, corn crakes, barnacle, greylag and brent geese. The shoreline is home to numerous splendid wading birds including snaderlings, turnstones, red shanks, oyster catchers and curlews. A glance to a clear sky at night will often reward you with stars, meteors, comets and the breath taking northern lights.

**the SMIDDY at BURNSIDE CROFT**

...a luxury retreat on the beautiful island of Berneray in the Outer Hebrides...

**SCOTTISH TRADITIONAL HOTEL**  
**★★★★★**

[www.burnsidecroft.com](http://www.burnsidecroft.com)

## Ardnamurchan Peninsula: Sanna Bay



**Close By:**  
The village of Portuairk is the western most settlement on the British mainland. Kilchoan has a shop and the ferry terminal to Tobermory on the Isle of Mull.



**Don't miss:**  
Don't miss on the Ardnamurchan Peninsula: The Ardnamurchan Lighthouse is nearby and has a lovely tea room.



**Useful websites:**  
[www.sannabay.co.uk/](http://www.sannabay.co.uk/)  
[www.wildlochaber.com/ardnamurchan/wildlife/sanna-bay](http://www.wildlochaber.com/ardnamurchan/wildlife/sanna-bay)  
[www.calmac.co.uk](http://www.calmac.co.uk)



**GETTING HERE:** Take the Corran Ferry from Inchree near Onich.  
Take the signed right turn not far from Kilchoan.



ARDNAMURCHAN ESTATES



## Camusdarach Beach, near Morar



**Close By:**  
The charming port of Mallaig is a thriving port on the famous Road to the Isles, but is less crowded than other coastal towns. Find a range of shops and services here, and enjoy some of Britain's freshest fish and chips in one of its renowned chippies. Arisaig also offers warm hospitality and is home to the Land, Sea and Islands Centre, with fascinating displays about the area's natural and cultural history.



**Don't miss:**  
Wildlife Cruise from Western Isles Cruises: Operating daily from Mallaig throughout July to September, this trip is designed to fit in with the Jacobite Steam Train. Leaving Mallaig you will travel out to Green Island on the Knoydart Peninsula where you will see seals relaxing on the rocks. Mallaig Pier, PH41 4QD. [www.westernislescruises.co.uk](http://www.westernislescruises.co.uk)



**Useful websites:**  
[www.uncoveredscotland.co.uk/morar/silversands/](http://www.uncoveredscotland.co.uk/morar/silversands/)  
[www.road-to-the-isles.org.uk/morar.php](http://www.road-to-the-isles.org.uk/morar.php)



## Where? Village of Morar

Beautiful Camusdarach Beach is an arc of white glistening sand and sparkly waters that sits just south of the estuary of the River Morar, thought to be the shortest river in Britain. The views from Camusdarach look out to the hills of Cuillin on the Isle of Skye and across the rugged blue peaks of Rum and steep cliffs of Eigg. It is arguably one of the most scenic parts of the Scottish Highlands, between Arisaig and Mallaig on the Road to the Isles. There are plenty of opportunities for swimming (take care), rock pooling, walking and sunbathing. Camusdarach is the beach featured in the film Local Hero and is a popular place on tours of film locations.

**GETTING HERE:** From Fort William, take the road to Mallaig and you will find Camusdarach Beach between Mallaig and Arisaig. Camusdarach car park is just off the B8008. Cross the wooden bridge and through the wooden gate and the path is signposted. Use postcode PH39 4NT for guidance, although this will take you to the nearby campsite.

## Enjoy the taste of SCOTLAND'S FINEST



Discover the secrets of whisky distilling and enjoy the unique sensation of Nevis Dew.

Our visitor centre incorporates a permanent exhibition, a video programme featuring Hector McDram, a snack bar and shop.

Visit our online shop at: [www.bennevisdistillery.com](http://www.bennevisdistillery.com)

## Ben Nevis Distillery

OPEN ALL YEAR

Monday - Friday 9am-5pm  
Easter to September: Saturday 10am-4pm  
July to August: Monday - Friday 9am-6pm  
Saturday 10am-4pm Sunday 12pm-4pm  
October to Easter: Saturday, Sunday and evenings by arrangement  
**Ben Nevis Distillery (Fort William Ltd)**  
Lochy Bridge, Fort William, PH33 6TJ  
Tel: 01397 702476 Fax: 01397 702768

## Where? Ardnamurchan Peninsula

If you are looking to truly get away from it all, then Sanna Bay on the tip of the Ardnamurchan Peninsula offers one of the most remote and spectacular beach experiences in Scotland. Located six miles from Kilchoan, it's quite a trek to reach Sanna, including a ferry crossing and 30 miles along a single track road, across a stunning extinct volcanic landscape now clothed in purple heather. But that's part of its beauty- you'll miss the crowds and nothing stands between you and Sanna's vivid turquoise seascapes. There is a gravel car park and telephone box there, but no other signs of civilisation. Instead, enjoy the dunes and rock formations, look for swooping sea eagles and playful otters, and do some frolicking yourself in the tranquil rock pools that dot the bay. Climb the rocks for stunning views over Isle of Skye, Muck, Eigg, Rhum and Canna- that alone is worth the drive!

### Tir Nan Óg, Sanna Bay Ardnamurchan



- Three bedrooms sleep six
- Coal fire and with gas central heating
- Dogs welcome

Tir nan Óg is a 19th Century stone cottage in the crofting community of Sanna.

2 minutes over the dunes lies the beach with beautiful white sand and clear turquoise water. Superb views of the Small Isles.

Contact [bookings@sannabaycottage.co.uk](mailto:bookings@sannabaycottage.co.uk) for enquiries  
[www.sannabaycottage.co.uk](http://www.sannabaycottage.co.uk)



## Visit the Road to the Isles

Experience the Western Highland's 'Road to the Isles' running between Fort William and Mallaig. Stunning wild mountain scenery, sea views, sandy beaches and spectacular sunsets behind western islands.

Fantastic food, superb scenery and Highland hospitality at its best.

Find out where to stay, what to do and what's on at [www.roadtotheisles.org.uk](http://www.roadtotheisles.org.uk)



## Isle of Tiree: Balinoe Beach


**Close By:**

There is a post office at Balinoe, and the Farmhouse Café in Balemartine is within walking distance.


**Don't miss:**

This beautiful island provides lots of inspiration for artists, so be sure to visit Dorinda Johnson's studio gallery in Scarinish, Patricia Sharp's studio gallery at Caolas and Tiree Glass right there in Balinoe.


**Useful websites:**

[www.isleoftiree.com](http://www.isleoftiree.com)  
[www.southernhebrides.com](http://www.southernhebrides.com)  
[www.calmac.co.uk](http://www.calmac.co.uk)



### Where? Isle of Tiree

The Hebridean Island of Tiree is famous for its fabulous beaches and tropical-like climate in the summer, and Balinoe Beach is one of the best places to experience it all. After all, Tiree is known as the 'Sunshine Isle,' with the warm Gulf Stream and some of the British Isles' most glorious sunshine. The waters are so renowned that surfers from around the world make the pilgrimage to 'hang 10 and compete in the annual Tiree Wave Classic. Balinoe Beach boasts sand so white you'll need sunglasses, fringed by machair dunes on one side and sapphire waters on the other- a postcard perfect spot if ever there was one! Whether camping or enjoying the hospitality of one of the area's fine lodgings, Balinoe Beach should be on everyone's summer bucket list.

## Local peeled caught hebridean shellfish

Langoustine  
Scallops  
Oysters  
Mussels  
Fish  
Tea, coffee, soup  
Lobster rolls  
Crab sandwiches  
Steak baguettes  
Ice creams



We also supply local  
Tiree beef, lamb & pork

## TIREE LOBSTER & CRAB

Frazer J MacInnes Shellfish



Open daily  
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Seasonal opening times vary please check our  
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taken out with opening times

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you to Tiree

Scarinish carpark

[Tireelobsterandcrab@hotmail.com](mailto:Tireelobsterandcrab@hotmail.com)

07765422831



## Islay: The Big Strand

7miles  
of sandy  
beach


**Close By:**

Laggan Bay, Islay  
Airport, Machrie Golf  
Course, the town of  
Bowmore  
(Islay's capital).


**Don't miss:**

The Round Church at  
Bowmore, Bowmore  
Whisky Distillery,  
swimming pool and  
plethora of shops, cafes  
and hotels.


**Useful websites:**

[www.hial.co.uk](http://www.hial.co.uk)  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.islayinfo.com](http://www.islayinfo.com)

Photo with kind permission  
of [www.islayinfo.com](http://www.islayinfo.com)



### Where? Isle of Islay

The Big Strand is a wonderful stretch of 7 miles of golden sands from Laggan (north) to the Oa Peninsula (south), bypassing the edge of the airport about halfway. There are few interruptions to a perfectly refreshing walk and it's ideal for dog walking, flying a kite, surfing, making sandcastles, watching the sunset and enjoying the stunning views across to the Oa Peninsula and the Rhinns of Islay. For active beach dwellers and their energetic offspring there are some lovely high sand dunes here to explore.

**GETTING HERE:** See 'Port Ellen Beach' for more info about getting to Islay. There are surprisingly few access points to The Big Strand, considering the length of the beach. You can get to the beach via Kintra Farm in the south, a bumpy track to the north of the airport and though Laggan Estate in the north. Whichever route you take you have a lovely wee walk before reaching the beach itself.



**Bridgend Hotel, Isle of Islay, PA44 7PB**  
+44 (0) 1496 810212 [info@bridgend-hotel.com](mailto:info@bridgend-hotel.com)  
[www.bridgend-hotel.com](http://www.bridgend-hotel.com)

Located in the idyllic village of Bridgend, the three star Bridgend Hotel offers the perfect base to explore the island, sample great Island Hospitality or taste seasonal local produce at its best! Each of our eleven ensuite bedrooms is individually decorated to a high standard to ensure your comfort and relaxation.



**Opening Times**

Tea/Coffee From 11.00am  
Dinner from 6.00-9.00pm

Lunch from 12.00-2.00pm  
Bar Menu in Katie's Bar 6.00-9.00pm

## Mull: Calgary Bay Beach



**Close By:**  
Shops, café, gallery, B&B's, self-catering accommodation. Cafe@calgary Arts is now open for the summer. The art gallery is open 10.30-4.45pm for teas, cakes and lunch. The Sculpture Walk is open all year, dawn till dusk.



**Don't miss:**  
Calgary Art in Nature, Staffa boat trips, Mull Theatre, Seafood in Tobermory.



**Useful websites:**  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.holidaymull.co.uk](http://www.holidaymull.co.uk)



## Where? Isle of Mull

Calgary Bay is located north west of Mull, 12 miles from Tobermory and 5 miles from Dervaig. The craggy landscape hugs a soft shell sandy beach and is undoubtedly Mull's finest. There aren't many white sandy beaches on Mull that are outstanding but this one truly is. A wonderful place to relax and take in the views to the neighbouring islands of Coll and Tiree. Calgary is Gaelic for 'The meadow beside the bay'. The beach can be accessed by a lovely 300m sculpture walk which families will love. Nature and wildlife lovers will be watching out for Sea Eagles, Otters, Basking Sharks and much more. Many consider Calgary beach the finest beach in Scotland if not the UK.

### CRAIGNURE STORES SPAR

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RIGHT BY THE FERRY TERMINAL FOR  
GENERAL GROCERIES • LOCAL PRODUCE  
FRESH BREAD AND CAKES  
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## Mull Highland Games

Thursday 20th July 10.30am  
Erray Park, Tobermory

- Solo Piping - Highland Dancing - Heavy and Light Track and Field Events

A great day out for all the family  
Refreshments available on the field.

