



## A Day's Work Done For *Love*

This year we are asking readers to support Knit for Peace by creating a dressing-gown or jacket. These are essential to keep vulnerable people warm and there is always a huge demand for them.

- We are asking readers to knit or crochet a dressing-gown that will fit most people. You can vary the size or make a smaller jacket if you prefer. For the best results use double knitting yarn and a 4 mm crochet hook or knitting needles. Do not use a thicker yarn as this can make the garment too heavy.

- This is an ideal project to use up odds and ends of yarn but check that the yarn is machine washable and that the colours do not bleed. Avoid yarn that requires special care with washing. It is also a good idea not to use too many pale shades as they show the dirt more quickly.





## To Make

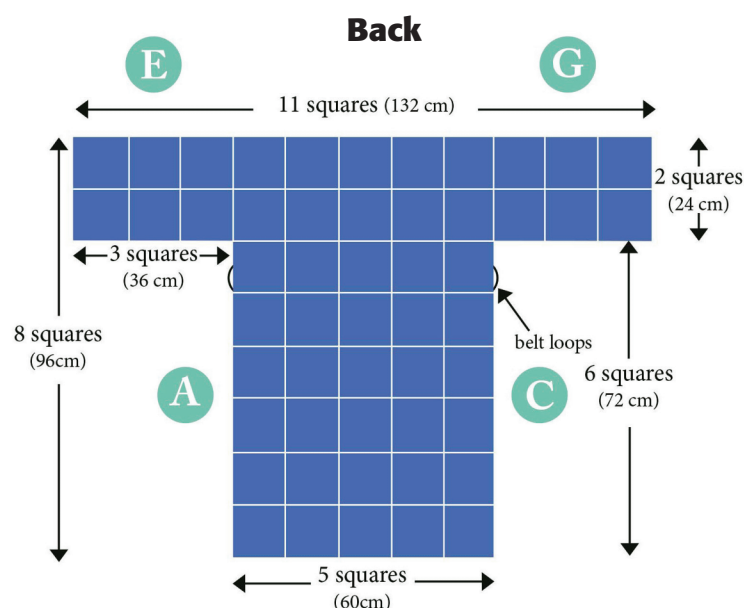
Using 4 mm needles or a crochet hook, make 52 squares, each one measuring 12 cm square. You can knit these in garter-stitch, stocking-stitch, textured stitches, cables, solid colours, stripes – whatever you prefer – but we do not recommend lace patterns.

If you prefer to crochet, we would suggest double crochet or treble stitches. Work round all four sides in rows, whichever you prefer.

Once all the squares are complete, follow the charts opposite and arrange your squares into a pattern.

Following the charts and instructions, stitch the squares in place. You can use a contrasting colour to create more interest. Alternatively, crochet the squares together.

# Charts



## To Complete

Join seams A + B together and C + D together.

**Sleeves:** Join seams E + F together and G + H together.

**Edging:** If you can, add a crochet border (double or treble crochet) around all the edges – neck, front opening, hem, cuffs.

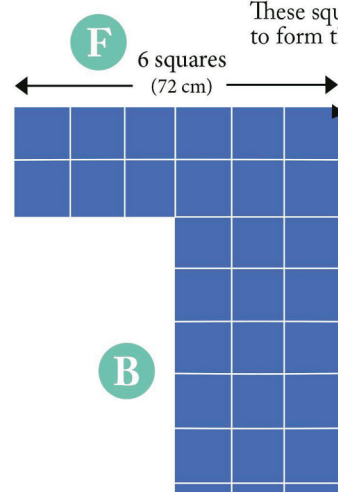
A pocket is useful and this can be made by making another square and patching it in place.

**Belt:** knit or crochet a belt 6 cm wide by 180-200 cm long.

**Loops:** Add belt loops at the seams, on the third square from the top (see diagram).

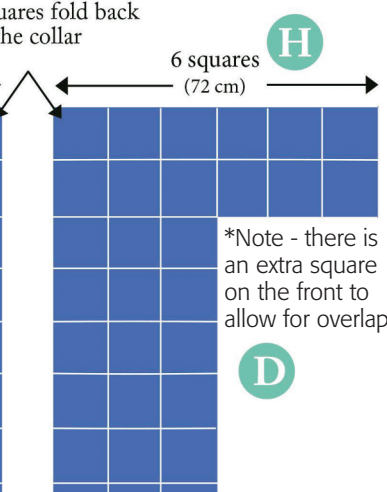
To make a shorter jacket, work three rows of squares below the sleeves and complete as before. ■

## Front Left



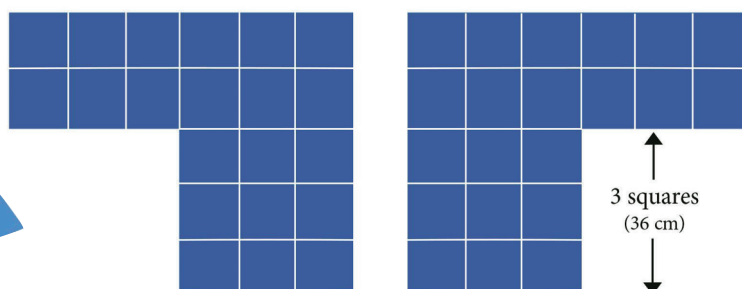
## Front Right

These squares fold back to form the collar



## Shorter Length Dressing-gown

To make a shorter length dressing-gown, work 3 squares (36 cm) from hem to armhole, not 6 as before.



## Collar



## HOW TO DONATE

There is a huge demand for these dressing-gowns and jackets with Knit for Peace always needing more so your donation will be very welcome. Send your garments to: **"The People's Friend" Love Darg, Knit for Peace, Radius Works, Back Lane, London NW3 1HL.**

If you are local, you can visit to hand in your donation between 9 a.m. and 5 p.m., Monday to Friday.

In addition to knitted and crocheted garments, Knit for Peace welcomes donations of yarn which it can then use in its work with marginalised sections of society, for example in prisons and women's refuges, to help set up new groups or for sending to refugees arriving in the UK.

Please add your name and address and a list of what you have sent. Remember to say that this is a Love Darg donation.

Sending out garments and supplies costs a lot and Knit for Peace needs donations to help this work. Why not Sponsor A Sack which costs £12? All donations are welcome.

You can donate via [www.knitforpeace.org.uk](http://www.knitforpeace.org.uk), by calling 020 7794 9835 or by sending a cheque (made payable to Knit for Peace) to: **"The People's Friend" Love Darg, Knit for Peace, Radius Works, Back Lane, London NW3 1HL.** Please add any message you would like included; many people dedicate a sack in the name of a friend or relative or in remembrance.

**Next week: we continue our Love Darg appeal with a crochet poncho.**

