

# CYCLING WITHOUT AGE SCOTLAND MONIFIETH



## Who are we?

We are a new local group, or chapter, of volunteers working with the national charity Cycling Without Age Scotland.

We aim to enhance and enrich lives by giving elderly and disabled people access to the beautiful outdoors through our fun and free trishaw rides.

## What do we do?

We organise and deliver rides using our Tay Town Roller trishaw, giving everyone in our community a chance to enjoy Monifieth's lovely scenery.

The trishaw can take up to two passengers at a time. Rides typically go along the waterfront and last 45 minutes.

Safety is our priority and we are all fully trained.

Want to volunteer? We're always looking for new riders to join the team!

## Who is it for?

We will start by working with care homes and other official organisations to identify service users.

However, we plan to offer trips for anyone with limited mobility who would also enjoy our service.



## WHAT DO OUR PASSENGERS SAY?

Here are some comments from people who have already enjoyed a trip with Cycling Without Age Scotland:

“ It's just great to get out, to be alongside the water with people passing, children passing. Great!”

**Mary**

“ I would say that it's one of the best days of my life.

**Heather**

“ A wonderful experience.

**George**

“ I felt really, almost elated ... because it's a long time since I've had such a lovely long walk.

**Joy**

“ I saw areas that I never knew existed.

I loved it.  
**Tracy**



## This sounds great! How do I find out more?

Contact us on **07726 458427** or [cwasmonifiethchapter1@gmail.com](mailto:cwasmonifiethchapter1@gmail.com)

We're also on Facebook: [www.facebook.com/wheelygreatfunmonifieth](http://www.facebook.com/wheelygreatfunmonifieth)