Contact:  
Florence Kirsope  
Tel: 01688 302001

**Sculpture**

**Tea room**

**Calgary Art in Nature**

A gentle woodland walk to the beach, with breathtaking views of Calgary Bay & the ocean beyond. Discover amongst the trees an abundance of wild flowers, woodland plants, wildlife & sculpture. Calgary Arts Local Artists exhibition, displaying local & original artwork. Carving & Jewellery Studios & Shop. Open 10am-5pm April to October

[www.calgaryartinnature.co.uk](http://www.calgaryartinnature.co.uk)  
email:[info@calgaryartinnature.co.uk](mailto:info@calgaryartinnature.co.uk) tel:01688 400565

**Gallery**

**Woodland Walk**

**GETTING HERE:** Calgary Bay is best reached by car, some 55 mins along the A849. CalMac ferries run frequently each day from Oban to Mull (40 mins to Craignure) as well as crossings from Kilchoan and Lochaline. Once on the island there is a great bus network to get you around if you don't have a car.

## Mull: Kilvickeon Beach, Nr Bunessan



**Close By:**  
A pub, shop with post office, gift shop and the heritage centre.



**Don't miss:**  
Weaving Workshops (Isle of Mull Weavers), Kilvickeon Church & Mariota's Stone



**Useful websites:**  
[www.holidaymull.co.uk](http://www.holidaymull.co.uk)  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.isle-of-mull.net](http://www.isle-of-mull.net)

Photo: shutterstock.com



**GETTING HERE:** CalMac ferries run frequently each day from Oban to Mull (40 mins to Craignure) as well as crossings from Kilchoan and Lochaline. Bunessan is on the road from Craignure to Fionnphort. Just before Bunessan follow the road signposted to Scoor. The rough track leads to a very small car park opposite Kilvickeon Old Parish Church and Cemetery. A right turn here will take you on a 10 minute walk to the beach.

## Where? Isle of Mull

Bunessan is a small village located on the south west corner of Mull. Kilvickeon is a beautiful white sandy beach with lots of pretty coves to explore. Getting there is part of the fun and a lovely walk over farmland gives the chance to explore an old chapel and cemetery along the way. Be careful though, the road is very rough underfoot. Look out for seals and beautiful sea birds and across to Garbh Eilean - a tidal island on this stunning beach. The beach is sheltered in places and is a wonderful place to paddle, swim (be careful of the tides) watch a beautiful sunset and generally chill out. The Ross of Mull Historical Centre is located at Millbrae Cottage beside the ruins of the Old Corn Mill, on the edge of Bunessan Village. Car parking is available by the bridge.

### Bunessan Stores Post Office & Spar Stores

For all your grocery needs, off Licence & Lottery Papers & Magazines, Class 1 fruit and veg When in the Ross give us a call, we value your business, no matter how small.

Tel: 01681 700 395  
SPAR

### FINGAL'S CAVE



A treasure trove of a shop, when in the Ross you must check us out. Fishing Tackle, Pet Supplies, Gifts, Hot Drinks, Souvenirs, Books, Sweeties  
Tel: 01681 700 395



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follow us on facebook

The only community pharmacy on the island  
Tobermory Pharmacy Phone & Fax 01688 302431  
46 Main Street, Tobermory, PA756NT

## Islay: Machir Bay



### Close By:

Many hotels, shops, restaurants, Port Ellen Marina, 3 world-famous distilleries (there are 8 in total on Islay), Kilnaughton Chapel, The American Monument – and lots more!



### Don't miss:

Kilnaughton Chapel, The American Monument and a plethora of things to see and do throughout the island.



### Useful websites:

[www.hial.co.uk](http://www.hial.co.uk)  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.islayinfo.com](http://www.islayinfo.com)



## Where? Islay

The Isle of Islay is the most southerly of the Inner Hebridean Islands and is otherwise known as the Queen of the Hebrides. The Island is both tranquil and buzzing – a wonderful place for an activity packed holiday – or a totally relaxing one! There are two ferry terminals on Islay: Port Ellen and Port Askaig. As you approach Port Ellen on the ferry you look onto the row of whitewashed buildings overlooking the golden sands – a stunning sight on approach. Kilnaughton Bay stretches west of Port Ellen and is one of Islay's most accessible beaches. Kilnaughton Bay at the White Hart Beach is shallow and perfect for paddling, with views across to Carraig Fhada Lighthouse and the Mull of Kintyre. It is also home to the Islay Beach Rugby Tournament involving 27 teams!

**GETTING HERE:** CalMac ferries run frequently each day from Kennacraig to both Port Ellen and Port Askaig and from Oban (via Colonsay) on a Wednesday and Saturday. There are also scheduled flights from Glasgow and Oban to Islay operated by Flybe.

**No 1  
CHARLOTTE STREET**  
BED & BREAKFAST & BAR

*Set in the beautiful scenery of Port Ellen in the 'Queen of the Hebrides' Islay.*

### UNDER NEW OWNERSHIP

Stunning hotel building currently operating as a Bed & Breakfast & Bar. We have 17 bedrooms with a range of double, twin or single available.

Our whisky bar is fully stocked with core range from each distillery as well as the more rare and special whiskies.

Our public bar also offers a pool table.  
Outside seating and car park available.

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**Port Ellen, Isle of Islay, PA42 7DF**  
Tel: 01496 300 120  
Email: [office@no1charlottestreet.com](mailto:office@no1charlottestreet.com)

## Islay: Port Charlotte Beach



### Close By:

Port Charlotte has two hotels, a restaurant, a museum, shop and cafes. On the outskirts of the village there is a children's playpark, where you can enjoy a meal at the cafe.



### Don't miss:

Museum of Islay Life, The Wildlife Centre, Bruchladdich Distillery. Nowhere is too far away on Islay and the whole Island is full of places of natural and historical interest.



### Useful websites:

[www.islayinfo.com](http://www.islayinfo.com)  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.islayjura.com](http://www.islayjura.com)



**GETTING HERE:** Once on Islay, Port Charlotte is best reached by car. It is 16 miles from Port Askaig or 20 miles from Port Ellen. From Bridgend, follow the signs to Portnahaven and follow the A847 for 8 miles.

## Where? Port Charlotte, Islay

The conservation village of Port Charlotte is one of the prettiest on Islay with its whitewashed stone buildings perched on the stunning shores of Loch Indaal. The village was built in 1828 by Walter Frederick Campbell (The Laird of Islay) and named after his mother, Lady Charlotte. It is perfectly situated as a base from which to explore the island and it's safe sandy beach on the shore of Loch Indaal is a wonderful place for families to relax and enjoy lovely surroundings and gorgeous views across the water.

### FOOD at the FERRY – BISTRO and TRADITIONAL MALT WHISKY BAR

- Specialising in fresh seafood and local produce
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- Wide selection of freshly brewed coffees and Speciality Teas

Special Offers Available



## PORT ASKAIG HOTEL

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Now 11 en suite rooms. Free wi-fi in public areas.

Public Bars and Bistro - All day food in the summer.

From your Bistro table watch the ferries arrive and the fishing boats tie up.

Live Music most Fridays – please check to avoid disappointment

Enjoy a beer by the pier at this Gateway Port

Shop open daily 9 – 5pm ex Sunday, 7.30pm - 8pm Fridays. Open for all other ferry arrivals incl. Sunday. Stores P.O and fuel on site

## Oban: Ganavan Beach


**Close By:**

Beach shop, car park and public toilets and many cafés, pubs, hotels, activities and attractions in the town.


**Don't miss:**

Boat trips to the islands from Oban, McCaigs Tower, Oban War & Peace Museum


**Useful websites:**

[www.obantimes.co.uk](http://www.obantimes.co.uk)  
[www.oban.org](http://www.oban.org)  
[www.calmac.co.uk](http://www.calmac.co.uk)

### Where? Oban

Oban is known as the 'gateway to the isles', as well as the 'seafood capital of Scotland'.

Oban boasts a ferry terminal and train station making it one of the most accessible main towns of Argyll, despite its remote location. Ganavan Sands is a wonderful beach for families, popular with visitors and locals alike. The picturesque sandy blue flag beach boasts easy access, ample parking and great views out to Mull, Lismore and Morven. The beach lies adjacent to a super coastal walk. Sunbathing, rock pooling, kite flying, watersports, hill walking and relaxing are all perfect ways to pass the time on this beach.



**GETTING HERE:** Approaching from the north, head through the town and once you see the Corran Halls and Cathedral in front of you, continue along the shore road approx 2 miles to Ganavan Beach. If approaching Oban from the north on the A85, come down the hill into Oban (with its glorious vista across the bay) and turn right at the first mini roundabout (heading towards the sea) and right again at the next one which will take you on the road to Ganavan. The coastal and quiet road from Oban to Ganavan Sands is widely used by the local community for walks, running and cycling. Little Ganavan is another popular beach found along this road

## Benderloch: Tralee Bay


**Close By:**

Playpark beside the beach, car park, village shop, café, fuel garage with plenty of beach and holiday supplies and Ben Lora hill walking.


**Don't miss:**

Tralee Bay Fish and Chips at the entrance to Tralee Bay Holiday Park, Kintaline Farm Shop and Plant Centre, Oban Sealife Centre, Loch Creran, Isle of Eriska Hotel and Spa, Dunstaffnage Castle and Castle Stalker shop and café in nearby Appin.


**Useful websites:**

[www.oban.org.uk](http://www.oban.org.uk)  
[www.benderloch.com](http://www.benderloch.com)  
[www.tralee.com](http://www.tralee.com)



**Tralee Bay**  
Award winning  
Traditional Fish and Chip Shop

**Tel: 07920 859417**

Tralee Bay Fish n Chips

Tralee Bay Holiday Park, Benderloch PA37 1QR

COLLECTION ONLY



**GETTING HERE:**  
Access to the beach is via a short walk by a signposted footpath from Benderloch village at the Ben Lora Café, where there is a car park. There is another car park at the west end of the beach off the South Shian road.



### Where? Benderloch

Tralee Beach is tucked away near the village of Benderloch. It is just 9 miles from Oban, across the Connel Bridge. This lovely beach has shingle at one end with soft golden sand at the other. Children will love the dunes and craggy rocks (great for rock pooling) and it's a great space for beach games, BBQ or picnic, swimming, paddling, leisurely walks and total relaxation. Even though guests and holiday home owners at the adjoining Tralee Bay Holiday Park have direct access to the beach, it never gets overcrowded.

## Kintyre: Tayinloan Beach



### Close By:

Killean Estate's 5,000 acre working farm with its peaceful landscapes, wildlife, forests, moorland and seashore. Ideally placed for walking, either on the hills or along leisurely coastal walks. Look out for native deer, rabbits, pheasants, otters, seals and seabirds. Point Sands Holiday Park is also close by.



### Don't miss:

The boat! A day trip to Gigha makes for a wonderful adventure and the ferry to Islay is just up the road at Kennacraig. Check out [www.tarbertfestivals.com](http://www.tarbertfestivals.com) for festival dates this summer and autumn.



### Useful websites:

[www.visitscotland.com](http://www.visitscotland.com)  
[www.kintyre.org](http://www.kintyre.org)  
[www.calmac.co.uk](http://www.calmac.co.uk)



**GETTING HERE:** Tayinloan is located on the A83 20 miles from Campbeltown (south) and Tarbert (north). It is most easily reached by car, however West Coast Motors have a great bus network throughout Argyll.

A selection of self-catering properties sleeping from 2 to 9 people with breath-taking views over Cara, Gigha & Jura.

All properties are available for short breaks so why not come and enjoy the sandy beaches and scenic walks that Kintyre has to offer along with the spectacular sunsets over the islands.



