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No. 2025 Arran's Weekly Newspaper

SATURDAY 20 MAY, 2017

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Perfect trust

Todd McNeish sits on his mum's sheepdog Glen. See more on page five.



Cunning cub

Cartoon fox cub Rab has an Arran adventure. See more of his life on page four.



Map marvels

Young orienteers routed round Arran in a compass challenge. See more on pages 12 and 13.

Deadline looms as teen given Labour mandate

Mark Davey
editor@arranbanner.co.uk

Teenagers who turn 18 on polling day – June 8 – have until 11.59pm on Monday to register to vote.

One young man hoping to represent North Ayrshire and Arran at Westminster is only too aware of the necessity of voting as he has been selected to fight the seat for Labour.

If elected, Christopher Rimicans, 18, from Kilwinning, would not only be the youngest MP for 350 years but would receive an MP's basic salary of £74,962 plus expenses to cover the costs of running an office, staff and finding somewhere to live in the capital.

Mr Rimicans faces experienced opposition.

North Ayrshire and Arran Conservative and Unionist candidate, secondary school music teacher David Rocks, also became involved in politics aged 18. He became branch chairman of Irvine's Scottish Conservative and Unionist Party in 2010, was elected to the constituency executive council and currently holds the post of association secretary.

The SNP candidate, Patricia Gibson, from Kilbarnie, who also taught English for 20 years, secured the seat in 2015 with a 13,573 majority and 23.3 per cent swing from Labour. Ms Gibson has wide political experience, including representing Glasgow Pollock ward as a councillor for five years from 2007 to 2012.

Scottish LibDem Mark Dickson, a humanitarian aid worker, graduated from Trinity College, Dublin, with a degree in geography and sociology.

He studied international security at St Andrews University before spending four years in Afghanistan working for a small charity. He went on to provide security support to international aid and development agencies.

Mr Dickson joined the Liberal Democrats soon after returning home to Scotland.

Unlike the May 4 council elections, people aged 16 or over on June 8 are not eligible to vote as the minimum age for a general election voter is 18.

People who wish to vote on Arran need to be on the electoral register. You can sign up online with a national insur-

ance number at: www.gov.uk/register-to-vote.

Voters who have changed address or where other details have changed are advised to check their registration at the same website or contact the electoral registration officer in Ayr on 01292 612221.

Returning officer Elma Murray said: 'Our priority, as always, is to continue to ensure the democratic process is open, efficient and transparent. Having recently staged the local council elections, our staff are well prepared for the vote and count in June.'

'We were very encouraged by the number of people who turned out to vote earlier this month in the council elections – indeed the turnout increased by six per cent on the previous election. I hope voters will continue to ensure their voice is heard by casting their vote in the parliamentary election.'

Polling stations will be open from 7am to 10pm and the count for the North Ayrshire and Arran constituency will be held in St Matthew's Academy, Saltcoats, with the declaration made in the early hours of Friday June 9.

Southend win kick-starts season



Southend Football Club celebrate a successful start to the football season with a 5-2 win over Lamlash Football Club in the first Arran Haulage Cup final. Captain Danny Head and Southend manager Lee Russell were presented with the trophy by sponsor and supporter Rachel Armitage. For more football, see pages 22 and 24. 01_B20frontpic01

Protect yourself against cyber crime

Following the wide range of organisations affected by the ransomware campaign last weekend, North Ayrshire police have given guidance to home com-

puter users. Home users, businesses and other organisations are being encouraged to review the latest advice and take steps to protect their systems.

For the latest advice in relation to this malware attack, visit www.ncsc.gov.uk/guid.../ransomware-guidance-home-users.



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Help sought in tracing owners of photo album

Colin Smeeton
 editor@arranbanner.co.uk

Mystery surrounds the identity of a family captured on celluloid in Islamabad in the past century.

Alexander Rees, from London, spent a weekend on Arran recently helping to renovate his uncle's cottage.

While throwing away some items at the recycling centre in Brodick, he came across an old photograph album which fell open and he was immediately intrigued by the pictures it contained.

Mr Rees said: 'We were unloading stuff at the recycling centre when I found an album of photos



This black and white photo was in the recovered album and is dated October 1948.

B17mystery01

in one of the piles. It was from Islamabad in Pakistan, but the photos appear to be of a British family.

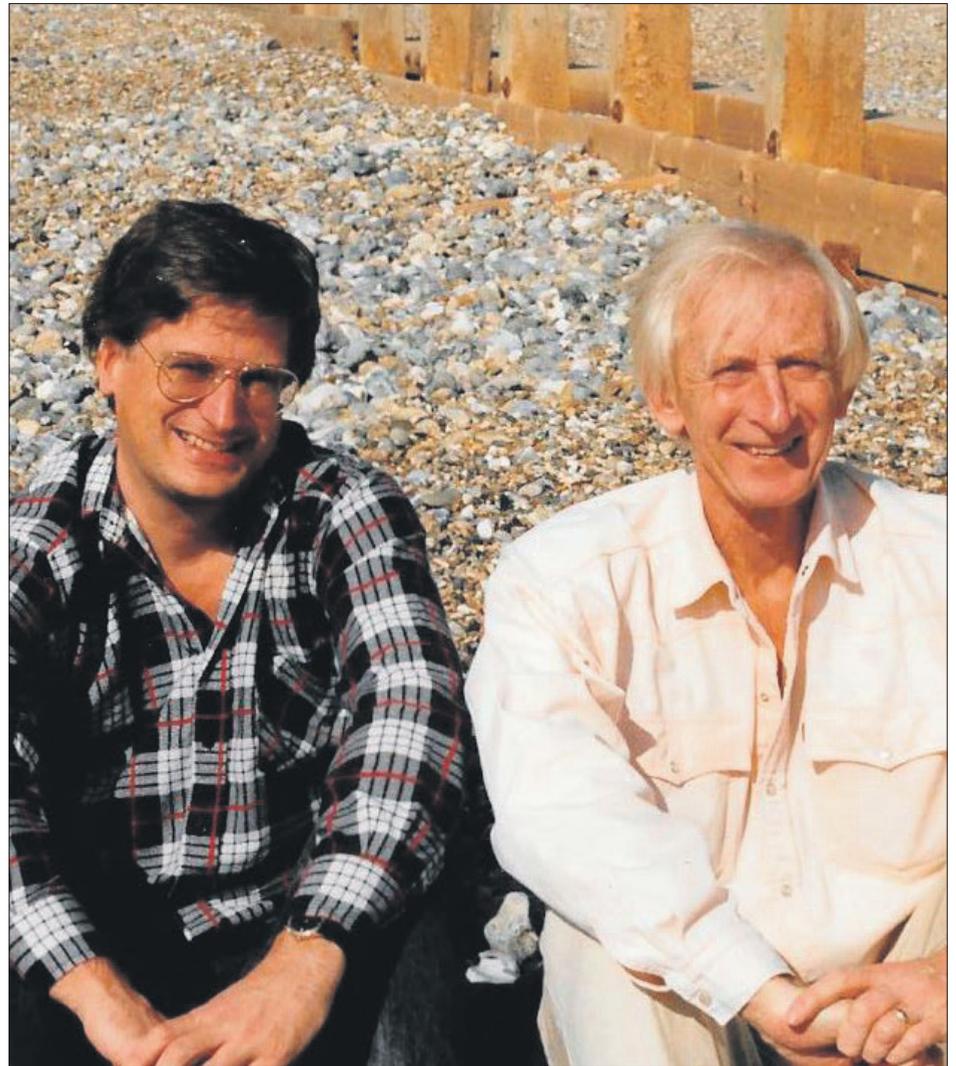
'There were a few fam-

ilies at the centre that appeared to be doing the same thing as us that day so my assumption is that it belongs to one of them.

'I am hoping to reunite this album with its owner and that your readers might be able to assist in this endeavour.'

There is not much known about the people in the photographs. However, one black-and-white image has the date October 1948 on it and another image featuring two men is of David and Brian Moncy.

Anyone with information on the identity of the people or who the album might belong to, should email Alexander at alex.ocr7@gmail.com.



Other than the names, David and Brian Moncy, not much is known of the people in the images. B17mystery02

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Lucy's glorious garden fundraiser

Little Lucy Blair's idea to sell driveway drinks to raise money for charity has grown into a grand garden party.

Lucy, aged nine, has sadly lost two close relatives to cancer and her 49-year-old godfather has a brain tumour.

On Sunday May 28 there will be an open garden event in Corrie when six gardens open their gates to the public and the Arran Pipe Band will play on the Sandstone Quay as a finale.

Mum Sarah said: 'I suggested to Lucy that, as we have a stunning garden created by the previous owners of our house, maybe it would be safer to get people to come in to see the gardens and have tea, coffee and homebaking.



Lucy Blair holds a poster advertising the fundraiser.

'We contacted some of our neighbours who very generously have agreed to open their gardens to help raise more money for

Lucy's cause, which is Cancer Research.

'I am very proud of my daughter and her caring and determined attitude.'

Football legend trumpets elephant rescue student

Brodick woman will also document the development of 'voluntourism'

Mark Davey
editor@arranbanner.co.uk

Cash from an award supported by Sir Alex Ferguson will stuff an Arran student's trunk when she travels to Thailand to help exploited elephants.

Joanna McAleer wants to help rehabilitate elephants traumatised by cruel working conditions, after winning Glasgow Caledonian University's Sir Alex Ferguson Magnusson award.

Ms McAleer, who is from Brodick and is spending an exchange year studying at the University of Rijeka in Croatia, was one of eight students presented with a Magnus Magnusson award at a ceremony on Tuesday May 16.

The awards will support them in volunteering projects across the globe, bringing their expertise and knowledge to parts of the world where it will make a real and lasting difference.

The award will fund the BA (Hons) international business and tourism management student's trip to work with elephants rescued from the tourism industry and to document the development of 'voluntourism' – volunteer tourism.

Miss McAleer said: 'I have always loved ani-



Joanna McAleer. B20student01no

mals and was shocked by the working conditions of many used by the tourism industry.

'I will be volunteering in the mountainous region of northern Thailand for a month, tracking rehabilitated elephants and documenting their behaviours.

'I will be working alongside the local Karen community and the cultural experience will give me a

first-hand perspective of voluntourism.

'I will be documenting the trip and sharing film and media with students who may be considering combining travelling with volunteering.

'My professional interests lie in ethical and sustainable tourism and I am extremely grateful to have won the Sir Alex Ferguson Magnusson award.'

This year's award ceremony, in the university's Saltire Centre, marked the 10th year of the Magnus Magnusson awards. The awards have supported more than 80 students to undertake their dream projects worldwide.

Principal and vice-chancellor Professor Pamela Gillies and Dr Sally Magnusson, daughter of Magnus, discussed their favourite memories of the awards and the story of how it all began.

Dr Magnusson interviewed three former student winners, sharing the remarkable impact of their

award on their life and the lives of others several years on.

Joel Somerville drove 6,000 miles across West Africa to work aboard a mercy ship as a volunteer optometrist carrying out vital eye surgeries; John McAlinden recorded his first album, which led to his band Colonel Mustard and the Dijon Five touring the world; and Gillian Murray delivered life-saving care for newborn babies in Tanzania.

Professor Gillies said: 'Ten years ago, the Magnus Magnusson Awards were created to support

and cultivate the ambitions and dreams of the talented young people of Glasgow Caledonian University who wish to share their talents in some way with others.

'We, as the university for the common good, are so proud of the achievements that have been made possible over the years through this incredible initiative.'

Ms Magnusson added: 'I feel thrilled and humbled. My father cared very much for seeing young people flourish. He understood their aspirations and was curious about what they wanted to do with their lives.'

Arran RNLI lifeboat crew rescues injured walkers on coastal way

A walker who was injured while trekking the Arran Coastal Way was rescued by the Arran RNLI lifeboat crew.

The in-shore lifeboat Rachel Hedderwick was launched shortly after 1pm last Wednesday and swiftly located the casualty and performed an assessment.

It was decided that the injured walker would be

evacuated by lifeboat to an awaiting ambulance.

The RNLI crew were assisted by three members of the Coastguard Rescue Team to carry the casualty via stretcher to the lifeboat.

Once aboard the lifeboat, the casualty was taken to a landing point to meet the waiting ambulance and was then taken to the Arran War Memorial Hospi-

tal for further treatment.

Arran RNLI helm Mark Johnstone said: 'Callouts like today show why everyone in the RNLI train hard every week so they can be ready for occasions just like this one.'

'It also shows the value of our close relationship with the Coastguard and ambulance teams to make sure we have the best outcomes during any callout.'

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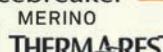
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SWI excursion

After a busy winter session, Lamlash SWI visited New Lanark in beautiful weather. Two friends from the Corrie institute joined the group.

Everyone agreed it was a most enjoyable day out to help celebrate the rural centenary and they look forward to making the outing an annual event.

SWI members in New Lanark.

Foxy little book tells of Rab's adventures

Book review by Mark Davey

Until recently the cunning fox was a non-existent sight on Arran but, thanks to an illustrator and writer, Mr Fox, in the form of young cub Rab, is set to take the island by storm this summer.

Before farmers start reaching for their guns, rest assured ... Rab is but a mere figment of children's author, Linda Mochrie's rich imagination.

She has written a great value little book, priced at £6.90 and aimed to be a pocket money buy, about Rab, the fox cub, who got himself to Arran purely by accident.

Richly illustrated by Tony

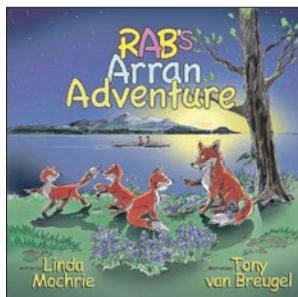
van Bruegel, Linda's wee book *Rab's Arran Adventure* makes excellent reading for young and old.

Tony's pictures not only accompany Linda's story and verse, but also include recognisable Arran vistas.

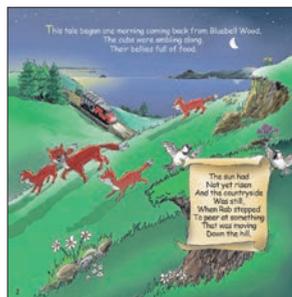
Both Linda and Tony have close connections with Whiting Bay and together they have produced a great addition to Arran's unique appeal.

The 28-page colourful book of rhyme and imagery is exclusive to Arran and will shortly be available in local shops as well as on the ferry to Ardrossan.

Whether a native or a keen visitor to the island, this book is an enjoyable read for one and all.



The cover of the book.



One of the illustrations.



Linda Mochrie and Tony van Bruegel.



Niall McMaster and collie Liz, above left, succeed in penning four sheep. 25_b20sheepdog05; two American tourists from Arizona, centre, were fascinated by the trial. 25_b20sheepdog03; Shepherds and their dogs herd sheep back into a holding pen after a trial, right. 25_b20sheepdog06

Sparkling sun shines on sheepdog stars

Mark Davey
editor@arranbanner.co.uk

Nearly 50 shepherds and their faithful sheepdog companions were penned into a field at Glenloig on the String Road.

They met at 9am on Wednesday for the 129th annual Dougarie open sheepdog trials which, this year, were judged by I McConnell.

The first eight entrants were Arran shepherds.

Virtually all of them said they were just getting the competition going before their mainland rivals appeared from the ferries.

First out was Niall McMaster with his five-year-old bitch Liz. He failed to pen the four sheep but succeeded on a second run later in the morning.



Right, Margie Shepherd kept the shepherds fed and watered. 25_b20sheepdog02

Jen McNeish, left, with her 19-month-old son Todd and dog Glen. 25_b20sheepdog04



Liz Robertson's dog Colie Jim was so slow her voice went hoarse and she resorted to sucking cough sweets. He seemed to be enjoying the sun sitting in the field watching the sheep.

Mrs Robertson said: 'At

least I did not get disqualified. With one of my previous dogs, the judge may have misheard and I was disqualified for swearing – the dog's name was Tuck.'

The *Banner* will have the full results and further photos next week.

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Marathon man David is still on the run

A runner who has been taking part in memorial marathons for the past four years has raised £435 so far of a £1,000 target for Macmillan Cancer support.

Now in his fifth annual athletic challenge, finishing seven full and half marathons, David Allsop has completed the London event and is all set for Edinburgh and Stirling.

As previously reported in the *Banner*, Mr Allsop's pilgrimage is in memory of his fiancée Deborah who passed away from cancer in 2012.

Bridge results

The results of the summer bridge played at Lamash on Monday May 15 are as follows; NS: 1 Tricia Martin and David Campbell, 2 Brenda Livingstone and Eendy McNiven, 3 Margaret and Douglas Bruce. EW: 1 Jan Beattie and Margaret McGill, 2 Jennifer McArthur and Liz Robertson, 3 Ellie Jones and Elizabeth McKellar.

Eileen is new brush in arts role

Arran has a new arts administrator.

Eileen Wilson has just taken up her new part-time post and visited the island for the first time last week to meet members of the Arran Theatre and Arts Trust to discuss her future role.

It will be her job to co-ordinate arts activities on the island and develop new strategies for the future.

The two-year post has been funded by Creative Scotland and the Robertson Trust and the Highlands and Islands Leader

Rural Development Programme.

