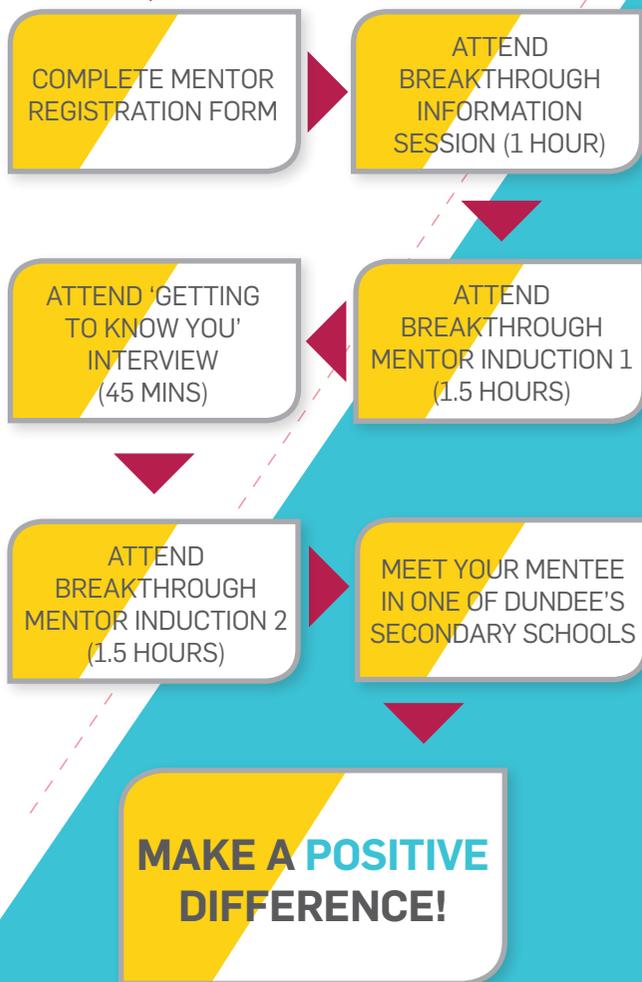


BREAKTHROUGH11

MENTOR TIMELINE



6-8 week process



**“A mentor is someone who is calm,
who doesn’t treat me like a kid”**
Young person, Morgan Academy

START YOUR MENTORING JOURNEY

To participate, all volunteers are required to complete a Mentor Application Form. This can be done online at www.breakthroughdundee.co.uk or if you prefer, we can email or post a copy of the registration form. To arrange, please email info@breakthroughdundee.co.uk or phone 01382 575274.

#breakthroughbelieves

- That if we have higher expectations for our young people and believe in them, they will achieve more.
- That every young person should have the opportunity to maximise their potential.
- That every young person should experience new opportunities that allow them to grow and develop.



BECOME A BREAKTHROUGH11 MENTOR



BREAKTHROUGH11

Funded by Northwood Charitable Trust
Supported by DC Thomson & Dundee City Council



www.breakthroughdundee.co.uk

[breakthroughdundee](https://www.facebook.com/breakthroughdundee)

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ABOUT BREAKTHROUGH¹¹ DUNDEE

BREAKTHROUGH Dundee is a remarkable mentoring initiative, inspired by MCR Pathways, to support young people in Dundee's secondary schools. BREAKTHROUGH targets care experienced and other vulnerable young people, disadvantaged through no fault of their own, and carefully matches them with trained and committed mentors.

WHY MENTORING MAKES A DIFFERENCE

Mentoring can have such a positive impact on the life of a young person. It provides an opportunity to build a relationship with an adult who can offer them consistent support. The type of support a mentor provided varies depending on the needs of the young person but above all, it recognises that, when an adult mentor takes an active role in the development of a young person the outcomes can be remarkable. Let's work together to drive change and empower Dundee's young people to move forward into adulthood with enthusiasm and confidence.

VOLUNTEER TO BECOME A MENTOR

BREAKTHROUGH Dundee are looking for mentors from all backgrounds and abilities, with a wide mix of interests, motivations and life experiences. No specialist skills are required, just a genuine desire to support and improve the lives of Dundee's young people — young people in your own community.

"A mentor is someone who is helpful and kind - funny too, who knows when to be serious"
Young person, Morgan Academy

The team at BREAKTHROUGH will provide mentors with comprehensive training and ongoing support throughout the programme as well as access to an online resource bank and a closed Facebook community to share non-confidential experiences with other mentors.

Mentors will be asked to commit to one hour of in school mentoring per week during the school year (38 weeks).

"A mentor is someone who understands what a care experienced young person has gone through"
Young person, Morgan Academy



Mentors are asked to volunteer for at least one year to allow time for the mentoring relationship to develop fully, and for the young person to feel comfortable discussing their thoughts, opinions

and ideas with someone new.

As we expect our mentors to have some life experiences, you must be a least 21 years to participate in the programme. If you are under 21 years and want to find out more about other volunteering with BREAKTHROUGH please get in touch—there are many other ways to get involved!

READY TO MAKE A DIFFERENCE?

There is a young person in one of Dundee's secondary schools waiting to meet their mentor, could that mentor be you?