**Killean Estate Ltd, Tayinloan, Tarbert, Argyll, PA29 6XF**  
**W: [www.killeanestate.com](http://www.killeanestate.com) T: 01583 441294 E: [booking@killeanestate.com](mailto:booking@killeanestate.com)**



### Big Jessie's Tearoom

@ The Gigha Ferry, Tayinloan  
 Smoothies, Snacks, Meals, Drinks, Confectionery & Gifts  
 Self-catering cottages and B&B available  
 Now Licensed

**01583 441141** Big Jessie's at Ferry Farm

## Where? Tayinloan, Kintyre

Tayinloan is a village situated on the west coast of the Kintyre peninsula on the Kintyre Way. A ferry service runs from Tayinloan to the Isle of Gigha. The village has a sub post office and general store, a small hotel, a village hall and a play park. Big Jessie's Café is situated beside the ferry car park which also offers self-catering or bed and breakfast accommodation. Tayinloan is equidistant from Campbeltown with its many hotels, shops, cafes, leisure centre and cinema, and the bustling fishing village of Tarbert – becoming famous for its plethora of brilliant festivals and harbourside activities. Enjoy a paddle along the beautiful shore at Tayinloan and take in stunning views over the sound of Gigha to the mountains and islands beyond.

## Kintyre: Machrihanish Bay



### Close By:

The village of Machrihanish is home to the lovely Ugadale Hotel, as well as the remains of the Fessenden Mast, which made the first ever cross Atlantic voice transmission in 1905.



### Don't miss:

Machrihanish Golf Course. The stunning first hole drives over the corner of the beach, and is widely considered one of the best opening holes in the world.



### Useful websites:

[machrihanishdunes.com/](http://machrihanishdunes.com/)  
 indulge/beach  
[www.machrihanishbirdobservatory.org.uk/latest.html](http://www.machrihanishbirdobservatory.org.uk/latest.html)  
[www.machrihanish.net](http://www.machrihanish.net)



**GETTING HERE:** From Campbeltown follow signs for Southend, B842. At Stewarton, continue ahead for Machrihanish on B8.



## THE UGADEALE

### HOTEL & COTTAGES

"Summer stay and play offers" now available.  
 Luxury accommodation and championship golf at  
 Machrihanish Dunes.

Find our best offers at our website:  
[www.machdunes.com](http://www.machdunes.com) or call 01586 810 000

The Ugadale  
 Hotel &  
 Cottages



## Where? Machrihanish, Kintyre

Looking out over the Atlantic Ocean, Machrihanish is an action seeker's perfect playground. Located on the blustery west coast of Kintyre, the beautiful golden beach stretches for three miles, and the huge swell allows for one of the best surfing spots in the country. The beach is also a runners paradise, with views to Northern Ireland in the south up to Islay and Jura in the north making it a wonderful training ground. Two challenging golf courses pepper the huge dunes next to the beach, a designated Site of Scientific Interest, with an array of wildlife often seen soaring in the skies and frolicking in the waves. At the very tip of Machrihanish there is a quaint Seabird and Wildlife Observatory which provides the perfect look out.



Home of the world famous "Haggis Nachos," enjoy delicious pub food, an array of hot and cold drinks in a friendly, cosy atmosphere.

**Reservations**  
**01586 810 099**  
[www.machdunes.com](http://www.machdunes.com)

The Old Club  
 House  
 Pub



## Kintyre: Carradale Beach



**Close By:**  
The village of Carradale offers services and shops, as well as several nature walks in the surrounding woodlands.



**Don't miss:**  
Torrisdale Castle overlooks the bay, and while it is run as a private lodge, there is the organic Tannery and Craft Shop on site.



**Useful websites:**  
[www.carradaleharbour.co.uk](http://www.carradaleharbour.co.uk)  
[www.discoveredscotland.co.uk/carradale/carradale](http://www.discoveredscotland.co.uk/carradale/carradale)



**GETTING HERE:** From Lochgilphead on the A83, five miles south of Tarbert take the B842 to Carradale. Or go by ferry from Ardrossan to Arran, then drive to Lochranza for the Claonaig ferry to Kintyre and down the B842 to Carradale.

## The Carradale Hotel

Spacious hotel with beautiful gardens beside the golf course.  
Superb home cooked food from 12noon complemented by wide selection of gins, malts and craft beers.

Dogs welcome!

### UNDER NEW MANAGEMENT



For best deals call direct 01583 431223 [info@carradalehotel.com](mailto:info@carradalehotel.com)

## Kintyre: Southend Beach



**Close By:**  
The village of Southend has services and shops, plus a fabulous 18-hole links golf course.



**Don't miss:**  
Look for 'St Columba's Footsteps' etched in rock centuries ago to show where Christianity was first brought from Ireland to Scotland.



**Useful websites:**  
[www.southendargyll.org.uk](http://www.southendargyll.org.uk)  
[www.visitkintyre.info](http://www.visitkintyre.info)



**GETTING HERE:** From Oban on the A83, pick up the A83 in Lochgilphead all the way down to Southend on the tip of Kintyre.



Brecklate, Southend, Nr Campbeltown, Kintyre, PA28 6PJ [www.brecklate-bed-and-breakfast.co.uk](http://www.brecklate-bed-and-breakfast.co.uk) [brecklate@outlook.com](mailto:brecklate@outlook.com) Tel: 01586 830462

## Where? Carradale, Kintyre

Located south of the quaint village of the same name, Carradale Beach boasts one of the most delightful harbours in Kintyre. On Carradale Bay, the wide sandy beach faces south, making it a lovely spot to paddle, sunbathe or beachcomb. Enjoy the panoramic views across the Sound of Arran, and look for the wild goats that inhabit a Scottish Wildlife Trust nature reserve on the east side of the beach on Carradale Point. Paul McCartney found inspiration from Kintyre's gorgeous coastal scenery, and you will too when you visit Carradale Beach!

### WELCOME TO IFFERDALE FARM HOLIDAYS

<b>THE BUNKHOUSE</b> sleeps up to 8
<b>THE HAY LOFT</b> sleeps 4
<b>THE LOOSE BOX</b> sleeps 2
<b>THE BOTHY</b> sleeps 2

Surrounded by idyllic beaches, such as Carradale, Torrisdale and only a 10 minute walk to Saddell beach where the Antony Cormile statue sits looking out across the Kilbrannan Sound to Arran.

Ideal for families and groups. 5 local walks are featured and the accommodation is central to the Kintyre Way and an ideal location to explore Kintyre & beyond.

Lamb, beef, eggs and logs are available for purchase directly from Ifferdale Farm.

Delicious hearty evening meal by arrangement. Packed lunches and evening meals are available for guests on request.

[ifferdalefarm.co.uk](http://ifferdalefarm.co.uk)



Contact Monica & Andrew 01583 431 666

## Where? Southend, Kintyre

Only 13 miles from Ireland, Southend Beach in Kintyre is steeped in natural beauty and history. Whether you prefer sunbathing or surfing, there is something for every taste at Southend's beautiful beaches, all without the crowds you might find at other spots. You can view oyster catchers, dolphins and the resident seal colony from Keil shore as well as Neolithic caves. Or, for the more adventurous, choose to hike on the nearby Kintyre Way, which has its terminus here. Dunaverty Castle overlooks Southend, and several important historical sites are nearby, including the ruins of Keil School and St. Ciaran's Cave, which is said to hold relics of the Irish saint. Be sure to get a taste of the local seafood, served pier to plate- it doesn't get any fresher!

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**Delightful home-baking  
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[www.muneroy.co.uk](http://www.muneroy.co.uk)**



Spend some time in beautiful Mull of Kintyre, Argyll's beauty spot...  
...Indulge in a delicious home-cooked breakfast and evening meal: Fresh home grown and local produce served and enjoyed

### The Award Winning Brecklate B&B

Traditional Kintyre Farmhouse providing excellent en-suite accommodation and an ideal base for golfers, walkers and lovers of the outdoors. Dogs welcome!

**Bookings now being taken from  
1st September 2017! Don't delay, book today!**



**Campbeltown**  
[www.explorecampbeltown.com](http://www.explorecampbeltown.com)



## Isle of Arran: Blackwaterfoot Beach



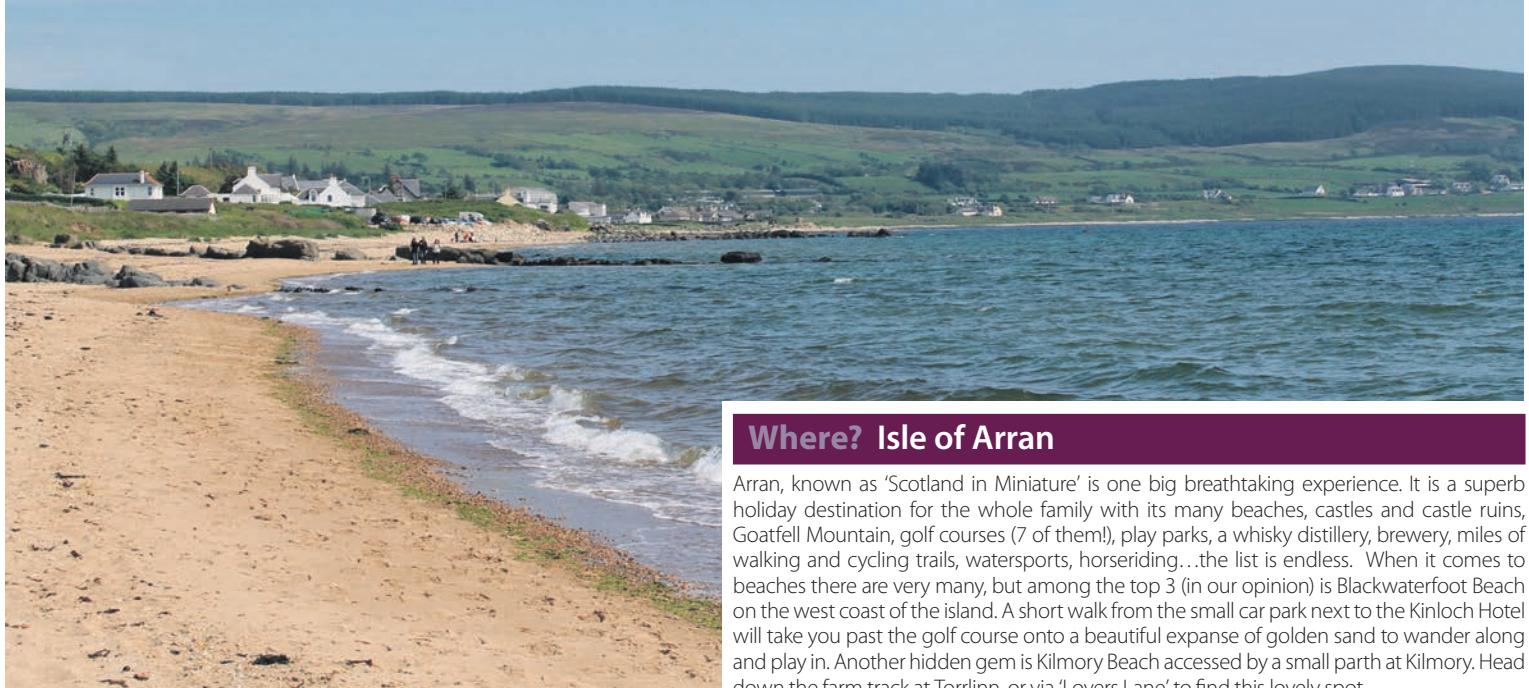
**Close By:**  
Blackwaterfoot Harbour,  
Kinloch Hotel and Shiskine  
Golf Course.