Eileen was one of 14 applicants for the job, initiated by the Arts Trust and her role will be to promote the professional and amateur arts on Arran and beyond, co-ordinate and develop existing projects such as the new Arts Trail, Arran Open Studios, McLellan Arts Festival and all arts activities on the island which seek her help as well as developing new projects.

Eileen lives in Glasgow and will work two days a

week on the island. A graduate of Stirling University, she is very experienced in working in the arts sector, managing and developing many different festivals and events across Scotland and working with many professional and community artists.

Eileen said: 'I'm really excited to be working on Arran, and am thankful to the Arran Theatre and Arts Trust for this amazing opportunity. I've spent many happy childhood summers exploring Arran and it's a dream for me that I get to come back and work here.'

'Arran has such an interesting, diverse and active artistic landscape with so much to offer. I'm looking forward to working closely with both its artists and the wider community to develop an ambitious programme which is of the island and really reflects the island's talents.'

'I want to help strengthen its connections to the wider arts world so that Arran becomes known as the Arts Island – a title it deserves.'



New arts administrator Eileen Wilson. 01_A20art01



Eileen meets members of the Arran Theatre and Arts Trust. 01_a20art02

I'm also excited to learn more about the island and its intricacies. I'm looking forward to meeting and talking to and working alongside the community on Arran to create a lasting, exciting arts programme – one that does the island and its inhabitants proud.

'I'll be around. I want to get to know you and build something with you and for you. Come and talk to me, have a cup of tea and tell me what you'd like to see happening on your island.'

Get in touch at arrantheatreandarts@gmail.com.

Heather Gough, of the Arts Trust, said: 'Once Eileen has established herself she will be delighted to meet with those involved in arts activities on Arran and will be able to offer advice to groups and individuals. She is an enthusiastic and able person and it is to be hoped that she will help all those involved in the arts to make the slogan Arran, the arts island come into being.'

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50,000 pennies to be spent on toilets plan

A committee dedicated to saving Whiting Bay's facilities is flush thanks to an Ardrossan builder's merchant.

A chance conversation between an Arran customer and the manager of Howdens Kitchens led to the firm gifting a cheque for £500 to the Whiting Bay and District Improvements Committee to assist with the upkeep of the village toilets.

The committee, which has adopted the toilet facilities, is still in the early stages of deciding the fate of the building and while it is still undecided if they are to be replaced or refurbished, an extensive group of volunteers are determined to keep the facilities open.

Howdens representative Vince Gilligan said: 'We regularly undertake work in Arran, which

is part of our local area. As an integral part of the community, we like to support and engage the community and often contribute to worthy causes.

'We have contributed to the foodbank and the Arran War Memorial Hospital and we see this donation as yet another appropriate and worthwhile cause.'

Mr Gilligan, who is regularly on Arran, either with work or through golfing, presented committee members with the cheque last week during a visit. The donation will go towards keeping the toilets open.

Howdens representative Vince Gilligan presents a cheque to committee members Lesley Wood and Ian Cook.



Classical guitar concert

The music of Bach, Berkeley and Britten will bounce around Brodick church at a concert by two third-year Royal Conservatoire of Scotland guitarists.

Jamie Torrance and Nestor Beveridge thrilled an audience at the same venue two years ago with a virtuoso performance.

This year's concert, at 7.30pm on Monday, is possibly the last chance to hear this fine duo before their studies finish and is the final concert of their Music in the Isles tour.

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Editorial

Mapping looks like the future

Global positioning satellites (GPS) have attained almost universal use in route finding so it is refreshing to hear this week of primary pupils using a map and compass.

Orienteering is a sport requiring mental skills as much as physical prowess. In addition, children who excelled will have a chance to compete on a bigger stage.

Spending a moment planning the best route with a paper map will save much energy expenditure as the runner works out the easiest way between points.

Also, a map shows dangers and obstacles and is much easier than a mobile phone for a skilled person to read.

There are regularly stories in the news of cars, lorries and buses ending up stuck in places where they cannot reverse having been guided by GPS.

Stories are also increasingly frequent of hillwalkers and mountaineers, who should be self-reliant, becoming lost when there is no mobile signal or disorientated in fog when simple map reading skills may have led to safety.

Thought for the week

'And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.'
(Colossians 3:17)

Arran rescue

Sir,
How lovely are the people of Arran, both local and visitors?

On holiday last week, on leaving the mini Co-op in Brodick, with a bottle of wine in one hand and a walking stick in the other, I stumbled and fell, hitting my head and face on the ground. My wife also fell. She was alright but I began bleeding profusely.

From people nearby, rescue was immediate and I was helped to sit on some nearby packing cases.

It was a cold day and – regardless of that and the profuse amount of blood – I was wrapped in clothes and rugs to keep me warm.

I am 87 years old. An ambulance was called but it was attending to an emergency so never appeared.

My broken bottle of wine was replaced by the Co-op van driver and somebody else.

With my wife, I was helped to our car and a gentleman then kindly drove us to the hospital in Lamlash with his wife following in their car.

Apart from my visual appearance I am now fully recovered. To the people of Arran may I thank you, thank you, thank you.

Yours,
**Alan Dijkman,
Stockton-on-Tees.**

Heartfelt thanks

Sir,
On behalf of myself and my family, can I please thank everyone who was involved and came along to Ricky's send-off and for making it such a magical night at Clisham.

It was so lovely to fulfil his last wish. The fireworks and rockets were a fitting end to a perfect night.

Our thanks go to all who

helped erect and dismantle the marquees, the fantastic bonfire, the village hall for use of tables and chairs, those who brought along amazing food and flowers, all the musicians, Colin our fireworks expert, Fiona for advice and taking control of the fireworks and rockets, and all who helped clear up.

Not forgetting Sam the piper who entranced us all.

Can we also send special thanks to the Kinloch and the cricket club, plus the *Banner* for allowing us room for Ricky's tribute in a previous edition?

Yours,
**Diane MacDonald,
Pirnmill.**

Myopic view

Sir,
It was disappointing to see Timothy Billings's letter in the *Banner* of May 6 only hours before he was elected as one of the local councillors, where he singularly attacked the SNP canvassing posters which had been placed on trees and lampposts – as is customary before elections.

Did he not see the Labour posters, often on the same trees and lampposts? One wonders, when there is such a myopic view of SNP, whether he will be able to put this aside and work for the good of Arran.

Time will tell if he will lay party politics aside and work with his councillor colleagues for betterment of the island and, indeed, the entire area, or continue to try to score political points by taking side swipes at the SNP.

As an aside, given that Mr Billings sees these posters as such a blot on the landscape, does this mean that we will not see any Conservative posters throughout the island in a few weeks as the general

election approaches, or will his rhetoric be conveniently forgotten?

Yours,
**Margaret Kay,
Lamlash.**

Official sites

Sir,
Having spent a simply great week on Arran with superb weather and the warmth of hospitality at all local visitor attractions and shops, my only minor disappointment was the visit to the picnic area at the North Burn at Sannox – one of my favourite spots.

While initially pleased at the upgrading work on the access road leading to the bridge, on arrival I discovered that the picnic area had been commandeered by travellers with caravans, a Transit van and various dogs tied up but marking the boundary of their territory. Are there not official sites on the island to accommodate the travelling community?

It occurs to me that the toilet facilities at the picnic area may have attracted them to this location but, then again, is this one of the public toilets now closed?

Yours,
**Archie Paterson,
Bathgate.**

Pupils' thanks

Sir,
We would like to say a huge big thank you to lots of people for helping us raise £881.97 at Pirnmill Primary School spring fair. We will use this money to do some exciting things.

So thank you to all the people who helped including family, parent council, staff and everybody else who came along.

Yours,
**Pirnmill Primary
School Pupils.**

Misleading

Sir,
Your report that Conservative candidate Timothy Billings comfortably won the Ardrossan and Arran ward in the May 4 election is quite misleading.

The single transferable vote system is intended to deliver proportional representation by party, and the relevant figures are therefore as follows: first preference votes: SNP – 1,862, electing two councillors. Conservative – 1,309, electing one councillor.

It is hard, objectively, to see this as any kind of Conservative victory, although they advanced against a very poor showing in 2012.

As the count was electronic, polling data is available from NAC by locality.

Polling districts N506 to N512, the seven Arran polling places, delivered 593 votes (43 per cent) for Ellen McMaster and 562 votes (41 per cent) for Timothy Billings.

It is therefore clear that the SNP very comfortably outpolled the Conservatives across the ward and that Ellen McMaster won the Arran vote on the day on May 4.

Finally, for accuracy, the SNP, having 12 councillors in 2012 and 11 in 2017, clearly did not lose four seats.

Yours,
**Dr Malcolm Kerr,
election agent for
Councillors Gurney
and McMaster.**

Sign of the times

Sir,
I hope that the SNP has reasonably broad appeal; I support independence while disagreeing with many of the policies of the party. As such can I take issue with Dr Kerr's

defence of the SNP posters. Apparently they are there to help engage the public in the democratic process – put up signs saying 'please vote' if that's the intention.

Dr Kerr's next argument is 'we have a long tradition of posters'. We had a long tradition of sticking weans up chimneys until we moved on; use culture and tradition as a springboard, not a cushion.

The final argument was that the Tories use posters and hoardings all over the country. There's a great reason for not doing something – the Tories do it.

The posters are an eyesore. As an SNP supporter, they annoy me. There is no evidence that they either promote democracy or encourage voter turnout. They have not been removed promptly and I wonder if the plan is to leave them up for the next election. Take them down, please.

Yours,
**Marc A Head,
Whiting Bay.**

MV Glen Sannox

Sir,
Having read with interest about the naming competition for the new ferry, I thought readers of a certain age might be interested to see where the original MV Glen Sannox ended up?

Unfortunately, she's now a wreck in the Red Sea having been run aground after a period in service transporting pilgrims to religious sites in the area.

More information can be found online and the wreck can be seen on Google Earth.

It would be good to raise funds for a recovery and restoration and see her back on the Clyde racing the Waverley again.

Yours,
**Martin MacGuire,
Glasgow.**

ARRAN DELIVERIES
We deliver the goods, not excuses

Daily collection throughout Ayrshire, Glasgow and surrounding districts

Check out our new website: www.arrandeliveries.co.uk

Glasgow Depot

c/o Hebrides Haulage
149 Balmoral Street
Glasgow, G14 0HB
Call us on 01475 676255
Open 9am - 5pm Monday to Friday

We've been in our Glasgow depot for 25 years, our long time friends Hebrides Haulage operate it and provide a great service. We can accept all size of deliveries into Glasgow. Our trucks are available daily to collect all your goods from Arran.

Anything in before 1pm is guaranteed next morning delivery. Let us know what you need as our service, we offer 2 man delivery and Tailift Service throughout the island. Forklift at depot.

Parcelpoint Adrossan

Parcelpoint Adrossan
Ayrshire, KA22 8BZ
Call us on 01475 676255
Open 9am - 5pm Monday to Friday

We are open to accept all your deliveries large and small. A lot of companies won't deliver to Islands, why not use us as your mainland address and let us bring it to your home. We have all the national parcel companies and pallet networks calling in daily to our Parcelpoint. If you are ordering from a few different companies we can

hold it until all your goods have arrived and deliver it all together to your home. If you're needing special arrangements for your delivery we can help. Just let us know your requirements when you book in. Forklift on site for pallets and as well as our speedy parcel services, we offer a 2 man and tailift service throughout the Island.



An image of the wreck of the MV Glen Sannox in Saudi Arabia submitted by Martin MacGuire. Photo by Christophe Paumier.

Advertorial

Independent living advice and support at Ardrossan event

Ayrshire Independent Living Network, which provides people with free information and advice about Self-directed Support, (SDS), will be hosting an event aimed at older people at the end of the month offering free advice and information on SDS.

If you qualify for SDS, after contacting Health and Social Care, the Scottish Government, which has different ways that you can receive support, will provide you with organisations that can advise you to tailor the support to your needs.

Ayrshire Independent Living Network provides this service across the three Ayrshire authorities, including Arran.

People use SDS in many different ways: some opt to employ personal assistants, some hire care companies, some do a mix of both and others just prefer the local authority to decide everything for them.

SDS means that you can now choose

to receive any care needed in a way that suits you and lets you get on with the more important things in life. It is not a welfare benefit and so does not affect any you currently have.

The event for older people will take place at Ardrossan Indoor Bowling Club on Wednesday May 31. It will allow people to learn more about SDS from advisers, talk to people who already have SDS and there will be other organisations there with services and groups relevant to the over 65s, including Age Scotland, Carer's Centre North Ayrshire, Dementia Technology, Telecare, Police Scotland, Scottish Fire and Rescue and Alzheimer's Scotland among others.

It will be held from 10.30am to 1.30pm and there will be tea, coffee and cakes. For any inquiries about SDS, call an adviser on 01294 475685 or visit the Ayrshire Independent Living Network's website at www.ailn.org.

Look after visitors

Sir,
We have just had a lovely week on Arran, despite the fact that there are no open public toilets. We bought drinks in the Best Western hotel in Blackwaterfoot, mainly to use its loo.

The locals are disgusted, and the tourists we talked to were amazed. Your area needs tourism so swift action is necessary.

Later in the trip we did find one in Tarbert on the Mull of Kintyre.

We live in the Lake District, where the same thing happened. Fortunately, the council acted quickly, had all the buildings renovated, with entry charges of 20p or 40p to help pay for a better standard of facilities and cleaning.

Arran is a most beautiful island, you need to look after your visitors.

Yours,
Tony and Lynda Richards, Cumbria.

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At The Arran Banner, we endeavour to ensure all our reports are fair and accurate and comply with the Editors' Code of Practice set by the Independent Press Standards Organisation (IPSO).

However, we realise that mistakes happen from time to time. If you think we have made a significant mistake and you wish to discuss this with us, please let us know as soon as possible by any of the three methods: emailing editor@arranbanner.co.uk; telephoning the chief reporter on 01770 302142 or write to the Group Editor at Wyvex Media, Crannog Lane, Lochavullin estate, Oban, PA34 4HB. We will try to resolve your issue in a timeous, reasonable and amicable manner. However, if you are unsatisfied with our response, you can contact IPSO, which will investigate the matter.

You can call IPSO on 0300 123 2220 or email inquiries@ipso.co.uk. IPSO is an independent body that deals with complaints from the public about the editorial content of newspapers. We will abide by the decision of IPSO.

THE EDITOR welcomes letters for publication on this page. The Editor reserves the right to shorten, amend or to refuse to print them. Names and addresses MUST be supplied to indicate good faith, although these details can be withheld from publication. Telephone numbers, if available, should also be included. Anonymous letters will not be considered. Please write to: Letters, The Arran Banner, Brodict, Isle of Arran, KA27 8AJ. Fax: (01770) 302021. Email editor@arranbanner.co.uk. Emailed letters can only be considered if they have a name, full address and phone number.

Older People Self Directed Support Event.

Join us for an information day.

Enjoy a variety of guest speakers, fun activities, tea, coffee and cakes.

The event takes places on:

Wednesday 31st of May 2017 at 10:30am - 13:30pm.
Ardrossan Indoor Bowling Club
150 Glasgow St, Ardrossan KA22 8EU




If you would like to reserve a place contact Sharon McLeod on 01294 475696 / sharon@ailn.org
We look forward to seeing you there!

www.ailn.org






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Ayr	£35
Edinburgh	£100
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Irvine central	£14
Largs	£20
Prestwick Airport	£24
Crosshouse Hospital	£20

Friendly reliable service

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Historical Society prepares to visit People's Palace

With the speaker unable to visit, Arran Historical Society members enjoyed a social evening and discussed their upcoming excursion *writes Norma Davidson.*

Unfortunately, the May speaker, Mhairi Hastings, from Dumfries, was unable to talk on the History of Savings Banks.

Having set off on a wet and windy morning, she consulted the CalMac website en route which intimated that, due to high winds, no ferries were sailing to Arran, despite the Caledonian Isles having run to timetable.

She was disappointed as was the society, and she promises to re-arrange for 2018. Colin Mackenzie and Hugh Brown announced plans for the June excursion.

The plan to visit Glasgow City Chambers cannot be undertaken because the venue cannot accommodate more than 25 visitors per day for security reasons.

Instead, on Friday June

23, leaving on the 8.20am ferry from Brodick and returning on the 6pm from Ardrossan, the society will visit the People's Palace, a museum devoted to the social, political and industrial history of Glasgow.

The cost is £10 per member and names can be given to secretary Hugh Brown on 01770 303577, email hughbrown.ce@gmail.com, or at the next meeting on Monday June 19, at Brodick Hall, at 2pm, when there will be a talk by Roderick MacPherson on The History of the Profession of Messenger at Arms.

This is a follow-up to the talk in 2016 by the Lord Lyon King of Arms. Visitors are always welcome at meetings.

The author of society reports to the *Arran Banner* is unable to be at the next meeting, so if anyone is willing to try their hand at journalism, contact Hugh Brown, secretary, or Colin Mackenzie, chairman, on 01770 302329.

Irish fiddler's Folkfest harmonies



A musician from County Cavan is tuning up to share her string specialities with musicians across Arran.

Glasgow-based Gráinne Brady is heavily involved in the folk scene, playing regularly with some of Scotland's finest musicians and, at a fiddle workshop, on Saturday June 10, will share her knowledge with people of all ages and abilities.