**Don't miss:**  
Special attractions  
throughout Arran include  
Machrie Standing Stones,  
King's Cave, Lochranza  
Castle Ruin, Brodick Castle  
and Gardens and a hike up  
Goatfell Mountain!



**Useful websites:**  
[www.calmac.co.uk](http://www.calmac.co.uk)  
[www.visitarran.com](http://www.visitarran.com)



### Where? Isle of Arran

Arran, known as 'Scotland in Miniature' is one big breathtaking experience. It is a superb holiday destination for the whole family with its many beaches, castles and castle ruins, Goatfell Mountain, golf courses (7 of them!), play parks, a whisky distillery, brewery, miles of walking and cycling trails, watersports, horseriding...the list is endless. When it comes to beaches there are very many, but among the top 3 (in our opinion) is Blackwaterfoot Beach on the west coast of the island. A short walk from the small car park next to the Kinloch Hotel will take you past the golf course onto a beautiful expanse of golden sand to wander along and play in. Another hidden gem is Kilmory Beach accessed by a small path at Kilmory. Head down the farm track at Torrlinn, or via 'Lovers Lane' to find this lovely spot.

**GETTING HERE:** With CalMac, Arran is easily accessible from Ardrossan (Ayrshire) to Brodick which is the main town on Arran. A ferry runs from March to October from Claonaig (near Tarbert) to Lochranza at the north of Arran. You can also get there from Campbeltown, via Ardrossan.

## Handpicked, self catering Arran holiday cottages



Apartment  
on the Bay  
Brodick  
Sleeps 6  
Dog  
Friendly



Tanglewood,  
Kings Cross  
Whiting Bay  
Sleeps 8



Rose  
Cottage  
Whiting Bay  
Sleeps 3  
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Web: [www.cottagesonarran.co.uk](http://www.cottagesonarran.co.uk) NEW OWNERS WELCOME Email: [info@cottagesonarran.co.uk](mailto:info@cottagesonarran.co.uk)



## Sands of Morar



**Close By:**  
Fort William, with  
its charming shops,  
eateries and outdoor  
activities for the whole  
family, is just down the  
road.



**Don't miss:**  
A boat trip from Arisaig  
Harbour is a great way  
to spot wildlife, such as  
seals, dolphins and a  
variety of sea birds.



**Useful websites:**  
[www undiscovered scotland.co.uk/morar/silversands/](http://www undiscovered scotland.co.uk/morar/silversands/)  
[www.road-to-the-isles.org.uk/morar.php](http://www.road-to-the-isles.org.uk/morar.php)



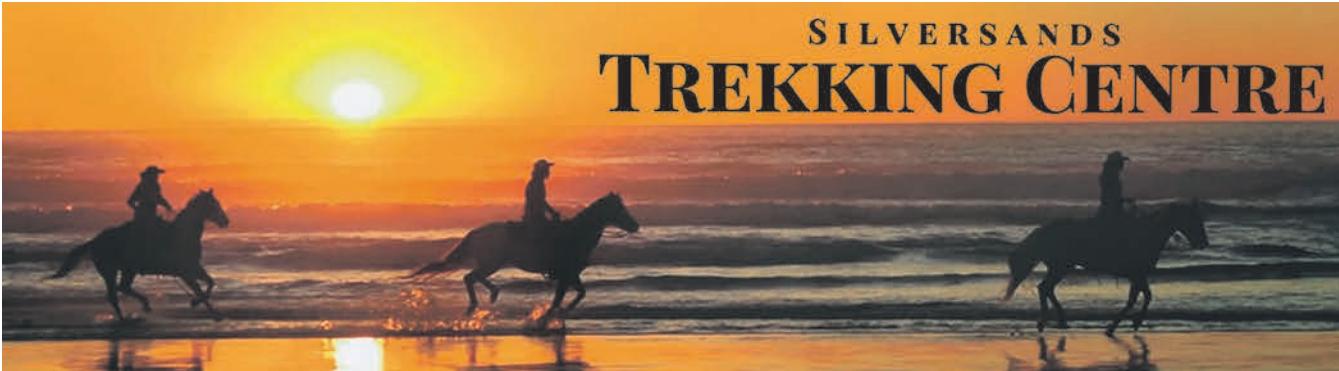
### Where? Coastline of Arisaig and Morar

The Silver Sands of Morar - even the name is evocative of tranquil azure waters lapping against sugar sand beaches. Like something out of the Caribbean, this renowned string of gorgeous beaches has inspired artists and filmmakers for generations- in fact, scenes of The Highlander and Local Hero were filmed here.

The tropical look of The Silver Sands of Morar will certainly charm you, but the views over the Small Isles- Rum, Eigg, Muck and Canna- can't be beat. The area is popular with walkers and beachcombers, as the beaches are easily accessed from the road. Find a campsite, drive from beach to beach, or take them all in as a trail. What better way to while away a beautiful sunny day?

**GETTING HERE:** From Fort William, take the 1st exit onto A830. Turn right onto Columba Rd/B8008 and look for the signs.

## SILVERSANDS TREKKING CENTRE



Shelagh Sharman - Owner  
Glen Rowan Farm, Mallaig

07789 175 136

[silversandstrekking@outlook.com](mailto:silversandstrekking@outlook.com)

# Spotlight on Volunteering...

## Our befriender says....

I've made a new friend, with someone I wouldn't have known before. Its made me think about how simple things , like the weather, can stop someone from going out. I'm learning a lot about my befriendee's life and what she did during the war... its nice for her to be able to tell someone new about her life, as her family have heard her stories before.



Glen estate's volunteer run lunch club makes a big impact of the residents lives

I think its lovely, she sets out cups and saucers for me arriving and likes to get her good china and some nice biscuits out. We make it the same day every week because that makes it easy for her to remember but she always remembers what I said I was doing that week and asks how things have gone. We've had a look through photo albums and talk about them, some are old photos of her parents and young family, others are more recent, like her pond being built.

I enjoy befriending very much and I get satisfaction from the fact that my befriendee enjoys it too. It makes me feel good.

I also volunteer for Music Matters which is a wonderful group, its great to see people with dementia come alive too the music. I need to check the words to the songs most of the time but most of the people I sit with remember every word. Its great that they have that enjoyment.

**If you would like to become a volunteer befriender or you are interested in volunteering for another organisation get in touch on 01770 600611 or email [Sophie.clark@arrancvs.org.uk](mailto:Sophie.clark@arrancvs.org.uk)**

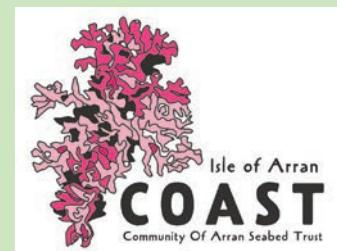
## Other volunteers say...



Photo by David Kelso

I started volunteering just to complete the hours I needed for my qualification but I'm hooked now and have continued past the amount I need to do!

**Heather Snowden—RDA Volunteer**



Scottish charity No. SC042088

I have been connected with COAST since 2008 and enjoy working with a team of highly committed people and seeing the results of a lengthy campaign for better marine protection come to fruition.

**Russ Cheshire—COAST volunteer**

## Who Are Arran CVS?

Arran CVS was founded in 1965 to assist with community groups and to champion for social change. Today we support, develop and represent volunteers, their organisations and social enterprises here on Arran. Along with The Ayrshire Community Trust we form the North Ayrshire Third sector interface, which champions for voluntary organisations and charities across Ayrshire and Arran representing them at community planning meetings. We still offer printing, photocopying and admin services as well as assisting with the volunteer run Glen estate lunch club, Umbrella group and running the newly established befriending service. The Arran Community Connector, who provides non medical information and support is also a valued member of the Arran CVS team. Arran CVS also provide Message in a Bottle and Hearing Aid batteries, for more information check our Facebook or Twitter pages or come along to our Volunteer Arran Event and meet the Arran CVS team!

## Obituary:

# In loving memory of Christine Iutz

Christine Iutz died on Sunday April 30 after a severe stroke on Thursday April 27.

Born in Normanton in 1934, she graduated in 1956 in English at Bedford College, London University, where she met Vic.

They married in 1958 and Christine started her teaching career. She taught in Yorkshire and London and was highly respected by her colleagues and pupils.

She was proud that in the late 1970s, on three occasions, young men in their 20s returned to her school to thank her for the start she had given them, unprecedented at her compre-

hensive school. Christine loved the English language and would pursue companies to director level to get incorrectly spelt public notices corrected.

In 1979, she had severe pancreatitis and, after four months in hospital, tried to resume teaching part time.

In spite of the strong will and persistence evident throughout her life, this was not possible.

In 1980 she and Vic bought the Harbour Shop and moved to Blackwaterfoot, which they knew well after many happy holidays.

Here Michael joined them and together they ran the shop for 26 years, happily joining

in with island life. Vic and Michael have innumerable happy memories of a wonderful wife, mother and housewife and wish to thank this warm community for the many dozens of cards and condolences which are such a comfort at this dramatic change in their lives.

They also specially thank everyone at Shiskine Surgery for such care and consideration since 1980.

Thanks to Jean, Angus and the Hendry's for the best care on Thursday May 11.

Christine Iutz.



Here's to the makers.

The ones who drive themselves, and others, forward. They harness technology to compliment traditional methods of farming. Here's to The Skea Family at ScanStone. Pioneers in British potato machinery. Their innovations are award winning. Giving consumers a better tasting product. We don't just show you the best of the country. We introduce you to the people behind these successes.

**See generations of the country's best.**

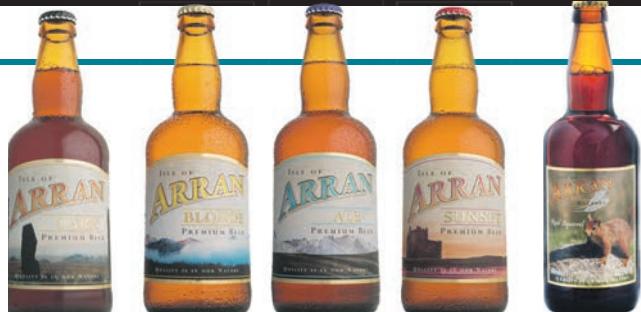


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# Junior triathletes bring home the medals in spring aquathlon

Thirteen young triathletes from Arran Junior Triathlon Club travelled to Prestwick to take part in the Spring Aquathlon.

It wasn't long before the first podium position was achieved by Grace Popplewell.

Grace showed immense determination and was rewarded with first place in the Tristar Girl's race.

Luke Goatley and Gregor Gunaydi took the start line next, cheered

on by their supporters. The Tri 1's were next to complete the sunny course with Rhea Webster achieving a fantastic race time of 8 minutes, 7 seconds.

The Tri 1 Boys race was tense to the last moments, with Jack Popplewell crossing the line in 7 minutes, 58 seconds, followed closely by Myles Lindsay-Smith and Ben McCarthy with a joint time of 8 minutes, 1 sec-

ond. As the sun continued to shine, the cheers for the Tri 2 Girls Julie Hamill, Beth McCarthy, Erin McNiven and Layla Webster were heard from every corner and curve of the course.

Julie Hamill came out of the swim section in fourth place and achieved a new personal best of 13 minutes, 18 seconds.

The day was not to be finished off quietly, with



**Grace Popplewell on the podium with her first place Tristar Girls medal.**

Ruaridh Lindsay-Smith and James McCarthy taking on the Tri 2 Boys race.

Ruaridh Lindsay-Smith provided the final celebration of the day with a third place spot on the podium.