She plays in a variety of different bands, including a duo with Tina Jordan Rees, Top Floor Taivers, The Routes Quartet and another duo with Ryan Murphy. She also works with various music organisations including Live Music Now, Enterprise Music Scotland and Hands Up for Trad.

Folkfest, which runs from Friday to Sunday, June 9 to 11, will kick off with an



Mike and Stef will be performing a one-off reunion show at the Arran folk festival.

open session at the Douglas Hotel and follow with a nostalgic one-off reunion of Mike and Stef who are well-known faces on Arran.

Stef Holmer used to teach at Arran High school but has since retired and moved off the island while Mike Bailey still teaches at Arran High and is a regular solo performer at Fiddlers.

Joining them at the concert at Brodick Hall at 7.30pm will be Top Floor Taivers and Jenn Butterworth and Laura-Beth Salter.

On Saturday June 10, another open session will take place at the Douglas Hotel between noon and 5pm and the concert in the evening will feature The Tannahill Weavers and Rab Noakes, who will also host a workshop on Sunday June 11.

The illustrated workshop, lasting about an hour, will highlight two aspects of Rab's musical work. The first is songwriting and the

other accompaniment and performance.

Rab will demonstrate some of the methods he uses as a songwriter referring to a range of songs written both by himself and by others, including how they were written, how they were improved and how they were considered completed.

The second aspect is the art of accompaniment. This relates to the songwriting from composition to performance. There will also be a Q and A session after the hour full of information and music.

The festival will conclude with the usual survivors' session at the Douglas Hotel which will be hosted by Uncle Keith who will pick the weekend's best performers for a mini-concert.

Tickets are available for individual events or a discounted two-day pass is available at www.ar-ranevents.com/470.



Top Floor Taivers perform at Brodick Hall on Friday.

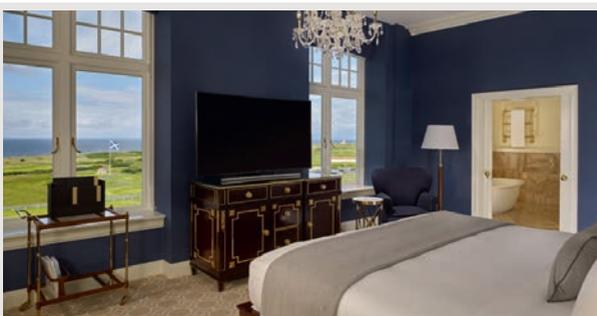
WIN

AN OVERNIGHT STAY FOR TWO AT TRUMP TURNBERRY AND DINNER AT IL TRAMONTO AT 1906



Situated on the enchanting Ayrshire coast is the iconic Trump Turnberry, a Luxury Collection Resort, Scotland. First opening its doors in 1906, it is steeped in rich history and heritage and features unforgettable views across Championship golf links to Ailsa Craig and the Isle of Arran.

Following a multi million pound renovation, all of



the bedrooms have been lavishly refurbished, and now feature opulent marble bathrooms, freestanding bathtubs and sparkling chandeliers.

Enjoy long walks on Turnberry beach, relax in The Grand Tea Lounge with a glass of fizz or make your way to The Spa at Turnberry to unwind from the stresses of everyday life.

**FOR YOUR CHANCE TO WIN, just answer the following question:
In what year did the Turnberry hotel first open?**

To enter, send separate entries (in the same envelope) with your name, address, telephone number and email address to Wyvex Media Ltd, Competitions, Fettes Park, 496 Ferry Road, Edinburgh EH5 2DL. Closing date, unless otherwise stated, is May 31, 2017. Entrants must be 18 or over. Employees of Wyvex Media Ltd, the competition promoters, and their direct families are ineligible to enter. No purchase necessary. The winner will be first correct entry drawn after closing date. No cash alternative is available. The winner will be informed by telephone. Promoter reserves the right to request post publicity. Indicate if you do not wish to receive further information from promoter. Usual Wyvex Media rules apply.

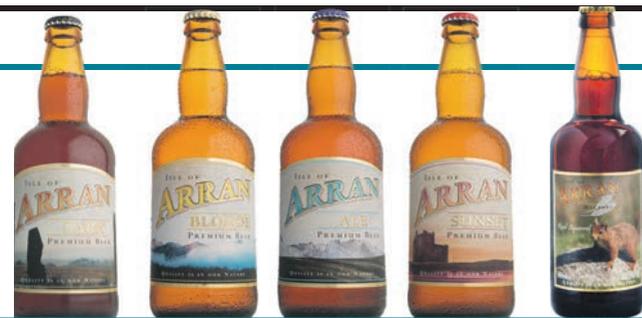


Jenn Butterworth and Laura-Beth Salter will return to Arran after a well-received performance in 2014.



Arran Leisure

sponsored by Isle of Arran Brewery
www.arranbrewery.com



Country roads lead John Denver fans to Lochranza performance

Fans of the music of John Denver are in for a treat when Chris Bannister returns to Lochranza and Catacol Village Hall for a tribute performance.

Following an incredible evening last year, audience members can look forward to a show of rare quality, on Saturday June 3, with a performance showcasing the exceptional talent of this singer/songwriter with his self-penned collection of songs, his covers of much-loved classics and undiscovered folk songs or simply his tribute to the music of John Denver.

Chris has gained an international reputation which has delighted fans for more than two decades.

His debut album *Only Human* was released in 1992.

Produced in a small Liverpool studio and on an independent label, the album, which combined country, folk and rock elements, caught the attention of legendary broadcaster Bob Harris, who added the album to his radio playlist.

The single *We Were Children* was released in 1993 and, having been included on the BBC Radio 2 playlist, brought Chris's work to a wider audience.

Subsequently, his live shows were enthusiastically received and, being much in demand, Chris spent the next few years focused on extensive touring, performing up to 200 live shows a year before releasing his second album *Colours* after which he once again toured extensively.

Chris has also toured as a support act for artists including The Stylistics, Rick Wakeman, Heather Small and most recently with the Snake Davis Band.

In 2001, Chris recorded the album *October Already* at Revolution Studios in Cheshire. This was produced by Andy McPherson and Justin Richards and featured Roy Martin on drums and Sad Cafe's Ian Wilson on backing vocals and guitar.

October Already served to cement Chris's reputation as a songwriter and performer of exceptional quality.

He released his fifth album *The Unicorn and Other Stories* last year, a collection of Nova Scotian folk songs with entirely new arrangements and melodies which has delighted Chris's existing fans and served to introduce Chris to a new audience.

In 2010, Chris began touring with his solo show *The Music of John Denver* celebrating the life and work of the legendary singer/songwriter in his own unique way.

Unlike look-a-like tributes, Chris's uncanny ability to recreate the sound of John Denver has brought him widespread acclaim. It is a testament to his talent that Chris has an international reputation and no surprise to learn that he regularly performs in Aspen Colorado to sell-out audiences.

Chris has worked alongside Wrecking Crew saxophonist and flautist Jim Horn, who was the longest-serving musician in Denver's band.

Chris also worked with John Denver's legendary lead guitar player Steve Weisberg, who played on hits like *Annie's Song*, *Back Home Again* and *Grandma's Feather Bed*. Steve sadly died last year and, in recognition of Chris's exceptional talent and for his work in honouring the music of

John Denver, Steve bequeathed his 1937 Epiphone guitar to Chris in his will.

This year sees Chris returning to Colorado for the fifth time.

It is the 20th anniversary of John Denver's death and Chris was honoured to have been asked to perform as part of the celebrations of John's life and work that are taking place in Aspen, the singer and activist's adopted hometown.

As well as continuing to write, record and perform his own music, Chris has recorded several John Denver radio specials for the BBC and toured the show extensively for the past six years.

Chris Bannister is an internationally acclaimed John Denver tribute performer who will be returning to Arran later this year.





Eleanor McNamara and Davie Nichol collate the times at the finish. 01_B20orient04



S1/S2 Open winners. 01_B20orient13



Shiskine Primary pupils can be seen running through the colourful gardens. 01_B20orient07



S1/S2 Girls winners. 01_B20orient14

AKONG
A remarkable life

'A film following the life of Akong, beginning with the dramatic ten month escape from Tibet through the Himalayas'

Arran High School
Thursday 1st June
7.30pm

Suggested donation of £10
(all proceeds to the Akong memorial foundation)

LIVE MUSIC!

SATURDAY 20TH AT 9PM

JELA
FRENCH TRIO PLAYING AN ENERGETIC ROCK SET HEAVILY COLOURED BY BLUES & FOLK

AND SUNDAY 20TH AT 4PM

Open mic on Friday with Jim at 8.30pm
plus Pub Quiz on Wednesday!

The PIERHEAD TAVERN, LAMLASH
www.thepht.co.uk 01770 600418

THE WHINS CRAFT WORKSHOP
North Newton, Lochranza
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Hand painted stone characters & animals trinket boxes, candles and more.
Handmade on the premises. Working craftsmen.
Open to the public
7 days 10am - 6pm Walking only please
Sign posted from Lochranza, with scenic views
Tel: 01770 830 650

Summer Concerts

Saturday, 27th May 7:30pm
Brodick Hall

Saturday, 10th June 7:30pm
Lochranza Hall

Tickets from the Book & Card Centre or at the door
Adults £8 Children £3, incl. refreshments

ARRAN HERITAGE MUSEUM
Scottish Charity Number SC002089
Rosaburn, Brodick, Open Daily 10.30am to 4.30pm

THE ISLAND'S FOUR STAR FAMILY DAY OUT

Learn about Arran's Unique Geology, Farming, Archaeology, Social History, Clearances, etc., and visit the 19th Century Cottage, the 1940's Schoolroom, and the Blacksmith's Forge.

Archive and Genealogy researchers welcomed
(on Wednesdays only from 10.30am to 12.30pm and 1.30pm to 3.30pm or by appointment).

Children's Quiz and Play Area.
Riverside Picnic Area. Gift Shop.
Lovely Snacks and Meals at Café Rosaburn.

ARRAN FOLK festival 9th—11th June
A weekend of Sessions, Concerts & Workshops

Friday 9th June
Open Session. Douglas Hotel. 12-5pm. FREE
All Welcome - Bring an instrument, a song, or just your ears!
Evening Concert. Brodick Hall. 7:30pm. £18
Top Floor Taivers, Mike & Stef, Jenn & LB,

Sat. 10th June
Open Session. Douglas Hotel. 12-5pm. FREE
Fiddle Workshop. Brodick Hall. 11am. £5
Workshop hosted by Grainne Brady (of Top Floor Taivers) for all ages & abilities.
Evening Concert. Brodick Hall. 7:30pm. £20
The Tannahill Weavers, Rab Noakes

Sun. 11th June
Survivors' Session. Douglas Hotel. 12-5pm. FREE
Songwriting Workshop. Brodick Hall. 11am. £5
Hosted by Rab Noakes. Limited places - book early!

Brochures and further info available from local shops.
Tickets now available on-line and at Brodick Post Office.
www.arranevents.com

CS Arran

VOLUNTEER ARRAN EVENT
Brodick Hall 5th of June
2-4.30pm

ACVS are holding an event at Brodick Hall from 2pm till 4.30pm to promote and celebrate volunteering on Arran.

Come along, have a chat and find out how volunteering can help you!

If you would like to book a stall or nominate someone for a volunteer award call 01770 600611 or email Sophie.Clark@arrancvs.org.uk



spa



YOUR GUIDE TO RELAXATION
AND PAMPERING



spa

With more of us looking for ways to boost self-confidence or learn how to manage stress, it is little wonder that spa days are a rising trend in the wellness world.

Spas are places devoted to overall well being through a variety of professional services that encourage the renewal of mind, body and spirit. With today's busy work and family schedules, sometimes we need an escape. Perhaps there is a niggling problem that we could use some help with, such as tight and aching muscles or chronic pain. Maybe we just want to indulge in a bit of pampering or enjoy a special beauty treatment. There are so many benefits to shutting out the world and giving yourself the gift of a little 'me time', and a visit to a spa is the perfect way to do this!

In today's fast paced life, it becomes very essential to allay stress as much as possible. By visiting





a spa you will feel pampered and rejuvenated, whether you are getting a massage, a skin treatment or just a manicure. When you take time out for yourself, the return on your investment will be improved well-being.

And when you put yourself in the expert hands of a spa therapist, she can help your skin, hair and nails look their absolute best with a variety of ancient time-proven therapies and 21st century treatments using natural ingredients such as Scottish seaweed and aloe vera. And when you feel relaxed on the inside and beautiful on the outside, it's a huge boost in self-confidence, giving you a whole new outlook on life.

Spa days are a brilliant way to celebrate with the girls, spend quality time with your sweetheart or just take some time alone, with nobody yelling, 'Mum!' for at least an hour- ah, think of the bliss! Who needs to jet off to the big city or Europe for world-class spa treatments?

Here on the West Coast, we are spoiled for places to chill out, relax, recharge, reflect, detoxify and re-energise.

What to expect from your first spa visit

You have booked your first spa appointment and are all ready for a pampering session, what should you expect?

Be sure to tell the spa receptionist that it's your first visit- he or she should take as much time as you need to answer any questions you may have. They can explain the different treatments on offer and make suggestions to customise your visit. You might also ask for a tour of the facility.

The most popular spa treatments are massage therapy, facials, body treatments, manicures and pedicures, but there are also more exotic treatments on offer, such as a Rasul Mud experience or a frozen crystal facial.

It's best to arrive at least 15 minutes early to fill out any paperwork and make sure you are not rushed- after all, the whole idea is to relax, and if you are late, you will be stressed out. Also, your time slot usually can not be extended, so if you arrive late, your treatment might be cut short.

When you arrive, you may be shown to the changing room and given a robe, slippers and towel, or taken straight to the therapy room, where, if needed, the therapist will leave you to disrobe and get comfortable on the treatment table or chair.

Now it's time to lie back, relax and put yourself in your therapist's expert hands. This is your time, so enjoy the tranquillity, beauty and sense of refreshment that only a visit to a spa can offer!



RESIDENTIAL PACKAGES & WELCOME PACKS

Stobo Castle means many different things to guests who come back to us year after year. Some join us for relaxation and pampering; some for rest among tranquil surroundings, or exercise and toning. Others are simply seeking a personal treat or beauty boost.

REVITALISING BREAK

No treatments included – please choose from our wide range of individual treatments if you wish. Rates are per person per night.

PURE SPA BREAK

Includes two nights' accommodation, one Express Facial (25 mins) and a choice of: one Full Body Massage (55 mins) or one Jessica Prescriptive Manicure Deluxe (55 mins) or one Luxury Mud Wrap (55 mins).

Prices are per person and include VAT. A supplement of £15 per person applies on a Friday night and £25 per person applies on a Saturday night. A deposit of £100 per person is required to confirm a reservation.

Start enjoying your Stobo experience a little bit earlier by joining us for a delicious buffet lunch in the Coffee Shop on your day of arrival. No booking necessary.

*Deluxe rooms include bottled water and fresh fruit.

**The Cashmere Suite includes a bottle of Bollinger champagne, chocolates, bottled water and fresh fruit on arrival.

RESIDENTIAL PACKAGES INCLUDE:

- All meals from dinner on arrival to lunch on departure
- Unlimited use of the health suites and spa facilities
- An extensive range of optional fitness and aqua classes
- Guided walks including the Japanese Water Gardens

SO STOBO WELCOME PACKS

What could be nicer than finding one of our beautifully presented 'So Stobo' Welcome Packs waiting in your room with your name on it.

Whether it's a special occasion or just a 'thank you' gift, the range of packs available will cater for all your requirements. Just choose from the following options and call 01721 725300 to place your order quoting the recipient's name and their arrival date, at least seven days beforehand.

OPTION 1 - £25

- Bottle of "So Stobo" House Wine (Red, White or Rosé)
- Sleeve of "So Stobo" chocolates
- Card with personalised message

OPTION 2 - £55

- Half bottle of champagne
- Fresh flower arrangement
- Sleeve of "So Stobo" chocolates
- Card with personalised message

OPTION 3 - £65

- "So Stobo" fluffy, white bathrobe
- Pair of "So Stobo" slippers
- Set of two Stobo Luxury products
- Card with personalised message

OPTION 4 - £85

- So Stobo Terramundi Money Pot
- Teddy Bear
- Bottle of champagne
- Card with personalised message

Please note that payment for Welcome Packs is non-refundable and payment for option 2 is requested at the time of booking

RESIDENTIAL PACKAGES 2017 – PRICES

	REVITALISING BREAK		PURE SPA BREAK	
	SHARING	SINGLE	SHARING	SINGLE
CASTLE LODGE	£135	£195	£345	£465
STANDARD	£155	£215	£385	£505
CLASSIC	£175	£235	£425	£545
DELUXE*	£195	£255	£465	£585
CASHMERE SUITE**	£299	£399	£690	£890



STOBO CASTLE HEALTH SPA

SCOTLAND'S ONLY DESTINATION SPA

Nestled among the beautiful Scottish Borders countryside, Stobo Castle offers excellent service, fine food, elegantly trained staff and above all, the ability to find peace in a frenetic world.

The magnificent Scottish Castle is set deep within the Scottish Borders countryside in private grounds and surrounded by vast pine forests and a tranquil lake. Award-winning Stobo Castle is the ultimate escape where one can indulge in a luxurious haven, unwind and enjoy some of the finest hospitality and first class service that Scotland has to offer.