With the clock ticking and not a lot of time to make the next boat, the trophy winners made the decision to miss the

prizegiving to dash for the ferry. With a little moment to spare, Grace Popplewell hopped on the podium to be presented with her trophy, surrounded by fellow athletes and supporters.

The triathletes are already training hard for the Island 2 Island Triathlon Festival, which will take place on Saturday June 3. The event is being organised to raise funds to enable the club to let children join and participate for free.

Arran Junior Triathlon Club invites everyone to go along and support them at this wonderful event.

Evening entertainment will be held in Lamlash at the Outdoor Centre.



**Grace Popplewell and her fellow triathletes stop for a quick team photograph.**

## Island 2 Island Triathlon Festival on June 3 and 4

Triathletes from around the UK are gearing up for an epic swim, sprint and bike over the island next weekend.

Arran Triathlon Club's Island 2 Island Triathlon Festival runs from Saturday June 3 to Sunday June 4 at Lamlash Outdoor Centre.

Competitors will vie for the largest cash prize in the sport's history in Scotland:

£5,000. Saturday first sees the sea swim from Holy Isle for those doing the half or Olympic distances, and from the outdoor centre from those doing the full/sprint or tri star races.

For the bike race, Transition 1 will start at the Outdoor Centre, travelling clockwise around the island's ring road for the full/half distances,

and for all other events it will be out and back. Finally in the running event, the Transition 2 will again start at the outdoor centre. The course will be a Tarmac track following the sea through Lamlash and back.

The children's events take place on the Sunday but, be warned, Arran Junior Triathlon Club will be a force

in their own back yard! Race director Craig Wood, head coach of Arran Triathlon Club, said: 'I wanted to show off our island and what we can offer as a race day experience, along with a venue, memorabilia and evening entertainment that the triathletes deserve after taking on their own battles throughout the day. You

deserve an event, not just a race.'

Live entertainment, including music, dancing, food and a climbing wall, follows the awards ceremony at 8pm. Prizes include short breaks, sporting holidays, goodie bags, vouchers and loads more. You can find the full programme at [www.arrantriathlonfestival.com](http://www.arrantriathlonfestival.com)



Young canoeists learn about the various parts of the canoe. 01\_B21kayak02



Raft builders put their faith in the construction of their craft before setting off. 01\_B21kayak01



Participants help each other secure the spray deck. 01\_B21kayak04



Kayakers test a manoeuvre they have learned. 01\_B21kayak05

# Paddlers take inaugural pad

Arran Kayak Club held its first paddlesports day at Arran Outdoor Education Centre and Brodick Quarry.

More than 70 paddlers took part in water and land-based activities with some dipping their toes into kayaking and canoeing for the first time.

The day was funded through the Young Persons Participatory Budget with the aim of introducing new members to the club and to give children and adults on Arran a chance to get out on the water and experience the joys of kayaking and canoeing.

The paddlesports day started at Arran Outdoor Education Centre in Lamlash where some of the more experienced kayakers enjoyed a half-day or full-day paddle around Lamlash Bay and Holy Isle.

For those requiring a more sheltered environment, Craig Wood provided the use of the quarry at Brodick, which was bathed in sunshine, and where qualified

teachers from Arran Outdoor Centre took the participants through a safety briefing before launching them into the water.

Back on dry land, instructor Raiyah Strachan of Arran Outdoor Centre helped a group of children build a raft which they all boarded with the aim of staying afloat and reaching the island in the middle of the quarry.

Another highlight in the eventful day was an evening barbecue when the participants, who had spent the day out on the water, enjoyed the relaxed and social aspect of the club, joined by members of the Community of Arran Seabed Trust. George Lesley hampers were raffled off.

Arran Kayak Club has more than 70 members and regularly meets for training, social events and trips throughout the year.

For more information email [kayakarran@gmail.com](mailto:kayakarran@gmail.com) or visit the Facebook page.

## ARRAN HERITAGE MUSEUM

Scottish Charity Number SC002089

Rosaburn, Brodick, Open Daily 10.30am to 4.30pm



### THE ISLAND'S FOUR STAR FAMILY DAY OUT

Learn about Arran's Unique Geology, Farming, Archaeology, Social History, Clearances, etc., and visit the 19th Century Cottage, the 1940's Schoolroom, and the Blacksmith's Forge.

### Archive and Genealogy researchers welcomed

(on Wednesdays only from 10.30am to 12.30pm and 1.30pm to 3.30pm or by appointment).

Children's Quiz and Play Area.

Riverside Picnic Area. Gift Shop.

Lovely Snacks and Meals at Café Rosaburn.



9th—11th June

A weekend of Sessions, Concerts & Workshops

Friday 9th June

Open Session. Douglas Hotel. 12-5pm. FREE

All Welcome - Bring an instrument, a song, or just your ears!

Evening Concert. Brodick Hall. 7:30pm. £18

Top Floor Taivers, Mike & Stef, Jenn & LB,

Sat. 10th June

Open Session. Douglas Hotel. 12-5pm. FREE

Fiddle Workshop. Brodick Hall. 11am. £5

Workshop hosted by Grainne Brady (of Top Floor Taivers) for all ages & abilities.

Evening Concert. Brodick Hall. 7:30pm. £20

The Tannahill Weavers, Rab Noakes

Sun. 11th June

Survivors' Session. Douglas Hotel. 12-5pm. FREE

Songwriting Workshop. Brodick Hall. 11am. £5

Hosted by Rab Noakes. Limited places - book early!

Brochures and further info available from local shops. Tickets now available on-line and at Brodick Post Office.

[www.arranevents.com](http://www.arranevents.com)

## LIVE MUSIC!

Saturday  
27th - 9pm



Sunday 28th, 4pm -



Mark's Open Mic Friday 8.30pm  
plus Pub Quiz 8.30 Wednesday!

The PIERHEAD TAVERN, LAMLASH

[www.theph.t.co.uk](http://www.theph.t.co.uk) 01770 600418



Ian Staples instructs kayakers on what to expect on the water.

01\_B21kayak03



Young kayakers test out their kayaks before taking to the water. 01\_B21kayak07

# to the water at adlesports day



Raft builders receive a final briefing before taking to the water. 01\_B21kayak12



Participants and tutors demonstrate the seaworthiness of their raft. 01\_B21kayak11

Instructor Eleanor McNamara paddles in unison with Heather Beeton. 01\_B21kayak09



Kayakers congregate around the island in the middle of the quarry. 01\_B21kayak10

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A youngster ties logs together to form a raft. 01\_B21kayak06



## CORRIE SCHOOL & EARLY YEARS SUMMER FAIR

WEDNESDAY 31st May 2017  
12pm – 2pm at Corrie School

Soup & sandwiches, Homebaking, Tombola,  
Raffle, Bric-a-Brac, Coconut Shy, Beat the Goalie  
Please come along & join in the fun!

All welcome

All donations will be gratefully received.  
These can be handed into the school from Monday 29th May.  
**Also if you would be available to help on the day  
please contact the school 810244**

## Screen Machine

### Scotland's Mobile Cinema

Brodick, Auchrannie Hotel  
Tuesday 6 to Friday 9 June

**The Illusionist - Expanded Cinema** (PG) 78 mins £10/£8  
A Screen Machine first: added sensory experiences bring this gorgeous French/Scottish animation to life. "exquisite" Observer 06/06 at 7pm

**Moonlight** (15) 111 mins  
Oscar winner about a young man's tough upbringing. "a heartbreaking, uplifting, minor-key masterpiece" Observer 06/06 at 9.30pm

**Beauty and the Beast** (PG) 129 mins  
"a pleasure to watch" Herald 07/06 at 5.30pm, 09/06 at 5.30pm

**Their Finest** (12A) 117 mins  
Sparkling romantic drama starring Gemma Arterton and Bill Nighy. 07/06 at 8.30pm, 09/06 at 2pm

**The LEGO Batman Movie** (U) 104 mins  
"The kids are gonna love it" Rolling Stone 08/06 at 5pm

**NT: Rosencrantz & Guildenstern are Dead** (12A) 200 mins £14/£12 Daniel Radcliffe stars in this 50th anniversary adaptation of Tom Stoppard's play. An encore screening. "Hilarious" Times 08/06 at 7.30pm

**Pirates of the Caribbean: Salazar's Revenge** (12A) 128 mins Captain Jack Sparrow finds the winds of ill-fortune blowing even more strongly. 09/06 at 8.30pm

Book at: [www.screenmachine.co.uk](http://www.screenmachine.co.uk). Tickets also at the cinema 30 mins before screenings. Cash, no cards. £7.50 Adults. Concessions £5.50 (except: NT Rosencrantz and Guildenstern Are Dead and The Illusionist - Expanded Cinema)



# WHAT'S ON

## Everyday

Trout fly fishing  
Brodick Castle  
Arran Brewery  
Soap making and candle dipping  
Arran Heritage Museum, Rosaburn, Brodick

## Saturday 27th May

Army Cadets  
RNLI Shop  
Over 21s disco  
Family games  
Fun in the pool  
Arran Vets surgery  
Arran Vets reception  
Blackwaterfoot bowls  
Whiting Bay Bowling Club Rink Game  
Brodick Bowling Club Rink Game  
Women in Black  
Live Music – Audioclass  
Lamlash Church Fete  
The Arran Singers Summer Concerts

## Sunday 28th May

Family games  
Fun in the pool  
Open acoustic session at Fiddlers'  
AA meeting  
RNLI Shop  
Open Gardens in Corrie  
Live Music – Mambojambo

## Monday 29th May

Over 50s badminton  
Badminton  
Morning fitness  
Badminton  
Arran Vets surgery  
Arran Vets reception  
Arran Junior Football Club  
Circuit training  
Lamlash Aerobix  
Tae Kwonko  
Summer bridge tournament  
Arran Citizen's Advice Bureau  
Adult Tennis  
Brodick Bowling Club Rink Game  
Whiting Bay Bowling Club Rink Game  
Arran skinnymalinks  
Arran skinnymalinks

## Tuesday 30th May

Pop quiz  
Alcoholics Anonymous  
Youth club  
Arran Vets surgery  
Arran Vets reception  
Healthy outdoors  
Blackwaterfoot bowls  
Bridge class (beginners/improvers)  
Lamlash Junior Drama Club  
Flow yoga  
Pilates

Loch Garbad, bank fishing  
Garden open 9am-dusk  
Mon - Sat 10am-5pm & Sun 12.30-5pm  
Arran Aromatics, Brodick, 10am-4pm  
Daily 10.30am-4.30pm

Auchrannie Road 11am-1pm  
Lamlash Pier, 2-4pm  
Ormidale Hotel, 10pm  
Auchrannie games hall, 3-4pm  
Auchrannie spa pool, 4-5pm  
9.30-11am  
9.30am-noon  
Bowling Club, 2pm  
Whiting Bay Bowling club, 2pm  
Brodick Bowling Green 2pm  
Coastal Way start opposite the Douglas Hotel, 1pm  
The PHT, Lamlash, 9pm  
Lamlash church hall, 2-4pm  
Brodick Hall, 7.30pm

Auchrannie games hall, 3-4pm  
Auchrannie spa pool, 4-5pm  
Fiddlers, Brodick 2.30-5pm  
Brodick Church Hall, 5-6.30pm  
Lamlash Pier, 2-4pm  
Corrie, noon-4pm  
The PHT, Lamlash, 4pm