From the sweeping driveway when one enters the castle, guests are enveloped into an environment of unrivalled luxury, serenity and calmness. The personality of each room is unique but all are rich and elegant with perfect ambience to make one feel comfortable. The internationally renowned Cashmere Suite is Scotland's most luxurious and opulent bedroom. A haven of sensual pleasure, it is the ultimate in style and comfort, featuring cashmere wall coverings and "his and her" four poster beds. A handcrafted, oval limestone

bath weighing over a ton and big enough for two is the focal point, with an extensive range of Molton Brown products for guests to enjoy whilst relaxing in the decadence of the bathroom.

Guests at Stobo are drawn to Scotland's only 25m Ozone Pool offering panoramic views of the Borders countryside and giant Hydrospra with relaxing water jets. Knowledgeable fitness trainers run a full range of classes throughout the day, suitable for every level of fitness. 2013 saw the complete refurbishment of the gymnasium and more recently, three outdoor, torch-lit hot tubs were added.

Whatever the senses desire, there are customised spa treatments available to detoxify, smooth, tone and revitalise as the mood suits, carried out by highly-trained personal therapists. The new range of Couples Treatments include truly special rituals designed for

two people to enjoy together or be massaged with 2,000 litres of warm water without getting wet on a Dreamwater massage bed.

The gently burbling Japanese Water Gardens are truly spectacular and are specially designed to promote a Zen-like calm. Water from the Stobo Lake tumbles down a cascading waterfall, whilst delightful little bridges take you over peaceful pools.

At Stobo chef's create dishes sourced from only the finest Scottish produce that are not only delicious but promote healthy eating whilst satisfying even the heartiest appetite. In case there was any doubt, decadent desserts are on the menu, as are champagne, cocktails and fine wine.

Stobo Castle combines the finest spa facilities in Europe with premier hotel service and adds a personal touch to make Stobo your very own personal haven.



SPA DAYS

STOBO CASTLE AFTERNOON TEA

£19.95 per person

£26.95 per person - Includes a glass of Bernard Robert Cuvée Reserve, NV, champagne

A traditional afternoon tea served in the Dining Room - includes:

- Your choice of finger cut sandwiches
 - Freshly baked scones served with cream and jam
 - Delicious handmade cakes
 - A selection of Twinings loose leaf teas
- Served between 3pm and 4pm, pre-booking is essential and payment is required at the time of booking.

MORNING CHILL OUT

£55 per person*

- Arrival from 9.30am – departure 1.30pm
- Unlimited use of the spa facilities
- Optional fitness and aqua classes and access to the Japanese Water Gardens
- A delicious, healthy buffet lunch with tea or coffee served in the Coffee Shop.

LAZY AFTERNOON

£55 per person*

- Arrival from 2pm – departure 6pm
- Unlimited use of the spa facilities
- Optional fitness and aqua classes and access to the Japanese Water Gardens
- A traditional afternoon tea served in the Coffee Shop

EVENING ESCAPE

£34 per person*

- Arrival from 6pm - departure 10pm
 - Unlimited use of the spa facilities
 - Access to the Japanese Water Gardens
 - Refreshments are available to purchase from the Coffee Shop
- * £4 supplement applies on a Saturday and Sunday.

RELAXING SPA DAY

£99 per person**

- Arrival from 9am – Departure 5pm
 - Dream Water Massage (15 mins)*
 - Express Facial (25 mins)
 - Optional fitness and aqua classes and access to the Japanese Water Gardens
 - Unlimited use of the spa facilities
 - A delicious three course lunch with coffee served in the Dining Room
- *Not suitable for pregnant ladies.

STOBO SPA DAY

£125 per person**

- Arrival from 9am – Departure 5pm
 - Choose two of the following treatments:
- Back Massage (25 mins)
Facial Massage (25 mins)
Jessica Hand Treatment (25 mins)
ZenSpa Foot Treatment (25 mins)
File & Polish - Hands Only (25 mins)
- Optional fitness and aqua classes and access to the Japanese Water Gardens
 - Unlimited use of the spa facilities
 - A delicious three course lunch with coffee served in the Dining Room

LUXURY SPA DAY

£165 per person**

- Arrival from 9am - Departure 5pm
 - Choose two of the following treatments:
- Full Body Massage (55 mins)
French Facial (55 mins)
Luxury Mud Wrap (55 mins)
Jessica Prescriptive Manicure Deluxe (55 mins)
ZenSpa Pedicure Deluxe (55 mins)
- Optional fitness and aqua classes and access to the Japanese Water Gardens
 - Unlimited use of the spa facilities
 - A delicious three course lunch with coffee served in the Dining Room
- ** £15 supplement applies on a Saturday and Sunday.



FULL TREATMENT LIST

SIGNATURE TREATMENTS

- DREAM WATER MASSAGE
- BODY EXFOLIATION
- BACK MASSAGE
- FULL BODY MASSAGE
- MOTHER-TO-BE BACK MASSAGE
- MOTHER-TO-BE FULL BODY MASSAGE
- PARAFFIN WAX
- PARAFFIN WAX FULL BODY WITH ESSENTIAL OILS
- STOBO CASTLE LUXURY MUD WRAP*
- SERAILBAD MUD ROOM
- STOBO'S TOP TO TOE SUGAR GLOW
- STOBO'S EXCLUSIVE HOT STONE MASSAGE
- AROMATHERAPY
- INDIAN HEAD MASSAGE
- REFLEXOLOGY
- SPORTS MASSAGE** †
- FAKE BAKE SPRAY TAN
- STOBO CASTLE EXPRESS FACIAL
- STOBO CASTLE FACIAL MASSAGE
- STOBO CASTLE FRENCH FACIAL
- EYELASH TINT
- EYEBROW TINT
- EYELASH/BROW TINT
- EYEBROW SHAPE
- PERSONAL MAKE UP

CAUDALIE

- VINOPERFECT RADIANCE FACIAL
- VIVOSOURCE ANTI-OXIDANT HYDRATING FACIAL
- VINEACTIVE GLOW ACTIVATING ANTI-POLLUTION FACIAL
- RESVERATROL LIFT FACIAL
- ANTI-AGEING EYE TREATMENT
- PREMIER CRU ULTIMATE ANTI-AGEING FACIAL
- DIVINE MASSAGE
- PRE-POST NATAL BODY MASSAGE

DARPHIN

- PERFECT POLISH
- DEEP RELAXATION BACK MASSAGE
- DEEP REBALANCING FULL BODY MASSAGE
- EXPRESS FACIAL
- ESSENTIAL FACIAL
- EXPERT FACIAL
- DIVINE LIFTING FACIAL

NEOM

- DE-STRESS TREATMENT
- ENERGISE TREATMENT
- HAPPINESS TREATMENT
- SLEEP TREATMENT
- EXPRESS DE-STRESS TREATMENT
- ENERGISING FOOT TREATMENT
- EXPRESS HAPPINESS TREATMENT
- PREGNANCY WELLBEING TREATMENT

PHYTOMER

- SEA HOLISTIC RADIANCE TREATMENT
- SCULPT ZONES
- LEG REVIVAL TREATMENT
- EYE PERFECTION
- DISCOVERY FACIAL
- PIONEER FACIAL
- CITY LIFE FACIAL

HOLISTIC THERAPIES

- REIKI **
- SEIKHEM-HATHOR© **
- THETAHEALING® TECHNIQUE**
- COMBINATION WELLBEING SESSION**
- CRYSTAL HEALING AND CHAKRA BALANCING **

TREATMENTS FOR MEN

- MARINEPURE – DEEP CLEANSING
- MARINECALM – CALMING & RELAXING
- MARINEZEST – ENERGISING *
- MARINEFOOTSPA – FOOT TREATMENT
- MARINEHANDSPA – HAND TREATMENT

HANDS, FEET & WAXING

- JESSICA PRESCRIPTIVE MANICURE *
- JESSICA PRESCRIPTIVE MANICURE DELUXE INCORPORATING THE LEREMEDI BY JESSICA HAND TREATMENT PROGRAMME *
- JESSICA FRENCH MANICURE
- LEREMEDI HAND TREATMENT BY JESSICA
- JESSICA PHENOM FILE & POLISH
- ZENSPA PEDICURE *
- ZENSPA PEDICURE DELUXE WITH THERMAL BOOTIES *
- ZENSPA FRENCH PEDICURE
- ZENSPA FOOT TREATMENT
- JESSICA GELERATION MANICURE
- JESSICA GELERATION PEDICURE
- WAXING





Portavadie
Loch Fyne | Argyll

MEET THE TEAM

AVRIL VERNON, PORTAVADIE'S SPA & LEISURE MANAGER, SHARES HER FAVOURITE TREATMENTS AND SPACES AT PORTAVADIE.

'Our range of bespoke signature treatments offer something for everyone, from special packages for mums-to-be to treatments tailored to men. For complete relaxation, I love the DECLÉOR Aromatherapy Warm Stone Massage. It's 55-minutes of pure bliss. The heat-releasing stones help to relieve tension and soothe aches while the melting aromatic balms leave your skin feeling as soft as silk.

The ishga Detoxifying Seaweed Body Wrap is another favourite, combining the detoxifying and nourishing effects of the purest seaweed gel with the stimulating and hydrating properties of a scrub. Naturally healing, moisturising and anti-ageing, seaweed is rich in vitamins, minerals and anti-cellulite properties. Imagine lying back and relaxing in a hot bath filled with fresh, hand-harvested Scottish seaweed and mineral sea salts. The ishga Seaweed Bath is the perfect treatment.

After your treatment you can continue to relax and unwind with the exclusive Spa Experience. It is truly stunning, with floor-to-ceiling windows offering Lemi relaxation beds, hydro pool and sauna all with views across Loch Fyne to the Isle of Arran. Then as the sun begins to set, don't miss the chance for a dip in the infinity pool or a soak in the outdoor spa pools and enjoy a Portavadie sunset. The views are incredible.'

WELCOME TO SPA & LEISURE AT PORTAVADIE

The luxurious Spa and Leisure Experience at Portavadie sits right on the shore of Loch Fyne. From the incredible outdoor infinity pool to the tranquil treatment and relaxation spaces, it's a truly stunning development. There's something for everyone, whether you're looking for a pamper day with the girls or family poolside fun.

With Scotland's biggest outdoor infinity pool, an indoor pool, splash pool, spa pools and sauna, the Leisure Experience is the perfect way to spend time with family and friends. The facilities are complemented by a state-of-the-art Precor gym.

The exclusive Spa Experience features a hydro pool, Scandinavian sauna, steam room and a relaxation space, all with breath-taking floor-to-ceiling views across Loch Fyne. In line with the luxurious surroundings, the spa therapists offer reviving spa and beauty treatments from spa brands DECLÉOR and ishga in sumptuous treat-



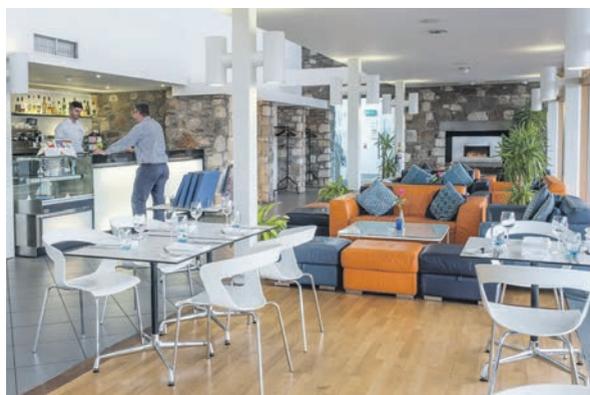
ment rooms complete with mood lighting.

Bespoke signature treatments and spa day packages ensure total relaxation. For great deals, look out for our seasonal residential spa break offers.

DINE WITH US

Enjoy a taste of Argyll's finest local produce, including seafood fresh from Loch Fyne, at Portavadie's

restaurants. The Spa & Leisure Café is a great space to chill out. Tuck into stone-baked pizzas, deli sandwiches, bento box salads and home-churned ice cream in this relaxed and fun space. The café overlooks the pools while the outdoor terrace provides panoramic views of Loch Fyne. For award-winning cuisine head to the Marina Bar & Restaurant and for hearty portions of home-cooked food try the Lodge Kitchen & Bar.



Photos: Ronnie Cairns Photography

TREATMENT LIST

SPA PACKAGES

Choose from a selection of sublime spa days at Portavadie and feel your stresses melt away! All the packages include a bento box lunch, ¼ bottle of Prosecco, tea and coffee and full use of the Spa & Leisure Experience.

HARMONY RETREAT

Mon-Fri £91, Sat & Sun £98

Fall head over heels in love with Loch Fyne with this wonderful day package. Choose one 55-minute ishga or DECLÉOR treatment.

FYNE ESCAPE

Mon-Fri £146, Sat & Sun £154

Enjoy a day of pure relaxation and bliss with this fabulous package. Choose any two 55-minute treatments and create your own perfect spa experience.

PORTAVADIE PARADISE

Mon-Fri £161, Sat & Sun £169

Treat yourself to a comprehensive day of pampering. Indulge your senses with this exquisite mind-and-body experience for complete top-to-toe tropical relaxation.

RADIANT MUM TO BE

Mon-Fri £106, Sat & Sun £112

Sit back and relax with the choice of prenatal or postnatal treatment. The perfect spa day for some well-deserved 'you' time.

SIGNATURE TREATMENTS

Our signature treatments from luxury spa brands ishga and DECLÉOR offer the ultimate in relaxation. They're guaranteed to leave you glowing!

For our full treatment menu check out www.portavadie.com/spa-experience

Indulge yourself

Chill in our indoor pool or take in the picturesque views of Loch Fyne from our heated infinity pool.

Work out in our state-of-the-art gymnasium or simply relax in the heated sauna, all at a time that suits you.

Adults: £48 **SAVE £57!**

Children: £20 **SAVE £15!**

Terms and conditions apply. Passes are valid for 60 days from issue. Non-refundable.



T 01700 811075
E leisure@portavadie.com
Portavadie | Loch Fyne | Argyll | PA21 2DA

NEW!

Buy a **Seven Day Flexi-Pass** to our wonderful Leisure Experience





The Stables Spa at Isle of Eriska

Isle of Eriska Hotel, Spa & Golf Resort is set on an enchanted 300-acre private island, accessible via a private bridge and private mooring. An ideal escape for a unique experience with a host of activities and facilities. The hotel boasts the Stables Spa, with a selection of luxurious spa treatments and thermal spa area, Deck Restaurant with outdoor terrace offering all day dining, a six-hole golf course running along the West Coast of the island, and indoor sports facilities. A jewel in Scotland's West Coast the island resort offers the very best of Scottish hospitality on the most beautiful surroundings imaginable.

The Deck Restaurant, flooded by natural light and complimented by an outdoor terrace, combines contemporary design with breath-taking views. Along with the views, the menu on offer is Scottish and moreish, from their own home-smoked salmon to a wide selection of light bites and main courses, also serving local beers and beverages to match, starting from £15 for two courses. The restaurant's suppliers

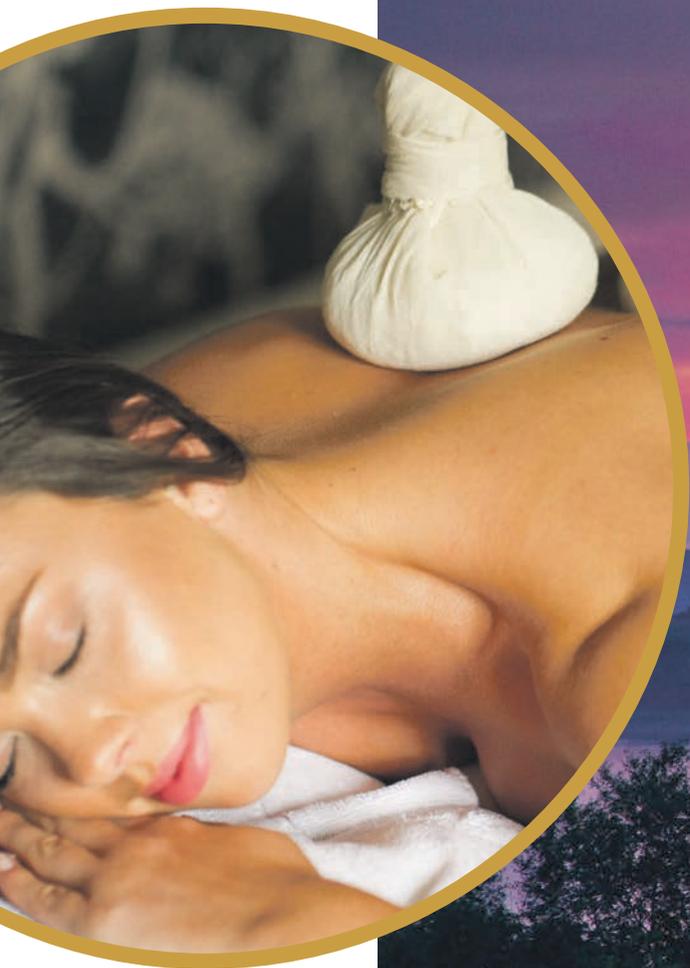
are selected with traditional Scottish tastes in mind, but also lead with quality and range. The island itself is also a supplier, adding home-grown vegetables and herbs to the dishes, selected by 'green fingered' chefs from the kitchen's own garden. The Deck is open all year round (restricted winter hours) and is the perfect spot for residents and non-residents to meet for morning coffee, late lunch or early evening dinner, with dining available from 12.30pm until 6.30pm. Tea and coffee served daily from 10am.