Lochranza Village Hall, 2-4pm  
Lochranza Hall, 6.30pm  
Auchrannie gym, 9.30-10.30am  
Auchrannie sports hall, 7-9pm  
9am - 10.30am and 4-6pm  
9am - 2pm and 4-6pm  
Ormidale Park, 6-7.30pm  
Auchrannie gym, 6-7pm  
Arran High School dance studio, 6.30pm  
Brodick Church Hall adults and over 10s, 7-8.30pm  
Arran High School, 6.30pm - visitors welcome  
Ormidale Pavilion, 9.30am-1.30pm  
Shiskine golf & Tennis Club from 5.30pm  
Brodick Bowling Green 6.45pm  
WBay Bowling club, 6.30pm  
Shiskine Church Hall, 5.15pm  
Brodick Church Kitchen, 6pm

Ormidale Hotel, 9pm  
Brodick Church Hall, 2pm  
Kildonan Hall, 7pm  
9am - 10.30am and 4-6pm  
9am - 2pm and 4-6pm  
NTS Ranger Centre, 10am-1pm  
Bowling Club, 2pm  
Brodick Golf Club, 2.30-4.30pm  
Arran High School, 6.30-9pm  
Corrie and Sannox Hall, 6pm  
Kilmory Hall, 6-7pm

Brodick Castle garden walk  
Scottish country dancing

Meet at Visitor Centre, 2pm  
Brodick Church Hall, 7.30pm

## Wednesday 31st May

Rock an pop bingo  
Tae Kwonko  
Alcoholics Anonymous  
Arran Brass rehearsal  
Arran Vets surgery  
Arran Vets reception  
Yoga  
Hydrofit  
Arran Museum archives and genealogy service  
Mixed ability Run (Arran Run Coach)  
Yoga-Arran  
Mixed hockey  
Dog classes  
Flow yoga  
Knittnery and Nattery  
Family friendly pup quiz  
Bus pass club meal  
Chair yoga St Molios  
Burger and quiz night  
Brodick Bowling Club Rink Game  
Whiting Bay Bowling Club Rink Game  
Arran Skinnymalinks  
Coffee Morning  
Corrie Primary Summer Fair

Ormidale Hotel 9.30pm  
Arran High School Kids 6.30-7.30pm adults 7.30-8.30pm  
Lamlash Church Hall, 7.30pm  
Brodick Church Hall, 7-9pm  
9am - 10.30am and 4-6pm  
9am - 2pm and 4-6pm  
Auchrannie studio, 9.30-10.30am  
Auchrannie Hotel leisure, 9.45-10.45am  
10.30am-12.30pm and 1.30-3.30pm  
Dunfion Carpark, 5.30pm  
Kinneil, Lamlash, 7-8.30pm  
Auchrannie sports Hall, 7.30-9pm  
Whiting Bay Hall, 1pm  
Shiskine Hall, 7.30pm  
Kilmory Hall, 2-4pm  
The PHT, 8.30pm  
The PHT, noon-2.30pm  
Church Hall, Shiskine, 11am-noon  
Felicity's @ Eden Lodge, from 7.30pm  
Brodick Bowling Green 6.45pm  
WBay Bowling club, 6.30pm  
Lamlash Church Hall 5pm  
Brodick Church Hall, 10.30am-noon  
Corrie Primary School, noon-2pm

## Thursday 1st June

Morning fitness  
General knowledge quiz  
Arran Vets surgery  
Arran Vets reception  
Ladies' hockey  
Winter bowls  
Arran Bridge  
Quilt Arran  
Flow yoga  
Chair yoga  
10th Ayrshire Shiskine Cub Scouts and Beavers  
Adult Tennis  
Music Matters

Auchrannie gym, 9.30-10.30am  
Ormidale Hotel, 9pm  
9am - 10.30am and 4-6pm  
9am - 2pm and 4-6pm  
Ormidale Pavilion, 7.30-8.30pm  
Auchrannie, 7pm  
Brodick Golf Club, 7pm for 7.15pm  
Lamlash Fire Station, 2-4.30pm  
Ormidale Pavilion, Brodick, 6pm  
Ormidale Pavilion, Brodick, 10.30-11.30am  
Shiskine Hall, 6-7.30pm  
Shiskine Golf & Tennis Club from 5.30pm  
Lamlash church hall, 2pm

## Friday 2nd June

Yoga  
Hydrofit  
Arran Youth Foundations  
Lochranza children's badminton  
Lochranza adults' badminton  
Arran Vets  
Arran Vets  
AA meeting  
Tae Kwonko  
A night with Tim Pomeroy plus Open Mic

Auchrannie spa leisure, 9.30-10.30am  
Auchrannie Hotel leisure, 9.45-10.45am  
Church Hall, Brodick 7pm-9pm  
Lochranza Hall, 6-8pm  
Lochranza Hall, 8pm  
Surgery 9am - 10.30am and 4-6pm  
Reception 9am - 2pm and 4-6pm  
Whiting Bay Hall, 7pm  
Arran High School, Lamlash adults, 7-8.30pm  
The PHT, Lamlash, 9pm

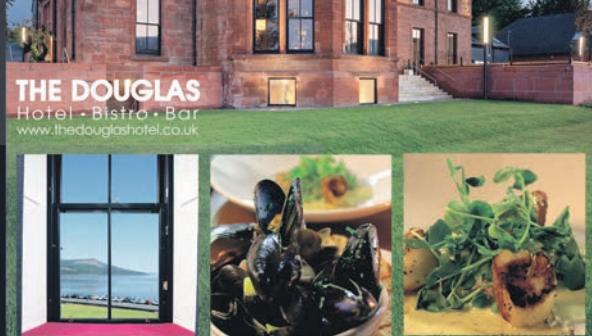


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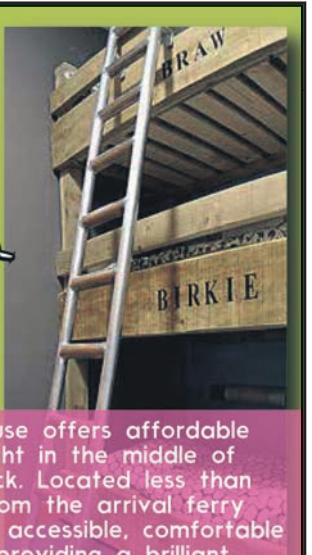
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**BOOKINGS PREFERRED**

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**on Wednesday 31st May**  
**due to a Wedding**



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The Brodick Bunkhouse offers affordable accommodation right in the middle of the village of Brodick. Located less than a 5 minute walk from the arrival ferry port, the bunkhouse is accessible, comfortable and welcoming - providing a brilliant base from which to explore the Isle of Arran.

## MARKET PRICES

United Auctions had forward 1202 store cattle, 145 cast cows and 220 store hoggs and ewes with lambs at foot at their latest sale on Wednesday May 17.

Leading prices were: bullocks and heifers: Char X Blk, £1080, (251p) Craigdhu, AAX Blk, £980, (238p) Bellevue, SimX Blk, £870, (236p) Bellevue, SimX Bull Stirk, £940, (191p) Bellevue, ShtX Stirk, £310, (220p) West Glenasherrae, AAX Blk, (over 30 months), £875 Glenkiln, CharX Hfr, £860, (229p) Craigdhu.

Cast cows: SimX, £1090, (143p) Bellevue, BBX, £825, (126p) Kilpatrick, AAX, £885, (135p) Glenkiln.

Sheep: SuffX Hgts, £94, Dunbrae, Cross Hgts, £80.50, Dunbrae, £69 Ceither Gaoithe, BF Hgts, £61 Glenkiln.

Cast ewes: TexX, £80 Bridge, BF, £45.50 Glenkiln.

Ewes with lambs at foot: Masham Ewes and Twins, £144 Ceither Gaoithe, Masham Ewes and Singles, £94 Ceither Gaoithe.

# Akong at Arran High School

A film of the life story of the Tibetan lama who founded Europe's first Buddhist monastery is showing at Arran High School on Thursday June 1.

*Akong: A Remarkable Life*, which premiered at Samye Ling in Eskdalemuir earlier this spring, follows the life of Akong Tulku Rinpoche from his birth in Tibet to his murder in China in 2013.

The film's billing begins: 'In 1959, a dramatic 10-month escape from Tibet through the Himalayas would change the course of his life – and the lives of many thousands of people around the world.'

The feature-length documentary tracks the 'dangerous journey' of the revered Tibetan Buddhist master Akong Tulku Rinpoche, who was forced to flee his homeland at the height of the Sino-Tibetan tensions, and exiled into unknown lands.

During his 10-month escape across the Himalayas

Chöje Akong Tulku Rinpoche.



to India, which only 13 of his 300 compatriots survived, Akong lay close to death in a cave, and promised that if he survived the ordeal, he would devote his life to helping others.

In India, he meets an Englishwoman, Freda Bedi, and together they ran a home for young refugee lamas, until she arranges for him to travel to Britain with Chögyam Tungpa

Rinpoche. Akong, alongside Tungpa Rinpoche, co-founded the first Tibetan monastery in the West, Samye Ling, in Dumfriesshire in 1967, and later a string of schools, orphanages and humanitarian charities, including ROKPA, from the Tibetan word for help.

Akong Rinpoche was in Chengdu, China, in October 2013, about to embark

on another humanitarian mission to Tibet, when he was murdered, senselessly, along with an attendant and his nephew.

But despite the sad and shocking end of remarkable life, the film ends on a message of hope.

The billing concludes: 'The life of Chöje Akong Tulku Rinpoche – together with this beautiful film documenting that life – is a clear, kind call to action.'

'It is an encouragement to everyone to engage in compassionate action in the world, wherever help is needed.'

The Brazilian director, Chico Dall-Inha, said: 'Akong Rinpoche was truly wise. Out of compassion for other beings he developed projects that continue to directly help many thousands of people around the world. It was incredible that he survived to do any of this at all.'

The film starts at 7.30pm, and tickets are £10 or by donation.

## Pop-up opera's first floating home

Scottish Opera will visit Ardrossan this summer when it takes to the waves in the converted pilot cutter Murray McDavid.

Pop-up audiences can catch three 25-minute shows this year on Friday June 23, at 6pm and 7pm. The shows are: *A Little Bit of La Bohème*, *A Little Bit of Pirates of Penzance* and *A Little Bit of Bubble McBea*, which is for children aged four to seven.

Each bite-sized production on the boat, provided by Murray McDavid Scotch Whisky, is brought to life by a narrator, singers, musicians and a series of colourful illustrations.

## Koffee for Kalimpang

The Friends of Dr Graham's Homes are holding a Koffee for Kalimpang morning at Corrie Village Hall on Saturday June 3 from 10.30am until noon.

As usual, there will be delicious home baking, bric-a-brac and plants for sale. Not to be missed is the wonderful raffle, along with stimulating company and interesting chat.

A warm welcome is extended to all.

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## SLIDDERY SUPPLIES AT OVERDALE IS NOW CLOSED

Helen and Phil sincerely thank all customers on Arran and elsewhere for your custom over the years.

We wish Willie, Midge and sons success in their continuation of Sliddery Supplies at Braehead, Sliddery

Tel: 01770 870225

# SEAGATE SOLD!



STEPHEN and Katharine Sparshott (Stevie and Kat to their friends) are delighted to be escaping the madness and flatlands of Essex. After many previous visits to the island and most parts of Scotland, they have taken up full-time residence on the beautiful Isle of Arran in the landmark building of Seagate, in Lamlash. They are excited to be joining a proper community!

Trading as SJS Technical Services Limited, they primarily bring Building Services Engineering and Design to the island but also, as Katsock Crafts, hand knitted baby clothes, house trained stuffed animals and decorative

cushions (soon to be available in Made in Arran – and hopefully elsewhere).

Electric guitar tuition in Classic Rock and Blues will also be offered.

They also hope to add one more bedroom to the island's B&B accommodation. Planning permission has been sought.

Please feel free to stop in and claim a cuppa, or say hello when out and about. Knitting needles rarely carried in public and hairy husband does not bite – though both are liable to laugh loudly and frequently.

Her: 07801 233071 / Him: 07798 854295 / Both: 01770 600110

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# THE ARRAN BANNER 20 YEARS AGO

Saturday May 31 1997

## Count delayed

We still don't know how many people live in Arran, even though it has been almost five months since count day last January 10.

An overall figure was expected by the end of May but there have been issues that are delaying the results. Project co-ordinator Jim Lees explained that the data had gone to North Ayrshire Council and that one of the people seconded to help had left.

Furthermore they had identified some possible errors with around 40 homes which needed to be re-checked. The enumeration will be one overall figure of people living on Arran plus a breakdown with interesting and abstract information on the population.

With the difficulties encountered with the last two counts, Jim said the data is being checked with the electoral register and with information from the Post Office. With this now in hand, he is hoping figures will be finalised in 10 days.

## Coming of age

It is around eight years since the idea of timeshare was first introduced to Arran. Presented initially as a way of financing the then-new leisure centre, it has progressed cautiously as timeshare elsewhere in the country and abroad has gained itself a less than enviable reputation.

But at the Auchrannie it has kept going,

slowly but surely. This month the project is now complete. All of the lodges have been completed, the site is landscaped and there are currently more than 200 owners.

Toby Ellis, co-ownership sales manager, explained that at Auchrannie, it was co-ownership and not timeshare as such.

Owners buy the available week for perpetuity.

Once bought, they can stay there every year or exchange them for other weeks or even exchange weeks at other resorts. The newly-completed lodges are also available to rent.

## Angling festival

Isle of Arran Sea Angling Association held its 37th Lamlash Sea Angling Festival on May 24 and 25.

A total of 37 anglers competed and more than 506lbs 8ozs of fish was caught.

The various categories saw a daily winner, a winner over the two days and a winner for the two man teams. There were also categories for the best specimen fish caught and one for the heaviest fish caught.

The weekend, which was supported by Johnston's Marine Stores and Isle of Arran Distillery, saw mostly pollock being caught, with the biggest fish of the weekend a pollock weighing in at a hefty 8lbs. The lady champion was Suzanne Mackay of Thurso who landed 111lbs 14ozs in total.



Morag Grieve, Marie Park and Janette Head have enjoyed huge success at Island Porcelain, so much so that they have now expanded the shop in Kilmory which specialises in ceramics, candles and gifts. B21twe02



Eight girls joined the world of guiding last Wednesday when Brodick Brownies held its enrolment day. The new Brownies are: Karen Clark, Lucy McNicol, Katy McDonald, Ailie McNicol, Eileen Poole, Jessica Robertson, Kirsty and Sarah Weir. With them are leaders Sheena Miller, Marie Haggarty and Christine Leonard. B21twe04



All this week, Arran Gilbert and Sullivan Society has been performing Iolanthe, produced by Heather Gough, in Brodick. The entire cast is pictured on stage. B21twe01



It was yellow hat day for the fire brigade last Saturday when the Lamlash team went to the Whiting Bay Playgroup fete where they found plenty youngsters eager to wear a fireman's yellow helmet. B21twe03



Winter points champions, left, senior champion Moira MacAlister on Nugget and on the right, junior champion Jenna Thomson on Trooper. B21twe05

# RECRUITMENT IN ASSOCIATION WITH HIJOBS

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## LAMLASH GARAGE

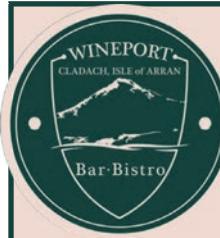
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Phone Nigel for information, with follow-up meeting on site w/c 18 June.

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(one or two days per week).

Previous experience essential, some accountancy experience an advantage.

Arran Estate Office, Brodick.  
Tel: 302203



## ARRAN GEOPARK PROJECT

A 2 1/2 year project to pave the way for Arran to become a UNESCO Global Geopark

The partnership project run jointly by Arran Access Trust, National Trust for Scotland and Lochranza Centre CIC aims to improve access to and an appreciation of, the unique geology of the island. This is in preparation for Arran applying for recognition as a UNESCO Global Geopark.

We are seeking motivated and enthusiastic individuals to join the Project team and are offering the following posts.

**Project Coordinator :** 24 hours per week, 30 months, commencing July 2017, based in Lochranza, £12 per hour

**Seasonal Ranger:** 30 hours per week, 4 months, commencing July 2017, based in Lochranza, £10.50 per hour

**Footpath Team Leader:** 30 hours per week, 24 months, commencing August 2017, based in Brodick, £10.50 per hour

**Footpath Trainees (2 posts) :** 30 hours per week, 12 months, commencing August 2017, based in Brodick, £8. per hour

For further details and job descriptions please contact Bobbie Adamson at ACVS, Lamlash, Brodick, Isle of Arran KA27 8NB

[bobbie.adamson@arranacvs.org.uk](mailto:bobbie.adamson@arranacvs.org.uk)

Closing date for applications – 9th June 2017

Interview Date - week commencing 19th June 2017

## Public Notices

TOWN AND COUNTRY PLANNING (SCOTLAND) ACT 1997  
PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS)  
(SCOTLAND) ACT 1997

Applications listed below together with the plans and other documents may be examined at Planning Services, Cunningham House, Irvine, between 9.00am-4.45pm weekdays (4.30pm Fridays) or at [www.eplanning.north-ayrshire.gov.uk](http://www.eplanning.north-ayrshire.gov.uk)

\*and at The Council Offices, Lamlash

Written representations may be made to the Executive Director (Economy & Communities) at the above address or emailed to [eplanning@north-ayrshire.gov.uk](mailto:eplanning@north-ayrshire.gov.uk) by 16 June 2017. Any representations received will be open to public view.

TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (SCOTLAND) REGULATIONS 2013 REGULATION 20(1)

17/00365/PP; Site To South Of, Norwood Lodge, Middle Road, Whiting Bay; Erection of 4 detached houses and 1 serviced plot for future development.

17/00513/PP; Site To South Of Meadowbank Cottage, Shiskine, Brodick, Isle Of Arran; Erection of detached dwelling house.

Elma Murray  
Chief Executive  
Cunningham House  
IRVINE KA12 8EE



## Property

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Mcculloch petrol lawnmower cost new start of 2016 £249 used for one year, in need of minor repairs will accept £100 Tel: 302654

Electric lawn mower bosch rotak 40-17 ergo only used twice from new bought in error £75 Tel: 303665

Sailing boat needing work plus galvanised road trailer with winch £275 Tel: 07415 780987

LPG NEFF 4 ring built-in gas hob 580x520cm with 2 gas cylinders. As new, selling as changed to induction hob. £90 Tel:- 830348

## UNDER £50

5 Drawer bedroom pine dresser with cheval mirror. God condition. £45, Double dark pine headboard 4ft 6 £25, Large CD Rack £10 Tel: 600123 US mail box new £25, Upright vacuum 1700wt - new bags £45, single futon folding bed £35 Tel: 07415780987 (W/Bay)

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**Whiting Bay Golf Club**

Wednesday May 17, Summer Trophy Round Six, 24 played in the second qualifying round for the club championship and JC Reid Trophy. CSS stayed at 63 which was comfortably beaten the top three placed players. 1. Jamie Stewart 5, 60 and lowest gross, 2. Wolfi Kroner 15, 61, 3. Dougie Auld 22, 62, 4. Ronnie Mann 14, 63. Magic twos went to Gus Macleod at the fourth and Davie Morrison at the seventh.

Sunday May 21, McKelvie Cup Round Two. A heavy morning rainstorm made conditions very unpleasant for the early draw golfers. Those who could opted to play later in the day, by which time overhead conditions were almost pleasant if underfoot the course was as wet as it has been for a few weeks.

Nicol Auld made the most of the afternoon to shoot a gross 64 and win by four shots from Ronnie Mann. 1. Nicol Auld 5, 59 and lowest gross, 2. Ronnie Mann 14, 63, 3. John Pennycott 12, 64, ACB, 3. Andy Martin 12, 64. CSS stayed at 63 and there were Magic twos from Nicol at the third and the 17th, Danny Head at the seventh and Markus Kroner at the 14th. The winner of the McKelvie Cup 2017 is Nicol Auld with a 36 hole total of 126.

Qualifiers for the quarter finals of the club championship are Nicol Auld, Jamie Stewart, Danny Head, Markus Kroner, David Morrison, Andy Martin, Frazer Barr and Wolfi Kroner. Quarter final ties to be played on Monday June 5. Fixtures: Sunday May 28, Medal. Wednesday May 31, Summer Trophy, JC Reid semi final.

**DEATH****RIGG DUNCAN**

ArCaS is saddened to learn of the death of Duncan Rigg, one of our drivers. He was the longest serving driver, having started in November 1993, soon after ArCaS was formed. We are grateful to him for his dedication and offer our condolences to his family.



Machrie Bay golf course – club championship, round one, will take place on Tuesday.

**Brodick Golf Club**

Wednesday May 17, Summer Cup, 39 played, CSS 64. John McKean 73-12=61, ACB, Alistair Hume 72-11=61, Jimmy Armit 74-11=63, ACB. Scratch, Matt Dobson 69. Sunday May 21, McCaffrae Trophy, Round Three, Club Championship Qualifying, 25 played. Matt Keir 66, ACB, Ross Duncan 66, Ewan McKinon 69. Sweep, CSS 65.

Matt Keir 66-4=62, Ross Duncan 66-2=64, Gordon Hendry 70-5=65. McCaffrae Trophy, Club Championship Qualifying, best two rounds of three. Matt Keir 136, ACB, Ross Duncan 136, Ewan McKinon 138.

Ladies section: Saturday May 13 and Tuesday May 16, Centenary Quaich, 10 played, Saturday CSS 68, Tuesday CSS 69. 1. Moira Small 96-34=62, 2. and scratch Susan Butchard 75-11=64, 3. Gege Kroner 92-20=72. Tuesday May 23, Coronation Foursomes, Six pairs played. 1. Susan Butchard and Isobel MacDonald 39pts, 2. Lesley Murray and Heather Rae-side 29pts.

Fixtures: Friday May 26, Club Championship Semi-finals. Saturday May 27, Finals. Sunday May 28, Sweep. Tuesday May 30, Club Trophy Round Two, nine hole Stableford. Saturday June 3 and Sunday June 4, Arran Open Championship. Tuesday June 6, Captain's Prize, shotgun start 4.30pm. Lifestyle golfers 5pm, supper 7pm.

**Corrie Golf Club**

Wednesday May 17, Millennium Trophy and Wednesday Cup. 1. D Jeffrey 67-8=59, BIH, 2. J McConnachie 68-9=59, 3. B Lewis 68-8=60. Scratch, S Beardsley 66. Magic twos, Jim McConnachie and Brian Lewis who won the prize for twos at the first.

Saturday May 20, Summer Cup. 1 J Innes 68-9=59, 2 G Andrew 72-11=61. Scratch, J Innes 68. Magic twos, J Innes, J McConnachie and G Andrew.

Fixtures: Saturday May 27, Summer Cup. Ballots at 9am and 1pm. Wednesday May 31, Wednesday Cup.

**Lamlash Golf Club**

Thursday May 18, Summer Cup, CSS 66, 28 played. 1. Serge El Adm 78-18=60, 2. Allan Winship 76-15=61, 3. Iain Murchie 69-5=64,

4. Stuart Campbell 72-5=67, BIH. Best Scratch, Iain Murchie 69. Magic twos, Allan Winship at fourth, Iain Murchie at 16th, Alastair Crawford at 16th, Neil Young at fourth and 12th, Matt Harvey at 13th. Hole 13 was selected for accumulator draw, which was won by Matt Harvey. Sunday May 21, Jamieson Cup, CSS 64,

1. Drew Wales 68-9=59, 2. Ian Taylor 82-17=65, 3. Andrew Smith 79-14=65. Best Scratch, Drew Wales 68. Magic twos, Drew Wales at 16th, Lee Dutton at 14th. Hole four was selected for the accumulator.