The Stables Spa: set in the former stables building and accessed by a path through the Spa Garden. Offering five treatment rooms, a Rasul Mud Chamber, 17-metre indoor pool with spa pool, sauna and steam room. It offers luxurious facials, massages, body treatments, bathing rituals and finishing treatments. Post treatment, Eriska's guests are welcome to continue their spa journey in the Relaxation Room to slowly awaken and indulge in the views of Eriska. Experience the Rasul Mud Chamber with finest mineral muds to gently steam, de-stress and detox the body, beneath a twinkling starry sky – the



For bookings or enquiries contact us on 01631 720 371 or email spa@eriska-hotel.co.uk

Isle of Eriska Hotel, Spa & Island, Benderloch, Argyll, Scotland, PA37 1SD | Tel: 01631 720 371 | office@eriska-hotel.co.uk | www.eriska-hotel.co.uk



*Reflexology
now available at
The Stables Spa.
Enjoy a 1 hour treatment
and 2 hours access to the
Thermal Spa for only £50.
Quote 'May Spa'
to book.*



ideal therapy before a massage or facial.

Along with ESPA's professional products the spa also uses ishga, a 100 per cent organic Scottish product from The Hebrides, using ingredients straight from the sea. Seaweed is one of the leading ingredients which is known for its anti-oxidant and anti-ageing properties.

Hosting an **indoor sports hall**, Eriska offers sports from tennis and badminton to football or table tennis. At £15 per hour it can be the ideal way to work up an appetite or offers an alternative on those wet Scottish days!

The Eriska Links Golf Course began life in 1994 and has now evolved into a six-hole course. The ethos behind the course is for it to melt and immerse into the landscape, the course naturally follows the West Coast of the island making this a gem of a course. It has its quirky challenges for the experienced players but also a thrilling game for beginners, starting from £15 for a day pass, it also offers a peaceful and scenic walk for the caddy. Along with the course, the island offers practice facilities and driving range to hone and refine your game, finishing in front of The Deck Restaurant where you can enjoy a drink or meal with your tactical talk.



Reachable by land or sea and only three miles from Benderloch or 12 miles from Oban, once you set foot on The Isle of Eriska the sheer purity of the air you breathe promotes relaxation and an unforgettable experience.

*Day Spa
packages
available
from £80.*

TRENDING SPA TREATMENTS

Most everyone has experienced a manicure or massage, but what about some of the more interesting spa treatments that are available? Let's deconstruct some of the hot trends in spa therapies.

RASUL

Rasul thermal mud treatment is a traditional cleansing treatment that is traditional in Arabia, combining the health enhancing properties of heat, steam and mud for a relaxing and skin conditioning treatment in a magical and sensory private environment, complete with twinkling lights and fragrant vapours. In a Rasul treatment, Detoxifying Body & Muscle Essential Oil Clay Lotions are applied to specific areas of the body, then you relax with a combination of steam and cool showers.

REIKI

Reiki is a form of non-intrusive energy healing originating in Japan in the early 1900s in which naturally occurring electromagnetic energy is channelled by an 'attuned' practitioner. Once associated with the incense soaked realm of new age hippies, Reiki is rapidly infiltrating the mainstream. Like acupuncture and reflexology before it, doctors are now recommending Reiki as a viable healing method, and today it's practiced through the world by many millions of people.

REFLEXOLOGY

Reflexology is a type of 'zone therapy' which involves applying pressure to certain points on the hands, feet and ears. Doing this is believed to encourage the body's natural healing process in corresponding areas. It can also be used for stress relief and to improve overall well-being. The therapy is based on the principal that certain points on the feet, hands and ears (known as reflexes) are linked to other areas of the body. For example, the tips of the toes correspond with the head and the heel is associated with the lower back and intestines.

CUPPING

Cupping is a lesser-known treatment that comes from Asian medicine, one that can provide an especially pleasant experience. Cupping is the term applied to a technique that uses small glass cups or bamboo jars as suction devices that are placed on the skin. Once the suction has occurred (with the use of heat), the cups can be gently moved across the skin (often referred to as 'gliding cupping').

The suction in the cups causes the skin and superficial muscle layer to be lightly drawn into the cup. Cupping is much like the inverse of massage - rather than applying pressure to muscles, it uses gentle pressure to pull them upward.

ION CLEANSE

An ion cleanse is meant to be a detoxification system to reduce the symptoms of unavoidable 'toxic overload' through a series of detox sessions. Simply relax with your feet in water for about 30 minutes. The procedure is painless and comfortable. The therapist uses a basin containing sea salt dissolved in purified water and then place an electrical unit, called an array, in the water. The array generates alternating positive and negative ions around the feet. The ions enter the body through your feet and begin neutralizing the toxins. Why the feet? Apparently, the largest pores in your body are located in your feet, allowing for the greatest release of toxins in the shortest amount of time.

ROSE QUARTZ FACIAL

Rose quartz facial massage therapy is a treatment for mind, body and soul. Rose essential oil, rosehip oil and rosewater are used to nourish the skin, while a facial massage with rose quartz crystal wands stimulate cell renewal, heal and re-energise the skin while promoting a feeling of wellbeing. Rose quartz contains a number of minerals, including iron, magnesium, sodium, manganese and silicon, as well as oxygen. Thanks to the ability to transfer energy, this crystal is believed to have a positive effect on body, mind and soul and improve skin moisture, increase vitality and stimulate circulation.

A BOTTOM FACIAL

Why stop at your face when going for a beauty treatment? In America, derriere therapy is all the rage. Scrubs and microtherapy help smooth out the little bumps and lumps on your tush, while a finish of spray tan makes sure your bum is beach ready.



SALT CAVES

The curative effects of the salt cave are believed to lie in the anti-bacterial, anti-microbial, and anti-inflammatory properties of Himalayan crystal salt. Himalayan Crystal Salt is more than mere salt: it is the energy of the primal sea, the Earth, the Sun, and the stars. Once sought by emperors, kings, and sultans, natural crystal salt is believed to be a panacea and it has been known and used as a holistic remedy for centuries. Halotherapy ('halos' in Greek means salt) is a completely natural treatment with no side effects. It takes place in a dry, sterile, and hermetic environment that recreates a natural microclimate identical to ancient salt caves and salt mines. Throughout the therapy, salt aerosol is constantly scattered into the air for the patients to breathe in. The salt aerosol consists of tiny and dry salt particles which are ground in a special salt generator. These aerosolized microparticles can penetrate into the deepest regions of the lungs and deposit upon the surface, destroying bacteria and fungi.

CRYOTHERAPY

Cold air therapy takes place in a whole-body chamber, which has dry fresh, oxygenated air — due to the lack of moisture (humidity) or wind chill, and is not painful like an ice bath or immersion. During the treatment, your skin temperature will decrease between 30-45 degrees over 2.5 to 3.5 minutes inside the chamber. You will immediately warm after exiting the chamber, with full range of motion in your muscles and joints, unlike water or ice treatments, where the joints remain stiff for hours. Even if you don't like being cold, this process will rejuvenate your body, skin and mind, and you will leave feeling warmer than when you arrived.

BEER BATH

Beer has always been the secret to shiny tresses, but in Germany they are taking it to the next level with a beer bath. Besides being bubbly, warm and portable, this whirlpool like treatment is meant to soothe and cleanse the skin with B vitamins, biotin and protein compounds.

The following three treatments are all available at One Spa, Sheraton Grand Hotel, Edinburgh:

AYURVEDIC TREATMENTS

Ayurvedic medicine ("Ayurveda" for short) is one of the world's oldest holistic ("whole-body") healing systems. It was developed more than 3,000 years ago in India. It's based on the belief that health and wellness depend on a delicate balance between the mind, body, and spirit.

Abhyanga is a form of Ayurvedic medicine that involves massage of the body with large amounts of warm oil. The oil is often pre-medicated with herbs for specific conditions.

SERAIL MUD CHAMBER

A traditional Egyptian treatment, the Serail Mud Chamber harnesses the therapeutic benefits of

mineral mud to improve the complexion, relieve rheumatic discomfort and remove toxins by encouraging blood flow to revive tissue and stimulate the lymph system.

CHAKRA BALANCING

Chakras are seven subtle energy centres in the body that affect our equilibrium and inner harmony. When blocked, these Chakras can affect the body and mind emotionally and physically.



one

SPA

NEXT TIME YOU STAY IN EDINBURGH... BE AT ONE AT THE AWARD-WINNING ONE SPA

One Spa at the Sheraton Grand Hotel, Edinburgh is a natural balance of energy, water and heat in a beautiful, light-filled space. An infinity edge swimming pool and shimmering rooftop Hydropool go hand-in-hand with a rejuvenating Thermal Suite and a soothing spa treatment programme, while the advanced gym and fitness studio tones and balances the body's core.

TREATMENTS

Experience a series of spa treatments designed to restore balance and purify the body. Many of One Spa's treatments include time in the rooftop Hydropool and Thermal Suite. Their full range of spa treatments includes:

Ayurvedic body wrap, Serail mud chamber, facials, massages and spa packages to renew, restore and refresh.

SPA DAYS

Dedicate the whole day to nothing but you, with a series of bespoke Spa Days designed to restore balance, purify the body and stimulate the senses. Each spa day programme includes the signature spa experience *Escape at One* (excluding New Beginnings and Bridal Bliss).

ESCAPE AT ONE SPA EXPERIENCE

£70

Relax the mind and rejuvenate the body with Escape at One. A calming space where you are free to explore the collection of heat and water treatments inspired by the ancient Celts and Romans, the iconic rooftop Hydropool and light-filled indoor swimming pool. Includes: Rock Sauna, Bio Sauna, Laconium, Tepidarium, Hammam, Aroma Grotto, Tropical Rain & Cold Fog Showers, Indoor & Outdoor Rooftop Hydropool, Gym & Fitness Studios, 19 Metre Swimming Pool, Poolside Sauna, Relaxation Areas. Escape at One is available for 3 hours, Monday - Friday.

SAMPLE ESPA TREATMENTS...

5 Hours of bliss...

Ayurvedic Body Wrap with Hot Stones £155

2 hours, treatment includes:

- Traditional foot cleanse & personal Ayurvedic consultation
- Full Body Exfoliation
- Algae or Mud Body Wrap
- Dosh Specific Body Massage with warm oils
- Head Massage
- Escape at One (additional 3 hours)

Ama Releasing Abhyanga £162

2 hours, treatment includes:

- Traditional foot cleanse & personal Ayurvedic consultation
- Full Body Exfoliation
- Facial Cleanse
- Ayurvedic Marma Point Body Massage with warm oils
- Head Massage
- Escape at One (additional 3 hours)

Serail Mud Chamber £45

25 minutes

Treatment begins with self-application of muds to face, scalp and body. A soothing warm temperature will allow the mud to bake. The chamber then fills with gentle steam to soften the mud and a warm shower completes the experience. This is a fantastic experience for friends, couples and groups. (Maximum 4 people)

Full Body Salt & Oil Scrub £40

25 minutes

An exfoliation combining sea salts, nourishing and essential oils to leave skin feeling moisturised and smooth. If desired, a lighter Body Polish can be applied instead of Salt & Oil Scrub.

Intensive Facial £82

55 minutes

Naturally improves the condition of the skin and enhances its appearance. Each facial is adapted to suit your personal requirements and includes:

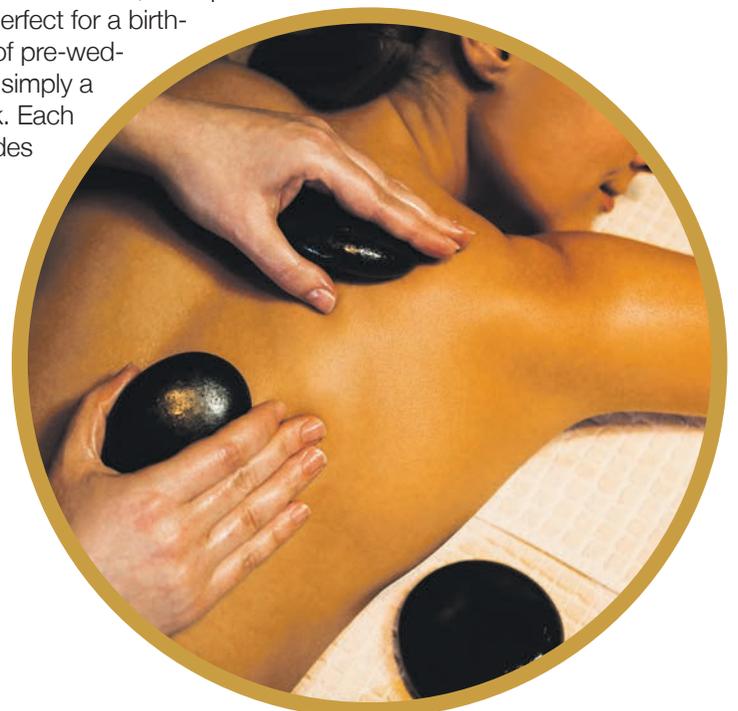
- Double Cleansing
- Gentle Exfoliation
- Acupressure Facial Massage



- A Prescriptive Face Mask
- Head Massage
- Specific Moisturising & Protection

GROUP SPA DAYS

Join your friends or family for a whole day of pure indulgence. Created with groups of five or more in mind, the Spa Group Days are perfect for a birthday treat, a spot of pre-wedding relaxation or simply a well-earned break. Each programme includes Escape at One.

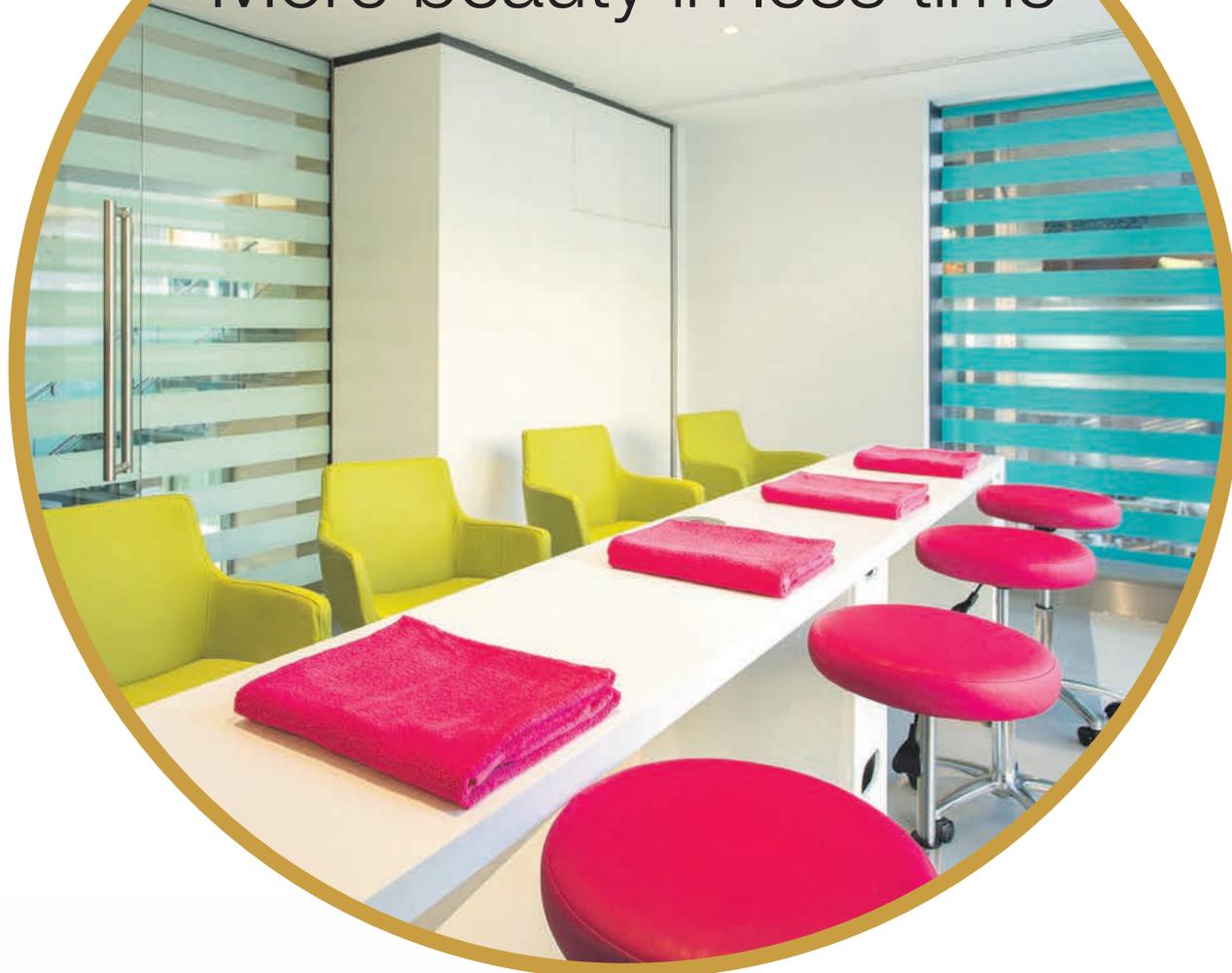


SPA OPENING TIMES

Monday
to Friday :
06.30 - 22.00
Saturday &
Sunday :
07.00 - 21.00

AND NOW...