Ladies Section: Wednes-

day May 17, Stroke two, CSS 64, PAR 65, 10 played. 1. Kate McAdam 76-14=62, 2. Jackie Winship 95-30=65. Scratch, Kate 76. Magic twos, Kate x 2 @ 16.

Friday May 19, Grace Cannon Cup, two Ball Foursomes, six pairs played. 1. Liz Sinclair and Alison Heron, net 71, 2. Kate McAdam and Jenny Pattenden, net 73.

Fixtures: Saturday May 27, Grouse Qualifying, make up own fours, see starter for times. Sunday May 28, Scratch Cup at 8.30am, 9.30am and 12.30pm, also draw for local Thomson Cup. Thursday June 1, Summer Cup, make up own groups.

**Shiskine Golf Club**

Sunday May 21, Gents CCQ Round One, 29 played, CSS 68. 1 Class: 1. A Stewart 80-12=68, BIH, 2. D Jeffrey 76-8=68, 3. C Allison 77-7=70.

Scratch, D Jeffrey 76. Second Class: 1. R Woods 90-18=72, 2. A Bannatyne 94-21=73, 3. W McNally 90-16=74. Magic twos, S Black, A Liddell.

**Machrie Bay Golf Club**

Tuesday May 16, Peter Sutton, CSS 62. 1. P Betley 74-13=61, 2. R Betley 93-28=65, 3. H Bannatyne 73-6=67. Tuesday May 16, Lady Mary, CSS 67. 1. P Johnston 92-21=71, 2. J Turnbull 91-16=75.

Fixture: Tuesday May 30, Club Championships Round One, 12.30pm and 5.30pm.

Ladies Section: Wednes-

**CHURCH NOTICES****SCOTTISH EPISCOPAL CHURCH**

(Part of the Worldwide Anglican Church)

St Margaret's, Whiting Bay.

**Sunday 28th May**

11am Holy Communion.

Mr John Roberts.

Coffee after service.

**Wednesday 31st May**

12.15 pm. Holy Communion.

ALL WELCOME

**ARRAN CHURCHES TOGETHER**

There will be Taizé worship

**Thursday 1st June**

at 5.30 pm, in Holy Cross

Church, Brodick.

**PLEASE NOTE CHANGE OF TIME AND PLACE.**

ALL WELCOME

**CHURCH OF SCOTLAND**

Parishes of North Arran Brodick, Corrie, Lochranza, Pirnmill and Shiskine

Independent but working together

Minister:

Rev Angus Adamson

Parish Assistant:

Mrs Jean Hunter:

Worship will be conducted in the above churches at the following times to which all are invited.

**Sunday 28th May**

Lochranza Church, 9.30am

Morning Worship

Pirnmill Church, 10.15am

Morning Worship

Shiskine Church, 12noon

Morning Worship.

Brodick Church, 10.30am

Morning Worship

Corrie Church, 11.30am

Prayer Meeting, 12noon

Morning Worship

There will also be a Service of Worship in Montrose House at 1.30pm.

**WHITING BAY AND KILDONAN CHURCH OF SCOTLAND**

(Charity Number: SC014005)

**Sunday 28th May**

Worship will be conducted by the minister, Rev Elizabeth Watson at 10.30am.

Tea and coffee will be served in the transept after the service. All most welcome.

**ARRAN FREE CHURCH OF SCOTLAND**

Shiskine 11am (church on road between Blackwaterfoot and Machrie)

Brodick 6pm

BACK IN THE CHURCH Rev Benjamin Van Rensburg

**CHURCH OF SCOTLAND**

Kilmory linked with Lamlash

"A faith to proclaim ~ a fellowship to share"

**Sunday 28th May**

Rev John Webster

Kilmory 10 am

Lamlash 11.30 am

All welcome, including families; children's area

Scottish Charity SC015072

**HOLY CROSS CATHOLIC CHURCH****Sunday 28th May**

Vigil Mass 7.30pm

Sunday Mass 11am

**ARRAN FREE CHURCH OF SCOTLAND**

(continuing)

**Sunday 28th May**

Morning Service 11am

Trust Housing Lounge,

Glen Estate, Brodick

Evening Service 6.30pm

5 Glen Road, Brodick

All welcome

**ARRAN BAPTIST CHURCH**

Minister: Rev Vince Jennings

**Sunday 28th May**

Service 11am

Ormidale Pavilion

Tea and coffee after

the service

Wednesday at 7.30pm

Home fellowship group for

bible study and prayer.

Contact phone no 600222

Everyone warmly invited

**ARRAN FREE CHURCH OF SCOTLAND**

Shiskine 11am (church on

road between Blackwaterfoot

and Machrie)

Brodick 6pm

**BACK IN THE CHURCH**

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**RELIGIOUS SOCIETY OF FRIENDS, QUAKERS**

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**ACKNOWLEDGEMENT**

Alistair Wallace and family would like to say thank you to everyone for their cards, flowers and support shown to us since the passing of Pat. Thank you to Rev E Watson for the lovely service and words of comfort.

Thank you to Home-care, Alert Team, Doctors, Nurses and District Nurses for their care and attention given to Pat over the years. Thank you to David and Clair Hendry for all the funeral arrangements, Eleanor's flowers and Brodick Bar for great food.



On your marks: runners set off on the Goatfell Hill Race. 01\_B21goatfell01



George Doubleday of Arran races Paul McCallum of Ron's Runners to be the first over the line.

01\_B21goatfell09



Arran runner Jon Smith receives the First Local Trophy from race organiser Peter Mackie. 01\_B21goatfell12



First prize winner and record breaker Murray Strain performs a victory jump over the finish line. 01\_B21goatfell02



Michelle Williamson and Karen Lindsay-Smith are joined by their children and supporters as they complete the race. 01\_B21goatfell11



Local runner Jon Smith crosses the line in first place. 01\_B21goatfell05

First  
effor

# Goatfell Hill Race record smashed

The annual Goatfell Race last Saturday was one for the record books.

More than 232 runners took part in the event which saw the 23-year-old record time of 1 hour, 13 minutes and 40 seconds beaten by the first two runners.

Cutting a full minute off the time, Murray Strain of Hunters Bog Trotters completed the 15.5 kilometre route with 870 metres of ascent in 1 hour, 12 minutes and 11 seconds.

Finlay Wild of Lochaber, race winner in 2013, 2014 and 2015, finished second in 1 hour, 13 minutes and 35 seconds, which also beat the pre-

vious course record. The first female to cross the line was Holly Page with a time of 1 hour, 29 minutes and 36 seconds.

## Local runners

In the local men's category, first place was won by Jon Smith, while sister Kirsty Smith took the title in the female category.

A number of local runners, representing Arran, took part in the event.

They included Andrew Walsh, Mike Mellor, Nathan Thompson, George Doubleday, Greg Paterson, Alan Murray, Claire Marriott, Karen Lindsay-Smith, Michelle Wil-

liamson and Jackie Newman. Prior to 1993, runners were free to take any route and most took a direct line from the gate in the deer fence to the summit.

A record time over this route of 1 hour, 13 minutes 13 seconds was set in 1979 by Andy Styan.

This was eventually beaten by Andy Trigg in 1992, taking two seconds off the previous best.

From 1993, the National Trust for Scotland determined the route should follow the tourist path, taking a longer but less severe route to the summit.

In 1994, Andy Peace set the record on the new course of 1 hour, 13 minutes 40 seconds. Murray Strain's new record of 1 hour 12 minutes 11 seconds is the fastest time ever on any route.

Race organisers Shettleston Harriers presented trophies for the various age categories and thanked Arran Runners for its help with organising the event, in particular Paul Emsley.

Appreciation and thanks were also given to Arran Mountain Rescue Team which provided support on Goatfell and members of the Brodick Improvements Committee who helped marshall the route.



Clare Marriott and Kirstie Smith celebrate with bottles of champagne. 01\_B21goatfell10



Andrew Walsh crosses the line, straight into the arms of wife Juliette. 01\_B21goatfell06



First female over the line Holly Page completes her race. 01\_B21goatfell04



local runner Kirstie Smith makes one final effort as she crosses the finish line. 01\_B21goatfell08



Mike Mellor of Arran Runners finishes the race in under two hours. 01\_B21goatfell07



Finlay Wild, who finished second, is congratulated by race organiser Peter Mackie. 01\_B21goatfell03

# SPORT



## INSIDE THIS WEEK:

Twenty-three-year-old record smashed in thrilling Goatfell Hill Race

# Archie goes on rampage with a double hatrick

### Brodick Northend

**9**  
**1**

Brodick opened up the defence of their league trophy with an emphatic win over Northend largely due to the sterling performance of Archie McNicol who was in fine form.

The Northenders came down on the back of their joint biggest win-

ning streak in many years.

But they were sent crashing back down to earth as golden boot winner McNicol bagged himself a double hatrick of six goals!

Northend had evened things up at 1-1 early on thanks to former Brodick player Donald 'Scoobie' Roberts.

This clearly woke the

home team up as they went on the rampage.

Andy Thomson also got on the scoresheet for Brodick with a powering performance around the midfield.

Ross Dobson became the latest member of the family to score for Brodick, kick starting his goal tally.

Andy MacNamara also got in on the act,

scoring for the second week running. Unfortunately, this week, he put it by his own goalkeeper.

Referee Stevie Judge awarded McNicol man of the match due to an exceptional performance and some cracking goals to boot as well.

Yet another golden boot looks on the horizon for the striker.

### Lamlash Shiskine

**8**  
**0**

Shiskine travelled over to Lamlash on Monday only to be given a footballing lesson.

The visitors were dealt a blow straight as Willie Sillars limped off after only a couple of minutes.

Right from the off Lamlash dominated as they headed down the hill and downwind in the first half.

Jamie Sillars scored the opener of the game from a corner kick. The set piece swung beautifully over the Shiskine defence and goalkeeper, and nestled in the

corner of the goal. Unbelievably, 10 minutes later it was Sillars doubling the lead with a carbon copy of the first goal. No mean feat to score once from the corner but to achieve two goals was first class.

Ben Tattersfield had a goal chopped off for offside before thundering a strike into the net to make it 3-0.

Grant Adamson made it 4-0 after pounding onto a rebound in the area before Sillars completed his hatrick with a mazy run down the left-hand side.

Tattersfield grabbed another before half-time to take his goal

tally to six in all competitions at this early stage of the season.

The second half kicked off and Lamlash made it 7-0 almost instantly when young Dylan Smith scored to double his tally for the season.

Shiskine managed to steady the ship for the majority of the second half until Johnny Sloss was brought down in the last minute by a late tackle.

Young Kyle Campbell took responsibility for the spot kick, and despite hitting the post, he managed to pounce first on the rebound and tap it in to complete the rout.

Referee Danny Head gave Sloss man of the match for his creative play and his involvement in Lamlash going forward. Luc El Adm was also mentioned for his strong play and delivering some great crosses – an early shout for young player of the year perhaps?

The next league games will be on Monday May 29, with Shiskine vs Brodick at 6.30pm and Southend vs Northend at 7pm.



The Northend goalkeeper deflects an attempt at goal, sending the ball overhead. 01\_Bfooty02



Brodick player Archie McNicol who scored a double hatrick, leaps into the air to lay claim to the incoming ball. 01\_Bfooty01

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