More beauty in less time

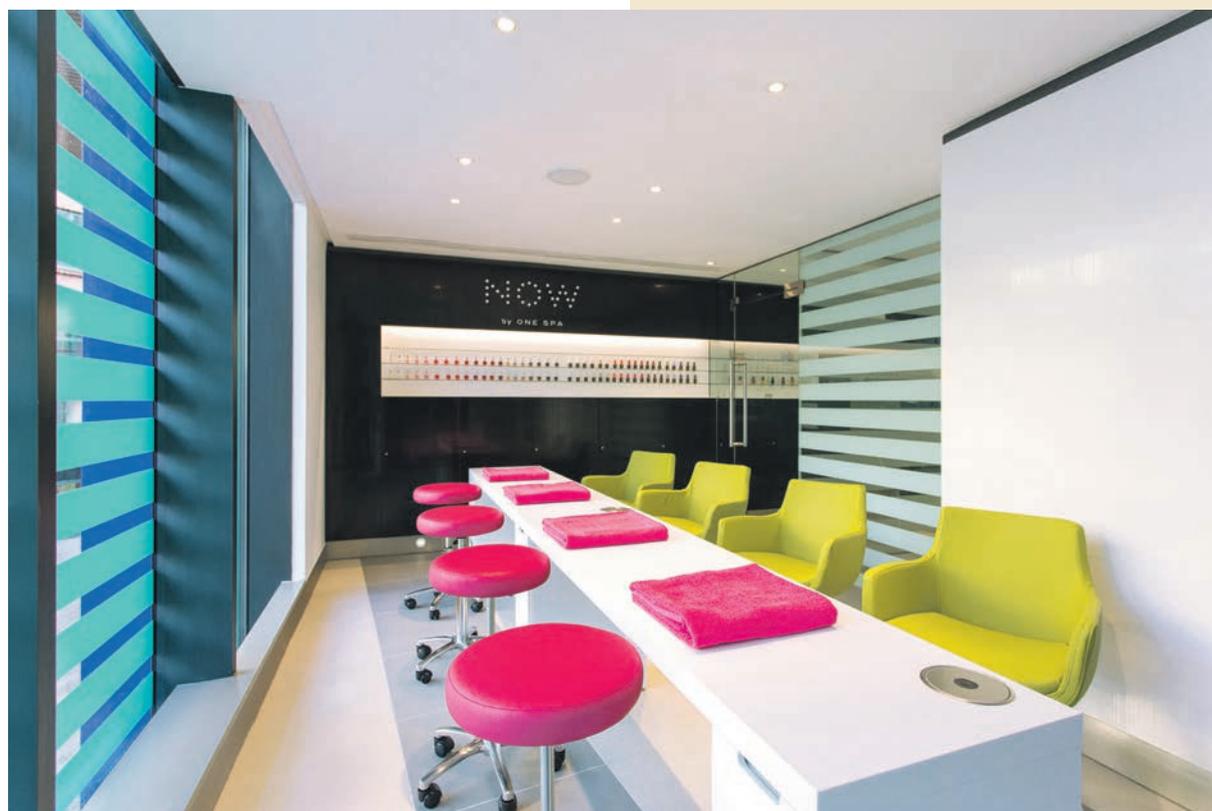


by ONE SPA

NOW BY ONE SPA

More beauty in less time

An all-new salon in the heart of Edinburgh. Open from early morning for a stylish start to the day, now by one spa offers a range of express treatments from big-hitters including HD brows, LVL lashes and OPI gel nail polish. The perfect pick-me-up and fast feel good stop in the heart of the city!



SAMPLE TREATMENT LIST

VITA LIBERATA SPRAY TAN

Vita Liberata is a luxury non-toxic, organic self-tan + skincare brand. Our tan is odourless, organic, toxin free and doesn't give you that fake tan look.
£25.00

HD BROWS

HD Brows is a seven step eyebrow shaping treatment that focuses on shape and design. It involves a combination of techniques, including tinting, waxing and threading, using specialist HD Brow products.
£30.00

LVL LASHES

LVL stands for length-volume-lift, and the idea is simple: a therapist uses a setting serum to straighten your natural lashes at the root (making them look curled up), and then your lashes are tinted, creating the appearance of mascara.
£50.00

CACI

CACI International - non-surgical face & body treatments deliver visible and corrective results without the need for surgery.
FROM £15.00

NAILS, HANDS & FEET

Foot treatments, sole boosters, pedicures, manicures, file, polish
FROM £15.00

EXPRESS FACIALS

This mini facial is ideal for those on the go. Your skin is cleansed, lightly exfoliated and gently massaged. A pore-refining mask is then applied, followed by a veil of light moisturiser.
FROM £15.00

WAXING

Including Full Leg, Half Leg, Basic Bikini, Under-Arm, Lip and Chin, Back, Chest, G-String, Brazilian, Hollywood
FROM £12.00

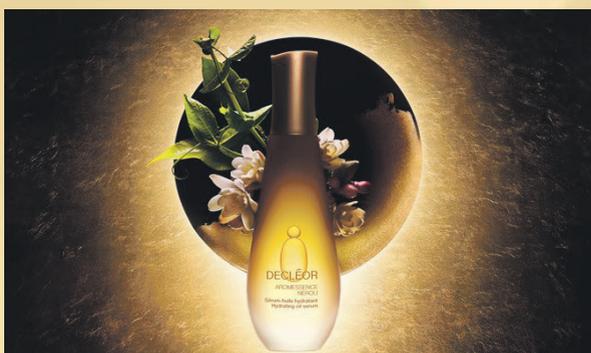
To view full treatment list please visit
www.onespa.com/now

THE STARS OF THE SHOW



ISHGA - ishga is derived from the Gaelic word for water. ishga products have been developed in the Outer Hebrides using the highest quality and purest Scottish seaweed combined with water from a natural spring situated on the beautiful Hebridean Isle of Lewis. Seaweed has been used for centuries for its natural healing and therapeutic properties. It contains a high content of vitamins, minerals and powerful natural antioxidants that are considered essential for maintaining glowing skin. More recent scientific research shows the seaweed extract used in ishga preserves the skin's natural collagen. The mineral rich seaweed extract is carefully blended with cucumber extract, macadamia, jojoba, aloe vera and lemon peel so that your ishga treatment will detoxify, nourish, firm and hydrate the skin. It is suitable for all skin types.

Available at Portavadie and Isle of Eriska Stables Spa



DECLÉOR
DECLÉOR's wide range of targeted and results-driven treatments for face and body are renowned worldwide for the simply stunning results they achieve and the deeply serene sense of well-being experienced by customers. At the heart of every treatment are powerful essential oils imparting heavenly scents and delivering pure, natural beauty. Beginning with a unique and relaxing back diagnos-

tic massage, each treatment is tailor-made to meet the precise needs of every customer. This bespoke, holistic approach together with expert massage techniques and highly concentrated, potent formulas help address each individual skin concern and leave all complexions balanced, comforted and glowing with health.

Available at Portavadie



MADE FOR LIFE
by Spiezia Organics



SPIEZIA ORGANICS

All Made for Life by Spiezia Organics treatments have been designed to create a true sense of well-being for the body, mind and emotions. Using Made for Life by Spiezia's 100% organic ingredients and a range of specialised massage techniques they will de-stress, unwind and are suitable for all skin types.

Available at One Spa and Now by One Spa



ESPA

Working with biochemists, skin experts and aromatherapists, ESPA took the knowledge from traditional holistic therapies and combined this with the

scientific power of the purest natural ingredients from around the world developing a range of natural products and treatments to help you to have beautiful skin and inner calm. 'Everything we produce has a simple aim: to work with your skin's natural processes to give you immediate, visible results and long term benefits. And leave you feeling and smelling wonderful, of course'.

Available at One Spa, Now by One Spa and Isle of Eriska Stables Spa



CAUDAIE -

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A total of 166 pupils took part in the orienteering competition. 01_B20orient08



Pirnmill Primary pupils try to figure out where their next control is located. 01_B20orient06



P6/P7 Open winners. 01_B20orient11



P6/P7 Girls winners. 01_B20orient12

Brodick Primary pupils lift Arran Orienteering Championship trophy

Colin Smeeton
editor@arranbanner.co.uk

Brodick Primary pupils proved they are map masters by winning the Arran Schools Orienteering Championship.

It was the young navigators' second consecutive victory after winning last year.

Last week more than 150 pupils, from every point of the island, used map and compass to find their way around Brodick Country Park in the timed race.

Children searched the expansive and manicured gardens of Brodick Castle which were bathed in bright sunlight and in full bloom as the children searched for controls and marked them off on their cards.

Two volunteers, Tom and Davy Nichol from the Ayrshire Orienteering Club, assisted with the running

of the competition, which saw three new course records being set by Myles Lindsay-Smith and Harrison Ross, Julie Hamill and Abby Stewart and Charlie Bonner.

Pupils who excelled in the various age groups were encouraged to attend the Ayrshire Schools Championship which takes place later in the month on Thursday May 25 at Fullarton woods, Troon.

At the end of the day, a prize-giving ceremony was held where the top three of each category – P4/P5 open and girls; P6/P7 open and girls and S1/S2 open and girls – were awarded medals and certificates.

The school earning the most points won the championship trophy, with Brodick clinching it from Whiting Bay, who won it in its inaugural year.

Organiser of the championship, Andy McNamara, thanked sponsors

– The Arran Outdoor Centre and Brodick Castle and Country Park – and all of the participants and marshals who took part, making the event such a success.

The results were as follows; P4/5 Girls: 1 Kaitlyn Haddow and Annie McKelvie, 2 Kirsty Hume and Lily Keir, 3 Annie West and Rosie Wilkinson. P4/5 Open: 1 Myles Lindsay-Smith and Harrison Ross, 2 Harry Gilmore and Jemma Totty, 3 Emily and John Lee Hodgart. P6/7 Girls: 1 Julie Hamill and Abby Stewart, 2 Megan McCartney and Isla McKelvie, 3 Daisy McNamara and Kirsty Morrison. P6/7 Open: 1 Grant Coyne and Carter Chapel, 2 Aiden Hewie and Gorgan MacIntyre, 3 Alfie Robinson and Fraser McKinnon. S1/2 Girls: 1 Freya McNicol, 2 Jemima Currie, 3 Charlie McAllister. S1/2 Open: 1 Charlie Bonner, 2 Kyle McNicol, 3 Ethan Willis.



P4/P5 Open winners. 01_B20orient10



P4/P5 Girls winners. 01_B20orient09



What's On.....

Castle Time Travellers - Sat 20th & Sun 21st May 11am & 2pm
A family tour through the times of the Castle – dressing-up optional! Stout footwear advised – Please book at Reception on arrival
Adults & children Free with Garden Entry

Brodick Castle from the Outside - Sat 20th, Sun 21st - 12, 1 & 3pm
Thurs 25th & Fri 26th May - 11am, 12, 1, 2 & 3pm
A guided historical tour of the exterior of the Castle – stout footwear advised – Please book at Reception on arrival
Adults Free with Garden Entry

Garden Walk - Tues 23rd May 2 - 3.30pm
Experience our wonderful grounds in the company of our First Gardener – Stout footwear advised. No need to book - meet at Reception **Adults Free with Garden Entry**

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WHAT'S ON

Everyday

Trout fly fishing
 Brodick Castle,
 Arran Brewery
 Soap making and candle dipping
 Arran Heritage Museum, Rosaburn, Brodick

Loch Garbad, bank fishing
 Garden open 9am-dusk
 Mon - Sat 10am - 5pm & Sun 12.30pm - 5pm
 Arran Aromatics, Brodick, 10am - 4pm
 Daily 10.30am to 4.30pm

Saturday 20th May

Army Cadets
 Over 21s disco
 Family games
 Fun in the pool
 Arran Vets surgery
 Arran Vets reception
 Blackwaterfoot bowls
 Whiting Bay Bowling Club rink game
 Brodick Bowling Club rink game
 Goatfell race

Auchrannie Road 11am - 1pm
 Ormidale Hotel, 10pm
 Auchrannie games hall, 3pm-4pm
 Auchrannie spa pool, 4-5pm
 9.30am - 11am
 9.30am - noon
 Bowling Club, 2pm
 Whiting Bay Bowling club, 2pm
 Brodick Bowling Green 2pm
 Ormidale pavilion, Brodick 12noon

Sunday 21st May

Family games
 Fun in the pool
 Open acoustic session at Fiddlers'
 AA meeting

Auchrannie games hall, 3pm-4pm
 Auchrannie spa pool, 4pm-5pm
 Fiddlers, Brodick 2.30pm - 5pm
 Brodick Church Hall, 5pm - 6.30pm

Monday 22nd May

Over 50s badminton
 Badminton
 Morning fitness
 Badminton
 Arran Vets surgery
 Arran Vets reception
 Arran Junior Football Club
 Circuit training
 Lamlash Aerobix
 Tae Kwondo
 Summer bridge tournament
 Arran Citizen's Advice Bureau
 Adult tennis
 Brodick Bowling Club rink game
 Whiting Bay Bowling Club rink game
 Arran Skinnymalinks
 Arran Skinnymalinks
 Classical guitar concert

Lochranza Village Hall, 2-4pm
 Lochranza Hall, 6.30pm
 Auchrannie gym, 9.30-10.30am
 Auchrannie sports hall, 7-9pm
 9am - 10.30am and 4pm - 6pm
 9am - 2pm and 4pm - 6pm
 Ormidale Park, 6-7.30pm
 Auchrannie gym, 6-7pm
 Arran High School dance studio, 6.30pm
 Brodick Church Hall adults and over 10s, 7.00pm - 8.30pm
 Arran high School, 6.30pm - visitors welcome
 Ormidale Pavilion, 9.30am - 1.30pm
 Shiskine golf & Tennis Club from 5.30pm
 Brodick Bowling Green 6.45pm
 WBay Bowling club, 6.30pm
 Shiskine Church Hall, 5.15pm
 Brodick Church Kitchen, 6pm
 Brodick Church, 7.30pm

Tuesday 23rd May

Pop quiz
 Alcoholics Anonymous
 Youth club
 Arran Vets surgery
 Arran Vets reception
 Healthy outdoors
 Blackwaterfoot bowls
 Bridge class (beginners/improvers)
 Lamlash Junior Drama Club
 Flow yoga
 Pilates
 Brodick Castle garden walk
 Scottish country dancing

Ormidale Hotel, 9pm
 Brodick Church Hall, 2pm
 Kildonan Hall, 7pm
 9am - 10.30am and 4pm - 6pm
 9am - 2pm and 4pm - 6pm
 NTS Ranger Centre, 10am - 1pm
 Bowling Club, 2pm
 Brodick Golf Club, 2.30pm - 4.30pm
 Arran High School, 6.30pm - 9pm
 Corrie and Sannox Hall, 6pm
 Kilmory Hall, 6pm - 7pm
 Meet at Visitor Centre, 2pm
 Brodick Church Hall, 7.30pm

Wednesday 24th May

Rock an pop bingo
 Tae Kwondo
 Alcoholics Anonymous

Ormidale Hotel 9.30pm
 Arran High School Kids-6.30-7.30pm adults-7.30-8.30pm
 Lamlash Church Hall, 7.30pm

Arran Brass rehearsal
 Arran Vets surgery
 Arran Vets reception
 Yoga
 Hydrofit
 Arran Heritage Museum archives and genealogy service
 Mixed ability run (Arran Run Coach)
 Yoga-Arran
 Mixed hockey
 Dog classes
 Flow yoga
 Knittnerly and Natterly
 Family friendly pup quiz
 Bus pass club meal
 Chair yoga St Molios
 Burger and quiz night
 Brodick Bowling Club rink game
 Whiting Bay Bowling Club rink game
 Arran Skinnymalinks
 Coffee morning

Brodick Church Hall, 7-9pm
 9am - 10.30am and 4pm - 6pm
 9am - 2pm and 4pm - 6pm
 Auchrannie studio, 9.30am-10.30am
 Auchrannie Hotel leisure, 9.45am - 10.45am
 10.30-12.30 and 1.30-3.30
 Dunfion Carpark, 5.30pm
 Kinneil, Lamlash, 7-8.30pm
 Auchrannie sports Hall, 7.30-9pm
 Whiting Bay Hall, 1pm
 Shiskine Hall, 7.30pm
 Kilmory Hall, 2pm - 4pm
 The PHT, 8.30pm
 The PHT, noon - 2.30pm
 Church Hall, Shiskine, 11am - noon
 Felicity's @ Eden Lodge, from 7.30pm
 Brodick Bowling Green 6.45pm
 WBay Bowling club, 6.30pm
 Lamlash Church Hall 5pm
 Lamlash church hall, 10.15am - 12 noon

Thursday 25th May

Morning fitness
 General knowledge quiz
 Arran Vets surgery
 Arran Vets reception
 Ladies' hockey
 Winter bowls
 Arran Bridge
 Quilt Arran
 Flow yoga
 Chair yoga
 10th Ayrshire Shiskine Cub Scouts and Beavers
 Adult tennis
 Music matters

Auchrannie gym, 9.30-10.30am
 Ormidale Hotel, 9pm
 9am - 10.30am and 4pm - 6pm
 9am - 2pm and 4pm - 6pm
 Ormidale Pavilion, 7.30-8.30pm
 Auchrannie, 7pm
 Brodick Golf Club, 7pm for 7.15pm
 Lamlash Fire Station, 2pm - 4.30pm
 Ormidale Pavilion, Brodick, 6pm
 Ormidale Pavilion, Brodick, 10.30am - 11.30am
 Shiskine Hall, 6pm - 7.30pm
 Shiskine Golf & Tennis Club from 5.30pm
 Lamlash church hall, 2pm

Friday 26th May

Yoga
 Hydrofit
 Arran Youth Foundations
 Lochranza children's badminton
 Lochranza adults' badminton
 Arran Vets
 Arran Vets
 AA meeting
 Tae Kwondo
 Open mic led by Jim
 Coffee morning

Auchrannie spa leisure, 9.30am - 10.30am
 Auchrannie Hotel leisure, 9.45am - 10.45am
 Church Hall, Brodick 7pm-9pm
 Lochranza Hall, 6-8pm
 Lochranza Hall, 8pm
 Surgery 9am - 10.30am and 4pm - 6pm
 Reception 9am - 2pm and 4pm - 6pm
 Whiting Bay Hall, 7pm
 Arran High School, Lamlash adults, 7pm - 8.30pm
 The PHT, Lamlash, 9pm
 Corrie and Sannox hall, 10.30am

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Film about a trip on the 324

A new short film has been produced with the unlikely subject of a trip on the 324 – the Northend bus route.

Arran Theatre and Arts Trust has just completed the project for North Ayrshire Council's Ventures Trust. The aim of the Ventures Trust is to create employment opportunities. Two returning graduates – Hamish Finlay in film and Simon Sloan in digital design – were contracted to work alongside the Arran Trust, five Arran High School pupils and several members of the community to produce the short film.

The 324 (Northend bus route) is a short film of approximately eight minutes. Visualised from the point of



The opening image of 'The 324' short film.

view of a young man travelling on the bus, the film conveys his feelings of isolation, heightened anxiety and self-doubt, and his inability to communicate with other passengers of his own

age. In addition to their involvement in the making of the film, Hamish and Simon have gained valuable experience in how projects are conceived, funded and managed.

The Arran Trust will now help them in developing new initiatives while they provide the impetus for a new generation involved in the arts on the island and beyond.

The five high school pupils were Rory Morrison, Nastassja Alberti, Dylan Alberti, Lauren Robertson and Alexander Wilson.

The making of the film has provided valuable experience in scripting, acting and technical processes.

The film will also be an addition to their personal portfolios as they move into further education.

The film can be viewed on YouTube at this link: www.arrantheatreandarts.co.uk/the324.

Can you offer a home to a vulnerable child?

Would-be foster carers are being urged to open their hearts and their homes to a young child in need.

Across North Ayrshire, including Arran, new carers are needed to offer care and support to children and young people who, through no fault of their own, find themselves in need of a fostering placement.

And during Foster Care Fortnight, which is on now, it is hoped that those people who may have thought about becoming a foster carer will take the first step.

Becoming a foster carer will make an incredible difference to a young boy or girl in need of a caring and stable home.

North Ayrshire needs local carers for North Ayrshire children. Other councils and agencies may advertise in this area but the children they are recruiting for do not reside lo-

cally – that's why North Ayrshire is looking for local foster carers for our children.

North Ayrshire provides excellent support and training for all carers and many stay with the authority for a long time – one couple have been carers for 40 years.

So if you are thinking about fostering or want more information, call 01294 311505 or email adf@north-ayrshire.gov.uk or go to the foster caring section at www.north-ayrshire.gov.uk.

The family placement team will also be holding an open evening on Tuesday May 23, at its offices at 47 West Road, Irvine, KA12 8RE, from 7.30pm to 9pm.

Potential carers can drop in and chat to staff. It is an ideal opportunity to find out more with no pressure or obligation.

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ADVERTISEMENT FEATURE



Dementia Friends

Specsavers' optical and hearing teams become Dementia Friends

With visual impairments common among those with dementia, Specsavers is ensuring a trip to the opticians and audiologists is as comfortable as possible for them.

In the run up to Dementia Awareness Week (15-21 May), Specsavers employees nationwide are becoming Dementia Friends, an initiative run by the Alzheimer's Society. Every store now has at least one team member who is a Dementia Friend and understands the needs of customers with dementia a little more. The Specsavers Healthcall teams that carry out home visits are also becoming Dementia Friends.

Specsavers is also using Dementia Awareness Week to remind anyone over 55 to undergo regular hearing tests, as research suggests that people with untreated hearing loss are more likely to develop Alzheimer's. Hearing tests are free at Specsavers.

Dr Nigel Best, Specsavers clinical spokesperson, says: 'People with

dementia may not be able to recognise or articulate the issues that many of us face when we begin to lose our sight or hearing - but the effects are the same. Being more aware of dementia is an incredibly positive development for our teams and our offering to customers.'

Those with dementia commonly experience problems with their sight and visual perception, causing them to misinterpret the world around them. Some sufferers can experience hallucinations. On top of that, research has revealed that almost half of dementia patients in care homes are wearing glasses with the wrong prescription, leading to increased isolation.

Laura Stallerbrass, store manager at Specsavers Forfar, has encouraged all her team to do Dementia Friends.

'We aim to provide a safe environment for all of our customers. I can definitely see a shift in attitudes to dementia which is lovely to experience.'



Specsavers supports Dementia Friends

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Arran is in the can

Arran Brewery has released a limited edition can of 'ab', a craft version of its Blonde award-winning ale.

The venture into canning follows the trend of craft producers offering their brews in cans rather than traditional glass bottles.

The cans are 330ml and are out of keeping with the branding which tends to reflect the location and quality of ingredients.

Managing director Gerald Michaluk said: 'We have to keep up with the market. We brew some of the best beers in the country, in fact the world, and have the awards to prove it.'

'However, our traditional ales take time to be discovered by the craft beer fraternity that tends to be younger than our traditional market of responsible ale drinkers.'

'While I have always considered our beer to be craft beer – and we are, indeed, certified as an Independ-



A limited edition release of ab, a version of Arran Blonde has been released to cater to a new generation of drinkers.

ent Craft Beer producer by SIBA, the industry's largest trade body – our beers are often overlooked by the new craft beer enthusiast.

'The new market of responsible craft drinkers, are often drawn to canned products and bright livery of the US craft brewers and of course the crafty imitations coming out of the international breweries pretending to be craft beer.'

'We hope to accelerate the craft consumers' discovery of Arran Beers by offering our beers in cans.'

The brewery has concluded a distribution arrangement with a major brewer to allow the beers to be made available to all supermarket, wholesale and pub-

co customers in the UK.

Veronica Michaluk, the company's logistics director and daughter of Gerald, added: 'For some time, we have been trying to extend out distribution outwith Scotland and have organised raiding parties south of the border to drop beer direct to customers.'

'This has built a small following that is paying off and I am pleased to say that we will shortly be able to deliver our full range of beers in cask, keg, bottle and, of course, can to anywhere in the UK.'

The brewery produces 12 brands of beer, including Arran Milestone Special Reserve, a whisky cask matured ale.



'We have to keep up with the market. We brew some of the best beers in the country, in fact the world, and have the awards to prove it.'

Gerald Michaluk
Managing director

Catalogue giant launches an Arran delivery service

Before Amazon revolutionised online shopping, the main name in mail order was Argos.

The firm was taken over by Sainsbury's last year and has launched its first online Arran delivery service bringing more than 30,000 products directly to residents.

A wide range of items will be delivered in as little as two days at the standard UK delivery cost of £3.95.

Local customers shopping the website have the option to input their KA post-

codes and check availability before orders are delivered by Yodel.

Paul O'Neil, northern divisional manager at Argos, said: 'As a business we are continually looking at how to bring more affordable and convenient ways to shop to our customers, and this service to Arran does just that. We hope that our customers on the islands are as excited as we are.'

The new delivery service has also been launched on Bute for residents with a PA postcode.

Mobile banking van comes to an abrupt halt

The Royal Bank of Scotland van that serviced Arran will be scrapped this July.

An RBS spokesperson said: 'We are committed to serving our customers on Arran and continue to assess how we can do this best.'

'As more people move towards using online banking the number of customers using our mobile branch service on the island has fallen.'

'We've had to take the difficult decision to close the mobile van service on the island but continue to serve our customers in branch and at the Post Office.'

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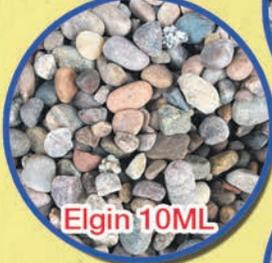
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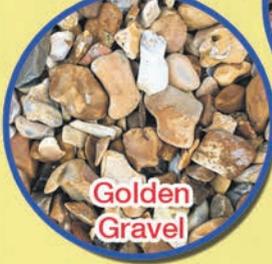
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THE ARRAN BANNER 20 YEARS AGO

Saturday 24 May, 1997

Just the ticket

The ninth Arran Folk Festival begins in nine days and the organisers have an exciting line-up of artists to entertain all round Arran for seven days.

However, there is also growing anger with the feeling that the Ayrshire and Arran Tourist Board is being rather less than helpful over the sale of tickets. Concert tickets cost from £5 to £12 but when the festival committee approached the tourist board, which sells tickets, they were told that there would be a charge of £1.50 for every ticket sold. After some negotiation this was changed to 10 per cent of all tickets sold. Festival chairman Richard Farquhar said that £6,000 worth of tickets were sold last year so the tourist board stood to make £600, an amount that Mr Farquhar felt was excessive.

This week the festival committee decid-

ed that it would not use the tourist board to sell tickets. Margaret Sutor, who is visitor servicing manager, said: 'I'm sorry that we are not selling them but it is because of commercial pressure. I understand the value that events like this bring to the local economy. We would be happy to promote them.'

Goatfell race

Last Saturday's Goatfell race proved to be one of the most popular in the Scottish calendar with 115 entrants. Weather conditions had improved in the week before the race to the extent that the snow and ice were at last away, making the course at least reasonably safe. The fact that the summit was shrouded in thick cloud bothered nobody and protected the runners from sunburn and dehydration.

On a slightly extended course to Brodick beach park, times were much the same as last year and well outside previous records. Arran runners were unable to re-take the team trophy, this honour going to Ochil Hill Runners, but nonetheless did reasonably well in the absence of the injured Brian Robertson. Gordon Allsop won the local trophy in 1hr 29min 29sec. Helen Thompson won the local female trophy with a time of 2hrs 8min 51sec.

Yachts beached

What is described as north Britain's premier sailing event began yesterday with yachts setting out from Gourock and Bangor, Northern Ireland, to meet and race over five days at Tarbert. This morning, Friday May 23, two of those yachts have been beached at the north of the Rosa Burn. How they got there is not clear, except that it happened during Thursday night and that a mixture of tractors and waiting for the tide will surely refloat them – either to rejoin the others or to limp home in ignominy.



A total of 115 runners set off past Brodick Primary School at the start of the Goatfell race on Saturday. B20twe03



Lyndsay Wheeler, Shiona Murchie and Eila Mcneish were some of the 29 second-year pupils who enjoyed an educational trip of a lifetime when they visited Normandy earlier this month. B20twe04



Mrs Sheena MacKenzie throws the first jack of the season at Whiting Bay Bowling Club on a wet Saturday. B20twe01



The Arran recycling group visited Brodick Primary School last week with 'Pop goes the dustbin', a puppet made of rubbish and recycled materials which promoted environment week. B20twe02



Members of the Arran Gilbert and Sullivan Society, much to the amusement of visitors, dressed in their costumes at Brodick Castle to promote their upcoming production of *Iolanthe*. B20twe05

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TOWN AND COUNTRY PLANNING (SCOTLAND) ACT 1997
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Applications listed below together with the plans and other documents may be examined at Planning Services, Cunninghame House, Irvine, between 9am - 4:45pm weekdays (4.30pm Fridays) or at www.eplanning.north-ayrshire.gov.uk

*and at The Council Offices, Lamlash

Written representations may be made to the Executive Director (Economy & Communities) at the above address or emailed to eplanning@north-ayrshire.gov.uk by 09 June 2017. Any representations received will be open to public view.

TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (SCOTLAND) REGULATIONS 2013 REGULATION 20(1)

17/00466/PP; Site To North East Of Stags Pavilion, Lochranza, Brodick, Isle Of Arran; Erection of single storey detached dwelling house.

17/00487/PP; Auchencar, Machrie, Brodick, Isle Of Arran; Erection of 1 retail unit and 1 residential unit (staff accommodation).

Elma Murray
Chief Executive
Cunninghame House
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CHURCH NOTICES

SCOTTISH EPISCOPAL CHURCH

(Part of the Worldwide Anglican Church)
 St Margaret's, Whiting Bay.
Sunday 21st May
 11am Holy Communion.
 Mrs Janis Gallagher.
 Coffee after service.
Wednesday 24th May
 12.15pm. Holy Communion.
 ALL WELCOME

CHURCH OF SCOTLAND

Parishes of North Arran Brodick, Corrie, Lochranza, Pirnmill and Shiskine
 Independent but working together
 Minister:
 Rev Angus Adamson
 Parish assistant:
 Mrs Jean Hunter:
 Worship will be conducted in the above churches at the following times to which all are invited.

Sunday 21st May
 Lochranza Church, 9.30am
 Morning Worship
 Pirnmill Church, 10.15am
 Morning Worship
 Shiskine Church, 12noon
 Morning Worship.
 Brodick Church, 10.30am
 Morning Worship
 Corrie Church, 11.30am
 Prayer Meeting, 12noon
 Morning Worship
 There will also be a Service of Worship in Montrose House at 1.30pm.

WHITING BAY AND KILDONAN CHURCH OF SCOTLAND

(Charity Number: SC014005)
Sunday 21st May
 Worship will be conducted by the minister, Rev Elizabeth Watson at 10.30am.
 Tea and coffee will be served in the transept after the service.
 All most welcome.

CHURCH OF SCOTLAND

Kilmory linked with Lamlash
 "A faith to proclaim ~ a fellowship to share"
Sunday 21st May
 Rev Lily McKinnon
 Kilmory 10 am
 Lamlash 11.30 am
 All welcome, including families; children's area
 Scottish Charity SC015072

HOLY CROSS CATHOLIC CHURCH

Sunday 21st May
 Vigil Mass 7.30pm
 Sunday Mass 11am

ARRAN FREE CHURCH OF SCOTLAND

(continuing)
Sunday 21st May
 Morning Service. 11am
 Trust Housing Lounge, Glen Estate, Brodick
 Evening Service. 6-30pm
 5 Glen Road, Brodick
 All welcome

BANNER ANNOUNCEMENTS



Whiting Bay Golf Club

Wednesday May 10, Summer Trophy round five. A total of 27 played on a surprisingly cold day after the recent spell of fine, warm weather. Conditions were good but the drying course is now giving summer bounces and longer runs than it has recently.

It takes a bit of getting used to but it didn't stop Jamie Stewart carding a fine net 61 to win by a shot from Ronnie Mann. 1 Jamie Stewart 5, 61 and lowest gross, 2 Ronnie Mann 12, 62, 3 Nicol Auld 5, 65, ACB, 4 John Pennycott 12, 64, CSS stayed at 63 and there were no magic twos.

Friday May 12, AGA Seniors Crystal Bowl. Whiting Bay Golf Club seniors won the 2017 AGA Seniors Crystal Bowl at Machrie Bay GC. Playing against the home team of Machrie Bay GC, Whiting Bay prevailed by an

ARRAN BAPTIST CHURCH

Minister: Rev Vince Jennings
Sunday 21st May
 Service 11am
 Ormidale Pavilion
 Tea and coffee after the service
 Wednesday at 7.30pm
 Home fellowship group for bible study and prayer.
 Contact phone no 600222
 Everyone warmly invited

ARRAN FREE CHURCH OF SCOTLAND

Shiskine 11am (church on road between Blackwaterfoot and Machrie)
 Brodick 6pm
BACK IN THE CHURCH
 Rev Benjamin Van Rensburg

RELIGIOUS SOCIETY OF FRIENDS, QUAKERS

Quakes meet every Sunday at 11am. For meeting venue ring - 830622, 820223

DEATH

RAWLIN - DAVID - Peacefully at Crosshouse hospital on Thursday, 11th May 2017. David, aged 74 years, beloved husband of Janet and much loved brother, brother-in-law and uncle who will be sadly missed. Funeral service at Masonhill Crematorium, by Ayr on Thursday, 25th May at 1:15 pm to which all are welcome. Transport available from Ardrossan Harbour at 12 noon.

aggregate of two holes up.

The first pairing of John Pennycott and Andy Martin lost narrowly to a strong pairing of Mike Hesp and Iain Buchanan, losing by one hole on the last green.

In the second game, it was a different story where in a closely-fought match, John Dick and George McKechnie eventually pulled away to win by three holes against another strong pairing of Brian Sherwood and Campbell Laing. Congratulations to the winning team of John Dick, Andy Martin, George McKechnie and John Pennycott, and also to Dougie Auld who played in the opening rounds but was unavailable for the final.

Sunday May 13, McKelvie Cup round one. On a cool, dry morning, 20 played in the first round of the McKelvie Cup, which also serves as a qualifier for the club championship.

Despite a clutch of low scores at the top of the leader board, CSS went out to 64 and Markus Kroner led the way with an admirable net 60 to pip John Dick by two shots. 1 Markus Kroner 7, 60, 2 John Dick 13, 62, 3 Andy Martin 12, 63, 4 Davie Morrison 8, 64. Magic twos went to David Brookens at the 2nd and Markus Kroner at the 17th.

Fixtures: Sunday May 21, McKelvie Cup round two. Wednesday May 24, Summer Trophy and JC Reid quarter-finals.

Lamlash Golf Club

Thursday May 11, Summer Cup, CSS 67, Par 64. 1 I Bremner 71-8=63, 2 M Harvey 78-13=65, 3 Stuart Campbell 74-6=68, BIH, 4 J O'Sullivan 87-19=68. Scratch, D MacFarlane 69. Magic twos, D MacFarlane @ 15th.

Sunday May 14, Hamilton Bowl, bogey competition, CSS 63, Par 64. 1 Colin Brown (+3), 2 John O'Sullivan (+1). Scratch, Paul Cowan 77. Magic twos, Andy Smith @ 14th.

Twos accumulator, hole number 13 was drawn so the accumulator was not won. £67.50 will be carried forward to the next fixture.

Ladies' section: Wednesday May 10, medal 2 and Ann Cook Tray, CSS 65. 1 Kate McAdam 72-18=54, 2 June Richardson 93-26=67, 3 Yvonne Brothers 89-18=71.

Scratch, Kate McAdam 72. Magic twos, Kate @ 13th and 16th, June @ 15th, Yvonne @ 4th and 16th. Kate's round was excep-



WBGC captain Wolfi Kroner clutches the AGA Seniors Crystal Bowl, along with team members Dougie Auld, John Pennycott and Andy Martin. John Dick and George McKechnie are not pictured.

tional 13 shots less than the next best net score and 14 shots less than the next gross score.

Fixtures: Sunday May 21, Jameson Cup first round. 8.30am, 9.30am and 12.30pm.

Thursday May 25, Summer Cup. Make up own games, see starter for times.

Women's Institute golf

Monday May 8, WI greensome at Brodick Golf Club.

Ann Pringle, president of the Isle of Arran Federation, went along to watch the six pairs tee-off in the qualifying round.

She also donated a bottle of Prosecco for the raffle, which was won by Fiona Henderson.

The evening started warm and bright but later turned cold, making everyone happy to finish and go in for supper. Thanks went to Trish for the lovely sandwiches and to those who baked or donated prizes for the raffle, which raised £37 for the federation.

1 Ellie Jones and Elizabeth Kelso 78-18.6=59.4, 2 Jenni Turnbull and Carole Stewart 81-16.8=64.2, 3 Piet Johnston and Fiona Scott 88-23=65.

The top two pairs will go forward to represent Arran in the national finals at the Hirsell Golf Club, Coldstream, on Monday August 28.

Fixture: Monday August 14, WI 12-hole competition at Shiskine Golf Club, Please add your name to the sign up sheet at Shiskine or contact Carole 860530.

Brodick Golf Club

Wednesday May 10, Sum-

mer Cup, 41 played, CSS 65. Alistair Hume 74-11=63, ACB, John May 84-21=63, Ross Butchard 87-23=64, ACB. Scratch, Ewan McKinnon 67. Sunday May 14, McCarron Trophy, club championship qualifying round one, 26 played. Ewan McKinnon 69, Matt Keir 70, Marc McLelland 72, ACB. Sweep, 28 played, CSS 65. Iain MacDonald 72-8-64, ACB, Lindsay Keir 82-18=64, ACB, Terry Raeside 75-11=64.

Ladies' section: Tuesday May 9, club trophy, round one, 12 played, CSS 67. 1 Susan Butchard 78-12=66, 2 Heather Raeside 92-24=68, 3 Gege Kroner 89-20=69.

Fixtures: Saturday May 13, 8.30am, Alternate Day Centenary Quaich. Tuesday May 16, Centenary Quaich, nine-hole Stableford.

Sunday May 21, club championship qualifying round three, also sweep. Tuesday May 23, Coronation foursomes, pick your own partner, draw on Monday May 22.

Arran Golfers' Association

Friday May 12, senior bowl final at Machrie. Hosts Machrie played Whiting Bay, it was a great night for golf before the rain came, but it did not stop the games being any less thrilling to watch, the matches went back and forth all night and again it went down to the final hole and a great putt by George McKechnie sealed the win. Well done to Whiting Bay.

Corrie Golf Club

Wednesday May 10, Wednesday Cup. 1 G An-

draws 68-11=57 and scratch, 2 J Innes 69-9=60, 3 M Elliot 76-15=61. A very good score from Graham despite a double bogey at the last. Five magic twos recorded but the magic one was at the 10th. Stephen Beardley and David Henderson took home the money. Saturday May 13, Summer Cup. 1 G Hendry 67-5=62, BIH and scratch, 2 R McLean 79-17=62. Magic twos, G Henry, R McLean, 2 from D Logan x2.

Fixtures: Saturday May 20, Summer Cup. Ballots at 9am and 1pm. Wednesday May 24, Jack Logan Memorial and Wednesday Cup. Ballot at 5pm.

Shiskine Golf Club

Sunday May 14, 12-hole medal, 18 played. 1st class: 1 Brian Sherwood 48-6=42, 2 Donald Logan 49-6=43, BIH, 3 Graham Andrew 49-6=43.

Scratch: Brian Sherwood 48. 2nd class: 1 Willie McNally 54-9=45, 2 Colin Rutherford 57-11=46, 3 Quintin Oliver 58-11=47. Magic twos, Brian Sherwood x 2, Jack McNally.

Fixtures: Sunday May 21, club championship qualifier, gents. Wednesday May 24, Dr Adam Cup. Thursday May 25, Mary Craig Trophy.

Machrie Bay Golf Club

Tuesday May 9, Peter Sutton CSS 63. 1 J Pennycott 75-12=63, 2 I Buchanan 80-16=64, 3 P Betley 79-13=66. Lady Mary CSS 65 1 F Scott 92-26=66, 2 P Johnston 89-21=68 BIH, 3rd E Ross 91-23=68.

Fixtures: Tuesday May 23, Peter Sutton/Lady Mary, 12.30pm and 5.30pm.

Northend comeback stuns Shiskine

Arran Dairies League

Northend	4
Shiskine	3

By Danny Head

Northend produced their best performance for many a year to come back and stun Shiskine with a last-gasp winner.

In windy conditions, Northend started well and, after a rash tackle from William Sillars inside the box, took the lead via the spot with Andy McNamara slotting home well.

Shiskine quickly equalised via William Sillars making up for his mistake but Northend fought back and a great through ball saw Andy McNamara one on one and slotting home past the Shiskine keeper.

Almost straight away, Shiskine equalised after a defensive mix up, with Donald Mulholland getting on the score sheet.

Northend then looked vulnerable and had goalkeeper Stuart Lawson to thank for an inspired performance, constantly keeping the Shiskine shots out and showing great handling skills.

The score was 2-2 at half-time. After the break Shiskine looked most likely, although Northend always threatened on the counter. Shiskine's pressure paid off when Cameron Thomson drilled home after a good move and perhaps expected Northend to crumble.

Hard but fair tackles were taking place as both teams

battled against each other and the elements.

Shiskine's free kicks and corners were defended well as Northend battled hard and were rewarded on 75 minutes when Jack McNally gave away a free kick about 35 yards out. After initially clearing the ball, the resulting cross back in landed at young Ross Trail's feet and he made no mistake from six yards.

Again Shiskine looked more likely for the last period and threw in free kicks and corners, with Sillars always looking dangerous as he pushed forward.

In the 90th minute, Shiskine had another corner and threw men forward to try to get the three

points. However, the ball was cleared and fell to McNamara who combined well on the left and sent a swinging pass across the pitch which was touched through by Cameron Logan. With just the keeper to beat, he hit the target and, although it looked a straightforward save, the ball somehow ended up in the net, sparking jubilant scenes with one young fan running onto the pitch.

After order was restored the game restarted and the final whistle sounded and a dejected Shiskine shook hands with the ecstatic Northenders.

Man of the match was Stuart Lawson in goal and John Ferguson was shown the only yellow card.



Lamlash's Luc el Adm and Southend's Tommy Mulholland seem to be at the head of a queue of players. 25_b20footy04



The Lamlash goalie was spreadeagled as Southend's second scorched past. 25_b20footy05

Goalie grabs great goal for Southend's second

Arran Dairies League

Lamlash	2
Southend	0

Lamlash and Southend met for the second time in three days, this time in the league. Southend scored both the goals in the first half. Lamlash striker Grant Adamson had an early

contender for miss of the season.

Ben Tattersfield swung in a brilliant low cross beating the Southend defenders but the ball bobbed as Grant looked set to score an open goal from 10 yards.

Southend's usual goalkeeper, Stevie Judge, was thrown up front in a shake

up to get more fresh legs on the pitch after a gruelling cup final.

It turned out to be spirited choice as Judge blasted in a 25-yard effort from outside the area over the top of an outstretched David Heenan in goal.

Ryan Armstrong scored the only other goal of the

match when he turned in a right-footed strike inside the box.

Referee Archie McNicol gave Judge the man of the match after a great goal and performance while out of his normal position. Lewis Kennedy got the only yellow card after an off-the-ball incident.

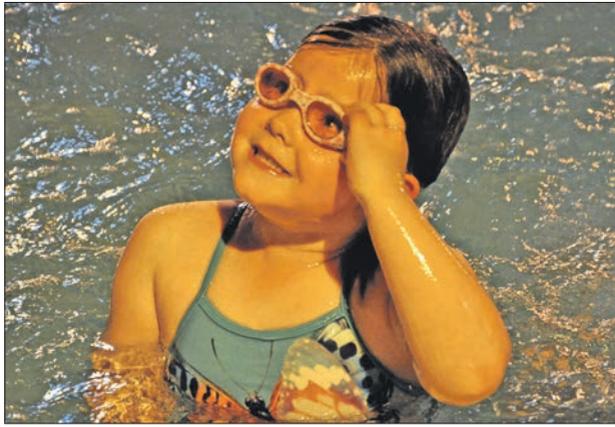


Jack Simmons beats Lamlash's Ben Tattersfield. 25_b20footy03



Danny Head's overhead kick made the box but was not converted. 25_b20footy02

School swimming gala is a super splashing success



A proud Eva McCrae removes her goggles after taking first place in her P2 race. 01_B20gala03

Arran primary pupils made all their best strokes in the annual school swimming gala.

There was barely standing at the Auchrannie hotel swimming pool last week due to the number of supporters and parents cheering on their children.

More than 100 primary pupils swam under the watchful eye of race supervisor and starter Sally Hunter, along with Archie McNicol, Julie McGhee and head teacher Barry Smith.

Taking home the most trophies and the champion trophies were Julie Hamill of Shiskine Primary for the second year running and Ruaridh Lindsay-Smith of Lamlash Primary.

Thanked

Organisers thanked all of the participants, teachers and the Auchrannie Hotel for hosting the event and said a special thank you to Frazer Mckenzie and Active Schools young leader Eilidh Hamill for their support.



Julie Hamill and Ruaridh Lindsay-Smith were declared champions and took home the most medals. 01_B20gala01



The freestyle relay stirred the children into a frenzy as they screamed their support for friends and classmates. 01_B20gala08



P1s receive instruction from Sally Hunter before swimming the width of the pool. 01_B20gala02



P3 girls await the whistle of Sally Hunter before diving in. 01_B20gala05



Swimmers are cheered on by parents and supporters who filled the hall. 01_B20gala07



Making a splash, pupils dive into the pool. 01_B20gala06



Arms outstretched, pupils take part in the backstroke race. 01_B20gala04

The full results are as follows:

Champions race, girls: 1 Julie Hamill, 2 Beth McCarthy, 3 Megan McCartney.
 Champions race, boys: 1 Ruaridh Lindsay-Smith, 2 Jack Popplewell, 3 Charlie Adams
 P1 girls, one width: 1 Isla McKinnon, 2 Cara Henderson, 3 Layla Cociuban.
 P1 boys, one width: 1 Matthew Lindsay-Smith, 2 Torren Litton, 3 Lucas Pearcey.
 P1 boys, one length: 1 Nara Wood, 2 Chloe McNeil, 3 Keira Webster.
 P2 girls, one width: 1 Eva McCrae, 2 Julietta Gray.
 P2 boys, one width: 1 Jamie Ferguson, 2 Daragh McNiven, 3 Kellen Craig.
 P3 girls, one length: 1 Grace Popplewell, 2 Kitty Townsend, 3 Isabella Bodie.
 P3 boys, one length: 1 Alec Haddow, 2 Fergus West, 3 Gregor Gunaydi
 P4 girls, one length (1): 1 Rhea Webster, 2 Tilda Litton, 3 Lily Keir
 P4 girls, one length (2): 1 Lucy Blair, 2 Sophie Turner, 3 Rosie McNamara
 P4 boys, one length (1): 1 Myles Lindsay-Smith, 2 Andrew Currie, 3 Logan Park
 P4 boys, one length (2): 1 Ben McCarthy, 2 Luke Goatley.
 P6 girls, two lengths, back crawl: 1 Ruby Wright, 2 Beth McCarthy, 3 Abby Betley-Stewart
 P6 boys, two lengths, back crawl: 1 Ruaridh Lindsay-Smith, 2 Jack Popplewell, 3 Archie Gunaydi.
 P7 girls, two lengths, back crawl: 1 Julie Hamill, 2 Laila Webster, 3 Daisy May McNamara.
 P5 boys, two lengths, breast stroke: 1 Jack Popplewell, 2 James Hart, 3 Harry Gilmour
 P6 girls, two lengths, breast stroke: 1 Abby Betley-Stewart, 2 Beth McCarthy, 3 Ruby Wright
 P6 boys, two lengths, breast stroke: 1 Ruaridh Lindsay-Smith, 2 Archie Gunaydi, 3 Lewis Campbell
 P7 girls, two lengths, breast stroke: 1 Julie Hamill, 2 Megan McCartney, 3 Daisy May McNamara
 P5 girls, two lengths, front crawl: 1 Ruby Wright, 2 Annie West
 P5 boys, two lengths, front crawl: 1 Jack Popplewell, 2 Jas Matusiak, 3 Kieran Geraghty.
 P6 girl, two lengths, front crawl: 1 Beth McCarthy, 2 Isabella Reid, 3 Abby Betley-Stewart
 P6 boys, two lengths, front crawl: 1 Ruaridh Lindsay-Smith, 2 Archie Gunaydi, 3 Charlie Adams.
 P7 girls, two lengths, front crawl: 1 Julie Hamill, 2 Erin McNiven, 3 Laila Webster.
 P7 boys, two lengths, front crawl: 1 Connah Wright.
 Medley relay: 1 Lamlash Primary, 2 Brodick Primary, 3 Shiskine Primary
 Freestyle relay: 1 Shiskine Primary, 2 Lamlash Primary, 3 Brodick Primary

SPORT



INSIDE THIS WEEK:

School swimming gala is a super splashing success

Southend kick start their season Haulage Cup win

Arran Haulage Cup

Lamlash	2
Southend	5

Southend loaded up with the Arran Haulage Cup, the first trophy competition of the year, after the Lamlash final, writes Danny Head.

However, they didn't get it all their own way at the final on Saturday.

Southend began kicking downhill, with the wind, and started off with most of the chances.

It wasn't long before Donnie Park opened the scoring after he had met a precise corner from Lewis Kennedy.

Lamlash started to dominate the game and

Ben Tattersfield levelled after a good run and finish from just outside the area, hitting the inside of the post and into the back of the net.

Lamlash took the lead after Johnny Sloss went on a mazy run and was brought down inside the area by Sandy Kelso.

Grant Adamson stepped up and tucked it into the corner, leaving Stevie Judge with no chance in the Southend goal.

The boys went into half-time with it looking like Lamlash were favourites to push on.

Southend manager Lee Russell had other

ideas and gave his team a stern talk.

The MBS boys looked a different side as the second half kicked off and it wasn't long before Lewis Kennedy was brought down in the area by David Coperwheat.

Ryan Armstrong converted from 12 yards to level things up. Donnie added his second header of the game, powering the ball into the corner beyond Heenan in goal.

Frazer Barr came on for the yellows and made an immediate impact to make it 4-2 to Southend.

Just as Southend were starting to plan



Danny Head received the Arran Haulage Cup from sponsor Rachel Armitage. 01_B20footy03

their celebrations they were dealt a massive blow when Sandy Kelso twisted awkwardly with no-one near him to injure his 'good' knee. He had to be carried off but hopefully will recover quickly.

Jack Simmons added number five for Southend after a strike deflected by Heenan.

The final whistle made it Southend's third Arran Haulage Cup victory in a row.

Referee Willie Sillars gave the man of the match to Sloss, despite being on the losing team, saying he was unlucky not to be in a winning side.

The association wish-

es to say a big thank you to Struan and Rachel Armitage for their generosity of a new

trophy and providing both teams with refreshments after the game. The next league

games will be on Monday May 22 with Brodick vs Northend and Lamlash vs Shiskine.

See page 22 for more football action.



Donnie Park of Southend celebrates the first goal of the game.

01_B20footy02



Players line up to block an attempt at goal. 01_B20footy04

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